

Community Education

Heartland Community College
Winter Schedule
January 18 - March 20, 2016



Meet Community Education instructor Kay Bowen

whose lovely quilts are featured on this issue's cover. In 1998, Kay started her time here at Heartland Community College working as an employee for Information Technology. Prior to that she worked at State Farm Insurance for 17 years. Shortly after Kay started working in IT, her knowledge and willingness to help others made her a great candidate for teaching computer classes for Community Education. Her classes grew from technology to arts and crafts when she started teaching crochet and quilting classes. Kay has been making quilts for 25 years and is a member of the Hands All Around quilt guild. She enjoys making quilts for her family and doll clothes that she sells at local craft shows. Kay appreciates the opportunity to share her passions with others through teaching for Community Education. She teaches quilting classes that range from basic to more advanced patterns. Check out her quilting classes on page 15.

Registration Information pg. 64

Unless otherwise stated, these classes are designed for *adults 18 and over*.

Visit our website at www.heartland.edu/communityEd

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personal enrichment

Antiques 101

ENRICHMN 1528

Your antique journey will begin with a general overview about antiques and knowledge-based understanding for becoming a treasure seeker and antiques enthusiast. Cheryl will revisit the past and look at Americana with brief history and some trivia including descriptions from A to Z! If you are new to treasure seeking, this is the beginning class for you. If you are an avid collector, it is a way to encourage yourself to continue to savor the hidden treasures and special finds.

Cheryl Bradley

2827 Sec. A Tuesday 3/1, 6-8PM, HCC WDC Rm 1403
\$30

Antiques: Glassware

ENRICHMN 1530

Learn history through a completely new medium – glassware. Take a pictorial exploration through a historic timeline of art glass, elegant glass and kitchenware. Discover who is behind the pretty candy colored glass of the depression and get ideas on how to display your precious pieces. Handouts and gift bags are provided.

Cheryl Bradley

2848 Sec. A Monday 3/14, 6-8PM, HCC WDC Rm 1403
\$30

Dining Etiquette

ENRICHMN 1924

Boost your couch factor with this fun and relaxed dining etiquette class as you learn to properly navigate your way through a five-course meal. Learn the key dining skills that will put you at ease in social gatherings around the table. We talk about proper handling of the napkin, different drinking glasses and varied utensils in both American and Continental dining styles. These essential skills will serve you well in future social business settings at home and abroad for the rest of your life. Registration closes two weeks before class.

Nancy Lovin

2635 Sec. A Tuesday 2/2, 6-7:30PM, Baxter's Restaurant
\$70

Dining Skills & Networking Etiquette for Young Professionals

ENRICHMN 1925

Much of today's business is conducted across the dining table. Add savvy to your skillset with this relaxed and enjoyable business etiquette class. You will learn to properly navigate your way through a five-course meal. Learn the key dining skills that will put you at ease in social and business gatherings around the table, including proper handling of the napkin, different drinking glasses and varied utensils in both American and Continental dining styles. There will also be a special segment on networking etiquette. These essential skills will serve you well in social and business settings at home and abroad for the rest of your life. Registration closes two weeks before class.

Nancy Lovin

2637 Sec. A Tuesday 3/1, 6-7:30PM, Baxter's Restaurant
\$70

Focusing on Success

Heartland Community College turns 25

Entering the hub of Heartland's Admissions Center on the main campus, one is greeted by the statement, "Success is earned one achievement at a time." It is a reminder and motivation to new students, parents, and visitors: Success is not a given – it takes work and perseverance. The message applies to Heartland Community College too – where one program at a time, one added resource and initiative at a time, and with each responsive step toward a community need, the College has aimed to be a successful partner for the region.

Today, at Heartland's campuses in Normal, Pontiac and Lincoln, thousands of students of all ages learn and prepare for personal and academic journeys. Community organizations meet. Children travel in simulated space. The Illinois National Guard plans and prepares for state emergencies. College staff are active partners with high schools and neighboring colleges to prepare students for success. STEM initiatives are pursued and environmental sustainability is a priority. Heartland is a training ally for businesses to help fuel the local economy.

Heartland wears its biggest accomplishment on its sleeve: Proudly Serving Our Community. As a community member, YOU are what Heartland is celebrating in its 25th year. We thank you for your participation today and in the past, and for your expectations that drive us toward future success that lies ahead.



From Train Set to Model Railroad

ENRICHMN 1931

Perfect for beginner model railroaders, this class will teach you about the many aspects of designing and building a model train layout. Modeling terminology, common scales, space requirements, table options, basic wiring, ideas for track plans and resources to consult for more information are among the topics covered. After reflecting upon your needs and preferences, you will be prepared to make better decisions as you prepare your model railroad layout.

David Gentry

2903 Sec. A Tuesday 2/9, 6:30-8:30PM, HCC WDC Rm 1403
\$30

Building a T-Trak Model Railroad

ENRICHMN 1954

Get on board the Heartland express as the class builds their very own working T-TRAK train layout. T-TRAK train modules are dioramas with sectional track that snap together to create layouts that are easy to transport, setup and store. Each session will cover different aspect of building a model railroad relevant to the corresponding stage of module construction. By the end of the course the modules will be ready to connect together to run trains. After completing your creation, you are invited to display and operate your layout during Trains in the Heartland Show on Heartland's campus in April.

David Gentry

2905 Sec. A Thursdays (4 sessions), 3/10-3/31, 6:30-8PM,
HCC WDC Rm 1400
\$45 (plus \$55 supply fee for T-Trak kit)

Introduction to Welding

INDCE 1001

Learn different welding methods in this introduction to Stick (SMAW) welding, MIG (wire) welding and oxy-acetylene gas welding. The basic skills of each process as well as safe operation will be covered. Lab time is used to apply what you have learned and you will be allowed to bring projects from home to work on. Registration ends one week prior to start date.

Dennis Ludwig

2562 Sec. A Sundays (5 sessions), 2/21-3/20, 1-4PM, HCC WDC Rm 1601 & 1605
\$225

Basic Dog Grooming & Health Care

ENRICHMN 1695

Learn to keep your dog not only looking good, but feeling good. An experienced dog groomer and pet first aid/CPR instructor will lead you in grooming skills like trimming nails, plucking and cleaning ears and brushing teeth. Understand your pet's health by learning about dog food ingredients and nutrition and learn about some healthy and holistic alternatives. We will also discuss reasons and solutions for chewing and licking behaviors. The class is limited to eight students and their dogs to maximize hands-on education and animal safety. Specific equipment is required for this class which you can purchase on the first night from the instructor.

Denise Kozell

2179 Sec. A **Tuesdays (2 sessions), 3/1-3/8, 6-10PM,**
HCC WDC Rm 1400

\$112 (plus \$60 for grooming kit)

Canine & Feline Health & Safety

ENRICHMN 1932

Pets are more than just your furry friends, they are part of your family. Learn from a medical grooming instructor how to keep your pet's system sound, healthy and happy. You will discover what to do if your pets get skunked, what comprises a good diet vs. a bad diet, and basic first aid for your pet.

Denise Kozell

2185 Sec. A **Thursday 2/4,**
6-10PM,
HCC WDC Rm 1402

\$46 (plus \$75 for kit & manual)



Concealed Carry Class

SAFCE 1001

Receive the highest standard of training both on and off the firing range. Classes are taught by veteran law enforcement officers and military veterans. The classes meet the State of Illinois training requirement to obtain an Illinois Concealed Carry Permit. All participants must present a valid FOID card at the beginning of the class and provide their own handgun with 50 rounds of weapon specific ammunition. Weapons are only needed in the range portion of the course at Ethos Tactical and are not permitted on Heartland property. Concealed Carry Permit fee is not included in the course fee. Fingerprinting is not included but will be available at the class for an additional fee. Prior handgun experience required. If you have no prior experience, please take the Basic Handgun class. Contact our office for any additional questions at 309-268-8160.

Ethos Instructor

2768 Sec. A16 **Sat & Sun (2 sessions), 3/19-3/20, 8AM-4:30PM, HCC WDC Rm 1403 & Ethos Tactical**

\$225 (does not include fingerprinting and permit fees)

NOTE: If you have prior training credit, you may only need to take 8 or 12 hours for training. Call 309-268-8160 to register for the 8 or 12 hour classes. For a list of prior training credits, please visit the Illinois state police CCW site.

12 Hr. \$175

8 Hr. \$125

Severe Storm Spotting

SCIENCE 1079

Severe storm spotters are a vital part of the warning process. Spotters provide critical, potentially life-saving information to their communities and surrounding locations - and to National Weather Service forecasters who use the reports to help issue warnings and keep the public updated during severe weather events. This class covers topics related to thunderstorms, tornadoes and safety. The class is appropriate for people new to storm spotting, as well as those that need an annual refresher class. Storm spotters must be at least 18 years of age, however the material covered in this class is also suitable as educational information for those under 18.

National Weather Service Instructor

2733 Sec. A **Thursday 3/10, 6-9PM, HCC ACEC Rm 2400**

FREE (registration is required)

How to Publish What You Write

ENRICHMN 1756

Open the book to the secrets of publishing. This class will help you on your path to getting paid for writing books, essays and articles. We'll discuss the traditional publishing path for books, including how to approach agents or publishers and how to write a query letter. You'll also learn how to get your work published in magazines, newspapers and online. We'll talk about contracts and selling rights, as well as copyright issues. Since 1988 Deborah has written hundreds of published articles. She is the author of three traditionally-published books and one self-published ebook.

Deborah Niemann-Boehle

2617 Sec. AP **Monday 2/15, 6-9PM,**
Heartland Pontiac Center Rm 220

\$44

GO from HERE to ANYWHERE!

Get Your GED

- Classes held at Heartland campuses in Normal, Lincoln & Pontiac
- Classes open for new enrollments throughout the academic year
- Scholarships available to students who complete the High School Equivalency (formerly GED)

Call (309) 268-8180 for more information!

Autumn Harvest: Cultivating Happiness & Meaning for Retirement

ENRICHMN 1885

Whether you choose to retire from full-time employment or to pursue an encore career, the autumn of your life can be a season filled with engagement and purpose. The instructor of this course will offer a practical model, based on current research, for using your talents, interests and values to create new opportunities and positive challenges. Learn how to cultivate your best self!

Maggie McCormick

2416 Sec. A Tue/Thu (2 sessions), 3/15-3/17, 6-9PM,
HCC ACEC Rm 2206/2207

\$76

Creating the Life You Want

ENRICHMN 1336

Dreams often get side tracked and buried by the unexpected demands of life. Can we meet those demands and still make our dreams a reality? This class says yes! Reclaim your dreams, turn them into achievable goals, create a plan and marshal support for success.

Ron Maier

2887 Sec. A Wednesdays (5 sessions), 1/27-2/24, 6-8PM,
HCC WDC Rm 1402

\$72 (plus text)

Fly Your Sweetie to the Moon: A Valentine Mission

SCIENCE 1046

Have a romantic Valentine's Day with a candlelight dinner and a trip to the moon with the one you love. This magical evening begins with a candlelight Italian dinner of delicious lasagna (meat or vegetarian), crisp romaine lettuce salad and fresh baked bread. Next, join the Challenger Learning Center staff as we fly 15 adult couples to the moon for a simulated space mission. Cake and punch are provided half way through the mission when we take a break and reflect upon the developments that took place during the mission. Upon completion of the mission each couple is provided with a photo, flowers and chocolates.

Stacey Shrewsbury

2708 Sec. A Thursday 2/11, 6-9PM, HCC ACEC Rm 1200

\$90 (includes meal, refreshments & supplies, per couple)



Essential Oils: What, Why & How

ENRICHMN 1937

The essential oils industry is one of the fastest growing in the US. Learn how you can use essential oils to promote better health and wellness. Essential oils can be used for everything from fighting illness and aches and pains to being used as natural cleaners and bug repellants. For just about anything you can say "Yes - there is an oil for that!" Along with a ton of useful information, you will leave this course with your own oil recipe to help fight colds or mosquitos.

Shari Weitekamp

2069 Sec. A Mondays (2 sessions), 3/7-3/14, 6-8PM,
HCC WDC Rm 1402

\$40 (plus \$10 for supplies)



Illinois Route 66

ENRICHMN 1939

Discover what unique attractions the Illinois section of Route 66 has to offer local, national and international travelers.

Along with a history of Route 66, we will discuss culture, tourism, economic impact and preservation. Key attractions, events, shopping and dining experiences along the way will be highlighted. This class pairs well with the Illinois Route 66 Tour.

Geoffrey Ladd

1932 Sec. AL Thu/Tue (3 sessions), 1/28-2/4, 6:30-8:30PM,
Heartland Lincoln Center Rm 110

\$49



Illinois Route 66 Tour

ENRICHMN 1940

Take a field trip along Route 66 in Central Illinois visiting Lincoln, Pontiac, and Atlanta. This tour will showcase the

Route 66 Hall of Fame Museum, The Mill, The World's Largest Covered Wagon, Palms Grill and more attractions along the way. Your tour will be guided by Route 66 Preservation Specialist Geoffrey Ladd. This tour pairs well with our Illinois Route 66 class.

Geoffrey Ladd

1933 Sec. AL Saturday 2/6, 9AM-3PM, Heartland Lincoln Center Lobby

\$49



CREATE YOUR OWN CLASS!

Put a unique spin on your next special event.

Schedule a Community Education class for you and your friends. Call 309-268-8440 for details.

Personal Safety & Self-Defense for Women

ENRICHMN 1412

Self-defense begins long before an attack happens. Knowing how to protect yourself is an important set of skills that everyone should have. Learn self-defense techniques to build your confidence as well as how to respond when you are faced with threatening situations. Instructor Michael Donovan will teach you evasive techniques and behaviors to help you avoid and escape dangerous situations. Donovan is a 4th-degree Black Belt, a USYKA certified instructor with 27 years of teaching experience as well as 20 years of working in criminal justice. This is a hands-on class so please wear comfortable clothes and tennis shoes.

Michael Donovan

2499 Sec. A Saturday 2/20, 9AM-12PM, HCC WDC Rm 1006

\$40



**New Enrichment
Classes for
Preschoolers.**

See Youth Enrichment
section for details.

With My Girls

Women Helping Women Reconnect With
SELF, PASSION and **PURPOSE**

Empowerment Institute Follow Up Classes

Ready to take the next step for another tomorrow? Check out these classes designed to help build the life you want.

Creating the Life You Want pg. 5

Living & Working with Passion pg. 46

Look for more classes this spring!

Visit withmygirls.com/empowerment for more information.



The 13th Amendment

ENRICHMN 1947

On January 31st, 1865, the Thirteenth Amendment was passed and slavery was abolished. This class examines the arduous path that finally led to the elimination of slavery, while still at war. We will also discuss the groups that supported and opposed this amendment and explore the impact its passage has had on our country.

Christina Smith

2688 Sec. A Friday 2/5, 9AM-12PM, HCC WDC Rm 1402

\$30



Commemorating Lincoln's Birthday

ENRICHMN 1948

Celebrate the 206th birthday of the most popular president in American history. Over two centuries since his birth, the impact of his life and presidency is still felt around the world. We will examine how he is remembered over time, his legacy and the impact his presidency has had on American culture.

Christina Smith

2690 Sec. A Friday 2/19, 9AM-12PM, HCC ACEC Rm 2103

\$30



Heartland EDventure Series

Community Education's Heartland EDventure Series offers exciting trips to regional events, shows and attractions to educate and enrich your life. Leave the planning and details to our knowledgeable travel escorts. Invite a friend or family member to join you for a memorable and carefree day. EDventures are designed for adults ages 18 and up, unless otherwise noted. Seats are limited. Make your reservations today!

Peter Pan at The Fireside Theatre

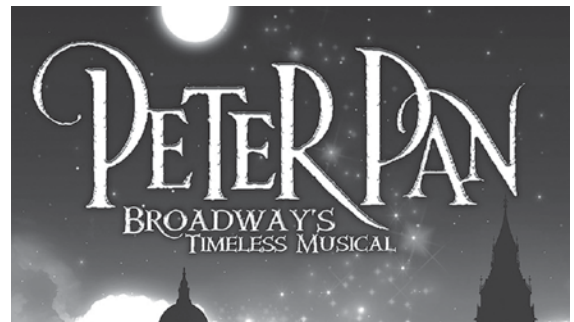
ENRICHMN 1934

Peter Pan will be flying over the stage at The Fireside Theatre in Fort Atkinson, WI and you can go along for the ride. The Fireside Theatre started in 1964 as a small restaurant and has grown into a two acre entertainment complex with four gift shops offering a large selection of gifts and collectibles. We will have time before lunch to explore the gift shops. After a unique and elaborate lunch we will see a production of the beloved stage show *Peter Pan* in the 700 seat theatre in the round. Your trip includes transportation to and from Wisconsin, lunch, play and all gratuities. Sorry, no refunds after February 5th.

1277 Sec. A Saturday 3/5, 7AM-8PM, Wisconsin

\$155

\$170 (after 2/5)



Chicago in the Spring

ENRICHMN 1935

The beauty of the Chicago Flower and Garden Show returns to Navy Pier and we will be there. Our first stop will be to the Chicago Botanical Gardens where we will have admission to the Orchid Show. You will have plenty of time to stroll among the orchids, take pictures and visit the gift shop. After lunch in a private dining room at the Chicago Botanical Gardens



1486 Sec A Saturday 3/19, 7:30AM-8:30PM, Chicago

\$117

\$130 (after 2/19)

we will head to Navy Pier where you will have several hours on your own to wander around the Flower and Garden Show. Gardening and landscaping will be the focus for 2016. You will get valuable tips and tricks from the many vendors there as well as seeing the colorful, beautiful and fragrant displays of flowers. Your trip includes transportation to and from Chicago, Orchid Show and lunch at the Botanical Gardens, your ticket to the Flower and Garden Show and all gratuities. Sorry no refunds after February 19.

*** Pontiac Pickup Available**



We Want to Hear From You!

Is there a particular destination you have always wanted to visit? Would you like to receive advanced information on trips and tours in Heartland's new travel series as it becomes available? Contact the Community Education office at (309) 268-8160 or community.education@heartland.edu to add your name to the mailing list and share your suggestions and new ideas today!

Dressing Downton Abby™: Changing Fashion for Changing Times

ENRICHMN 1938

If you are a fan of the mega-popular British television series Downton Abbey® you will not want to miss this EDventure. More than 35 of the show's costumes will be touring three cities in the US and luckily for us, Chicago is the last stop. The exhibit offers a new perspective on the show's many characters it also chronicles the changes taking place in Britain during the early 20th century. In addition to touring this wonderful exhibit we will have a delicious three-course lunch prepared by culinary students at the South Shore Country Club. We will also take a bus tour of some of the fabulous mansions that the rich and famous in Chicago built during the same time period. Your trip includes transportation to and from Chicago, exhibit, lunch, bus tour and all gratuities. Sorry, no refunds after March 16.

1859 Sec. A Saturday 4/16, 7AM-8PM, Chicago
\$145
\$160 (after 3/16)



Antiquity Oaks Farm

ENRICHMN 1953

Antiquity Oaks is an old-fashioned homestead owned and run by former city slickers that wanted to live a self-sufficient life with easy access to nature and organic food. Come spend a day on the farm. Learn how to make homemade mozzarella cheese and bar soap. Enjoy lunch made from food grown on the farm and meet many of the resident animals, including baby goats! The Niemann-Boehle family is passionate about living on a diverse and naturally balanced farm and is eager to share that passion with you. Sorry, no refunds after 3/29.

2811 Sec. A Friday 4/29, 10AM-4:30PM, Cornell
\$115
\$127 (after 3/29)



Give a Gift of Learning

Looking for the perfect gift to give your spouse, friends or relatives for birthdays, anniversaries or other special occasions? Want to reward your employees for a job well done?

Purchase gift certificates that are redeemable for any credit or Community Education course. See the cashier in the Community Commons Building or call 309-268-8160 to purchase.

Wait, Wait...Don't Tell Me

ENRICHMN 1737

Back by popular demand - Heartland Community College is once again partnering in a fundraiser for local NPR station WGLT on a trip to see a live taping of the wildly popular NPR show Wait, Wait...Don't Tell Me. Join the hilarity with Peter Sagal and Bill Kurtis as guest panelists are quizzed on current events. Enjoy a yummy boxed lunch as we depart Heartland. Once in Chicago you will have several hours to spend downtown on your own. Dinner will be at Elephant and Castle, an authentic and quaint English pub. After dinner we'll walk to The Chase Auditorium for the two-hour taping of the show. Your trip includes transportation, show tickets, two meals and all gratuities. For this trip registration will only be available through WGLT (wglit.org/events). Date is subject to change and since this is a fundraiser, there will be no refunds.

2812 Sec. A Thursday 5/12, 12-11:59PM, Chicago
\$160



**WAIT WAIT...
 DON'T TELL ME!®**
 FROM NPR & WBEZ CHICAGO

CommunityScope

an Open House for Lifelong Learning



Saturday • January 9, 2016 • 9AM-12noon

Doors open at 8:30AM

**Heartland Community College
Workforce Development Center**

Bring a friend and enjoy the kaleidoscope of course offerings during our Winter/Spring sessions at CommunityScope. This FREE event will give you a chance to sample Community Education classes including computers, painting, wellness and cooking. If you're feeling adventurous, take a trip to Mars with the Challenger Learning Center or try a fitness class. There will be classes for children at all sessions.

Participants must pre-register or complete the registration form when checking in to the event.

