

HALO COURSES

HLOCE 1010 Reading and Writing for Life I

This course is intended to expose students to various types of materials adults should be able to read and understand. Students will use comprehension skills and strategies to increase understanding of information in different types of text. Students will also use writing skills to organize and present information.

Credit 2.5 Semester Hours (40 Clock Hours) **Tuition** \$500

HLOCE 1011 Math for Life I

This introductory functional math class will reinforce basic math skills as they apply to post-school adult living. Topics will include measurement, money, time, basic computation, geometric concepts, use of calculators, probability and chance, and some algebraic concepts.

Credit 2.5 Semester Hours (40 Clock Hours) **Tuition** \$500

HLOCE 1013 Computer Technology

This course will introduce students to the major components of computer hardware and software. Students will learn the basics of word processing, spreadsheets, using Windows, email and the Internet. Students will also be introduced to various pieces of assistive technology.

Credit 2.5 Semester Hours (40 Clock Hours) **Tuition** \$500

HLOCE 1021 Social Development

This course is designed to help students become more aware of themselves as individuals, and to develop a strong and confident identity. Through a range of activities and discussions students will evaluate their communication styles while learning communication techniques for various social situations and relationships.

Credit 2.5 Semester Hours (40 Clock Hours) **Tuition** \$500

HLOCE 1024 Community Awareness

This course is designed to help students develop an awareness of the range of community/recreational activities and consumer services available in their local community. Emphasis will be on acquiring knowledge and skills that can be easily transferred to future life changes such as entering the workforce and the importance of accessing appropriate community services relevant to balancing work and a healthy lifestyle. Students will develop their own Personal Community Resource Book for future reference.

Credit 2.5 Semester Hours (40 Clock Hours) **Tuition** \$500

HLOCE 1025 Exploration of Independent Living

This course is designed to expose students to various aspects of living independently in this community. They will become familiar with housing, transportation, life skills, and caring for oneself.

Credit 2.5 Semester Hours (40 Clock Hours) **Tuition** \$500

HLOCE 1027 Health and Wellness I

This course is designed to expose students to good health and hygiene practices necessary to live independently. Topics include: caring for self, demonstrating awareness of nutritional values of food, personal safety, diet and meal selection, exercise, understanding the body and its needs, basic first aid, and physical, mental and emotional changes that occur during growth and development.

Credit 2.5 Semester Hours (40 Clock Hours)

Tuition \$500

HALO 029 Cooking Skills

Students will learn to cook and prepare food quickly, to plan ahead and produce food without panic. Content will include menu selection, food preparation, basic cooking, food hygiene and personal safety.

Credit 2 Semester Hours (32 Clock Hours)

Tuition \$400

HALO 030 Money Skills

This course is designed to prepare students with basic money skills including money value, money handling, shopping, budgeting,

bill paying and banking.

Credit 2 Semester Hours (32 Clock Hours)

Tuition \$400