Join us for free classes & family entertainment!

Saturday, June 7th 9am-2pm

Community Day Partners include Easter Seals, the Cornbelters and the Normal Fire Department

• FREE sample classes - Cooking, Technology, Fitness, the Environment and more!
• Live Music 10:30am-1pm - Chicken Shack and In the Wake
• Glitter Fairy • Zoo Lady • Bike Rodeo • Child Development Screenings
• 3-on-3 Basketball Tournament for 5th-12th grades with 5th/6th, 7th/8th and high school divisions
• Activities and Demonstrations • Challenger Learning Center Classes
• EV Car Test Drives • Fishing at Birky Pond • Campus Trolley Tours

Visit our website at www.heartland.edu/communityDay
ARRIVE EARLY! CLASSES ARE FIRST COME, FIRST SERVED.

Fishings on Birky Pond* 9:00–12:00 Use one of our poles or bring your own! All skill levels are welcome. Children under 10 need to be accompanied by an adult. No fishing permit required. Bait provided. Instructor: Janet Beach-Davis

Ages and Stages Questionnaire move 9-9:50am Measure your child’s milestones with a brief developmental screening questionnaire. Sponsored by Easter Seals. (ICC 1103)

Bike Redeem* 9:00–2:00 Learn to ride safely. Bring your own bike and helmet. (Parking lot D)

9-9:50am Meditation Discover what meditation is and how it can fit into your lifestyle. Learn the benefits of meditation and practice a few meditations. (WDC 1403) Instructor: Ron Maier

Gentle & Restorative Yoga Experience an introduction to yoga and learn deep relaxation and self-reflection. Advanced students can also enjoy this class with an emphasis on stretching, breath and movement coordination, alignment awareness and slow movement movement. (WDC 1004) Instructor: Matthew Donovan

Fencing As physically demanding as tennis or racquetball, fencing is chess at 80 miles an hour. It requires quick thinking and trained reflexes. This sport is based on the time-honored art of sword fighting with a focus on proper form, technique and safety. (ICB 1406/07) Instructor: Dave Duguid

Introduction to Scratch* Learning to program with Scratch is as simple as dragging and dropping blocks of code. The basics of programming languages has never been more fun. (WDC 1405) Instructor: Terri Keys

Introduction to WordPress Get started building a self-hosted, custom website using WordPress. Receive tips and tricks to design a site that is beautiful and functional. (WDC 1404) Instructor: Laura Olshak

Making the iPhone Work for You Discover the power of the iPhone. Learn how to use the apps that come with your iPhone (calls, texting, internet, maps and more). You will also learn how to protect your privacy and share your information. (WDC 1402) Instructor: Carol Schweigert

Eyes on Earth* Come to the Challenger Learning Center to learn about Earth’s system and NASA’s Earth Observing Satellites. In this session, learn how satellites work and complete a design challenge to maneuver a "satellite" through space. (CLC) Instructor: Stacey Shrewsbury

10-10:50am Fabric Flowers You can enjoy beautiful flowers year-round when you make them yourself. Learn to create flowers from satin and organza. No experience is necessary for this fun, do-it-yourself project. (WDC 1403) Instructor: Anuja Deshpande

iPad Know-how Learn to organize and maximize this unique digital device. Together we’ll explore key features and functions and how to use the pre-installed apps. Please come with your iPad already set up. (WDC 1405) Instructor: Jennifer Coombs

Greek Mythology* Gods, goddesses and supernatural characters, oh my! Explore the mythology that helped explain natural phenomenon in the ancient Greek World. (WDC 1404) Instructor: Leisa Barbour

Pollution Perils Learn how NASA measures for aerosols in the air and composition of the soil. Make your own aerosol collector and investigate some tasty soil samples. (CLC) Instructor: Stacey Shrewsbury

Tips to Organize Your Records NOW Before You Need Them Have you ever run through your organized, crucial documents and items can still be hard to find in an emergency. Learn how to put together a grab-and-go binder to make it easy for you to know where to look. (ACCE 2101/2102) Instructor: Soja Reec