To pre-register, call 309-268-8160 or register online at www.heartland.edu/communityEd

Enjoy up to four FREE 35-minute mini-classes at CommunityScope

**Register for one or more Community Education courses while
you're there and receive a **25% discount!****

**Discount applied only to walk-in registrations received during CommunityScope. Discount cannot be combined with other discounts and does not apply to some programs.*

Special Presentations

	Room	Class	Instructor
10AM-12PM	ACEC 2400	How to Get Your Records in Order NOW Before Others Need Them	Sonja Reece
10:30AM-12PM	Pregrake Center	Turbine/Dashboard/Pregrake demo	Larissa Armstrong

9:00-9:35

Room	Class	Instructor
WDC 1601	Get that first Job - Youth and adult	Eric Hoss
WDC 1403	Managing Your Suddenly Single Finances	Ann Higgins
WDC 1402	401(k) and Retiring or Switching Employers	Carol Burroughs
WDC 1400	Dining Etiquette	Nancy Lovin
WDC 1312	Creating the Life You Want	Ron Maier
SCB 1802	Breads, Quick!	Ellen
CLC	Space Mission (9-10:45AM)	Stacey Shrewsbury

9:45-10:20

Room	Class	Instructor
WDC 3603	Play the Recorder	Lisette Kielson
WDC 3601	Autumn Harvest: Cultivating Meaning for Retirement	Maggie McCormick
WDC 3004	Welcome to iPhoto	Jackie Langhoff
WDC 3002	Green Cleaning	Larissa Armstrong
WDC 2007	Build Your Own PC - youth and adult	Matt Meins
WDC 1605	Explore Welding	Dennis Ludwig
WDC 1601	Removing Doubt in a Job Interview	Eric Hoss
WDC 1403	Maximizing Your Social Security Benefits	Ann Higgins
WDC 1402	Essential Oils	Shari Weitekamp
WDC 1401	Conversational Russian	Olya Cochran
WDC 1400	Face Drawing Basics	Julie Calahan
WDC 1312	Free Yourself from Negative Emotion	Ron Maier
SCB 1802	Baking with Sourdough	Zoe Guzman

10:30-11:05

Room	Class	Instructor
WDC 3602	Digital Photography Portraiture	Ricardo Williams
WDC 3601	Autumn Harvest: Cultivating Meaning for Retirement	Maggie McCormick
WDC 3004	Anabolic Leadership	Jackie Langhoff
WDC 3002	Social Media 101	Jennifer Flaig
WDC 2007	Build Your Own PC - youth and adult	Matt Meins
WDC 1605	Explore Welding	Dennis Ludwig
WDC 3603	Decorative Bows	Anuja Deshpande
WDC 1006	The Actor's Workshop	Terri Whisenhunt
WDC 1405	Retirement University	Bernie Wrezinski
WDC 1404	LEGO MindStorm - youth	Brad Mueller
WDC 1403	Managing Your Suddenly Single Finances	Ann Higgins
WDC 1402	Medicare	Carol Burroughs
WDC 1400	Snowy Scene Painted Postcard	Julie Calahan
WDC 1312	Meditation & Mindfulness	Ron Maier
SCB 1802	Chinese Cooking	Chinese Dept Faculty

11:15-11:50

Room	Class	Instructor
WDC 3601	Changing Seasons: Navigating through Career Transitions	Maggie McCormick
WDC 3002	Twitter for Everyone	Jennifer Flaig
WDC 2007	Build Your Own PC - youth and adult	Matt Meins
WDC 1404	LEGO MindStorm - youth	Brad Mueller
WDC 1403	Maximizing Your Social Security Benefits	Ann Higgins
WDC 1402	Essential Oils	Shari Weitekamp
WDC 1312	Creating the Life You Want	Ron Maier
WDC 1006	Yoga	Diane Boeck
SCB 1802	Chinese Cooking	Chinese Dept Faculty
WDC 3603	Instructor Recruitment	HCC Program Coordinators

Open throughout the day in WDC Atrium

Essential Oils Display	Shari Weitekamp
3-D Printing Demo	Open Source Instructor
Reiki 101	Karen Ridinger
Antiques: What's in Your Attic?	Cheryl Bradley
Model Railroading	David Gentry
Needle Felting	Kara Kirchner
Mind Games	Cristina Prestin-Latham

performing arts

The Actor's Workshop

PRFMARTS 1022

Take a journey in "discovering the moment." Find a deeper connection with your work as an actor and remove the hinderances that hold you back! These sessions will help you find truth and relationship with your character's words and body. Actress Terri Whisenhunt will touch upon a mixture of techniques that will add focus, zest and play to your acting. Laban Effort Actions, Meisner Technique, group discussions, scene work, and more will be explored. Take the stage for this class and learn hwo to make your characters become more than you ever knew they could be.

Terri Whisenhunt

2794 Sec. A Tue/Thu (6 sessions), 2/23-3/10,
6-8PM, HCC ACEC Rm 2102

\$98

Play the Recorder

PRFMARTS 1028

It's never too late to play the recorder. Learn its basic technique from scratch, or improve upon what you already know in a positive environment with professional recorder player Lisette Kielson. Beginners and low-intermediate players welcome. Please bring your own recorder and music stand. Prerequisite: you must be able to read music.

Lisette Kielson

2909 Sec. A Tuesdays (7 sessions, does not
meet 3/8) 2/2-3/22, 6-7PM,
HCC ACEC Rm 2400

\$55

Heartland Songbirds

PRFMARTS 1029

Make Wednesday's lunch break your favorite one of the week by adding a dash of music. If you love to sing and can read music, join the Heartland Songbirds. During the course we'll learn three or four pieces with amazing harmonies. Whether you love hits from yesteryear or songs made famous by groups like the Manhattan Transfer or the Pentatonics, this ensemble will remind you why making music with others is so much fun. Our 6-week session will conclude with a casual performance at a campus or community event.

HCC Instructor

2727 Sec. A

Wednesdays (9 sessions), 1/13-3/9, 12-1PM

2728 Sec. B

Wednesdays (9 sessions), 3/16-5/11, 12-1PM

HCC ACEC Rm 2400

\$40



Music Theory

PRFMARTS 1032

Major, minor, dominant, diminished. What do all these music terms mean? Now is your chance to find out. Learn some of the theory behind why music sounds like it does. Taught by an HCC music faculty member, this course will review note reading on bass and treble clef then dive into understanding scales and basic chord theory.

Dr. Dennis Morrissey

2692 Sec. A

Mondays (3 sessions), 3/14-3/28, 6-8PM, HCC ICB Rm 1801

\$55 (plus text)

Theater Dance

RECREATN 1439

If you have a desire to be "on the big stage" but worry about choreography, this class is for you. We will work on dance choreography and styles for several Broadway shows to give you the tools to shine in your next local, school or professional production.

Dancer Instructor

2197 Sec. AP

Fridays (3 sessions), 1/29-2/12, 6-7:30PM, Dancer, Pontiac

\$52



CLC FUNNYRAISER
Comedy Night

Heartland Community College
Foundation

**Get your laugh on and support
mission scholarships for K-12!**

**Friday, February 26, 2016
at Heartland's Campus Café
6-9 p.m.**

**Food, Cash Bar, Silent Auction
and Crowd Favorite Contest**

Advanced ticket purchases through 2/24 are \$25
\$35 at the door
Buy your tickets today by calling (309) 268-8110
or buy online at www.challengerlearningcenter.com

CHALLENGER LEARNING CENTER
AT
HEARTLAND
COMMUNITY COLLEGE



creative arts

Knitting I

ARTCRAFT 1023

Stay warm this winter! Discover the joys of knitting and create your own knitted scarf. Learn the basic techniques which include casting on, knit stitch, purl stitch and casting off. Course homework allows you to work on your own and explore knitting even further. By the end of this course, you will be ready for Knitting II.

Lyn Johnson

2801 Sec. A **Tuesdays (6 sessions), 2/2-3/8, 6-8PM,**
HCC ACEC Rm 2103

\$60 (plus \$15 materials fee paid to instructor)

Knitting II

ARTCRAFT 1277

You've mastered basic knitting skills by knitting scarves, now it's time to move on to the next level and knit a hat. Learn to knit in the round, how to increase and decrease and how to follow a pattern as well as some finishing techniques. Basic knitting skills learned in Knitting I or from your own experience are required. These include casting on, knit stitch, purl stitch and casting off.

Lyn Johnson

2799 Sec. A **Tuesdays (5 sessions), 3/15-4/12, 6-8PM,**
HCC ACEC Rm 2103

\$50 (plus \$15 materials fee paid to instructor)

Learn to Crochet

ARTCRAFT 1025

Get hooked on a new hobby. Learn and practice several different crochet stitches including chain stitching from an experienced practitioner. This class teaches you how to read patterns and change yarn colors. Work on several small projects to practice. No experience necessary. A supply list is given at the first class.

Kay Bowen

1969 Sec. A **Wednesdays (6 sessions), 2/3-3/9, 6:30-8:30PM,**
HCC WDC Rm 2402

\$82 (plus \$7 materials fee paid to instructor)

Introduction to Zentangle

ARTCRAFT 1640

Access your intuition and develop your creativity by learning the intriguing and meditative art form of Zentangle. Certified Zentangle instructor Ellen Baranowski will show you how easy it is to make repeated pen stroke patterns called "tangles" on a 3.5" square paper tile, transforming it into a work of art. Learning to Zentangle doesn't require any special art ability or previous drawing experience. Purchase supply kit for \$7 from instructor the day of class. You will have an opportunity to purchase additional supplies and Zentangle books from the instructor after class.

Ellen Baranowski

2412 Sec. A **Saturday 3/12, 11AM-1:30PM, HCC WDC Rm 1400**

\$45 (plus \$7 materials fee paid to instructor)

Sewing

Getting to Know Your Sewing Machine

ARTCRAFT 1376

Don't let your sewing machine just sit there; put it to good use. This class teaches you how to stitch a blind hem, make buttonholes, insert a zipper and mend and stretch stitches. You'll also learn basic machine maintenance techniques to keep your machine in tip-top running condition. Bring your own machine (in good running condition) and if available, the manual and attachments. Your instructor will help you learn how to use the accessories in your attachment box.

Dee Thompson

2664 Sec. A Mondays (2 sessions),
2/8-2/15, 6-8:30PM,
HCC WDC Rm 1400

2716 Sec. AL Thursdays (2 sessions),
2/11-2/18, 6-8:30PM,
Make It Sew, Lincoln

\$44 (plus \$3 supply fee paid to instructor, plus supplies)

Sewing for Beginners I

ARTCRAFT 1087

Make sewing easy in this introductory class. Start with the very basics: fabric, supplies and pattern selection. Learn how to read a pattern, straighten the fabric grainline and the importance of accurate measurements. Then practice your new skills by completing a project designed for the novice. By the end of class, you'll know basic sewing and finishing techniques that can be applied to any simple sewing project. Note: for this class, you need to bring your own sewing machine (in good working condition), manual and attachments.

Dee Thompson

2666 Sec. A Mondays (5 sessions), 2/22,
6-8PM, Hancock Fabrics,
& 2/29-3/21, 6-8PM
HCC WDC 1400

2718 Sec. AL Thursdays (5 sessions),
2/25-3/24, 6-8PM,
Make It Sew, Lincoln

\$55 (plus \$3 supply fee paid to instructor, plus materials)

Serger Boot Camp

ARTCRAFT 1506

Frustration with your serger will soon be a thing of the past after our serger boot camp. This workshop will focus on 4 thread construction. Your first class is all about understanding the machine and the basic stitch. The second class has you making a scarf or a pillowcase, and in the third class, pajama pants or a T-shirt. Because each serger is different, class size is limited to assure individualized attention. Bring your serger, its accessories and manual. You will also need to bring four spools of thread (red, blue, yellow and green) and basic sewing supplies. If you aren't sure if your serger is in working order, please have it checked before the first night of class.

Trisha Horner

2482 Sec. A Tuesdays (3 sessions),
3/15-3/29, 6-8:30PM,
HCC WDC Rm 1400

\$65 (plus supplies)

Quilting

Quilting Basics I

ARTCRAFT 1308

The joys of quilting are only a stitch away. In this introductory class you'll learn to use a rotary cutter, press seams, assemble and finish your own lap quilt. We'll explore quilting basics, choosing fabric, color values and the supplies you'll need. Basic sewing skills are required and you must have access to a sewing machine outside of class.

Kay Bowen

1967 Sec. A Tuesdays (6 sessions), 2/2-3/8, 6-8:30PM, Hancock Fabrics
\$89 (plus supplies & fabric)

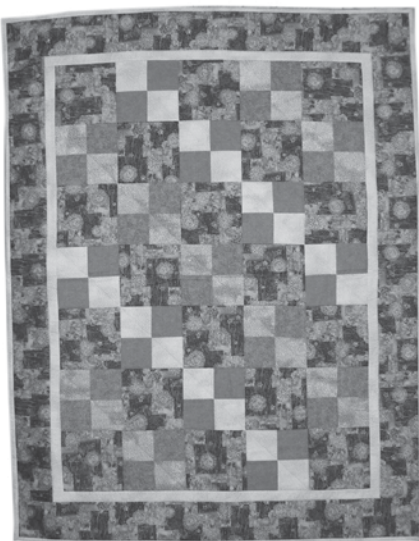
Quilting Basics II

ARTCRAFT 1089

Show off your new quilting skills with piece block quilting. You make six beginning blocks to construct a lap quilt, wall hanging, table runner, pillow or tote bag. With half-square, quarter-square and triangle units, you can use piece blocking to create any quilt. We explore advanced quilting basics, choosing fabric, color values and the supplies you need. Basic sewing skills or Quilting Basics I is required and you must have access to a sewing machine outside of class.

Kay Bowen

1963 Sec. A Tuesdays (6 sessions), 3/15-4/19, 6-8:30PM, Hancock Fabrics
\$89 (plus supplies & fabric)





Beginning Stained Glass

ARTCRAFT 1161

Create beautiful works of glass art. This course teaches you all about stained glass – the tools, techniques and safety. You'll also create your very own stained glass panel using the copper foil method. You will receive a supply list when you register and you may need to purchase some of the tools prior to

the first night of class. Your additional expense for tools and supplies over the five weeks may total as much as \$135, depending on your choice of design and glass.

Terry Garbe

1941 Sec. A **Thursdays (5 sessions), 1/28-2/25, 7:30-10PM,**
Touch of Glass
\$99 (plus supplies & tools)

Acrylic Painting

ARTCRAFT 1157

Bring the canvas to life with acrylics. Join our relaxed atmosphere as we pursue the basics of painting with acrylics. We will then progress to creating still life and landscape works using three-dimensional painting techniques. You will work from still life displays and photographs supplied by the instructor to create your own work of art.

Julie F. Callahan

2797 Sec. A **Tuesdays (5 sessions), 3/8-4/5, 9AM-12PM,**
HCC SCB Rm 1802
\$110 (plus supply fee paid to instructor)



Exploring 5 Watercolor Techniques

ARTCRAFT 1701

Getting down to basics is essential in almost anything you do. Much like practicing scales in music, warming up with painting exercises is important in order to do your best work. In this fun and nonthreatening class, we'll use the Prang watercolor pan set, two brush sizes and 8x10 watercolor paper to let your artistic side shine through. We will explore five watercolor techniques: watercolor resist, line, dry brush, wet on wet and guiding. You will complete several basic and fun exercises for each technique, as well as several tried and true projects that will provide you with a sense of accomplishment.

Marti Sullan

2467 Sec. AP **Mondays (5 sessions, does not meet 2/15), 1/25-2/29,**
6-8PM, Heartland Pontiac Center Rm 220
\$75 (plus \$15 supply fee paid to instructor)



Oil Painting Crash Course

ARTCRAFT 1704

Beginning and experienced artists brush up on your oil painting skills! Learn one of the most forgiving types of painting from a professional artist. This course covers color mixing, edging, values, design and other basic skills to allow you to master oil painting. You will receive a supply list on the first day of class and have an opportunity to save money by purchasing supplies through the instructor. Please be advised that paint and brushes may cost \$90 or more.

Infinite HeArt Studios Instructor

2553 Sec. A **Tuesdays (6 sessions), 1/19-2/23, 6:30-9PM,**
Infinite HeArt Studios
\$120 (plus supplies)



Intro to Wheel Thrown Ceramics

ARTCRAFT 1662

Explore the mystery of the potter's wheel and develop fundamental pot-throwing techniques. Our skilled instructor, Erin Furimsky, will guide you through the entire ceramics process from wedging, to throwing and trimming to glazing. Create functional pots like cups, bowls and plates. Multiple glaze applications will be discussed and all work will be

fired in the ceramic studio's kiln. This class is designed for beginners as well as those who have had some experience working with clay. Work will be available for pick up two weeks after the course ends.

Erin Furimsky

2786 Sec. A **Wednesdays (6 sessions), 2/10-3/16, 1-3:30PM,**
HCC ICN Rm 1408
\$122



Ceramics Fun for Parent & Child

ARTCRAFT 1707

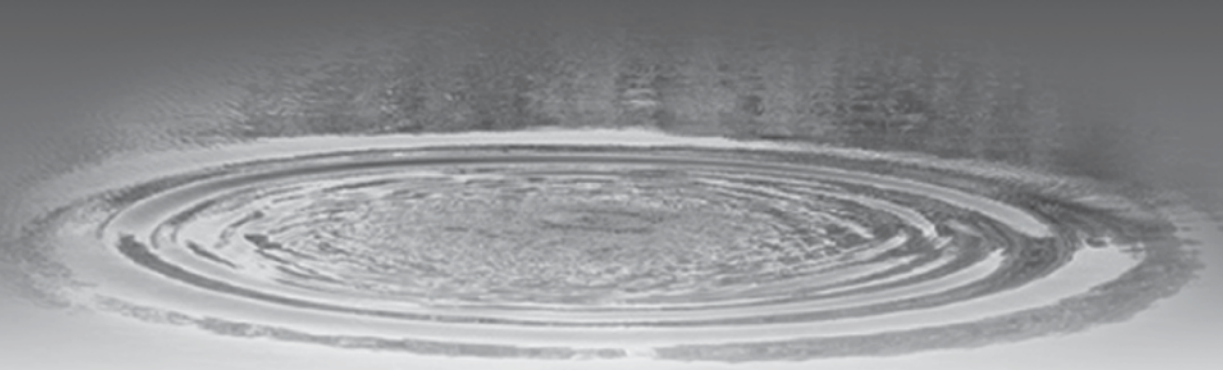
Have fun working side by side. Our skilled instructor, Erin Furimsky, will guide adult and child pairs as you explore the world of clay together. Learn the basics of working with clay from start to finish. Each of you will create three pieces of work including a potter's wheel thrown piece. The final class will be spent glazing and decorating your work. Children should be ages 8 and up. Work will be available for pick up two weeks after the course has completed.

Erin Furimsky

2788 Sec. A **Mondays (4 sessions), 1/18-2/8, 6-8PM,**
HCC ICN Rm 1408
\$70 (per person)

THE GREEN INSTITUTE

at Heartland Community College



The Green Institute provides education and information to businesses and residents about sustainable living, energy efficiency, renewable energy, recycling and other related environmental technologies. For more information visit www.heartland.edu/greeninstitute or call Larissa Armstrong at 309-268-8225.

Seed Starting

GREENNCR 1020

Interested in planting your own summer vegetable garden? Winter is the best time to start your seeds indoors. Learn all the steps to successfully start seeds indoors from Hans Bishop of PrairieEarth Farms. This class teaches you which seeds germinate first, how deep to plant them, how to select growing medium, how to increase seed germination rate and when to transplant. You will also learn about the shelf-life of particular seeds, seed storage techniques and how to test for seed viability. Before you know it, the danger of frost will be gone and you will be able to transplant your seedlings into the garden.

Hans Bishop
1939 Sec. A
\$35

Saturday 3/12, 9-11AM, PrairieEarth Farms

Garden Planning

GREENNCR 1021

Cold weather makes us long for summer days and fresh-picked produce. Garden Planning is the cure for those winter blues. Hans Bishop of PrairieEarth Farms will teach you how to plan for your spring vegetable garden. You will learn about plant basics and vegetable varieties best suited for Central Illinois, reputable seed and plant sources and how to match plants to appropriate growing conditions (soil, water, sunlight). Tool supply kits, season extension tips and raised bed recommendations will round out this course to prepare you to confidently plan for your spring vegetable garden.

Hans Bishop
1937 Sec. A
\$47

Saturday 2/6, 9AM-12PM, HCC WDC Rm 1402

Belize

9-Day Adventure

May 20 - June 1, 2016

On this Eco-Adventure you'll stay at University of Belize's marine research island in the Gulf of Honduras and help install a solar electric system (no experience necessary). You will visit Mayan ruins, a sustainable chocolate farm and the towns of San Miguel, Golden Stream and Punta Gorda. This is an immersive learning experience covering rainforest ecology, sustainability living practices, and renewable energy. There will be light hiking, snorkeling, day trips and some physical activity installing a solar electric system.

Last day to register is February 9th 2016.

Cost is \$2200, which includes meals, lodging, in-country transportation, entrance fees and equipment for our adventures. Airfare not included, typically \$700.

Possible 3 credit hour course is available.

Contact Christopher Miller 309-268-8855 or email chris.miller@heartland.edu



Beekeeping for Beginners

GREENNCR 1022

Learn what all the “buzz” is about. Beekeeping for beginners will teach you bee basics and everything you need to know to start a hive and begin collecting and processing honey. Our instructors, David and Sheri, started beekeeping in 1994 and own Long Lane Honey Bee Farms in Fairmont, IL. David is a Master Beekeeper of the Eastern Apicultural Society of North America. Supplemental text is available for purchase at the class for \$10.

David & Sheri Burns

2853 Sec. A Saturday 2/27, 9AM-3PM, HCC WDC Rm 1403
\$70

The Basics of Cheesemaking

HOMEGARD 1367

Your instructor will demonstrate how to make luscious mozzarella, queso blanco, and ricotta. Recipes and scrumptious samples will be provided. Learn about the difference between milk from cows, goats and sheep, as well as the history of dairy in this country. You will also learn how to make yogurt, buttermilk, chevre and hard cheeses such as parmesan and cheddar. An optional textbook will be available for purchase for \$23 in class.

Deborah Niemann-Boehle

2920 Sec. A Saturday 3/5, 9AM-12PM, HCC SCB Rm 1802
\$40

Making Bio-Diesel

GREENNCR 1024

From fryer to fuel, learn the process and science behind the conversion of waste fryer oil to biodiesel. The three sessions will cover safety, how to determine the free fatty acid content, making the catalyst followed by the transesterification of the oil to biodiesel, and finally cleaning and testing the biodiesel for use in an engine. If you are interested in recycling and greening your life, then this class is the perfect step.

John Muench

2930 Sec. A Mondays (3 sessions), 2/15-2/29, 6-8PM,
HCC ICB Rm 1401
\$115 (all supplies included)

Ecothrifty Living

GREENNCR 1023

Make greener, healthier choices while saving money. You'll be surprised to discover all the artificial chemicals hiding in your home, food and personal care products, but you can easily replace them with natural alternatives that cost far less! In addition to learning about all the simple alternatives, we'll also be making a sugar scrub and laundry detergent in class, which you can take home to use. Deborah is the author of the book *Ecothrifty: Cheaper, Greener Choices for a Happier, Healthier Life*.

