

PERSONAL ENRICHMENT • PROFESSIONAL DEVELOPMENT • BUSINESS SOLUTIONS

# CONTINUING EDUCATION

FALL

SEPT.-DEC. '25



**MASTER  
YOUR NEXT  
MOVES**

**– INSIDE STORY –**



**HEARTLAND**  
COMMUNITY COLLEGE

[Heartland.edu/ContinuingEd](http://Heartland.edu/ContinuingEd)

# ***Strategy, patience, and a few well-placed pawns is the goal of classes taught this fall by instructor David Sye.***

Sye, who has an expert rating by the United States Chess Federation, will be teaching students the *Foundations of Chess* and *Chess Strategy & Tactics: Next Moves*. (See page 3 for details).

He began teaching chess for Continuing Education this spring. In his introductory class, you will learn what the pieces are, and how to move them and interact on the board. The second class will, as Sye puts it, teach you how to “put up a good fight against someone really serious.” It will cover the open phase of the game, the middle game series of moves to give you an advantage, and strategies in the end game that lead to a win.

Sye began playing seriously when he was 16 and his audition for the fall high school play didn’t pan out. That left him without a fall activity. His friend, noting the disappointment, suggested he join the chess team. That ignited his love for the game. “Even though the game has been around for hundreds of years, you can always find something new for yourself to play ... a new strategy to explore,” he says.

His involvement in tournaments and online has also produced a world of friends in the chess community. Part of that community involves regular matches among Bloomington-Normal Chess Club members at Portillo’s on Monday nights.

By day, Sye works as a library tech expert, but in the classroom, he helps new players avoid common pitfalls. The biggest mistake beginners make, he says, is “playing the first move they see and not actually thinking through the move — not thinking what it allows the opponent to do.”



**In many ways, lifelong learning is like chess: it’s about continually making your next move, gaining skills, and building knowledge. This fall, consider joining a class — and maybe you’ll find something new and exciting for yourself!**



## **On the cover:**

*Chess expert and Continuing Ed instructor David Sye makes a magical move in our artfully imagined chess room. Sye will be teaching classes for beginners and more advanced players in our fall lineup of classes.*

# What's Inside

Trips .....	2
Special Interest .....	3
History .....	5
Creative Arts .....	7
Performing Arts .....	12
Truck Driver Training.....	13
Essential Workplace Skills.....	14
Fundamental Supervisory Skills .....	15
Professional Development .....	16
Online Professional Learning.....	19
Technology .....	20
Health, Wellness & Recreation .....	22
Home, Garden & Pets .....	26
In the Kitchen .....	29
Personal Finance .....	34
Language, Communication & Culture .....	35
Lincoln .....	37
Pontiac .....	38
Information/Registration .....	39
Find Your Class.....	40



## Zoom

Enjoy your favorite live class from the comfort of your home. Look for the Zoom icon!

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## Off-Campus Location

We have classes at off-campus sites. Look for this icon to see our off-campus partners.

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## We have room for you!

We'll be sending your room assignments along with your course info and a campus map a few days before the start of your class.

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## Early Bird Discount

Register now through Tuesday, Sept. 2, to receive a 10% discount on your course fee! Does not include Truck Driver Training, off-campus trips, online professional development, Ed2Go, and a few other selected courses.

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## Up to half off grant-funded classes!

Look for this icon on selected classes in this booklet and receive up to half off the class cost if you qualify for grant funding. Look on page 14 for more details.

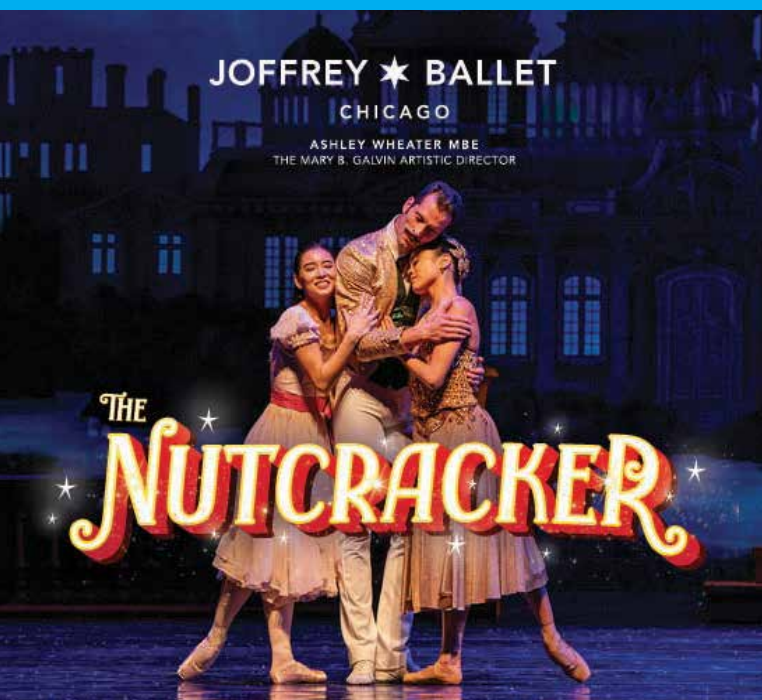
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**Unless otherwise stated, these classes are designed for adults 18 and over.**