Prove You’re Work-Ready with the National Career Readiness Certificate Do you need to improve your workplace skills to get a job or secure a promotion? Join us and learn about ACT’s National Career Readiness Certificate (NCRC). Earning the NCRC will help you better understand your workplace strengths and provide verification of your skills to your current or future employer. If there are gaps in your workplace skills, don’t worry. Heartland offers Career Ready 101 to help you improve them before earning your NCRC. Location: ACEC 2101 Instructor: Jill Blair

11-11:50am Build Your Own PC* Learn about various computer parts and their functions. See how the components work together and gain some valuable troubleshooting skills along the way. (WDC 1403) Instructor: Matt Meins

iPad Know-how Learn how to organize and maximize this unique digital device. Together we’ll explore key features and functions and how to use the pre-installed apps. Please come with your iPad already set up. (WDC 1405) Instructor: Jennifer Coombs

Social Dance Come and learn the basics for social dances that are great for weddings, reunions, and other social events. (WDC 1004) Instructor: Cathy Hempstead

Hypnotherapy Learn how hypnotherapy can help you break bad habits, cope with stress, improve your performance and enjoy a more balanced life. (WDC 1403) Instructor: Rick Longstreth

Physics Camp for Kids* Design, create and test things that fly, hover, and float in space in this session. In this session, we’ll explore a sampling of concepts and activities from our aeronautics camp which will be held the last week in July. (ACEC 2101/2102) Instructor: Children’s Discovery Museum Staff

Children’s Discovery Museum Staff Art Talk* An excellent guide can bring a work of art to life. What better guide than the creators themselves? Artists whose work is currently displayed in the Joe McCaulley Gallery will reveal the hidden stories behind their works, share their process of creation and provide insights into their art. (Joe McCaulley Gallery, ICC 2507) Instructor: Jenny Crones

Appropriate for kids

12-12:50pm Beginner Belly Dance No matter what size, shape or age, anyone can learn the sensual and graceful art of belly dance. Please wear comfortable (but not baggy) clothing that allows you to move freely. Women ages 16 and up are welcome to attend. (WDC 1004) Instructor: Patt Schneider

Casino Games 101 The combination of luck, skill and having fun with others is what makes games like BlackJack and Texas Hold em Poker so popular. Join us for this session and learn more about playing these games for personal enjoyment. (WDC 1404) Instructor: Bryce Swanson

1:00–1:50pm Decorate Your Dog We love our pooches – whether they’re mutts or purebreds. Join us and learn how to safely decorate your dog for holidays and other special events. (WDC 1400) Instructor: Denise Kozell

Physics Camp for Kids* Design, create and test things that fly, hover, and float in space in this session. In this session, we’ll explore a sampling of concepts and activities from our aeronautics camp which will be held the last week in July. (ACEC 2101/2102) Instructor: Children’s Discovery Museum Staff

Children’s Discovery Museum Staff Art Talk* An excellent guide can bring a work of art to life. What better guide than the creators themselves? Artists whose work is currently displayed in the Joe McCaulley Gallery will reveal the hidden stories behind their works, share their process of creation and provide insights into their art. (Joe McCaulley Gallery, ICC 2507) Instructor: Jenny Crones

Appropriate for kids
Join us for free classes & family entertainment!

Saturday, June 7th 9am-2pm

FREE sample classes - Cooking, Technology, Fitness, the Environment and more!
- Live Music 10:30am-1pm - Chicken Shack and In the Wake
- Glitter Fairy • Zoo Lady • Bike Rodeo • Child Development Screenings
- 3-on-3 Basketball Tournament for 5th-12th grades with 5th/6th, 7th/8th and high school divisions
- Activities and Demonstrations • Challenger Learning Center Classes
- EV Car Test Drives • Fishing at Birky Pond • Campus Trolley Tours

Community Day Partners include Easter Seals, the Cornbelters and the Normal Fire Department