Deborah Niemann-Boehle

2615 Sec. AP Tuesday 2/2, 6-9PM, Heartland Pontiac Center Rm 220
\$44 (plus \$5 materials fee paid to instructor)



*Spend a day on
 Deborah Niemann-
 Boehle's farm on our*

**Antiquity Oaks
 Farm Adventure**

*in April! See page 9
 for details.*

SOLAR TRAINING ACADEMY-NORMAL, IL



- Sixty three hours of solar training one weekend per month
- Training from January to May
- Training includes assessment, system design, financials
- Training toward NABCEP Installer and Sales Certification
- Network with industry professionals



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www.midwestrenew.org/workshops
 or call 715-592-6595



home & garden

Wine Appreciation - Beginners

HOMEWARD 1311

Learn the basics of wine tasting and recognizing varietal characteristics to help you identify your likes and dislikes. Discover how to properly open, serve and taste wines, as well as how to pair certain wines with foods. This class consists of a brief lecture followed by a tasting of five varietals to learn their basic characteristics. Although this class is geared towards the novice enthusiast, it is open to all. Some light appetizers will be served. Participants must be at least 21 years of age.

Jhun Medina

2813 Sec. A **Wednesday 2/10, 6-8PM, Swingers Grille**
\$35 (plus \$10 wine fee paid at first class)



Home Brewing 101

HOMEWARD 1086

Water, barley, yeast and hops: the building blocks of beer! Roll up your sleeves and join master brewer Bryan Ballard in this hands-on class on the craft of home brewing. Gather round the boil kettle and learn to brew the best way there is – by brewing. We will show you the home brewer's equipment and introduce the grains, hops, yeasts and extracts used in the craft. While brewing a batch with the class, you will learn the timing, tricks and lingo of brewing along with the science, chemistry and history of the brew. Your instructor will have a batch ready for bottling and you will help bottle up your own samples to take home. Course fee includes sampling. Must be 21 or older to register.

Bryan Ballard

2965 Sec.A **Sunday 3/20, 1-4PM, The Hop Shoppe**
\$38 (includes materials & tasting)

Cooking

Fresh & Healthy Herbs

HOMEWARD 1431

Fresh herbs to the rescue! Fresh herbs are healthy, flavorful and have medicinal properties. Often they are the best remedies to keep away cough and cold during winter. There is a long list of flavorful herbs like mint, basil, cilantro, chives and more that can help keep you fit and healthy. Join this class to learn more about the benefits of herbs, their role in boosting your immune system and how to incorporate herbs in cooking.

Anuja Deshpande

2594 Sec. A Tuesdays (2 sessions), 2/16-2/23, 6-8PM,
HCC SCB Rm 1802

\$40 (plus \$10 supplies fee paid to instructor)

Soups to Keep You Healthy

HOMEWARD 1436

Keep the cold at bay this winter with warm and healthy soups. Simple or hearty, pureed or chunky, soups are a great way to boost your immune system. Dietician Anuja Deshpande teaches you soup recipes that your family will love and want to have over and over again.

Anuja Deshpande

2603 Sec. A Tuesdays (2 sessions), 3/8-3/15, 6-8PM,
HCC SCB Rm 1802

\$40 (plus \$10 materials fee paid to instructor at first class)

Cooking Gluten Free

HOMEWARD 1457

Switching to a gluten free diet can be a challenge or it can be a fun opportunity to explore new foods and ingredients. In this session you will learn some of the research and science behind the gluten free diet and learn to take the gluten out of your cooking and baking. Together we will bake herbed flaxseed bread and crumb-topped blueberry muffins. We will also discuss the recipes and why the ingredients are fit for the gluten free lifestyle.

Jackie Langhoff

2658 Sec. A Thursday 3/10, 6-9PM, HCC SCB Rm 1802
\$50

The Taste of New Orleans

HOMEWARD 1275

Bring a bit of Bourbon Street home and enjoy the flavors of the Big Easy. You will learn how to make a mean pot of red beans and rice, gumbo and jambalaya. Laissez les bon temps rouler. (Let the good times roll!)

Zoe Guzman

2582 Sec. A Thursday 2/4, 6-8PM, HCC SCB Rm 1802
\$56

Cake Decorating for Beginners

HOMEWARD 1016

Learn the basics of cake decorating! Start off by learning how to make buttercream icing. From there, learn simple piping techniques to make borders, basket weave, writing, flowers and more. Next learn how to ice a cake with a smooth surface and apply your new piping skills to decorate it. Plenty of hands-on practice will be provided to master each new skill. Students will need to come to class with a cake decorating kit and be ready to bring a cake and icing to the second session.

Zoe Guzman

2576 Sec. A Thursdays (2 sessions), 2/18-2/25, 6-8PM,
HCC SCB Rm 1802

\$75

The Basics of Cheesemaking

HOMEWARD 1367

Your instructor will demonstrate how to make luscious mozzarella, queso blanco, and ricotta. Recipes and scrumptious samples will be provided. Learn about the difference between milk from cows, goats and sheep, as well as the history of dairy in this country. You will also learn how to make yogurt, buttermilk, chevre and hard cheeses such as parmesan and cheddar. An optional textbook will be available for purchase for \$23 in class.

Deborah Niemann-Boehle

2920 Sec. A Saturday 3/5, 9AM-12PM, HCC SCB Rm 1802
\$40

Cupcakes with Kelly

HOMEWARD 1474

Make your cupcakes as beautiful as they are delicious. Kelly Mathy of Kelly's Bakery will show how to top those tasty treats and brighten your next event. You will learn how to make luscious buttercream frosting and how to decorate your cupcakes with pizzazz and panache.

Kelly Mathy

3286 Sec. A Thursday 3/3, 6-8:30PM, HCC SCB Rm 1802
\$42



Hands-on Cooking Classes in Our NRC Commercial Kitchen

All classes below will take place in the Normal Readiness Center (NRC) kitchen. Prepping, proper tool usage, cleaning and food safety are important skills that every cook should practice. You will have a true culinary experience under the guidance of our expert instructors. In these hands-on classes, you are involved in every step of the cooking process and go home a better chef. Measure, mix and make your way through memorable experiences in our NRC kitchen.



Paleo One-Dish Freezer Meals

HOMEGARD 1458

The Paleo Diet is far from another diet fad. Paleo cooking combines low carbohydrate, gluten-free, whole foods; quality protein and nutritional fat to give your body what it needs for health, vitality and optimum weight. Prepare flavorful meals with international flair to freeze and enjoy at your convenience. This is not your average demo cooking class! During class you will prepare 4 servings of a one-dish meal. At the end of class students will collectively sample their work and package the servings in freezer-safe containers to enjoy at home.

Jackie Langhoff

2537 Sec. A Tuesday 2/2, 6-9PM, HCC NRC Rm 1203
2540 Sec. B Wednesday 3/2, 6-9PM, HCC NRC Rm 1203
\$95

Truffles

HOMEGARD 1465

You'll have people eating out of the palm of your hand when you master this sweet treat. Come learn how to craft delectable handmade chocolate truffles. You will make ganache and learn to create hand rolled traditional as well as beautifully molded truffles that are sure to be a hit for any special gathering.

Zoe Guzman

2568 Sec. A Tuesday 2/9, 6-8PM, HCC NRC Rm 1203
\$50

Chinese Cooking: Fried Rice & Fried Rice Noodles

HOMEGARD 1438

Bring the tastes of China into your kitchen. Rice and noodles is very popular wok-fried grain dish in Chinese cuisine. In this class, you get hands-on experience making fried-rice and fried-rice noodles. This class teaches you about the tools and techniques used in authentic Chinese cooking. The ingredients vary so participants will have options to choose the foods they like and make their own fried-rice and fried-noodle dishes.

HCC Instructor

2546 Sec. A Tuesday 2/23, 6-8PM, HCC NRC Rm 1203
\$60



Savory Baking

HOMEGARD 1473

Join us and learn the secrets of a perfect pot pie, buttery homemade biscuits, and puff pastry appetizers that will wow your guests at every gathering. In this course we will make everything from scratch, including a simple white gravy for our mini pot pies. This is a hands-on class, with lots of taste testing.

Ellen Vega

2971 Sec. A Saturday 1/30, 9AM-12PM, HCC NRC Rm 1203
\$56

Yeast Bread Basics

HOMEGARD 1130

Fill your home with the aroma of fresh baked bread. Once you learn some basics skills, the whole world of bread-making opens up to you. In four hours you make a lean bread, an herbed bread and a sweet bread. This hands-on session has you measuring, mixing, kneading and baking and then send you home with three delicious loaves of bread.

Ellen Vega

2969 Sec. A Saturday 2/13, 9AM-1PM, HCC NRC Rm 1203
\$60

Pretzels & Bagels

HOMEGARD 1449

A baking class with a twist!

Literally. With just a few simple tricks and tips you can bring these deli favorites to

your own kitchen. Come ready to bake and take home some of your delicious pretzel and bagel creations.

Zoe Guzman

2572 Sec. A Saturday 3/12, 9AM-12PM, HCC NRC Rm 1203
\$58





language & communications

Sign Language I

COMMNCR 1001

Designed for the beginner with little to no signing skills, this course teaches you the basic alphabet and sign vocabulary. This beginner course in American Sign Language (ASL) helps you develop the ability to have a basic conversation with a deaf individual. (20 PDs) 🍏

Amy Blough

2672 Sec. A Tue/Thu (10 sessions), 2/23-3/24, 6-8PM,
HCC ICB Rm 1704

\$115 (plus text)

Beginning French I

COMMNCR 1008

Get started learning French in this introduction to oral and written French and basic grammar. You'll learn and practice basic conversational vocabulary and dialogue. You'll also learn about the French culture including customs, greetings, transportation, food and more. (20 PDs) 🍏

Molly Ramirez

2921 Sec. A Tuesdays (10 sessions) 2/16-4/19, 5-7PM,
HCC ACEC Rm 2103

Lisa Brittingham

2967 Sec. B Thursdays (10 sessions) 3/17-5/19, 1-3PM,
HCC ICN Rm 2304

\$92 (plus text)



Chinese Language Program

Class days and times vary for K-12 graders.

For information contact Dr. Jane Ren at

jane.ren@heartland.edu or visit

*www.heartland.edu/CCE/chinese-school
for details.*

Beginning Spanish for All Occasions

COMMNCR 1035

Whether you wish to converse with colleagues or simply chat with native speakers during your next vacation, this introductory course teaches you the basic skills needed to communicate in Spanish. (22 PDs) 🍏

Carlos Diaz

2926 Sec. A Tuesdays (11 sessions), 3/8-5/17, 6:30-8:30PM,
HCC WDC Rm 3002

\$145 (includes text)

Conversational Russian

COMMNCR 1171

Explore the language and culture of this exotic country. This course offers a broad scope of activities related to learning the basics of conversational Russian. You will learn how to read and write using the Cyrillic alphabet and learn new words and phrases that will help you understand the mysterious Russian soul. The course will consist of several themed units to make memorization of the language structures more relevant to everyday life situations. Your instructor will help you work on your pronunciation and explain some grammar for comprehension and production of speech. You will have a unique opportunity to be part of the live performance of some Russian popular songs and learn about Russian culture.

(20 PDs) 🍏

Olga Cochran

2071 Sec. A Wednesdays (10 sessions), 2/17-4/20, 6-8PM,
HCC WDC Rm 1403

\$115 (plus text)

For the Love of Children's Books: What's New in Kid Lit

COMMNCR 1272

Anyone looking for books suitable for young readers will find the show-and-tell style of this class useful as well as fun. We will look at what has the publishing industry buzzing and showcase a sampling of books that are hot off the presses. From picture books to young adult novels, we'll look at what's current, works that are winning awards and books that are just plain fun to read. This class is perfect for parents, grandparents and teachers.

Dawn Malone

1973 Sec. AP Saturday 2/6, 9-11AM,
Heartland Pontiac Center Rm 220

\$42

Removing Doubt in a Job Interview

COMMNCR 1198

Get that job! Successful interviews don't just happen, they are prepared for and planned. A successful interviewee is always preparing the groundwork for their next interview, no matter how far away it might be. Remove all doubt and walk confidently into your next interview ready to impress. Author Eric C. Hoss will show you how to focus on your skills and background, target potential doubts and remove them. The user-friendly style of Removing Doubt in a Job Interview makes it easy to learn the system and get the job you want. Don't let an interview be an obstacle. Learn the skills from an experienced interviewer and turn that interview into an opportunity.

Eric Hoss

2629 Sec. A Tuesday 2/23, 6-9PM, HCC WDC Rm 1402
\$50 (includes text)

The Art of the Interview

COMMNCR 1256

The success of your business relies on finding the right talent and that starts with the interview. The Art of the Interview is for the entrepreneur or small business owner who wants to hone their interviewing skills in order to find the perfect candidate. Author Eric C. Hoss will explain the costs of hiring an employee and some of the pitfalls that can occur during the process. You will learn how to conduct an interview that follows the law and give you all the information you need to know to make the right hiring decision. This class is also perfect for the job seeker to get an insight into what happens on the other side of the desk.

Eric Hoss

2633 Sec. A Wednesday 3/30, 6-9PM, HCC WDC Rm 3002
\$50



English Language Acquisition
(formerly ESL)

ELA

Your bridge to better communication!

Heartland's ELA classes will help you:

- Increase your knowledge of English grammar and vocabulary
- Improve your reading and writing skills
- Strengthen your speaking and listening ability
- Prepare for college-level classes

Call (309) 268-8180 for more information.



youth enrichment



The Joy of Art Grades 2-5

ARTCRAFT 1703

Calling all budding artists! Explore art in an environment where you can work in your own unique direction. Have a go at different types of art like drawing, painting and sculpture. Pick up the basics of art, having fun and letting your creativity flow. All supplies are included.

Infinite HeArt Studios Instructor

2552 Sec. YA Tuesdays (6 sessions, does not meet 3/22), 3/8-4/19, 5-6:30PM, Infinite HeArt Studios

\$120

Build Your Own PC Grades 6-9

COMPNCR 1326

Anyone can buy a computer but what about building one? In this class we give you the skills and confidence to build your own custom PC. Learn about various computer parts and their functions. Assemble working computers from base components and gain valuable troubleshooting skills along the way.

Matthew Meins

2564 Sec. YA Saturdays (3 sessions), 1/30-2/13, 9AM-12PM, HCC WDC Rm 2007

\$95

Math App with JavaFX Grades 9-12

COMPNCR 3093

Be a game programmer! It is fun and easy to create games with JavaFX. Using this program, for both Window and Mac, this class will teach you to create your own Math App game with animation from scratch. You'll have plenty of one-on-one help during lab time to publish your very own game on Windows or Mac. Previous programming experience is helpful but not required.

Paul Bihn

3139 Sec. YA Mon/Wed (2 sessions), 2/8 - 2/10, 6-9PM, HCC NRC Rm 1104

\$80


NEW

Penguin Fun Ages 3-5

COMPNCR 3095

Penguins are fun animals to study. We will learn about these unusual creatures through art, science and math activities. Yummy snacks will also be included - some we'll even make ourselves. Reading lots of books about penguins and singing some songs are also part of the fun.

Kathy Bihn
**2191 Sec. YA Mon-Fri (5 sessions),
1/25-1/29, 9-11AM,
HCC NRC Rm 1103**
\$87 (includes snacks)

Winter Fun Ages 3-5

COMPNCR 3096

Are you ready for the cold weather? Winter is such a fun season. We will do lots of winter activities that will warm you up. Science, math and art are on the agenda. What's better than sitting and reading a book on a cold winter's day? Hot chocolate and other winter treats will also be part of our morning.

Kathy Bihn
**2189 Sec. YA Mon-Fri (5 sessions),
2/1-2/5, 9-11AM,
HCC NRC Rm 1103**
\$87 (includes snacks)

Valentine's Adventure Ages 3-5

COMPNCR 3097

Valentine's Day is all about hearts and love. We will learn all about it and make something special for mom and dad. Our morning will include doing crafts, reading books, making snacks and learning some songs. Games will also be played.

Kathy Bihn
**2187 Sec. YA Mon-Fri (5 sessions),
2/8-2/12, 9-11AM,
HCC NRC Rm 1103**
\$87 (includes snacks)

Flash Card Game with Android Studio Grades 9-12

COMPNCR 3094

Make your own video games. Using Android Studio you will create a flashcard game from scratch. We'll also do some work with Java in this hands-on class. There will be plenty of time to create your game and get help publishing it. Previous programming experience is helpful but not required.

Paul Bihn
**2155 Sec. YA Mon/Wed (2 sessions), 2/1-2/3, 6-9PM,
HCC NRC Rm 1104**
\$80

LEGO MindStorm Robot Challenge Grades 5-8

SCIENCE 1132

Robots rock! Learn to design, construct and program robots that can complete different tasks. This beginner camp helps you build engineering, programming and troubleshooting skills with the LEGO MindStorm NXT 2.0 system.

Cole Thomas
**2404 Sec. YA Saturdays (5 sessions, does not meet 2/20), 1/30-3/5,
9AM-12PM, HCC WDC Rm 1404**
\$158 (includes a USB drive)

President's Day Classes

Explore creative learning opportunities and spend the day off school on the HCC campus!

A Presidential Crime Scene Grades 2-6

SCIENCE 1183

A crime involving the president has occurred at the Challenger Learning Center! Your job is to collect the evidence and investigate the crime scene to determine the perpetrator. Learn how to collect and handle evidence, conduct interviews and explore forensics. Once the forensic results come in, you will work with your assigned group to figure out what happened. Use your dramatic skills as your group acts out how the crime happened and explain who should be arrested. This program is open to grades 2-6. **Bring a lunch and if you have food allergies, please bring snacks as well.**

Susan Evens & Tricia Hozie
**2755 Sec. YA Monday 2/15, 8:30AM-4:30PM, HCC ACEC Rm 1200
\$50**

Write On: A Young Writer's Workshop Grades 5-8

ENRICHMN 1744

Enter a world of your own creation. This lively and interactive class introduces the elements of writing a good story. You will participate in short, guided writing sessions and hands-on activities that help you create believable characters and plot a story from start to finish. You will explore where ideas come from and examine works of current literature to understand how they're constructed. **Bring a lunch and if you have food allergies, please bring snacks as well.**

Dawn Malone
**2803 Sec. YA Monday 2/15, 9AM-4PM, HCC ACEC Rm 2103
\$65**

Spring Break Classes

Spend Spring Break with Heartland Community College in classes that offer hands-on learning and fun. Sign up for morning or afternoon sessions or register for Supervised Lunch and stay all day.

Digital Photography Grades 5-9

COMPNCR 1307

Get your shot. Have fun composing pictures while you experiment with different shooting modes, resolution and flash settings. Practice advanced techniques such as close-up/macro, then learn to use Photoshop to enhance your images. Discover how to download and print images and file them for safe, long-lasting storage. Indoor and outdoor shooting sessions are planned (weather permitting). Bring your own camera and transfer cable.

Kent Simpson

**2112 Sec. YA Mon-Fri (5 sessions), 3/21-3/25, 9AM-12PM,
HCC WDC Rm 1405**

\$129 (includes materials & USB drive)

Make Your First Video Game Grades 6-8

COMPNCR 1957

Make your first video game in this one-of-a-kind class that shows you the keys to designing a 2-D game. Conceptualization, play experience, challenge levels, graphics, sounds and simple coding are some of the concepts we'll explore. No prior experience is necessary - just a desire to have fun. The games you create will be available on a password-protected Black Rocket website to share with friends and family. Games are only compatible on PC computers. Mac versions can be created after the class for a \$15 conversion fee. Students will work in pairs or teams for most of the program.

Cole Thomas

**2402 Sec. YA Mon-Fri (5 sessions), 3/21-3/25, 9AM-12PM,
HCC WDC Rm 1404**

\$180

Spring Break Acapella Grades 4-8

PRFMARTS 1031

Get ready to cause some treble! The a cappella choir needs you to bring your voice and sing along. Vocal coach Michael Schneider will help you work through the fun and challenges of a cappella singing to get you rocking and swinging. Bring your friends along and raise your voices.

Michael Schneider

**2661 Sec. YA Mon-Thu (4 sessions), 3/21-3/24, 9AM-12PM,
HCC ACEC Rm 2400**

\$90

3-D Printing - Elementary Engineering Grades 3-6

COMPNCR 3033

Print your own 3-D masterpiece. This course will teach you essential skills required for 3-D printer operation including introduction to several different 3-D printing software programs, how to search for 3-D printable objects on the Internet, the process of obtaining an object file and sending it to the 3-D printer. Ultimately you will learn how to create a 3-D printed project.

Open Source Instructor

**2451 Sec. YA Mon-Fri (5 sessions), 3/21-3/25, 9AM-12PM,
Open Source, Downtown Bloomington
in the Fox and Hounds building**

\$195 (plus \$30 materials fee paid to instructor)

ACT Strategies Boot Camp Grades 9-12

COLLPREP 1032

Ace your ACT. We will teach you strategies for reading and understanding the types of questions that you will see on the ACT. You will be shown what to expect on the test and learn tips for all sections: English, reading, writing, science and math. Practice tests and samples from previous tests will be used to help you prepare for the big day. We will also cover how to approach time management and test anxiety. Use the skills you'll learn in this class to tackle the ACT with confidence.

Learning for Tomorrow Instructor

**2644 Sec. YA Mon-Fri (5 sessions), 3/21-3/25, 9AM-12PM,
HCC WDC Rm 1401**

\$149

YEP Supervised Lunch

ENRICHMN 1262

Enjoy lunch, games and activities with other YEP campers between your morning and afternoon sessions. Our staff will escort you to lunch and to your afternoon class so you can relax knowing you're exactly where you need to be. **Bring a sack lunch each day.**

HCC Instructor

**3248 Sec. YA Mon-Fri (5 sessions), 3/21-3/25, 12-1PM,
HCC ACEC 2100**

\$10

Spring Break Classes

Getting Started with 3-D Modeling & Animation Grades 9-12

COMPNCR 3007

Jump into the world of 3-D. This course covers basic 3-D modeling and animation principles as well as an introduction to using the industry standard, Autodesk Maya. If you have seen the movie Marvel Avengers or any of the Marvel movies you have seen what Autodesk Maya can do. You will learn how to use the software's tools to create your desired media. In addition, you'll learn the basic process behind creating this media and will be equipped to begin your own personal projects. This course will be a foundation for your career in the field of 3-D modeling and animation.

Steven Blazek

**2532 Sec. YA Mon-Fri (5 sessions), 3/21-3/25, 1-4PM,
HCC NRC Rm 1103**

\$115

3-D Literacy – The Foundation for Innovation Grades 7-10

COMPNCR 3034

Learn the skills needed to create and print your own 3-D pieces. This course will teach you the elements of 3-D Literacy (3-D Printing, 3-D CAD, and 3-D Programming). The first three days will focus on the individual elements and the last two sessions teach you how to integrate those elements into single projects. You will learn basic 3-D printer operation skills and basic 3-D CAD modeling skills. You'll also get an introduction to micro-electronics. The final project is to build the "plotClock." This is a tiny robot that actually writes the time on a miniature dry erase board. The project requires the integration of 3-D Literacy. It will be a great way to introduce complex engineering principals through easy and fun activities.