Visit our website [www.Heartland.edu/ContinuingEd](http://www.Heartland.edu/ContinuingEd)



# Trips



## **NEW!** **Holiday Magic: The Nutcracker with the Joffrey Ballet**

Celebrate the holiday season with a festive day trip to Chicago's Lyric Opera House for a matinee performance of The Nutcracker by the world-renowned Joffrey Ballet. Before the show, enjoy a formal lunch at The Florian — Lyric's modern supper club and cocktail bar featuring special offerings. Then take your seat in the grand auditorium for a performance set on Christmas Eve, months before the opening of Chicago's 1893 World's Fair. Follow young Marie and her Nutcracker Prince on a dazzling journey. With Tchaikovsky's iconic score and stunning visuals by an award-winning creative team, this production reimagines a cherished holiday tradition. Your trip includes transportation, lunch, a matinee performance, and all gratuities. Please call 309-268-8160 to request a Pontiac pickup. **Registration deadline is Nov. 5.** Sorry, no refunds after this date.

761 Sec. A

Saturday 12/6, 9AM-7PM  
**\$299**

## **NEW!** **Harry Potter and the Sorcerer's Stone™ in Concert with the St. Louis Symphony Orchestra**

Experience the magic of the film that started it all as the St. Louis Symphony Orchestra brings John Williams' iconic score to life! Watch the wand choose the wizard, a troll run amok, and magic mirrors shimmer in high definition on the big screen. Start the day with lunch at Rigazzi's On The Hill, voted among the best Italian restaurants in St. Louis. Then enjoy an afternoon of cinematic magic as the symphony performs live with the film. A boxed dinner will be provided for the ride home. Your trip includes lunch, a matinee performance, a boxed dinner, transportation, and all gratuities. Please call 309-268-8160 to request a Lincoln pickup. **Registration deadline is Sept. 5.** Sorry, no refunds after this date.

611 Sec. A

Sunday 10/5, 8AM-8PM  
**\$225**

## **NEW!** **America's Cowboy Country: Collette Trip Preview**

Enjoy stunning views of the American West as you make your way through Yellowstone, Grand Teton National Park, and more in May 2026 in our latest Collette travel adventure! Overnight in the cowboy towns of Jackson Hole and Cody. Experience the Wild West as it once was with a visit to Deadwood, a town built on gold and gunpowder. Experience Yellowstone National Park, home to an incredible array of wildlife. Search for free-ranging herds of buffalo in Custer State Park. Marvel at Grand Teton National Park's towering peaks, marked with mountain glaciers. Soak in stunning views of Mount Rushmore and the Crazy Horse memorials. Grab your Stetson hat and saddle up for an adventure as you discover natural wonders and cultural treasures. This is a no-obligation meeting to provide details and answer questions.

610 Sec. A

Monday 9/8, 5:30-6:30PM  
**FREE, but registration required**

## **Connect. Engage. Learn.**

### Follow Continuing Education on social media!

 Facebook: [continuingEd.hcc](https://www.facebook.com/continuingEd.hcc)  LinkedIn: [Heartland Community College](https://www.linkedin.com/company/heartland-community-college)  Instagram: [@kidsatheartland](https://www.instagram.com/kidsatheartland)

## **NEW!** **Deep Dish & Design: Iconic Pizza Meets World-Class Architecture**

Roll up your sleeves at Pizzeria Uno — birthplace of Chicago's deep dish pizza — for a hands-on class where you'll press the dough, pile on toppings, and enjoy your creation with salad and stories from Uno's rich history. Then, a local expert will guide you on the Architectural Highlights by Bus Tour through the Loop, Hyde Park, Bronzeville, and the Magnificent Mile neighborhoods. Off-coach stops at select sites offer a closer look at standout architecture, some with interior access. It's a flavorful and fascinating day — Chicago-style! Your trip includes transportation, lunch, a bus tour, and all gratuities. Call 309-268-8160 to request a Pontiac pickup. **Registration deadline is Feb. 18.** Sorry, no refunds after this date.

**801 Sec. 01**      **Sunday 3/22, 8:30AM-7:30PM**  
**\$185**



## Be in the know

Like or follow us on Facebook and join the conversation!  
[www.facebook.com/continuingEd.hcc](http://www.facebook.com/continuingEd.hcc)

## **NEW!** **Lunch, Learn & Listen: Celebrating 103 Years of Community Players Theatre**

Discover how Community Players Theatre has put the "community" in Community Players. Trace its journey from a bold idea to a local institution with heart, humor, and four previous homes (plus one that never came to be). Learn how the passionate founders built a creative hub from the ground up, and see how today's productions reflect a legacy of resilience and reinvention. Get a behind-the-scenes look at the major renovations happening now and hear what's next — from innovative outreach to exciting performance opportunities. Enjoy a provided lunch, and the unique flavor of live theater with a closing performance by Troupe CPT. **Registration deadline is Oct. 5.** Sorry, no refunds after this date.