Open Source Instructor

**2453 Sec. YA Mon-Fri (5 sessions), 3/21-3/25, 1-4PM, Open Source,
Downtown Bloomington in the Fox and Hounds building**

\$195 (plus \$70 materials fee paid to instructor)

Spring Break Bakers Grades 5-8

HOMEGARD 1432

Turn spring break into spring bake. Step right up to the mixer, spatula in hand, and bake. Under the guidance of Ellen Vega, you will learn to make bread, pizza, breadsticks, pies, candies and other delicious foods. This class is a whirlwind of culinary fun and leaves you with some serious baking skills. All ingredients included. At the end of each day, you can take your foods home to share or...not - how generous you are is up to you!

Ellen Vega

**2833 Sec. YA Mon-Thu (4 sessions), 3/21-3/24, 1-4PM,
HCC NRC Rm 1203**

\$140 (bring containers to take food home in, includes materials)

Spring Break Players Grades 5-8

PRFMARTS 1003

Take the stage and explore the basic principles of acting through theater games and creative play. Led by local professional actor Rhys Lovell, the class culminates in a showcase consisting of short scenes and monologues that demonstrate the acquired skills.

Rhys Lovell

**1936 Sec. YA Mon-Thu (4 sessions), 3/21-3/24, 1-4PM,
HCC ACEC Rm 2400**

\$90

Let the Games Begin Grades 2-6

SCIENCE 1181

Are you game for a day full of puzzles, logic and playing games at the CLC? Join us this spring break as we explore all sorts of games and how our minds work when solving the puzzles of various board game, card, physical and electronic challenges. You'll even design a game of your own! This program is open to persons in grades 2-6. **Bring a lunch and if you have food allergies, please bring snacks as well.**

Libby Nocross & Susan Evens

**2753 Sec. YA Mon/Tue (2 sessions), 3/21-3/22, 8:30AM-4:30PM,
HCC ACEC RM 1200**

\$100

Mars Adventure Grades 2-6

SCIENCE 1184

3...2...1... lift-off! The Challenger Learning Center astronauts are on their way to Mars! Join us for a two-day adventure to Mars. Begin your training learning about the rockets that will launch us to the Red planet. Then, determine the best site for us to land and explore our new environment. Once we land on the Mars, we will work with other crewmembers to build a Mars base so you can live in this exotic place. This program is open to persons in grades 2-6. **Bring a lunch and if you have food allergies, please bring snacks as well.**

Tricia Hozie & Stacey Shrewsbury

**2756 Sec. YA Wed/Thu (2 sessions), 3/23-3/24, 8:30AM-4:30PM,
HCC ACEC Rm 1200**

\$100



#psyched Grades 5-8

ENRICHMN 1943 YA

Why do you do the things you do? Check out some of the awesome aspects of psychology in a fun and interactive setting. Learn all about memory, your senses and perception while painting, playing games and eating food while blindfolded. Be prepared to think outside of the box and learn more about yourself and the amazing world around you. **Bring a sack lunch and a drink.**

Cristina Prestin-Latham

2159 Sec. YA Friday, 3/25, 9AM-4PM, HCC WDC Rm 1402

\$55

Spring Break Classes

American Red Cross Babysitter's Training Grades 6-9

ENRICHMN 1261

Become a babysitter extraordinaire. Take this Red Cross babysitting course and gain the confidence to handle most babysitting situations. Learn what to do in an emergency and how to keep yourself and the kids safe. Explore the basics of child care, such as feeding and changing diapers. Plus, you'll get tips on talking with parents and how to get your business started. *CPR certification is not included.* **Bring a sack lunch and drink.**

Red Cross Certified Instructor

2441 Sec. YA Wednesday 3/23,
9AM-4PM,
HCC ACEC Rm 2206/2207

\$115 (includes materials)



Art Exploration Day Camp Grades 5-8

ARTCRAFT 1708

Discover the fun of different types of art like painting, drawing and mixed media in this one day art camp. You will get the chance to play around with different art materials and create your own masterpiece. All materials will be provided for a fee of \$20 to be paid to the instructor. **Bring a sack lunch and a drink.**

Julie F. Callahan

2782 Sec. YA Monday, 3/21, 9AM-4PM,
HCC SCB Rm 1802

\$55 (plus \$20 for supplies)

Western & English Horseback Riding Grades 3-12

RECREATN 1425

In this three-day outdoor camp you'll participate in many horseback activities as you learn about Western and English riding. Lone Ridge Farm's experienced lesson horses are great for beginners and skilled riders. Get ready to learn horse handling, safety, management and basic horse science. With the small participant-to-instructor ratio, you'll have a fun and safe hands-on learning experience. **Please bring a sack lunch each day.**

Lone Ridge Instructor

2590 Sec. YA Mon-Wed (3 sessions),
3/21-3/23, 8AM-5PM
Lone Ridge Farm

\$280

WANTED: Enthusiastic Instructors

Do you have a special skill or topic that you would like to teach? Share your knowledge and love of learning with the community. Instructors are wanted to teach short-term Community Education courses — day or evening.

- Youth Enrichment Programs
- Game Programming
- QuickBooks
- Italian
- Edmodo
- Jewelry Making
- All topics in Pontiac & Lincoln
- Real Estate
- Cooking & Baking
- LEGO MindStorm



**For more information, visit
www.heartland.edu/communityEd
or call (309) 268-8160.**

The following classes are offered in Lincoln and Pontiac



Illinois Route 66

ENRICHMN 1939

Discover what unique attractions the Illinois section of Route 66 has to offer local, national and international travelers. Along with a history of Route 66, we will discuss culture, tourism, economic impact and preservation. Key attractions, events, shopping and dining experiences along the way will be highlighted. This class pairs well with the Illinois Route 66 Tour.

Geoffrey Ladd

1932 Sec. AL Thu/Tue (3 sessions), 1/28-2/4, 6:30-8:30PM, Heartland Lincoln Center Rm 110

\$49



Illinois Route 66 Tour

ENRICHMN 1940

Take a field trip along Route 66 in Central Illinois visiting Lincoln, Pontiac, and Atlanta. This tour will showcase the Route 66 Hall of Fame Museum, The Mill, The World's Largest Covered Wagon, Palms Grill and more attractions along the way. Your tour will be guided by Route 66 Preservation Specialist Geoffrey Ladd. This tour pairs well with our Illinois Route 66 class.

Geoffrey Ladd

1933 Sec. AL Saturday 2/6, 9AM-3PM, Heartland Lincoln Center Lobby

\$49

How to Publish What You Write

ENRICHMN 1756

Open the book to the secrets of publishing. This class will help you on your path to getting paid for writing books, essays and articles. We'll discuss the traditional publishing path for books, including how to approach agents or publishers and how to write a query letter. You'll also learn how to get your work published in magazines, newspapers and online. We'll talk about contracts and selling rights, as well as copyright issues. Since 1988 Deborah has written hundreds of published articles. She is the author of three traditionally-published books and one self-published ebook.

Deborah Niemann-Boehle

2617 Sec. AP Monday 2/15, 6-9PM, Heartland Pontiac Center Rm 220

\$44

Income Taxes Made Easy

COMPNCR 1886

This course introduces you to basic tax forms and methods of preparation. It also provides you with knowledge on what records to keep and provides an understanding of personal income taxes and will benefit you whether you choose to prepare your own or to assist your tax prep professional. Among the topics covered will be a look at basic income tax forms, IRS history and available free and paid tax preparation programs.

Dana Mollohan

2101 Sec. AL Tuesdays (2 sessions), 3/8-3/15, 6-8PM, Heartland Lincoln Center Rm 112

\$55

Theater Dance

RECREATN 1439

If you have a desire to be "on the big stage" but worry about choreography, this class is for you. We will work on dance choreography and styles for several Broadway shows to give you the tools to shine in your next local, school or professional production.

Dancer Instructor

2197 Sec. AP Fridays (3 sessions), 1/29-2/12, 6-7:30PM, Dancer, Pontiac

\$52

Getting to Know Your Sewing Machine

ARTCRAFT 1376

Don't let your sewing machine just sit there; put it to good use. This class teaches you how to stitch a blind hem, make buttonholes, insert a zipper and mend and stretch stitches. You'll also learn basic machine maintenance techniques to keep your machine in tip-top running condition. Bring your own machine (in good running condition) and if available, the manual and attachments. Your instructor will help you learn how to use the accessories in your attachment box.

Dee Thompson

2716 Sec. AL Thursdays (2 sessions), 2/11-2/18, 6-8:30PM, Make It Sew, Lincoln

\$44 (plus \$3 supply fee paid to instructor, plus supplies)

Sewing for Beginners I

ARTCRAFT 1087

Make sewing easy in this introductory class. Start with the very basics: fabric, supplies and pattern selection. Learn how to read a pattern, straighten the fabric grainline and the importance of accurate measurements. Then practice your new skills by completing a project designed for the novice. By the end of class, you'll know basic sewing and finishing techniques that can be applied to any simple sewing project. Note: for this class, you need to bring your own sewing machine (in good working condition), manual and attachments.

Dee Thompson

2718 Sec. AL Thursdays (5 sessions), 2/25-3/24, 6-8PM, Make It Sew, Lincoln

\$55 (plus \$3 supply fee paid to instructor, plus materials)

The following classes are offered in Lincoln and Pontiac



Exploring 5 Watercolor Techniques

ARTCRAFT 1701

Getting down to basics is essential in almost anything you do. Much like practicing scales in music, warming up with painting exercises is important in order to do your best work. In this fun and nonthreatening class, we'll use the Prang watercolor pan set, two brush sizes and 8x10 watercolor paper to let your artistic side shine through. We will explore five watercolor techniques: watercolor resist, line, dry brush, wet on wet and guiding. You will complete several basic and fun exercises for each technique, as well as several tried and true projects that will provide you with a sense of accomplishment.

Marti Sullan

2467 Sec. AP Mondays (5 sessions, does not meet 2/15),
1/25-2/29, 6-8PM, Heartland Pontiac Center Rm 220

\$75 (plus \$15 supply fee paid to instructor)



Ecothrifty Living

GREENNCR 1023

Make greener, healthier choices while saving money. You'll be surprised to discover all the artificial

chemicals hiding in your home, food and personal care products, but you can easily replace them with natural alternatives that cost far less! In addition to learning about all the simple alternatives, we'll also be making a sugar scrub and laundry detergent in class, which you can take home to use. Deborah is the author of the book *Ecothrifty: Cheaper, Greener Choices for a Happier, Healthier Life*.

Deborah Niemann-Boehle

2615 Sec. AP Tuesday 2/2, 6-9PM,
Heartland Pontiac Center Rm 220

\$44 (plus \$5 materials fee paid to instructor)



For the Love of Children's Books: What's New in Kid Lit

COMMNCR 1272

Anyone looking for books suitable for young readers will find the show-and-tell style of this class useful as well as fun. We will look at what has the publishing industry buzzing and showcase a sampling of books that are hot off the presses. From picture books to young adult novels, we'll look at what's current, works that are winning awards and books that are just plain fun to read. This class is perfect for parents, grandparents and teachers.

Dawn Malone

1973 Sec. AP Saturday 2/6, 9-11AM,
Heartland Pontiac Center Rm 220

\$42

Enhanced ACT Review

COLLPREP 1001

This course teaches everything you need to succeed on the ACT exam. You will use practice exams to learn about the different types of questions and the best strategies for successfully answering them. The workshop consists of 6 two-hour sessions which include discussions of test taking strategies and reviews of English, math, reading and science reasoning skills. Please register for the ACT exam at www.act.org or through your high school guidance counselor's office.

Josh Krone, Dustin Underwood & Deborah Vaughan

2442 Sec. AP Tuesdays (6 sessions), 1/19-2/23, 6-8PM,
Heartland Pontiac Center Rm 214

Sally Aukamp, Kaitlin Mason & Michelle Ryan

2963 Sec. AL Mon/Thu (6 sessions, does not meet 3/28, 3/31),
3/14-4/7, 5-7PM, Lincoln Community High School

\$90 (includes text & materials)

Photo Adventure in the Woods

COMPNCR 3061 \$\$

Free up your digital camera to do more. You have probably used your digital camera to take pictures of family and friends, but have you taken a close-up of a flower or framed the perfect nature scene? If you are interested in learning more about digital photography and want to gain real-life photo experience in the process, join us as we visit the Humiston Woods Nature Center in Pontiac. While exploring its 300+ acres of hardwood forest, prairie land and water features, you will learn about landscape and nature photography, as well as how to apply these skills to other areas of photography. All camera types are welcome. Please make sure that your camera is fully charged and/or that you bring a spare battery.

Jennifer Crones

2741 Sec. AP Friday 3/18, 2-5PM, Humiston Woods Nature Center
\$39

\$35 discount fee (see page 57 for details)

1st Degree Traditional Usui Reiki Training

ENRICHMN 1815

Usui Reiki is a safe, hands-on and natural energy technique used for stress reduction, relaxation and healing. Learn the history of this ancient healing practice as well as its oral traditions. Practice hand positions for self-treatment and treatment of others, including animals. Restore your flow of life energy by removing blocks caused by stress and pain. By the time this class is over you'll be able to let go of negative thought patterns and behaviors and learn to live your life to its fullest. Bring a sack lunch and drink on Saturday.

Revelations Center Instructor

2099 Sec. AL Friday 2/12, 5-9PM, & Saturday 2/13, 9AM-5PM,
Heartland Lincoln Center Rm 628B

\$184 (includes materials)

The following classes are offered in Lincoln and Pontiac



DREAM Your Way to Health & Wellness

ENRICHMN 1941

What do wellness and health truly mean, and what would they look like in your life? In this class we will gain a better understanding of health and wellness and the effects of our Diets, Rest, Exercise, Alignment and Mental attitude (DREAM) on them. By the end of the session, you will know how to easily incorporate these ideas, habits and lifestyle modifications to improve your quality of life.

Livingston County Chiropractic Instructor
2177 Sec. AP Tuesday 3/15, 6-8PM,
 Heartland Pontiac Center
 Rm 220

\$20



Prime-Time Health™

ENRICHMN 1946

Learn how to add years to your life and life to your years. Prime-Time Health™ is based on scientific research that explains why it is important to make health your hobby and become an informed consumer. Eating healthy is not just about learning all the foods to avoid; instead, it is about ensuring that you are consuming the right foods. In addition, this program will show you how to open your internal pharmacy and help your body produce custom-made medicines to repair and protect your body against damage. Prime-Time Health™ workshops are taught by health coaches certified by the Dr. Sears Wellness Institute.

Deborah Niemann-Boehle
2619 Sec. AP Tuesdays (2 sessions),
 2/23-3/1, 6-9PM,
 Heartland Pontiac Center
 Rm 220

\$75

Maximizing Your Social Security Benefits

PERSFIN 1167

Receiving the most from your Social Security benefits requires making a lot of decisions. Learn how to decide when and how to start drawing social security retirement benefits. Learn the best time to start receiving benefits. We will discuss each decision factor as it pertains to your age, job, taxes and your marriage status to develop a plan to help you try to get the most from your benefits.

Kathryn Higgins
2593 Sec. AP Tuesday 3/15, 6-7:30PM,
 Heartland Pontiac Center
 Rm 214

\$15

Digital Photography Basics - SLR Cameras

COMPNCR 1293 \$\$

Learn basic photography techniques to enhance your digital picture-taking skills. Find out how the proper camera settings can improve your results. You will need a digital camera with a fully-charged battery, lens, memory card and user manual. Prerequisite: familiarity with the basic controls of your camera.

Jennifer Crones
2750 Sec. AP Saturdays (4 sessions),
 1/30-2/20, 9AM-12PM,
 Heartland Pontiac Center
 Rm 214

\$149 (includes text)

\$134 discount fee (see page 57 for details)

Word Introduction

CMPCPE 1005 \$\$

This course covers basic operation of Microsoft Word. Topics include using the Office ribbon and toolbar commands, creating documents using various commands including cut, copy and paste, formatting with colors and shading, creating tab stops and bulleted lists, creating tables and working with forms. (9 PDs) 🍏

Jennifer Crones
2759 Sec. AP Saturdays (3 sessions),
 2/6-2/20, 2-5PM,
 Heartland Pontiac Center
 Rm 214

\$140 (includes text)

\$126 discount fee (see page 57 for details)

PowerPoint Introduction

COMPNCR 1526 \$\$

Learn how to design and format presentations or slide shows using the powerful features of PowerPoint. Add pictures, text, sound, animation, graphics, charts and diagrams to your presentation. It is great for family slideshows and work applications. PowerPoint is fun and easier than you think. (6 PDs) 🍏

Jennifer Crones
2747 Sec. AP Fridays (2 sessions),
 2/5-2/12, 2-5PM,
 Heartland Pontiac Center
 Rm 214

\$100 (includes text)

\$90 discount fee (see page 57 for details)

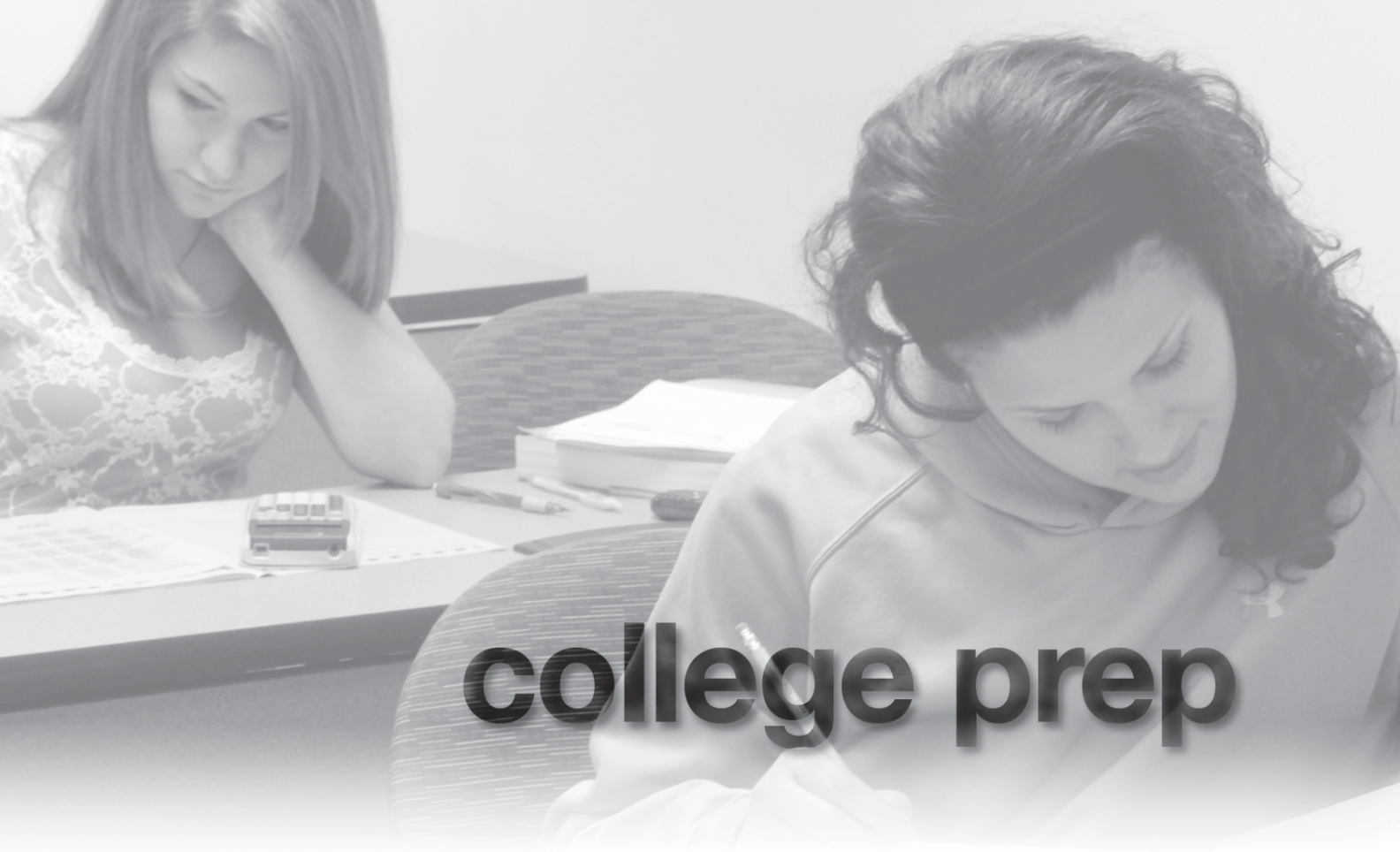
Getting Started with Social Media

COMPNCR 1670 \$\$

Facebook, LinkedIn, Twitter, Instagram - trying to figure out what social media platform to use and the accompanying terminology can be very confusing. What is a platform anyway? We will help you navigate through the maze to determine which ones are right for your personal use. You will also receive tips on how to be socially savvy and how to protect your privacy.

Jennifer Crones
2744 Sec. AP Saturday 1/30, 2-5PM, Heartland Pontiac Center Rm 214
\$55

\$50 discount fee (see page 57 for details)



college prep

Enhanced ACT Review

COLLPREP 1001

This course teaches everything you need to succeed on the ACT exam. You will use practice exams to learn about the different types of questions and the best strategies for successfully answering them. The workshop consists of 6 two-hour sessions which include discussions of test taking strategies and reviews of English, math, reading and science reasoning skills. Please register for the ACT exam at www.act.org or through your high school guidance counselor's office.

Susan Evens, Jeff Hoogland & Beth Peterson
2586 Sec. A Tue/Thu (6 sessions), 1/19-2/4, 6-8PM,
HCC WDC Rm 1403

Josh Krone, Dustin Underwood & Deborah Vaughan
2442 Sec. AP Tuesdays (6 sessions), 1/19-2/23, 6-8PM,
Heartland Pontiac Center Rm 214

Sally Aukamp, Kaitlin Mason & Michelle Ryan
2963 Sec. AL Mon/Thu (6 sessions, does not meet 3/28,
3/31), 3/14-4/7, 5-7PM,
Lincoln Community High School

\$90 (includes text & materials)

Free Application for Federal Student Aid

Free Application for Federal Student Aid (FAFSA) completion workshops are held weekly throughout the year. The hands-on workshops allow families to complete the FAFSA with assistance from experienced financial aid professionals. Call (309) 268-8020 for specific times and locations.



communityEd.hcc



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Heartland Community College

Visit Campus!

The best way to learn about Heartland Community College is to visit our campus!

Visit www.heartland.edu/enroll/visit.jsp to schedule a personal visit or register for one of our fall events!

Information Day:

Monday, February 15 at 1PM

Astroth Community Education Center (HCC Normal Campus)

Information Night:

Thursday, February 25 at 6PM (tours begin at 5:30PM)

Workforce Development Center (HCC Normal Campus)

Essential ACT Skills

COLLPREP 1034

Get ready to ace the ACT. Statistics show that test preparation is the key to higher ACT scores. The materials you will use in this program were developed by Cambridge Education Services and are used throughout the country with an extraordinary success rate. Classroom lessons will cover English, reading, science and math ACT subtests. You will practice test-taking strategies and have access to homework reinforcement modules that include simulated test problems. The skill-building exercises include practice drills of all levels in order to help you improve. An actual test simulation will occur at the beginning of the course and a computer diagnostic assessment will be done to identify areas of improvement during the course.

Susan Evens, Jeff Hoogland & Beth Peterson

2584 Sec. A Thu/Tue (6 sessions), 3/3-3/22, 6-9PM, HCC WDC Rm 1403

\$275

Scholarship Opportunities

Heartland Community College Foundation offers scholarships for many deserving students. Learn more about scholarship criteria and submit your online application today at www.hccfoundation.org. The application deadline is March 1, 2016. Contact the Foundation office at (309) 268-8110 for additional information.

Heartland Community College
Foundation

Local people. Real dreams. Make it happen.



active retirement

*Enjoy the company of other students your age while learning new skills.
Many of the following classes are offered during the daytime for your convenience.*

NEW

The 13th Amendment

ENRICHMN 1947

On January 31st, 1865, the Thirteenth Amendment was passed and slavery was abolished. This class examines the arduous path that finally led to the elimination of slavery, while still at war. We will also discuss the groups that supported and opposed this amendment and explore the impact its passage has had on our country.

Christina Smith

2688 Sec. A Friday 2/5, 9AM-12PM, HCC WDC Rm 1402
\$30

NEW

Commemorating Lincoln's Birthday

ENRICHMN 1948

Celebrate the 206th birthday of the most popular president in American history. Over two centuries since his birth, the impact of his life and presidency is still felt around the world. We will examine how he is remembered over time, his legacy and the impact his presidency has had on American culture.

Christina Smith

2690 Sec. A Friday 2/19, 9AM-12PM, HCC ACEC Rm 2103
\$30

Heartland Songbirds

PRFMARTS 1029

Make Wednesday's lunch break your favorite one of the week by adding a dash of music. If you love to sing and can read music, join the Heartland Songbirds. During the course we'll learn three or four pieces with amazing harmonies. Whether you love hits from yesteryear or songs made famous by groups like the Manhattan Transfer or the Pentatonics, this ensemble will remind you why making music with others is so much fun. Our 6-week session will conclude with a casual performance at a campus or community event.

Michael Schneider

2727 Sec. A Wednesdays (9 sessions),
1/13-3/9, 12-1PM

2728 Sec. B Wednesdays (9 sessions),
3/16-5/11, 12-1PM
HCC ACEC Rm 2400

\$40

Acrylic Painting

ARTCRAFT 1157

Bring the canvas to life with acrylics. Join our relaxed atmosphere as we pursue the basics of painting with acrylics. We will then progress to creating still life and landscape works using three-dimensional painting techniques. You will work from still life displays and photographs supplied by the instructor to create your own work of art.

Julie F. Callahan

2797 Sec. A **Tuesdays (5 sessions), 3/8-4/5, 9AM-12PM,**
HCC SCB Rm 1802

\$110 (plus supply fee paid to instructor)

Welcome to the Mac

CMPCE 1018 \$\$

This course helps you use a Mac computer including how to use the Mac mouse, navigate the menu bar and desktop and manage files and folders. You also learn to use popular features such as the calendar, photo management tools and entertainment applications. Plus, this course covers how to run Windows operating system on a Mac computer. We will be using OS X Yosemite. (9 PDs) 🍏

Jackie Langhoff

2518 Sec. A **Friday (3 sessions), 1/29-2/12, 9AM-12PM,**
HCC WDC Rm 3004

\$125 (includes text)

\$113 discount fee (see page 57 for details)

Getting Started with Computers

COMPNCR 1083 \$\$

If you've never used a computer, then this is the class for you. Learn the most basic skills such as how to turn it on, how to use a mouse to point and click and other essentials for using a personal computer. This is a hands-on class that provides plenty of time to practice your new skills. The class uses PCs with Windows 7.

Kay Bowen

2409 Sec. A **Tuesday 2/2, 9AM-12PM, HCC WDC Rm 1404**

\$65

\$59 discount fee (see page 57 for details)

Getting Started with Computers II

COMPNCR 1022 \$\$

Get lots of hands-on experience using the start menu programs and working with a word processor. Practice using Windows software to locate and manage your files. Increase your knowledge of the Internet by searching, book-marking and choosing what to print. Experience with using a mouse or our *Getting Started with Computers* class is a helpful foundation for this course.

Kay Bowen

2406 Sec. A **Tuesdays (4 sessions), 2/9-3/1, 9AM-12PM,**
HCC WDC Rm 1404

\$130 (includes text)

\$117 discount fee (see page 57 for details)



Intro to Wheel Thrown Ceramics

ARTCRAFT 1662

Explore the mystery of the potter's wheel and develop fundamental pot-throwing techniques. Our skilled instructor, Erin Furimsky, will guide you through the entire ceramics process from wedging, throwing and trimming to glazing. Create functional pots like cups, bowls and plates. Multiple glaze applications will be discussed and all work will be fired in the ceramic studio's kiln. This class is designed for beginners as well as those who have had some experience working with clay. Work will be available for pick up two weeks after the course ends.

Erin Furimsky

2786 Sec. A **Wednesdays (6 sessions), 2/10-3/16, 1-3:30PM,**
HCC ICN Rm 1408

\$122

Getting Started with Word 2010

COMPNCR 1635 \$\$

This class is designed to help you with very basic use of Microsoft Word 2007 or 2010. Create a simple letter or document and learn editing techniques. Use the ribbon to get to the commands and discover some of the predefined templates to get you started on projects.

Kay Bowen

2464 Sec. A **Tuesdays (2 sessions), 3/8-3/15, 9AM-12PM,**
HCC WDC Rm 1404

\$85 (includes materials)

\$77 discount fee (see page 57 for details)

Getting Started with Facebook

COMPNCR 1759 \$\$

Facebook is more than sharing cat videos and posting pictures of your breakfast. You will learn where Facebook fits into the social media landscape, its terminology, how to set up a profile, the ins and outs of privacy settings and how to find friends. Armed with this new information you can decide if this is the social media platform for you.

Jennifer Flaig

2146 Sec. A **Thursdays (2 sessions), 2/4-2/11, 6-8PM,**
HCC WDC Rm 1405

\$65 (includes materials)

\$59 discount fee (see page 57 for details)

Getting Started with Twitter

COMPNCR 3026 \$\$

Twitter is a fun way to connect with friends, family and others who share similar interests. You will learn how the timeline works, how to navigate privacy settings, the details of setting up your profile, what to post and when to post. You will even learn what a hashtag is and get some tips and tricks on how to use them effectively. Soon you'll be tweeting along with your family and friends.

Jennifer Flaig

2140 Sec. A **Thursday 3/3, 6-8PM, HCC WDC Rm 1405**

\$50

\$45 discount fee (see page 57 for details)

Digital Photography Basics SLR Cameras

COMPNCR 1293 \$\$

Learn basic photography techniques to enhance your digital picture-taking skills. Find out how the proper camera settings can improve your results. You will need a digital camera with a fully-charged battery, lens, memory card and user manual. Prerequisite: familiarity with the basic controls of your camera.

Kent Simpson

2108 Sec. A Tue/Thu (4 sessions, does not meet 2/4), 1/26-2/9,
5:30-8:30PM, HCC WDC Rm 3002

2114 Sec. B Tue/Thu (4 sessions), 2/23-3/3, 9AM-12PM,
HCC WDC Rm 1402

\$149 (includes text)

\$134 discount fee (see page 57 for details)

Photo Adventure in the Woods

COMPNCR 3061 \$\$

Free up your digital camera to do more. You have probably used your digital camera to take pictures of family and friends, but have you taken a close-up of a flower or framed the perfect nature scene? If you are interested in learning more about digital photography and want to gain real-life photo experience in the process, join us as we visit the Humiston Woods Nature Center in Pontiac. While exploring its 300+ acres of hardwood forest, prairie land and water features, you will learn about landscape and nature photography, as well as how to apply these skills to other areas of photography. All camera types are welcome. Please make sure that your camera is fully charged and/or that you bring a spare battery.

Jennifer Crones

2741 Sec. AP Friday 3/18, 2-5PM, Humiston Woods Nature Center
\$39

\$35 discount fee (see page 57 for details)



*Enjoy exciting, fun-filled trips and tours.
See page 8 to learn about upcoming **EDventures**.*

Ladies Golf

RECREATN 1288

Ladies, are you looking to learn the basics of golf? Do you need a refresher golf class to get your game on track? Join our ladies-only golf class designed just for you. This class is a great opportunity to learn the game of golf or improve your performance. Gain an understanding of the entire game while receiving hands-on instruction from PGA professionals. Class size is limited to ensure individual attention. Your registration fee covers instruction, range balls and rental clubs.

Eric Micheletti

2818 Sec. A Wednesdays (4 sessions), 3/16-4/6, 11AM-12PM,
All Seasons Golf Learning Center

\$109

Beginning Hatha Yoga II

RECREATN 1412

This class is a continuation of Beginning Hatha Yoga I and is aimed toward anyone who has attended that class or has some beginning yoga experience. Following the same format, it is practiced at a gentle pace, allowing plenty of time to explore poses and to create a practice that suits your individual needs. The goal of the class is to expand your yoga experience by introducing new poses with an emphasis on building strength and endurance. Come with your yoga mat and leave with energy, a calm mind and brighter mood.

Cynthia Houser

2437 Sec. A Thursdays (10 sessions), 3/10-5/12, 11AM-12PM,
HCC FRC Rm 1020

\$75

Yoga for Arthritis

RECREATN 1308

Create an attitude for yoga, learn correct body alignment and take action needed for proper execution. You will learn how yoga can increase your balance, strength and flexibility. This class is perfect for those ages 55 and older. Support props such as blocks, straps and chairs are available for use. Also, modifications for poses are shown throughout the class. You will increase your flexibility, mobility and range of motion while reducing aches and pains. Please wear comfortable clothing and bring a yoga mat.

Diane Boeck

2488 Sec. A Mondays (6 sessions), 3/7-4/11, 10-11AM,
HCC FRC Rm 1020

\$54

Yoga for Lifelong Vitality

RECREATN 1428

Three very important elements for lifelong vitality are strength, flexibility and balance. Yoga can help you achieve all three. In this class we will learn why these areas are so important and specific yoga sequences for building them. Newcomers to yoga will enjoy the pace of this class, but it is open to anyone interested in exploring these benefits yoga has to offer. Bring your yoga mat and come join us.

Cynthia Houser

2439 Sec. A Tuesdays (6 sessions), 2/9-3/15, 11AM-12PM,
HCC FRC Rm 1020

\$54

health & wellness



Join the Heartland Smart Steppers

Become a member of the Heartland Smart Steppers Walking Club and enjoy casual walks for all fitness levels in the comfort of Heartland's indoor track at the Fitness and Recreation Center.

Now open M-F, 7am-7pm.

Contact outreach@heartland.edu or call (309) 268-8188.

Free Yourself from Negative Emotion

ENRICHMN 1382

Emotional Freedom Technique (EFT) is a simple, safe form of psychological acupressure. Learn to treat emotional ailments without invasive needles or medications, just by tapping your fingers and using positive affirmations. Whether you have been through a traumatic event, have an addiction or are suffering from pain, EFT can provide relief in just minutes. Learn how and why this is effective as well as techniques to incorporate the practice into your daily life.

Ron Maier

2807 Sec. A
\$75

Mondays (3 sessions), 2/22-3/7, 6-8PM, HCC NRC Rm 1102

Meditation & Mindfulness

ENRICHMN 1440

Breathe in. Breathe out. Dwell in the present moment. In this class you will learn a variety of ways to meditate. Increase your ability to focus on the present, while gently disregarding the stress producing worries and regrets your "unkind mind" continually whispers to you. Discover how just five or ten minutes a day of quietly sitting or walking can make a difference in the amount of stress you experience and how you handle it.

Ron Maier

2928 Sec. A
\$75

Tuesdays (5 sessions), 3/1-3/29, 6-8PM, HCC WDC Rm 1402

1st Degree Traditional Usui Reiki Training

ENRICHMN 1815

Usui Reiki is a safe, hands-on and natural energy technique used for stress reduction, relaxation and healing. Learn the history of this ancient healing practice as well as its oral traditions. Practice hand positions for self-treatment and treatment of others, including animals. Restore your flow of life energy by removing blocks caused by stress and pain. By the time this class is over you'll be able to let go of negative thought patterns and behaviors and learn to live your life to its fullest. Bring a sack lunch and drink on Saturday.

Karen Ridinger

2447 Sec. A Friday 2/26, 6-10PM, & Saturday 2/27, 8:30AM-5PM,
HCC ACEC Rm 2210

Revelations Center Instructor

2099 Sec. AL Friday 2/12, 5-9PM, & Saturday 2/13, 9AM-5PM,
Heartland Lincoln Center Rm 628B

\$184 (includes materials)

Intro to Ayurveda

ENRICHMN 1878

Learn the core concepts of Ayurveda, the ancient medical science that studies the art of living to achieve an individual's highest potential of optimal health. You will learn how to balance your lifestyle and more about yourself through Ayurveda. The class also discusses yoga for your body type and how to rejuvenate your life through Ayurveda detox.

Ashlesha Raut

2433 Sec. A Tuesdays (4 sessions), 2/2-2/23, 6-7PM,
HCC CCB Rm 1406

\$39

DREAM Your Way to Health & Wellness

ENRICHMN 1941

What do wellness and health truly mean, and what would they look like in your life? In this class we will gain a better understanding of health and wellness and the effects of our Diets, Rest, Alignment and Mental attitude (DREAM) on them. By the end of the session, you will know how to easily incorporate these ideas, habits and lifestyle modifications to improve your quality of life.

Livingston County Chiropractic Instructor

2177 Sec. AP Tuesday 3/15, 6-8PM,
Heartland Pontiac Center Rm 220

\$20

Prime-Time Health™

ENRICHMN 1946

Learn how to add years to your life and life to your years. Prime-Time Health™ is based on scientific research that explains why it is important to make health your hobby and become an informed consumer. Eating healthy is not just about learning all the foods to avoid; instead, it is about ensuring that you are consuming the right foods. In addition, this program will show you how to open your internal pharmacy and help your body produce custom-made medicines to repair and protect your body against damage. Prime-Time Health™ workshops are taught by health coaches certified by the Dr. Sears Wellness Institute.

Deborah Niemann-Boehle

2619 Sec. AP Tuesdays (2 sessions), 2/23-3/1, 6-9PM,
Heartland Pontiac Center Rm 220

\$75

Save a Life – Get Certified

American Heart Association CPR & AED Classes

CPR/AED

2653 Sec. A Thursday 3/10, 5:30-9PM
\$55

1st Aid/CPR/AED

2652 Sec. A Saturday 2/27, 8AM-12PM
2654 Sec. B Saturday 4/9, 8AM-12PM
\$72

Healthcare Provider CPR

2651 Sec. A Saturday 2/13, 9AM-12PM
2655 Sec. B Saturday 5/7, 9AM-12PM
\$60

For more information on our CPR classes, please call 309-268-8160, or visit us at www.heartland.edu/communityEd.





fitness & recreation

Beginning Golf

RECREATN 1060

Learn the basics of golf or refresh your game. This class is designed for those with no golf experience or for the golfer who regularly shoots above 105 for 18 holes. Gain an understanding of the entire game while receiving hands-on instruction from a PGA professional. Class size is limited to ensure individual attention. Your registration fee covers instruction, range balls and rental clubs.

Eric Micheletti

2817 Sec. A Tuesdays (4 sessions),
3/15-4/5, 5-6PM
2820 Sec. B Thursdays (4 sessions),
3/17-4/7, 5-6PM
All Seasons Golf
Learning Center

\$109

Intermediate Golf

RECREATN 1069

Golfers who understand the basic concepts and principles of golf will refine their game in our intermediate class. This class is designed for those who shoot scores consistently near or under 100 for 18 holes. The class will include instruction from PGA Professionals in the full swing, short game and specialty shots. In addition, all participants will have their swing analyzed by our state-of-the-art video programs. Class size is limited to ensure individual attention. Your registration fee covers instruction and range balls.

Eric Micheletti

2819 Sec. A Wednesdays (4 sessions),
3/16-4/6, 5-6PM,
All Seasons Golf
Learning Center

\$109

Ladies Golf

RECREATN 1288

Ladies, are you looking to learn the basics of golf? Do you need a refresher golf class to get your game on track? Join our ladies-only golf class designed just for you. This class is a great opportunity to learn the game of golf or improve your performance. Gain an understanding of the entire game while receiving hands-on instruction from PGA professionals. Class size is limited to ensure individual attention. Your registration fee covers instruction, range balls and rental clubs.

Eric Micheletti

2818 Sec. A Wednesdays (4 sessions),
3/16-4/6, 11AM-12PM,
All Seasons Golf
Learning Center

\$109



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Hoop Dance Fitness I

RECREATN 1299

In this beginner class you work your core, arms and legs while you learn waist hooping, hand hooping and basic off body hooping. Practice time will help you achieve a gentle increase in range of motion and/or flexibility. Learn at your own pace in a fun, laid-back atmosphere. Comfortable, natural fibers are best to wear. Adult-sized hula hoops are provided during class. Personalized hoops can also be purchased from instructors and are highly recommended for practice at home.

Suzanne Richardson

2701 Sec. A Mondays (6 sessions), 1/25-2/29, 6-7PM

**2702 Sec. B Mondays (6 sessions), 3/7-4/11, 6-7PM
HCC CDL Rm 1201**

\$65 (plus optional \$25 to purchase hoop from instructor)

Yoga I

RECREATN 1099

Learn the fundamentals of yoga including basic postures, proper breathing, mindfulness practice and deep relaxation. Individuals will work safely within their personal levels of strength and flexibility. No experience or knowledge of yoga is necessary. Bring your yoga mat, leave your stress behind and re-energize your body and mind.

Kimberly Barman

**2762 Sec. B Mondays (6 sessions, does not meet 2/15), 1/25-3/7,
5:30-6:30PM**

**2763 Sec. C Thursdays (6 sessions, does not meet 2/11, 2/18),
1/28-3/17, 5:30-6:30PM**

**2764 Sec. D Mondays (6 sessions, does not meet 4/18),
3/14-4/25, 5:30-6:30PM
HCC FRC Rm 1020**

\$54

Gentle & Restorative Yoga

RECREATN 1169

Learn deep relaxation and self-reflection in this intro to yoga. All students can also enjoy this class which emphasizes stretching, breath and movement coordination, alignment awareness and slow motion movement. The class is perfect if you are new to yoga, have joint sensitivity, stiffness throughout your body, stress or physical limitations. This may be the gentlest yoga class you attend. Please wear comfortable clothes and bring a yoga mat.

Diane Boeck

**2492 Sec. A Wednesdays (6 sessions), 3/9-4/13, 6-7PM,
HCC CDL Rm 1201**

\$54

Tai Chi I

RECREATN 1054

Relieve stress, build concentration and increase your flexibility, coordination, balance and physical fitness. Tai Chi is for everyone and consists of a series of choreographed movements which can be thought of as a moving meditation. This internal exercise is characterized by stillness, slowness, agility, lightness and use of the mind to improve health and achieve longevity.

Bonnie Hocking

**3212 Sec. A Tuesdays (6 sessions), 1/26-3/1, 10-11AM,
HCC ACEC Rm 2400**

\$54

Yoga for Arthritis

RECREATN 1308

Create an attitude for yoga, learn correct body alignment and take action needed for proper execution. You will learn how yoga can increase your balance, strength and flexibility. This class is perfect for those ages 55 and older. Support props such as blocks, straps and chairs are available for use. Also, modifications for poses are shown throughout the class. You will increase your flexibility, mobility and range of motion while reducing aches and pains. Please wear comfortable clothing and bring a yoga mat.

Diane Boeck

**2488 Sec. A Mondays (6 sessions), 3/7-4/11, 10-11AM,
HCC FRC Rm 1020**

\$54

Yoga for Lifelong Vitality

RECREATN 1428

Three very important elements for lifelong vitality are strength, flexibility and balance. Yoga can help you achieve all three. In this class we will learn why these areas are so important and specific yoga sequences for building them. Newcomers to yoga will enjoy the pace of this class, but it is open to anyone interested in exploring these benefits yoga has to offer. Bring your yoga mat and come join us.

Cynthia Houser

**2439 Sec. A Tuesdays (6 sessions), 2/9-3/15, 11AM-12PM,
HCC FRC Rm 1020**

\$54

Beginning Hatha Yoga II

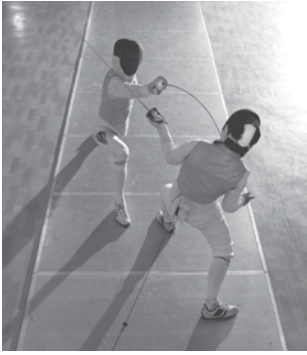
RECREATN 1412

This class is a continuation of Beginning Hatha Yoga I and is aimed toward anyone who has attended that class or has some beginning yoga experience. Following the same format, it is practiced at a gentle pace, allowing plenty of time to explore poses and to create a practice that suits your individual needs. The goal of the class is to expand your yoga experience by introducing new poses with an emphasis on building strength and endurance. Come with your yoga mat and leave with energy, a calm mind and brighter mood.

Cynthia Houser

**2437 Sec. A Thursdays (10 sessions), 3/10-5/12, 11AM-12PM,
HCC FRC Rm 1020**

\$75



Sport Fencing

RECREATN 1414

Try the sport based on the time honored art of sword fighting. Modern Olympic fencing draws on a long history of form and technique, while adding safety, fun and fitness. As physically demanding as tennis or racquetball, fencing is chess at 80 miles per hour, requiring quick thinking and trained reflexes. You will be well versed in the sport of fencing by the end of this 6-week class. The class is appropriate for ages 12 and up.

David Duguid

2496 Sec. A

\$99

Tuesdays (6 sessions), 1/19-2/23, 5:15-6:45PM, HCC FRC Rm 1007N

Insanity®

RECREATN 1423

We have a way for you to get an insanely good workout. INSANITY will push you to new training heights, resulting in more calories burned, faster results and a more efficient metabolism. This workout offers total body conditioning, high intensity cardio, plyometrics, body weight strength moves, agility drills, coordination movement patterns, a focus on core strength and stability and a cool down with static stretching. The instructor provides a variety of modifications, so the classes can accommodate beginners as well as more seasoned athletes. INSANITY is a registered trademark of Beachbody, LLC.

Nicole Spencer

2171 Sec. A

\$54

**Tuesdays (6 sessions), 1/26-3/1, 5-6PM,
HCC FRC Rm 1020**

Centered Core Class: Balance, Bands & the Barre

RECREATN 1433

Do you challenge your core? Our core is the foundation for fitness improvements in everyone, from the beginner to the serious athlete. This class will focus on body sculpting and balance while working to tighten and strengthen your core muscles using balance, resistance bands and the barre.

Lisa Summers

2837 Sec. A

2839 Sec. B

\$54

Thursdays (6 sessions), 1/27-3/2, 4:45-5:45PM

**Thursdays (6 sessions), 3/10-4/14, 4:45-5:45PM,
HCC Rm TBA**

Fitness & Recreation Center Community Access

RECREATN 1400

Experience the health and wellness opportunities that Heartland's Fitness and Recreation Center has to offer. Enrollment in this program provides everything you need to improve your fitness level, including treadmills, ellipticals, free weights and weight machines. You can also use the 1/13 mile walking track, the dance studio and the 10,000 square foot gymnasium complete with four basketball standards that double as volleyball courts. Access to the locker room, a towel service and four group fitness offerings a week are all included (classes offered by Community Ed not included). Ages 16 and up only. *Heartland Community College Employees please register in person or over the phone with Community Education.

Ryan Knox

1828 Sec. AOR 1/11-6/1

\$99

1829 Sec. BOR 1/11-3/18

\$55



10% Discount

*for Fitness &
Recreation Center
Community Access
if you enroll for an
entire year.*

*The Fitness
& Recreation Center
is now open
7am-7pm Monday
through Friday.*



Call Tyler at (630) 347-9445 for information about personal training individual sessions (4 sessions) for \$140 and personal training group sessions (4 sessions) for \$100 per person.

Dance

Social Dance Basics I

RECREATN 1012

Join us for our most popular wedding prep class featuring basic patterns in Swing, Waltz and Nightclub 2-Step. We'll prepare you for a variety of rhythms played by local DJs and bands. Music selections will include '50s, '60s, light rock and country. Learn to dance and have a great time!

Cathy Hempstead

2165 Sec. A Mondays (5 sessions), 2/22-3/21, 6-7:20PM,
HCC ACEC Rm 2400

\$60 (per person)

West Coast Swing Basics I

RECREATN 1123

If you like the blues, jazz or country music, you're going to love West Coast Swing. In the 1940s it was called "sophisticated swing." This state dance of California is done in a slot pattern to slow blues, jazz, country and other slow-swing music. This dance gives the appearance of a lady rushing to and spinning past the man as he leads her toward, and away from, the spot where he's dancing. West Coast Swing is not so much a dance as it is an addiction.

Cathy Hempstead

2161 Sec. A Mondays (5 sessions), 1/18-2/15, 6-7:20PM,
HCC ACEC Rm 2400

\$60 (per person)

Dessert & Dancing

RECREATN 1156

Celebrate Valentine's Day with your favorite person and an evening of dessert and dancing. Enjoy an assortment of light desserts, then dance off those calories. Cathy Hempstead will offer introductory lessons in several romantic slow dances intermittently throughout the evening and provide "danceable" music for you and your partner to enjoy all evening long.

Cathy Hempstead

2163 Sec. A Saturday 2/13, 6:30-9PM, HCC WDC Atrium

\$40 (per couple)

Waltz Intermediate

RECREATN 1287

For those who have mastered the basic waltz patterns offered in Social Dance I and II courses, this short class will present several more challenging steps, along with more emphasis on technique and the smoothness that make the Waltz beautiful and graceful.

Prerequisite: Waltz Basics.

Cathy Hempstead

2166 Sec. A Mondays (5 sessions), 2/22-3/21, 7:30-8:50PM,
HCC ACEC Rm 2400

\$60

Texas 2-Step

RECREATN 1305

Texas 2-Step is usually enjoyed to country and country-rock music. It travels around the dance floor and utilizes many turns. Related to Foxtrot, but faster, Texas 2-Step is one of the easiest dances to learn and offers country music fans a partner dance alternative to line dancing.

Cathy Hempstead

2162 Sec. A Mondays (5 sessions), 1/18-2/15, 7:30-8:50PM,
HCC ACEC Rm 2400

\$60 (per person)



Meet Our Instructor Cathy Hempstead

Cathy Hempstead, owner of Dance Partners Adult Social Dance Studio, has been teaching fun-loving adults various dances for 20 years, emphasizing ballroom, Latin, nightclub and country styles of partnership dance. Whether you are looking for a new favorite hobby, hoping to meet fun and interesting

people, have a big dance event coming up, crave a more-fun way to exercise, or just always wanted to be a better dancer, Cathy can help! Cathy's dance students enjoy learning several skill-levels in many dances, with an emphasis on contemporary music. She starts each class with the goal of teaching the men how to lead, and the women NOT to.

Meet Our Instructors Bob & Melissa Gibson

Bob Gibson is a tech guru by day and dance instructor extraordinaire by night. The HCC web manager has been dancing for over eight years. In the process he's shed 40 pounds, made new friends and met the love of his life. Although Bob has been interested in the art of dance from a young age, it didn't always come naturally to him. His persistence has definitely paid off.

"When I started, I didn't know what I was doing and I felt silly for not being able to do anything fancy. Looking back, I'm so glad I kept going because I learned a little more and got a little better every time."

With a background in musical theater, he decided to expand his dancing repertoire by joining the Swing Dance Club at Illinois State University. From the Charleston and Lindy Hop to East Coast Swing, Bob fell in love with music and the moves. He also fell in love with a special lady dancing alongside him. He and his wife Melissa met in dance class and now have been married for almost five years. He also discovered his passion for teaching dance during his time at ISU and began leading classes at every opportunity. For Gibson, dancing is more than just a fun workout. It's a source of happiness and well-being.

"In addition to the obvious leg muscles developed by dancing, I was able to see an overall improvement in my mood and lifestyle."

Dancing has brought so many positive things to his life that now he loves to share dancing with new people every chance he gets.

Intermediate Swing

RECREATN 1181

Step up your dance game. Swing dance is a very versatile dance style that lends itself well to improvisation. Bulk up your repertoire of dance moves and really learn how to make an impression. Each evening will cover new moves and techniques. You can look forward to learning things like: fancy dips, floor craft, mini-lifts, style and flair and lots more.

Bob & Melissa Gibson

2934 Sec. A **Thursdays (4 sessions), 3/17-4/14, 6-7:20PM**
HCC ACEC Rm 2400

\$50 (per person)

Slow Dancing

RECREATN 1441

Learn the art of Ballroom Blues dancing. Slow dancing is so much more than swaying with your dance partner. Learn how to appropriately hold someone in your arm as you guide them across the floor. This workshop will also include dance etiquette, making and building a powerful dance connection, and tips on ensuring your partner has a wonderful time.

Bob & Melissa Gibson

2936 Sec. A **Saturday 2/6, 5-7:30PM,**
HCC WDC Rm Atrium

\$40 (per person)

Theater Dance

RECREATN 1439

If you have a desire to be "on the big stage" but worry about choreography, this class is for you. We will work on dance choreography and styles for several Broadway shows to give you the tools to shine in your next local, school or professional production.

Dancer Instructor

2197 Sec. AP **Fridays (3 sessions), 1/29-2/12, 6-7:30PM,**
Dancer, Pontiac

\$52





personal finance

Income Taxes Made Easy

COMPNCR 1886

This course introduces you to basic tax forms and methods of preparation. It also provides you with knowledge on what records to keep and provides an understanding of personal income taxes and will benefit you whether you choose to prepare your own or to assist your tax prep professional. Among the topics covered will be a look at basic income tax forms, IRS history and available free and paid tax preparation programs.

Dana Mollohan

2101 Sec. AL Tuesdays (2 sessions), 3/8-3/15, 6-8PM,
Heartland Lincoln Center Rm 112

\$55

Foundations of Investing

PERSFIN 1193

Investing is a mystery to many of us. If you desire a better understanding of investing objectives, concepts and strategies, this class is for you. We will cover the basics of investing - stocks, fixed income, mutual funds and the principles for building and maintaining a healthy portfolio.

Matthew Sanders

2712 Sec. A Tuesdays (2 sessions), 2/16-2/23, 6-8PM,
HCC WDC Rm 1403

\$29

Medicare: What Does It Mean for You?

PERSFIN 1187

If you will have 65 candles on your next birthday cake then you have a whole new world ahead of you when it comes to healthcare. Knowing what Medicare is and what it is not is very important. Your questions about how your current health insurance figures into this transition, if you need a Medicare supplement policy and what Medicare Advantage is will all be answered.

Carol Burroughs

2913 Sec. A Tuesdays (2 Sessions), 2/23-3/1, 6-7:30PM,
HCC ACEC Rm 2101

\$39



Join the Alumni Association

Top Five Reasons to Join Us:

- 1 It's FREE!
- 2 Heartland Community College retail/restaurant discount program and smart phone app
- 3 Online job board and career center
- 4 Free professional development
- 5 Fun events to entertain and network

To register go to
www.heartland.edu/alumni



Understanding Wall Street

PERSFIN 1197

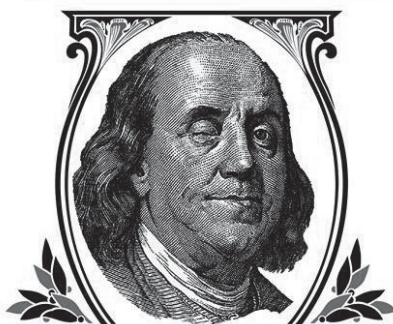
What's your Wall Street IQ? Understand how stocks, bonds, mutual funds and various financial vehicles of the Wall Street function are essential to developing a solid financial backbone. This class will help teach what these vehicles are, how they work, and separate fact from fiction when it comes to fueling your retirement fire. We will discuss how these items work and how the taxes and fees woven into these vehicles can affect your bottom line.

Bernard Wrezinski

2737 Sec. A Thursday 2/11,
5:30-6:30PM,
HCC WDC Rm 1403

\$10

SAVE THE DATE SAVE THE DATE SAVE THE DATE SAVE THE DATE SAVE THE DATE



MONEY SMART WEEK®

APRIL 23-30, 2016 | ILLINOIS

For more information, visit our website:

MONEYSMARTWEEK.ORG



Managing Your Suddenly Single Finances

PERSFIN 1204

If you are suddenly single due to divorce or loss of a spouse, you may not be sure of the next steps to take regarding your finances. This class will outline how you can put together your financial picture, and get on track to get control of your situation. We will go over gathering information, what changes need to be made and how to read an investment statement. This can be a very trying time in life, and this knowledge may help you better deal with the financial piece of the puzzle.

Ann Higgins

2892 Sec. A Tuesday 2/16, 6-7:30PM, HCC WDC Rm 1006

\$15

Maximizing Your Social Security Benefits

PERSFIN 1167

Receiving the most from your Social Security benefits requires making a lot of decisions. Learn how to decide when and how to start drawing social security retirement benefits. Learn the best time to start receiving benefits. We will discuss each decision factor as it pertains to your age, job, taxes and your marriage status to develop a plan to help you try to get the most from your benefits.

Kathryn Higgins

2593 Sec. AP Tuesday 3/15, 6-7:30PM,
Heartland Pontiac Center Rm 214

\$15



Financing Your Home: Avoiding Financial Pitfalls

PERSFIN 1195

You're finally ready to buy your home. Exciting! But do you know what to do and what to avoid when arranging financing? This course will describe the different conventional loan packages available, qualification guidelines and the process to obtain a loan for your home purchase while avoiding financial pitfalls we encounter along the way.

Cranston Sparks & Bernard Wrezinski

2734 Sec. A Monday 2/15, 6:30-8PM, HCC WDC Rm 1402

\$15

Retirement University

PERSFIN 1196

Retirement is getting closer – are you ready? Take our Retirement University class and make sure you know everything you need in order to retire responsibly. You will learn advanced social security income planning strategies. We will explore expenses, changes in your income stream, aspects of long-term care, Medicare coverages and tax efficient legacy planning, wills and trusts.

Bernard Wrezinski

2891 Sec. A Tue/Thur (4 sessions), 2/9-2/18, 6-7:30PM,
HCC WDC Rm 1402

\$30



career development

Living & Working with Passion

PROFDVLP 1755

What are you passionate about? There are many personal benefits of having passion in both your professional and personal life. Identifying your passions can improve your job satisfaction, boost creativity and enhance your outlook on life. You will learn what it means to have passion in your life and together we will identify your passions and help you plan steps for pursuing those passions.

Joseph McDonald

2778 Sec. A Monday 1/25, 7-8:30PM

**2780 Sec. B Monday 2/22, 7-8:30PM
HCC WDC Rm 1402**

\$35

Personal Training Certification

PFDCE 1015

Do you have a passion for fitness? Prepare for a new professional endeavor and expand your understanding of this dynamic field by becoming a certified personal trainer. Whether you are looking for a new career path or just some extra income, this class prepares you to be a top-notch personal trainer. Lecture topics include anatomy, exercise physiology, nutrition and health screening. Practical training prepares you to work with clients one-on-one. Participants who successfully complete this course will be prepared to sit for the American Council on Exercise's (ACE) Personal Trainer Exam. The computer-based exam can be taken locally and the cost of the exam is included in the course. CPR certification is required to sit for the exam. Cost of text not included. For more information visit www.acefitness.org.

Lisa Summers

**2841 Sec. A Tuesdays (10 sessions),
1/12-3/15, 5:30-8PM
HCC ICN Rm 2301**

\$455

IL Food Service Sanitation Manager Certification

PFDCE 1020

The Illinois Department of Public Health Food Sanitation Code (section 750.540) requires food service establishments to be under the operational supervision of a certified food service sanitation manager. This course meets the 8-hour coursework and examination required by the State of Illinois for either the initial Food Service Sanitation Managers Certification or the recertification, which is required every five years. Topics include introduction to food safety, contamination, employee health and hygiene, safe food handling, cleaning and sanitizing and HACCP. After successful completion of this course, you will need to pay an additional \$35 to the Department of Public Health to receive your certificate.

U of I Instructor

**2530 Sec.A Mon/Wed (2 sessions)
3/21-3/23,
HCC WDC Rm 1403**

\$124

Certified ScrumMaster and Certified Scrum Product Owner Training

Heartland Community College Customized Training is excited to offer Certified ScrumMaster (CSM) and Certified Scrum Product Owner (CSPO) training at our Normal, Illinois campus. These two-day trainings introduce the concepts of agile project leadership using the Scrum methodology. Successful participants will become Certified ScrumMasters or Certified Scrum Product Owners, the first step in the journey towards this more adaptive form of project leadership. The Certified Scrum Product Owner training is for product owners on a Scrum team who want to learn how to use Scrum on the business side of a Scrum project.

Certified ScrumMaster and Certified Scrum Product Owner courses at Heartland Community College are offered on Saturdays and Sundays so you don't have to miss work to get your certification. **Training begins both days at 8:15AM and ends at 4:30PM. The training meets in the Workforce Development Center (WDC), Room 1006.**

Save \$200 by registering at least two weeks before the training to take advantage of the early registration discount.

Early registration ends at 12PM Friday, two weeks prior to the start date of the course.

Early Registration Price: \$999 per person

Final Registration Price: \$1,199 per person

The registration fee covers your 2-day Certified Scrum Product Owner training, certification fee, continental style breakfast and lunch.

Upcoming 2016 Scrum Trainings:

- January 23 & 24- Certified ScrumMaster (CSM)
- March 5 & 6 - Certified Product Owner (CSPO)
- April 2 & 3- Certified ScrumMaster (CSM)
- June 11 & 12- Certified ScrumMaster (CSM)

Employers: Need Certified ScrumMaster Training for your whole department or only a few members of your staff?

Heartland Community College Customized Training can enroll your employees in our open-enrollment Certified ScrumMaster trainings or we can set up a customized training exclusively for your staff on a time and day that is most convenient for you.

Please call 309-268-8440 for more information or visit www.heartland.edu/customizedTraining



HEARTLAND
COMMUNITY COLLEGE

How to get your employer's support for taking a class:

Stress the benefits.

Show how the additional skill training will make you a more productive employee who can help the organization meet its goals.

Put the information at their fingertips.

Highlight the classes that will boost your effectiveness so your supervisor can find all the key information in a snap.

Emphasize the ROI.

Remind your boss that taking advantage of top-quality training available locally saves time and money.

Your Path to

Business Solutions



Take the Lead 2016-2017 LEADERSHIP SERIES

Instructor: Steve Welland

Our Leadership Series consists of 12 cutting-edge courses that will prepare you to manage your team through a variety of leadership techniques. Courses include:

- Communicating for Superior Teamwork*
- The Principles & Qualities of Genuine Leadership*
- Get Control! Of Email & Get Organized
- Communication Excellence
- Providing Constructive Feedback
- Coaching: Developing Others*
- Resolving Conflict within Your Team
- Time Mastery*
- Delegating for Shared Success
- Addressing Emotions at Work
- Giving Recognition
- Fearless Facilitation

Participants must complete the four required courses* plus seven additional courses to earn the certificate of completion. Those interested in classes but who are not seeking certification can sign up for individual classes. The Series will be offered annually!

For course dates, descriptions
and cost visit

www.heartland.edu/customizedTraining

Register today!

Call Customized Training at 309-268-8440
Business group discounts available



**Leadership Mastery
Series – Starting
September 2016!**

For more details visit
www.heartland.edu/customizedTraining
or call 309-268-8440



Truck Driver Training Program

TRFCE 1001

This course is designed to prepare you to obtain a commercial driver's license. If you do not already have a valid commercial driver's license learner's permit spend the first week preparing for the learner's permit exam. At the end of the course, you will take a Class "A" License road test administered by the Illinois Secretary of State's office. This course also covers endorsement preparation, state and federal regulations, log books, map reading, trip planning and complete vehicle training to prepare you for an entry-level position in the transportation industry. Instruction includes classroom lecture, demonstration and behind-the-wheel experience in a Class "A" vehicle. Course fee includes background check, drug screening and Motor Vehicle Report (MVR). For more information call (309) 268-8448 or email truck.driver@heartland.edu.

Joseph Eggleston, David Keim

1276 Sec. A Mon-Fri (20 sessions), 1/4-1/29, 8AM-4:30PM

2677 Sec. B Mon-Fri (20 sessions), 2/1-2/26, 8AM-4:30PM

2679 Sec. C Mon-Fri (20 sessions), 2/29-3/25, 8AM-4:30PM
HCC WDC Rm 1407

\$3,750



Attention Employers:

*For details on enrolling a group in a custom class that fits your
schedule, contact Matt Graczyk at 309-268-8431
www.heartland.edu/customizedTraining*

STEPS - Safety Training to Encourage Profitable Services

PROFDVLP 1605

Create a safer community by keeping drunk drivers off the road. Learn to prevent over consumption of alcohol, intervention techniques, how to properly check ID cards and local and state laws regarding alcohol service. After successful completion of this program, you will receive a certificate and official Beverage Alcohol Sellers/ Servers Education & Training (BASSET) identification card from the Illinois Liquor Control Commission. STEPS is an approved BASSET program and HCC is a licensed provider of this program. If you are a server of alcoholic beverages or you check IDs for alcohol service, this course fulfills the required training necessary to meet new state requirements.

Amanda Street

2676 Sec. A Monday 2/8, 5:30-9:30PM, HCC WDC Rm 1402

\$39

Project Management

Project management is a big business! Billions of dollars are invested annually around the globe with the expectation of achieving project success; yet according to industry statistics more than half of these projects fail due to lack of project management knowledge and experience. The need for project management is found in almost every business. Current worldwide estimates suggests over 25 million people define themselves as Project Managers. Even more are involved in supporting project management activities. There is a genuine need to effectively understand and practice project management.

Employers: Need Project Management Training for your staff?

Heartland Community College Customized Training can enroll your employees in our open-enrollment Project Management trainings or we can set up a customized training exclusively for your staff at a time and day that is most convenient for you. Visit www.heartland.edu/customizedTraining or call 309-268-8440 for more information.

Project Management 101

HCC Instructor
Friday 3/11, 8am-5pm, HCC ACEC Rm 2102
Registration Deadline: 3/4 at noon
\$249

Certified Associate in Project Management

(CAPM) Certification Training
HCC Instructor
Thu-Sat 5/5-5/7, 8am-5pm, HCC ACEC Rm 2102
Registration Deadline: 4/28 at noon
\$1,000

Project Planning Cycle (PPC)

HCC Instructor
Fri-Sat 3/25-3/26, 8am-5pm, HCC ACEC Rm 2102
Registration Deadline: 3/18 at noon
\$499

Project Management Professional (PMP)

Certification Training
HCC Instructor
Mon-Fri 5/16-5/20, 8am-5pm, HCC ACEC Rm 2102
Registration Deadline: Friday 5/9 at noon
\$1,500

Project Delivery Cycle (PDC)

HCC Instructor
Fri-Sat 4/8-4/9, 8am-5pm, HCC ACEC Rm 2102
Registration Deadline: 4/1 at noon
\$499



Full course descriptions and registration information are available for Project Management and Oracle Primavera courses at www.heartland.edu/customizedTraining or call 309-268-8440.

*Back
by Popular
Demand!
Register Early
and Save!*

Oracle Primavera

Oracle's Primavera P6 Enterprise Project Portfolio Management is the most powerful, robust and easy-to-use solutions for prioritizing, planning, managing and evaluating projects, programs and portfolios. It provides a 100% web-based, solutions for managing projects of any size, adapts to varying levels of complexity across projects and intelligently scales to meet the needs of all roles, functions, or skill levels in your organization and on your project team.

Oracle Primavera trainings are held at Heartland Community College and are conveniently offered on Saturdays and Sundays so you don't have to miss work to get your certification. **Training begins at 8:15AM and ends at 5:00PM. Training meets in the Workforce Development Center (WDC), room 1405.**

Project Management in P6 Client-Server (102)

Two day training offered:
March 5, 2016 – March 6, 2016
Earns 15 PDUs and 1.5 CEUs
Early Registration: \$1399.99/ Late Registration \$1600

Please Note: Early registrations ends at 12:00PM Friday, 2 weeks prior to the start date of the training.

Allied Health Care

Prepare for a career in one of the largest growing industries. The health care industry is projected to add four million new jobs between 2012 and 2022 according to the U.S. Bureau of Labor Statistics. If you are looking for a new career or want to advance yourself in your current medical career, these are the programs for you.

A few points to consider prior to registration:

- Research employment opportunities in your area
- A significant time investment is required to be successful
- A thorough background check and drug screen is needed prior to obtaining employment in health care
- Suggested knowledge of medical terminology and basic human anatomy recommended

Heartland Community College offers these affordable and convenient trainings for allied health care professions in partnership with Condensed Curriculum International, Inc. A payment plan is available to arrange for monthly payments. Students who successfully complete these programs will have the necessary skills to pursue employment, job placement is not guaranteed. Please visit www.heartland.edu/communityEd or call (309)268-8160 for more information.

Healthcare Careers Open House

PROFDVLP 1344

The healthcare field is a growing industry. Learn more about allied healthcare careers and the health care professional courses available through Community Education. Current offerings are phlebotomy technician, EKG technician, dental assistant, pharmacy technician, medical office assistant and clinical medical assistant. Meet the instructors and hear more about each course's content and career outlook. Find out which course is right for you and your future in healthcare.

2073 Sec. A Thursday 2/4, 6-8PM, HCC ACEC Rm 2102
FREE (registration is required)

Phlebotomy Technician

HLTCE 1004

This 90-hour phlebotomy technician program prepares professionals to collect blood specimens from clients for the purpose of laboratory analysis. You will become familiar with all aspects related to blood collection and develop comprehensive skills to perform venipunctures completely and safely. Classroom and lab work includes terminology, anatomy and physiology and blood collection procedures. Hands-on practice and training in skills and techniques to perform puncture methods are also covered. There is no outside externship rotation included with this program. **Registration ends 3/9.**

CCI Instructor

**2093 Sec. A Mon/Wed (21 sessions), 3/16-5/25, 6-9:30PM,
HCC NRC Rm 1201 &
Saturdays (3 sessions), 4/2, 4/23 & 5/7, 9AM-3PM,
HCC NRC Rm 1202**

\$1,849 (includes text)

Clinical Medical Assistant

HLTCE 1011

Prepare yourself for an exciting, challenging and rewarding career in healthcare. This program will train you to assist physicians by performing functions related to the clinical responsibilities of a medical office. Instruction includes preparing patients for examination and treatment, routine laboratory procedures, diagnostic testing, technical aspects of phlebotomy and the cardiac life cycle. We will review important topics including phlebotomy, pharmacology, proper administration of medications, recording vital signs, cardiology, workplace behavior, ethics and the legal aspects of healthcare. This program includes 140-hours of classroom lecture, hands-on labs and a clinical externship opportunity at a local healthcare provider. To be eligible for the clinical rotation, you must successfully complete the 140 hour program, submit to a thorough background check, drug screening and meet other requirements. Upon successful completion of this program, you are eligible to sit for the National Healthcareer Association (NHA) Certified Clinical Medical Assistant (CCMA) national examination. **Registration ends 3/1.**

CCI Instructor

**2097 Sec. A Tue/Thu (28 sessions, does not meet 3/8 & 3/10)
3/1-6/9, 6-9:30PM
& Saturdays (6 sessions), 3/19, 4/2, 4/16, 5/7, 5/21 &
6/4, 9AM-4:30PM, HCC NRC Rm 1201**

\$2,649 (includes text)

A new year, a new career

It's a new year which makes a lot of us think about how to improve ourselves whether it's a new healthy lifestyle, getting on top of our finances or a new career. If you are thinking about a new career, one in allied health would be a smart choice. Healthcare is one of the fastest growing industries and is projected to add 4 million new jobs in the next 10 years.

Allied health is an umbrella term used to identify approximately two hundred different types of health professions excluding doctors and nurses. These make up around 60% of the total healthcare workforce in the United States. These positions include medical billers, cardiovascular technicians, phlebotomy technicians, pharmacy technicians, medical assistants, personal trainers and more.

Growth in healthcare employment opportunities isn't new - the field has been growing steadily for years due to a variety of factors. First and foremost is the necessity of healthcare services, regardless of the country's economic forecast. During the 2007-2009 recession, healthcare employment continued to rise while employment in other industries fell. Other factors include: our growing population, advancements in medicine and medical technology, an aging population, a rise in chronic health conditions like diabetes and obesity, and lastly, health insurance reform.

If starting a new career is on your resolution list, look into our allied health career training programs. In just a few months you could be working in the fastest growing industry in the country.



Pharmacy Technician

HLTCE 1002

This comprehensive 50-hour program will prepare you to work as a pharmacy technician in a pharmacy setting and to take the Pharmacy Technician Certification Board's PTCEB exam. Course content includes medical terminology, the history of pharmacy, the practice in multiple environments, calculations and measurements, reading and interpreting prescriptions and defining drugs by generic and brand names. Through classroom lecture and hands-on labs, you will review dosage calculations, drug classifications, the "top 200 drugs", I.V. flow rates, sterile compounding, dose conversions, aseptic technique, the handling of sterile products, total parental nutrition (TPN), dispensing of prescriptions, inventory control and billing and reimbursement. This course does not include an externship. **Registration ends 3/15.**

CCI Instructor

2094 Sec. A Tue/Thu (15 sessions), 3/22-5/10, 6-9:30PM,
HCC NRC Rm 1102

\$1,249 (includes text)

EKG Technician

HLTCE 1003

EKG technicians are responsible for performing electrocardiogram tests in order to monitor and record electrical impulses transmitted by the heart. This comprehensive 50-hour EKG Technician training program will prepare you to function as an EKG technician and to take the ASPT – electrocardiograph (EKG) technician exam and other national certification exams. This course will include important practice and background information on anatomy and physiology of the heart, medical disease processes, medical terminology, medical ethics, legal aspects of patient contact, electrocardiography and stress testing. Additionally, you will practice using equipment including introduction to the function and proper use of the EKG machine, the normal anatomy of the chest wall for proper lead placement, 12-lead placement and other clinical practices. **Registration ends 3/14.**

CCI Instructor

2096 Sec. A Mon/Wed (15 sessions), 3/21-5/9, 6-9:30PM,
HCC NRC Rm 1102

\$1,049 (includes text)



Student Spotlight

Grace Sturms completed the Clinical Medical Assistant program in January of 2015 and has been working at an OBGYN office in Pontiac. Grace really enjoyed the program especially learning about EKGs and how supportive and encouraging the instructor was. She felt it prepared her very well for working in the medical field. Grace enjoys working one on one with patients and hopes to one day continue on with her education and become a nurse. Her words of wisdom: "if you are considering taking one of these courses, just do it. The dedication time is short and it gets you a good outcome."

Medical Office Assistant

HLTCE 1005

This 50-hour course prepares students to function effectively in many of the administrative and clerical positions in the health care industry. Medical administrative assistants, medical secretary and medical records clerks are all positions in great demand. This program covers important background information on the medical assisting profession and interpersonal skills, medical ethics and law, medical terminology, basics of insurance billing and coding, telephone techniques, scheduling appointments, medical records management and management of practice finances. This program is intended to provide students with a well-rounded introduction to medical administration so that they can gain the necessary skills required to obtain an administrative medical assistant position. This program meets the necessary requirements to take the National Healthcareer Association (NHA) - Certified Medical Administrative Assistant (CMAA) exam.

Registration ends 3/28.

CCI Instructor

2095 Sec. A Saturdays (7 sessions, does not meet 4/9, 5/14, 5/28),
4/2-6/4 9AM-4:30PM, HCC WDC Rm 1403

\$1,049 (includes text)

Dental Assisting

HLTCE 1010

The 60-hour Dental Assisting program prepares you for entry level positions in one of the fastest growing health care positions. The purpose of this course is to become familiar with all areas of pre-clinical dental assisting and provide training in the professional skills required to function as an assistant in the dental practice. This course covers the following key areas and topics and administrative aspects; history of dentistry and dental assisting, introduction to the dental office, legal aspects of dentistry, policies and guidelines. Clinical aspects include introduction to oral anatomy, dental operatory, dental equipment, introduction to tooth structure, primary and permanent teeth, oral cavity and related structures, proper patient positioning, dental hand-pieces and sterilization. In addition to entry-level administrative jobs, this course is ideal for those interested in pursuing a future formal dental hygienist program. This program includes 60 hours of classroom lecture and hands-on labs and an externship opportunity at a local healthcare provider. To be eligible for the clinical rotation, you must successfully complete the 60 hour program, submit to a thorough background check, drug screening and meet other requirements. **Registration ends 3/14.**

CCI Instructor

2098 Sec. A Mon/Wed (17 sessions), 3/21-5/16, 6-9:30PM,
HCC WDC Rm 1402

\$1,349 (includes text)



TAKE YOUR TEAM TO THE NEXT LEVEL!

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- Communication Training
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Heartland Community College Campus
1500 W. Raab Road, Normal

(309) 268-8700
www.ChallengerLearningCenter.com

ESPORTS

VIDEO GAME COMPETITION

JANUARY 30 - ACEC

3:00pm - 8:00pm

\$5 General Admission

MADDEN NFL 16

\$500 cash prize - \$20 entry

Super Smash Bros. Wii U

\$150 cash prize - \$10 entry

Mortal Kombat X

\$150 cash prize - \$10 entry



Travel & Tourism Certifications & Continuing Education

Have you ever thought about traveling the world on the job – visiting places like Cairo, Venice, Paris or London? In keeping pace with the level of sophistication of today's traveler, careers in travel and tourism have also become more complex, requiring specific skills and keen destination knowledge to be successful. This award-winning innovative online travel and tourism program offers industry-based courses to prepare you for that challenge!

- Online
- Affordable
- Flexible
- Accessible

You will study world destinations, travel products and suppliers, customer service and sales skills, and industry procedures and ethics. Our professional program will prepare you to launch a new career or start your own home-based travel business. Employment opportunities will continue to increase as the baby boomers retire and fulfill their dreams of traveling the world. Internet access is required. A high speed Internet connection and Word 2003 or newer are highly recommended. For more information call (309) 268-8160 or visit Career Training at www.heartland.edu/communityEd.

Travel & Tourism Professional Program Preview

PROFDVLP 1343

Discover how this affordable and flexible online program prepares you to work part time or full time in the travel industry, or how to start your own home-based travel business. You will meet the instructor and learn about the travel and tourism industry professional certifications and designations needed to be successful in this business. Find out how you can “see the world on the job” using industry travel discounts and benefits.

Nancy Roop

2124 Sec. A Thursday 1/14, 7-8PM, HCC WDC Rm 1403

FREE (registration is required)

The Business of Travel & Tourism

PFDCE 1008

Begin your journey to a successful career in travel and tourism. In our systematic, real-world focused review of this exciting profession, you will be introduced to basic travel concepts, key sectors of the travel industry, effective practices for selling the travel product, an overview of destination knowledge and use of technology in the travel and tourism industry. You'll also learn about business communications and money management in travel offices, along with the operations of a home-based travel business. **Registration deadline is 1/8.**

Nancy Roop

2522 Sec. HOA 1/18-5/8, Online, 16 weeks

\$399 (plus text)

Geography for Travel & Tourism

PFDCE 1009

Geography literacy is essential for those planning a career in the travel, tourism and hospitality industries. Learn about the world's most popular destinations and discover unique, lesser-known locations. Explore the physical environment, history, language, currency, transportation, accommodations and attractions of key tourist destinations around the world. You'll also learn how to match clients to destinations, arrange travel itineraries and respond to common requests. **Registration deadline is 1/8.**

Nancy Roop

2524 Sec. HOA 1/18-5/8, Online, 16 weeks

\$399 (plus text)

Travel Agent Proficiency Exam

PFDCE 1011

This comprehensive online review prepares you to be successful on the Travel Agent Proficiency (TAP) Exam. The TAP Exam was developed by The Travel Institute and The American Society of Travel Agents (ASTA) to provide a national standard of entry-level proficiency for travel and tourism professionals. It measures entry-level competency in all aspects of this industry including air, rail and motor coach tours, accommodations, cruises, group tours, destinations, industry technology, sales, customer service and more. Hundreds of practice questions will challenge your industry knowledge. You must pass the TAP by a score of 75% or higher. Prerequisites: *The Business of Travel & Tourism*, *Geography for Travel & Tourism* and *A Guide to the Cruise Industry*. Information on the testing options, fees and score reporting is provided at the end of the class. **Registration deadline is 2/5.**

Nancy Roop

2525 Sec. HOA 2/15-5/8, Online, 12 weeks

\$299 (does not include exam fee)

A Guide to the Cruise Industry

PFDCE 1012

Get an exciting introduction to the world of cruising. You will begin your study with a brief history of the amazing evolution of the cruise industry. Learn about the many unique cruise regions around the world, the ports of call, shore excursions and attractions at different destinations. Explore the many different cruise companies, learn how to read a cruise brochure and a deck plan, how to market, promote, price and book a cruise vacation for individuals or groups. On-board daily routines and activities will be discussed, along with cruise etiquette, tipping, packing and pre- and post-cruise packages. You will also learn what to expect on a day in port and a day at sea.

Registration deadline is 2/5.

Nancy Roop

2526 Sec. HOA 2/15-5/8, Online, 12 weeks

\$299 (plus text)

Meeting & Event Planning: An Introduction to the Industry

PFDCE 1014

Meetings, expositions, events and conventions (MEEC) is a growing industry in this country, as well as abroad. This course offers a comprehensive overview of the key elements of this global industry: meeting and convention venues, destination management organizations, service contractors, special events management, budgeting, marketing and producing MEEC gatherings, legal issues, technology and international issues of MEEC. Real-life case studies offer practical application of concepts and best practices. If you're interested in becoming a meeting/event planner for a corporation, educational institution, professional association, visitor's bureau, convention or conference center or working in fundraising for non-profit organizations, this class is for you. **Registration deadline is 1/8.**

Nancy Roop

2527 Sec. HOA 1/18-5/8, Online, 16 weeks

\$399 (plus text)

Caribbean Destination Specialist

PFDCE 1018

In this course, you study the uniqueness of each island, along with a brief history. The course includes an in-depth and comprehensive study of air, sea and inter-island transportation, primary sightseeing attractions and where the best beaches are located. It also covers sporting opportunities, festivals, special events, customs, language, currency, cuisine, entertainment and accommodation choices. Upon successful completion of this online course, you will have the option to take the industry-recognized exam and earn your professional designation: Caribbean Destination Specialist.

Registration deadline is 2/5

Nancy Roop

2528 Sec. HOA 2/15-5/8, Online, 12 weeks

\$299 (does not include exam fee)

European Culture & Heritage Destination Specialist

PFDCE 1021

Pack your virtual bags and come along on an extraordinary journey through 25 European countries rich in culture and heritage. Learn about historic sites and monuments; United Nations Educational, Scientific and Cultural Organization's (UNESCO) World Heritage sites; special traditions and celebrations, customs, art, architecture, music and composers; literature, history and museums and the local cuisine of each featured country in this course. Upon successful completion of this course, you will have the option to take an industry-recognized examination to earn your professional designation: European Culture & Heritage Destination Specialist.

Registration deadline is 2/5.

Nancy Roop

2529 Sec. HOA 2/15-5/8, Online, 12 weeks

\$299 (does not include exam fee)

Wedding & Event Planner Preview Night

PROFDVLP 1747

Are you interested in starting your own event planning business? Attend this free informational event and find out how you can help people host their dream events. Meet the instructor, hear what the class offers and have a chance to ask questions.

LWPI Instructor

2715 Sec. A Wednesday 2/10, 6-8PM, HCC ICN Rm 1102

FREE (registration is required)

Wedding & Event Planner Training

PFDCE 1037

Help people host their dream events. Learn from a local event planner the fundamentals of planning and orchestrating social events. This 40-hour course will cover everything you need to know about working in, or starting a wedding and event planning business. You will receive a comprehensive overview of the industry by completing assignments, projects and tests designed to hone your knowledge. Soon your events will be what people are talking about!

LWPI Instructor

2740 Sec. A Mon/Wed (20 sessions), 3/21-5/25, 6-8PM, HCC ICN Rm 1102

\$995 (includes text and online access)



Teachers! Watch for
the apple signs! 🍏

*They indicate courses that have
been approved for Professional
Development Units (PDs) for the
renewal of PELs (Professional
Educator License). Please
inform the instructor when
taking a class for PDs.*

computer skills

Getting Started with Computers

COMPNCR 1083 \$\$

If you've never used a computer, then this is the class for you. Learn the most basic skills such as how to turn it on, how to use a mouse to point and click and other essentials for using a personal computer. This is a hands-on class that provides plenty of time to practice your new skills. The class uses PCs with Windows 7.

Kay Bowen

2409 Sec. A Tuesday 2/2, 9AM-12PM, HCC WDC Rm 1404

\$65

\$59 discount fee (see page 57 for details)

Getting Started with Word 2010

COMPNCR 1635 \$\$

This class is designed to help you with very basic use of Microsoft Word 2007 or 2010. Create a simple letter or document and learn editing techniques. Use the ribbon to get to the commands and discover some of the predefined templates to get you started on projects.

Kay Bowen

2464 Sec. A Tuesdays (2 sessions), 3/8-3/15, 9AM-12PM,
HCC WDC Rm 1404

\$85 (includes materials)

\$77 discount fee (see page 57 for details)

Getting Started with Computers II

COMPNCR 1022 \$\$

Get lots of hands-on experience using the start menu programs and working with a word processor. Practice using Windows software to locate and manage your files. Increase your knowledge of the Internet by searching, book-marking and choosing what to print. Experience with using a mouse or our *Getting Started with Computers* class is a helpful foundation for this course.

Kay Bowen

2406 Sec. A Tuesdays (4 sessions), 2/9-3/1, 9AM-12PM,
HCC WDC Rm 1404

\$130 (includes text)

\$117 discount fee (see page 57 for details)

Keyboarding I

CMPCE 1016 \$\$

Break bad habits by learning to type properly and prepare for an employment test. This class helps you write your reports, memos and emails faster. Weekly assignments help enhance your skills. The typing program used in class will be available for you to use on any computer outside of class.

Cheryl Belligio

2923 Sec. A Tue/Thu (6 sessions), 1/26-2/11, 1-2:30PM,
HCC NRC Rm 1104

\$105 (includes materials)

\$95 discount fee (see page 57 for details)

Open Computer Lab

Need practice time for your class? Use Heartland's open computer lab in the Student Commons Building. All of the computers have MS Office and Internet access. For the schedule and more information, call (309) 268-8291 or visit www.heartland.edu/asc

Getting Started with Social Media

COMPNCR 1670 \$\$

Facebook, LinkedIn, Twitter, Instagram - trying to figure out what social media platform to use and the accompanying terminology can be very confusing. What is a platform anyway? We will help you navigate through the maze to determine which ones are right for your personal use. You will also receive tips on how to be socially savvy and how to protect your privacy.

Jennifer Flaig

2149 Sec. A Thursday 1/28, 6-9PM, HCC WDC Rm 1405

Jennifer Cronos

2744 Sec. AP Saturday 1/30, 2-5PM, Heartland Pontiac Center Rm 214

\$55

\$50 discount fee (see below for details)

Getting Started with an iPad

COMPNCR 1749 \$\$

Learn how to organize, explore and maximize this unique digital device. Pinch, swipe, tap and shake your way through the features and functions including photos, videos and calendar. Learn how to use the preinstalled apps on your iPad. Find some hidden gems and tips to make you a confident and proud iPad owner. Please come to class with your iPad already set up.

Jennifer Schoppe

2399 Sec. A Mon/Wed (2 sessions), 2/8-2/10, 6-9PM, HCC WDC Rm 1403

\$90 (includes text)

\$81 discount fee (see below for details)

Getting Started with Facebook

COMPNCR 1759 \$\$

Facebook is more than sharing cat videos and posting pictures of your breakfast. You will learn where Facebook fits into the social media landscape, its terminology, how to set up a profile, the ins and outs of privacy settings and how to find friends. Armed with this new information you can decide if this is the social media platform for you.

Jennifer Flaig

2146 Sec. A Thursdays (2 sessions), 2/4-2/11, 6-8PM, HCC WDC Rm 1405

\$65 (includes materials)

\$59 discount fee (see below for details)

Getting Started with Twitter

COMPNCR 3026 \$\$

Twitter is a fun way to connect with friends, family and others who share similar interests. You will learn how the timeline works, how to navigate privacy settings, the details of setting up your profile, what to post and when to post. You will even learn what a hashtag is and get some tips and tricks on how to use them effectively. Soon you'll be tweeting along with your family and friends.

Jennifer Flaig

2140 Sec. A Thursday 3/3, 6-8PM, HCC WDC Rm 1405

\$50

\$45 discount fee (see below for details)

Getting Started with LinkedIn

COMPNCR 1913 \$\$

LinkedIn is a great way to network, find jobs and showcase your professional experiences. You will learn how to find connections, what to post, how often to post and how to find companies or jobs. After this LinkedIn bootcamp you will be able to enhance your professional connections to give yourself greater exposure in the job market.

Jennifer Flaig

2143 Sec. A Thursday 2/18, 6-9PM, HCC WDC Rm 1405

\$55

\$50 discount fee (see below for details)

Build Your Own PC

CMPCE 1001 \$\$

Build a computer from the ground up. In this class, you assemble working computers from base components. Learn about various computer parts, their functions and how you can effectively connect the parts into a working machine. You also gain valuable hardware and software troubleshooting skills. At the end of class, you will have the skills and confidence to buy your own components and build your own custom PC.

Matthew Meins

2674 Sec. A Saturday (3 sessions), 3/5-3/19, 9AM-12PM, HCC WDC Rm 2007

\$90



Multiple Computer Course Discount

Sign up for two or more computer classes and receive a 10% discount on each! Only those classes designated by the \$\$ symbol are eligible for the discount. You must register and pay for all the classes at the same time.

If you withdraw from a discounted class, you will no longer be eligible for the discounted price unless you have at least two discounted computer classes remaining on your schedule. We will refund the class fee minus the difference between the full price and discount price of the remaining class. If Community Education cancels the class, you will still be eligible for the discount price. **For more information, please call (309) 268-8160.**

Etsy

ARTCRAFT 1493

Learn about the Etsy community and about being part of a global market. Learn how to shop and how to open your own shop. You will learn about all the costs involved, what sells well on Etsy and what you get in return.

Michelle Buzicky

**2487 Sec. A Mondays (2 sessions), 3/14-3/21, 6-9PM,
HCC WDC Rm 1405**

\$75 (includes materials)

Craigslist

COMPNCR 1836

Craigslist can be overwhelming. Is it safe? How do you search and in what city? We will break it down in three sections: logging in, making searches and posting ads. You will be surprised what Craigslist has to offer. We will stress safety and how to keep you and your family safe.

Michelle Buzicky

**2486 Sec. A Mondays (2 sessions), 2/8-2/15, 6-8PM,
HCC WDC Rm 1405**

\$59 (includes materials)

Welcome to the Mac

CMPCE 1018 \$\$

This course helps you use a Mac computer including how to use the Mac mouse, navigate the menu bar and desktop and manage files and folders. You also learn to use popular features such as the calendar, photo management tools and entertainment applications. Plus, this course covers how to run Windows operating system on a Mac computer. We will be using OS X Yosemite. (9 PDs) 🍏

Jackie Langhoff

**2518 Sec. A Friday (3 sessions), 1/29-2/12, 9AM-12PM,
HCC WDC Rm 3004**

\$125 (includes text)

\$113 discount fee (see page 57 for details)

Income Taxes Made Easy

COMPNCR 1886

This course introduces you to basic tax forms and methods of preparation. It also provides you with knowledge on what records to keep and provides an understanding of personal income taxes and will benefit you whether you choose to prepare your own or to assist your tax prep professional. Among the topics covered will be a look at basic income tax forms, IRS history and available free and paid tax preparation programs.

Dana Mollohan

**2101 Sec. AL Tuesdays (2 sessions), 3/8-3/15, 6-8PM,
Heartland Lincoln Center Rm 112**

\$55

Blogging



How to Start a Blog with WordPress

COMPNCR 3065

Become a blogger. You will learn how to create your own blog from pre-planning through the actual creation of a blog to driving traffic to it. During the class you will create a WordPress blog and acquire all the tools to administer your blog.

Amanda Webster

2566 Sec. A Saturdays (2 sessions), 2/27-3/5, 10AM-12PM, HCC WDC Rm 1405

\$55

Making Money Blogging with Weebly

COMPNCR 3115

Getting paid for blogging? Yes – it's possible. In this class you will learn to set up a free blog using Weebly and will then learn how to monetize the blog using Google AdSense, Amazon Associates and various other affiliate programs. The course will also cover strategies for driving traffic to the blog in order to maximize earnings. You can't afford to not take this class!

Amanda Webster

2646 Sec. A Saturdays (2 sessions), 3/12-3/19, 10AM-12PM, HCC WDC Rm 1405

\$55

Microsoft Applications

Introduction to Office

CMPCE 1015 \$\$

If you are familiar with using computers and thinking about getting back into the workforce, changing jobs or perhaps using computers for your own personal or business use, this class will assist you in learning about some popular business applications. You will get hands-on experience with Windows 7 and Microsoft Office 2013 products including Word, Excel, PowerPoint and Outlook. (9 PDs) 🍏

Greg Peterson

2534 Sec. A Tuesdays (3 sessions), 1/26-2/9, 6-9PM,
HCC WDC Rm 1404

\$115 (includes materials)

\$104 discount fee (see page 57 for details)

Word Introduction

CMPCE 1005 \$\$

This course covers basic operation of Microsoft Word. Topics include using the Office ribbon and toolbar commands, creating documents using various commands including cut, copy and paste, formatting with colors and shading, creating tab stops and bulleted lists, creating tables and working with forms. (9 PDs) 🍏

Greg Peterson

2736 Sec. A Tuesdays (3 sessions), 2/16-3/1, 6-9PM,
HCC WDC Rm 1404

Jennifer Crones

2759 Sec. AP Saturdays (3 sessions), 2/6-2/20, 2-5PM,
Heartland Pontiac Center Rm 214

\$140 (includes text)

\$126 discount fee (see page 57 for details)

Excel Introduction

CMPCE 1008 \$\$

This course is designed primarily for beginners but long-time spreadsheet users also learn many valuable hints and techniques as well. Topics include creating and editing worksheets using cut, copy, paste and fill commands to create spreadsheets faster. You create a wide variety of formulas using relative and absolute addressing (formulas using the \$ sign) and some of the most popular built-in functions. Customizing reports and visually representing data with charts and graphs will also be covered. (12 PDs) 🍏

Jennifer Schoppe

2502 Sec. A Tue/Thu (4 sessions),
1/26-2/4, 6-9PM,
HCC NRC Rm 1103

\$149 (includes text)

\$134 discount fee (see page 57 for details)

Excel Intermediate

CMPCE 1009 \$\$

This course covers a variety of features of Excel to gain intermediate business and home skills. Topics include managing multiple-page worksheets by locking important rows and columns on the screen and getting larger reports to print properly with headers and footers, page breaks and other printing techniques. Other topics include setting up multiple sheet workbooks, creating a master budget and using passwords and protection commands, assigning names to cells, organizing reports using tables that can be sorted, filtered and subtitled and spicing up reports with graphics and SmartArt. Prerequisite: Completion of *Excel Introduction* or equivalent. (9 PDs) 🍏

Jennifer Schoppe

2509 Sec. A Tue/Thu (3 sessions),
2/9-2/16, 6-9PM,
HCC NRC Rm 1103

\$130 (includes text)

\$117 discount fee (see page 57 for details)

Excel Advanced

CMPCE 1010 \$\$

This course covers the more complex features in Excel allowing you to fully utilize this powerful software at home or work. Topics include creating and revising Pivot Tables that summarize large lists of data into clear and meaningful reports, using macros to simplify repetitive tasks, performing more advanced financial and data analysis by using the Lookup and If functions, auditing and tracing formulas, sharing data with others, tracking document changes and using Excel with other programs. Prerequisite: Completion of *Excel Intermediate* or equivalent. (12 PDs) 🍏

Jennifer Schoppe

2514 Sec. A Tue/Thu (4 sessions),
2/23-3/3, 6-9PM,
HCC NRC Rm 1103

\$149 (includes text)

\$134 discount fee (see page 57 for details)

PowerPoint Introduction

COMPNCR 1526 \$\$

Learn how to design and format presentations or slide shows using the powerful features of PowerPoint. Add pictures, text, sound, animation, graphics, charts and diagrams to your presentation. It is great for family slideshows and work applications. PowerPoint is fun and easier than you think. (6 PDs) 🍏

Greg Peterson

2648 Sec. A Thursdays (2 sessions), 2/11-2/18, 6-9PM, HCC WDC Rm 1404

Jennifer Crones

2747 Sec. AP Fridays (2 sessions), 2/5-2/12, 2-5PM, Heartland Pontiac Center Rm 214

\$100 (includes text)

\$90 discount fee (see page 57 for details)

Digital Photography & Graphic Design

Digital Photography Basics - SLR Cameras

COMPNCR 1293 \$\$

Learn basic photography techniques to enhance your digital picture-taking skills. Find out how the proper camera settings can improve your results. You will need a digital camera with a fully-charged battery, lens, memory card and user manual. Prerequisite: familiarity with the basic controls of your camera.

Kent Simpson

2108 Sec. A Tue/Thu (4 sessions, does not meet 2/4), 1/26-2/9, 5:30-8:30PM, HCC WDC Rm 3002
2114 Sec. B Tue/Thu (4 sessions), 2/23-3/3, 9AM-12PM, HCC WDC Rm 1402

Jennifer Cronos

2750 Sec. AP Saturdays (4 sessions), 1/30-2/20, 9AM-12PM, Heartland Pontiac Center Rm 214

\$149 (includes text)

\$134 discount fee (see page 57 for details)

Digital Photography Portraiture

COMPNCR 3070 \$\$

Portraiture is one of the most popular forms of photography. Find out what goes into taking a portrait you can be proud of. Learn what a portrait is and about the different types of portrait photography. You will learn how to put your subject at ease as well as the importance of your surroundings, understanding of light, location and mood and subject posing. Must have basic knowledge of digital photography.

Ricardo Williams

2125 Sec. A Saturdays (3 sessions), 1/30-2/13, 9AM-12PM, HCC WDC Rm 1405

\$90

\$81 discount fee (see page 57 for details)



Digital Photo Editing

COMPNCR 3116 \$\$

Turn your photos into masterpieces. Learn the basics of professional photo editing and retouching using Adobe Photoshop. In this course, you will learn to perform photo editing techniques such as color correction, exposure correction, saturation enhancement and photo manipulation. You will also learn to use layers and masks to hide or reveal enhancements on selected portions of the photograph.

Kristi Kern

2821 Sec. A Mondays (4 sessions), 2/8-2/29, 6-9PM, HCC WDC Rm 1404

\$98 (includes materials)

\$88 discount fee (see page 57 for details)



Introduction to Graphic Design

COMPNCR 3117 \$\$

Learn the basic concepts of graphic design using Adobe Photoshop, InDesign and Illustrator. This class will cover typography, layout, color theory and print standards. Throughout this hands-on course, you will create a variety of print projects including business cards, resumes, post cards, billboards, booklets and more.

Kristi Kern

2824 Sec. A Mondays (6 sessions), 3/14-4/18, 6-9PM, HCC WDC Rm 1404

\$129 (includes materials)

\$116 discount fee (see page 57 for details)

Digital Scrapbooking

COMPNCR 1834

Discover how Photoshop Elements can be used to design beautiful scrapbook pages that can be printed, bound into books or shared electronically. Learn basic editing techniques using digital papers, embellishments and more. Bring 5-10 digital photos on a memory card or flash drive. No prior knowledge of Photoshop Elements is necessary.

Jaime Skaggs

2397 Sec. A Mon/Wed (2 sessions), 2/22-2/24, 6-9PM, HCC WDC Rm 1405

\$65

Create Your Own Photobook

COMPNCR 3001 \$\$

Preserve your priceless photos for generations to come. Digital photobooks are today's alternative to the traditional photo album. Learn how to use a popular photobook making website to create professionally printed and bound photo books from your own digital photos.

Jaime Skaggs

2394 Sec. A Mon/Wed (2 sessions), 3/7-3/9, 6-8PM, HCC WDC Rm 1405

\$55 (includes materials)

\$50 discount fee (see page 57 for details)

Photo Adventure in the Woods

COMPNCR 3061 \$\$

Free up your digital camera to do more. You have probably used your digital camera to take pictures of family and friends, but have you taken a close-up of a flower or framed the perfect nature scene? If you are interested in learning more about digital photography and want to gain real-life photo experience in the process, join us as we visit the Humiston Woods Nature Center in Pontiac. While exploring its 300+ acres of hardwood forest, prairie land and water features, you will learn about landscape and nature photography, as well as how to apply these skills to other areas of photography. All camera types are welcome. Please make sure that your camera is fully charged and/or that you bring a spare battery.

Jennifer Cronos

2741 Sec. AP Friday 3/18, 2-5PM, Humiston Woods Nature Center

\$39

\$35 discount fee (see page 57 for details)



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Introduction to Arduino Programming

COMPNCR 3118 \$\$

Bring your ideas to life! Arduino microcontrollers allow you to automate your very own small projects, create sensor arrays, and even connect your projects to your home computer. You will be taught the basics of the C programming language, how to create your own custom programs for your small electronics projects and the capabilities and options available through Arduino that can help you create some amazing projects. You will program your own Arduinos and learn how to set up your home computers to continue programming your device after completing the course. You will receive your Arduino in class that you can keep.

Benjamin Moore

2855 Sec. A Saturdays (5 sessions, does not meet 2/20), 1/30-3/5, 9AM-12PM, HCC WDC Rm 3601

\$175

\$158 discount fee (see page 57 for details)

Share Point

SharePoint: Site User

COMPNCR 1725 \$\$

Master the ultimate collaboration tool for businesses - SharePoint. You will learn to configure, access and navigate content. You will also get experience in list views, group lists and how to modify them. There will be plenty of hands-on time to create or update your profile and tag, share or follow content on your personal site. Synchronizing data with MS office applications will also be covered. (6 PDs) 🍏

Jennifer Schoppe

2720 Sec. A Tue/Thu (2 sessions), 3/8-3/10, 6-9PM, HCC WDC Rm 1404

\$100 (includes text)

\$90 discount fee (see page 57 for details)

SharePoint: Site Owner

COMPNCR 1726 \$\$

Now that you are confident as a SharePoint user increase your skills as a SharePoint Owner. You will learn how to create and configure new sites, add documents and implement custom forms. Assigning tasks, using the calendar, creating contacts and assigning permissions and rights to sites, users will be covered. (6 PDs) 🍏

Jennifer Schoppe

2722 Sec. A Tue/Thu (2 sessions), 3/15-3/17, 6-9PM,
HCC WDC Rm 1404

\$100 (includes text)

\$90 discount fee (see page 57 for details)



take it ONLINE

Update your skills, discover a new talent or chart a career path at your convenience with our online courses. Interactive quizzes, assignments, tutorials and online discussion areas are available to supplement the lessons. Read your lessons and ask questions of your instructor at the times most convenient for you.

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Acquire new skills or gain knowledge in just six weeks! Most Ed2Go courses run for six weeks and consist of 12 lessons. Visit our Ed2Go website for more information.

Ed2Go Online Career Training — www.ed2go.com/career

Complete a career training program in just 90 days. All of the Ed2Go Online Career Training courses are self-paced and open enrollment. Visit the website for an online demo and more information.

Center for Legal Studies Online Classes — www.legalstudies.com

Legal Secretary and Paralegal - Check website for dates. To register, click on "Illinois" and then choose Heartland Community College or call: (800) 522-7737.

JER Online — Workforce and Continuing Education Online Learning Courses www.coursecatalog.com/hcce

Heartland Community College is pleased to offer Workforce and Continuing Education Online Learning courses at basic, intermediate and advanced levels. Start a course anytime. Registration information can be found on our website. All you need to get started is Internet access, an email address and a web browser. Additional requirements, if any, will be listed with the course description.

UGotClass — www.yougotclass.org/catalog.cfm/Heartland

In partnership with LERN, Community Education is now offering UGotClass online courses to help you grow, develop new or update current skills. Instructors are experts in their respective fields and have a passion for teaching and learning.

Online Commercial Food Equipment Repair Technician

Master the skills you need to gain employment as a commercial food equipment repair technician! This engaging, interactive curriculum is available online 24-hours a day, 7 days a week. The course, which can be completed in 30 days or less, covers basic topics in electricity, gas and steam as well as an introduction to the commercial food equipment industry. You are guaranteed a job interview with an authorized service company after successfully completing the program.

Sample the course at: www.ignitorlabs.com/techniciantraining/heartland/

George Brown College — www.heartland-gbc.com

A world-leader in distance education, George Brown College offers award-winning online technical training in Programmable Logic Controllers. The PLC Technician II Certificate is a computer-based home study program that enables students to study at their own pace, remotely from their own homes, using DVD-based curriculum and a PLC simulator to master the technology of PLCs in the field of industrial manufacturing and production.

be XSible - www.bexsible.com

Social Media job openings increased 49% last year and with the right education you can venture down this career path. For information on these virtual or online classes please go to Be XSible's website.

For more information about online offerings, call (309) 268-8160.

www.heartland.edu/communityEd/online.jsp

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location key

All Seasons Golf Learning Center
1304 Cross Creek Dr
Normal, IL 61761

Baxter's American Grille
3212 East Empire Street
Bloomington, IL 61704

Dancenter
321 N Plum St
Pontiac, IL 61764

Hancock Fabrics
908 El Dorado Rd
Bloomington, IL 61704

Heartland Lincoln Center
Heartland Community College
620 Broadway St.
Lincoln, IL 62656

Heartland Pontiac Center
Heartland Community College
211 E Madison
Pontiac, IL 61764

HCC
Heartland Community College
1500 W Raab Rd
Normal, IL 61761
ACEC-Astroth Community Education Center
CCB-Community Commons Building
CDL-Child Development Lab
FRC-Fitness & Recreation Center
ICB-Instructional Commons Building
ICN-Instructional Commons North
NRC-Normal Readiness Center
SCB-Student Commons Building
WDC-Workforce Development Center

HCC CLC
Challenger Learning Center at
Heartland Community College
Astroth Community Education Center
1500 W Raab Rd
Normal, IL 61761

Humiston Woods Nature Center
2100 N Rd
(between 1100 E Rd & 1200 E Rd)
Pontiac, IL 61764

Infinite HeArt Studios
2907 Gill St
Bloomington, IL 61704

Lincoln Community High School
1000 Primm Rd
Lincoln, IL 62656

Lone Ridge Farm
28919 E 800 North Rd
Ellsworth, IL 61737

Make It Sew
429 Pulaski St
Lincoln, IL 62656

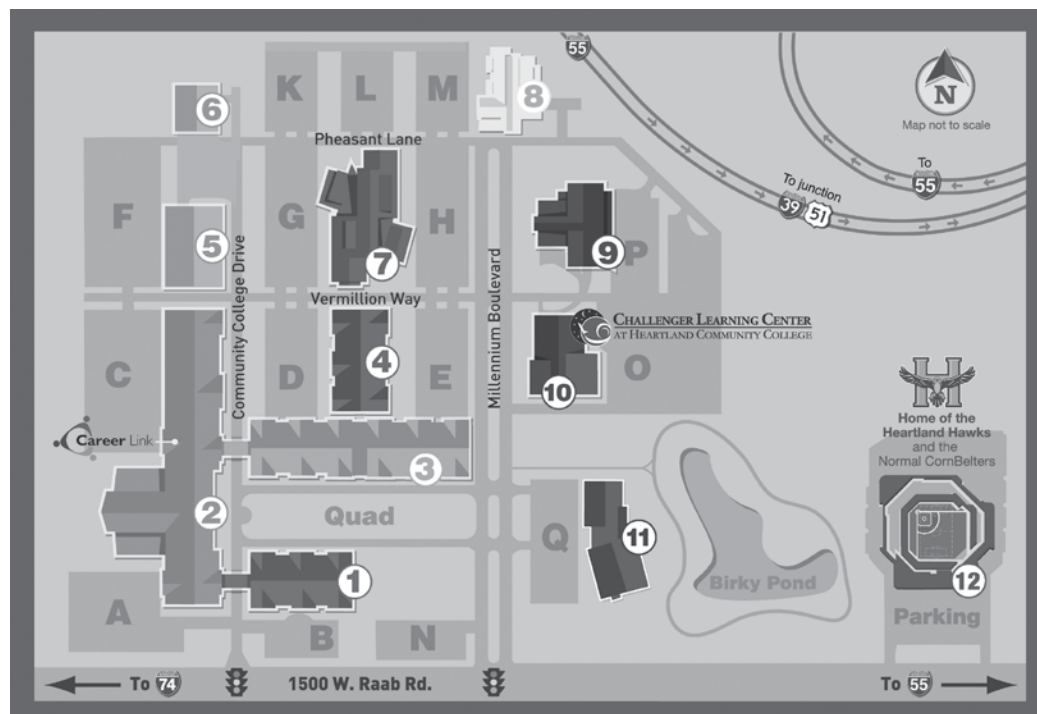
Open Source Classroom
200 W Monroe St Ste C1
Bloomington, IL 61701

PrariErth Farms
2047 County Road, 2100th St
Atlanta, IL 61723

Swingers Grille
1304 Cross Creek Dr
Normal, IL 61761

The Hop Shoppe
1801 Industrial Park Dr
Normal, IL 61761

Touch of Glass
606 1/2 Oglesby Ave.
Normal, IL 61761

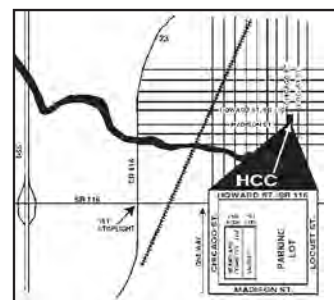


Main Campus 1500 W Raab Rd, Normal IL

- | | |
|---|---|
| 1 Community Commons Building (CCB) | 8 Child Development Lab (CDL) |
| 2 Student Commons Building (SCB) | 9 Fitness & Recreation Center (FRC) |
| 3 Instructional Commons Building (ICB) | 10 Astroth Community Education Center (ACEC) |
| 4 Instructional Commons North (ICN) | 11 Normal Readiness Center (NRC) |
| 5 Physical Plant Building (PPB) | 12 Corn Crib Stadium |
| 6 Receiving and Storage Building (RSB) | |
| 7 Workforce Development Center (WDC) | |

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Heartland Lincoln Center

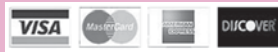
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By Fax:

Complete registration form. Payment must be made by credit/debit card (MasterCard, Visa, Discover or American Express). Fax completed form to:
(309) 268-7882



By Mail:

Mail the completed registration form along with full payment to:

**Community Education
Heartland Community College
1500 W. Raab Rd.
Normal, IL 61761**



In Person:

Bring completed form and payment to:

**Community Education
Workforce Development Center
Suite 2400
Heartland Community College
1500 W. Raab Rd., Normal, IL**
Office hours are:
8:00AM - 4:30PM, Monday - Friday

Questions or suggestions?

Email: community.education@heartland.edu

Registration Confirmation

You will receive a confirmation of your registration in the mail. Confirmation will include a course schedule, receipt, map and other information specific to your class(es).

Age Appropriate Guidelines

Unless otherwise stated, these classes are designed for adults ages 18 and over.

Fees

Fees are payable in full at the time of registration. We accept cash, check or credit/debit cards.

Full or Canceled Classes

Community Education reserves the right to limit the enrollments or cancel any class due to insufficient enrollments. For this reason, please register early to reserve your place in the class of your choice. Every effort will be made to notify registrants that a class has been filled or canceled. Registrants may choose alternate courses or receive full refunds.

Refund Policy

Unless otherwise stated in the description, if you wish to drop a class you must do so no later than two working days before the first class session to receive a full refund. After that time, no refunds will be issued. Unfortunately, we are unable to issue refunds or credits due to missed classes. No refunds will be given after the class has ended. Payments for course materials, supplies or textbooks are non-refundable. To drop a class, please call (309) 268-8160.

Workforce Training Employment Policy

Heartland Community College does not guarantee employment upon completion of instructional programs. Students are responsible for researching relevant employment opportunities prior to registration. Students are responsible for understanding the benefits of successful certification attainment. No refunds will be provided if a student fails to complete a course, does not pass a certification exam, or is unsuccessful at obtaining employment. Heartland Community College offers career resources and services at no charge to all current and past students. Career Services can be contacted at (309) 268-8034 or by email at career.services@heartland.edu

Weather or Emergency Cancellation Policy

If Heartland Community College closes campus due to inclement weather or emergencies, Community Education classes will also be canceled. Cancellations will be announced on area radio stations and local TV stations.

If you have any questions or suggestions for future courses or potential instructors, please call our Program Coordinators:

Angie — 268-8193
Kevin — 268-8178
Lauren — 268-8202
Laurie — 268-8179

Travis — 268-8191
Val — (217) 735-1731 (Lincoln)
John — (815) 842-6777 (Pontiac)