**Community Players Theatre instructors**  
**759 Sec. A**      **Wednesday 10/15, 11AM-1PM**  
**\$25**

## **Foundations of Chess**

Invest a couple of hours and learn a game you'll enjoy for a lifetime! In the first session, learn the rules, understand the board and pieces, and play a game to checkmate. Then practice taking chess notation, following etiquette, and applying key strategies and principles. Advance to sharpen critical thinking and tactical skills through gameplay. Leave with the ability to outsmart those who think they're unbeatable in the world's most popular strategy game.

**David Sye**  
**695 Sec. A**      **Tuesday (3 sessions), 9/30-10/14, 7-8:30PM**  
**\$39**

## **NEW!** **Chess Strategy & Tactics: Next Moves**

Sharpen your skills and take your game to the next level in this class that follows up where beginner chess left off. Learn popular opening systems that can be adapted to defend against a variety of early moves. Learn the terminology and dive into tactical ideas such as forks, pins, skewers, and discovered attacks, exploring how they can come together for strong combinations. Outmaneuver your opponents and convert your extra piece, even a single pawn, into a win. Prerequisite: Foundations of Chess or basic knowledge of how to play a game.

**David Sye**  
**776 Sec. A**      **Tuesday (3 sessions), 11/4-11/18, 7-8:30PM**  
**\$39**

# Special Interest

## Weather in the Heartland: Winter Wonderland

Brrrr! Winter is coming! Discover what makes temperatures so chilling when you hear from WMBD/WYZZ chief meteorologist Chris Yates. Gain valuable tips on how to enjoy winter weather and stay safe. Understand the phenomena behind the formation of frost, flurries, blizzards, and arctic blasts. Investigate our region's winter weather patterns through the decades.

**Chris Yates**

714 Sec. A

Saturday 10/25, 9AM-12PM  
\$49

## **NEW!** Journey to the Stars: Astronomy 101

Start your journey into stargazing with the essentials. Get familiar with the tools of the hobby — from supplies to helpful apps and websites. Build foundational knowledge to make sense of what you see in the night sky, including constellations, moon phases, planetary viewing, solar observations, and deep sky objects. Get introduced to key concepts in astrophysics — like the life cycles of stars — to deepen your appreciation of the universe above.

**Jeff Benter**

767 Sec. A

Monday (2 sessions), 11/10-11/17, 6-7:30PM  
\$29



## Get Paid to Teach English Abroad, in the USA, or Online

Let travel expert Gina Henry guide you on the path to teaching conversational English in a variety of destinations worldwide! Learn how certification, while not required, can lead to a fulfilling and lucrative career. Find out about affordable online certification programs, the highest-paying jobs, how to promote your teaching qualifications, and specific hiring organizations. Leave ready to make your travel dreams come true while earning money! Course fee includes a 100-page "Get Paid To Teach English" digital book.

**Gina Henry**

672 Sec. OA

Saturday 11/1, 11AM-2PM  
\$59 (includes digital textbook)

## Get Paid to Be a Tour Guide & Travel Free

Travel free and get paid to do it as a tour director! Discover how to lead tours for major companies by becoming an affiliate or tour coordinator. Plan a trip, put together a group of friends, get your travel paid for, and possibly earn extra income. Learn the qualifications needed to be a tour guide, how to get a job in the industry, how to design and promote your tours, and more with Gina Henry, founder of Go Global Inc. She leads tours worldwide, working with tour companies as well as operating her own tour business of 30 years.

**Gina Henry**

671 Sec. OA

Saturday 10/4, 11AM-2PM  
\$59 (includes digital textbook)

## Learning is **LIMITLESS!**

Join our Lifelong Learner Lectures, a new speaker series dedicated to showcasing intriguing and timely topics. Held quarterly, each lecture takes place on Wednesdays from 10-11:30AM, featuring a one-hour presentation followed by a 30-minute Q&A session.

Attendance is FREE, but registration through Continuing Education is required. Find out what happens when we reconnect with where our food comes from. Join us in Pontiac with Marty from Spence Farm and Down at the Farms of rural Fairbury for a thought-provoking look at how local foods impact more than just our plates. See page 38 for more information.



## **NEW!** Cemetery Customs & Traditions of Days Gone By: Dining With the Dead

Enjoying a picnic in a cemetery was not always a taboo activity: Quite the contrary — a graveside lunch was a leisure activity for many. People often dined while visiting their dearly departed, and city residents regularly took advantage of cemeteries for strolls and carriage rides, too. Join Candace Summers, McLean County History Museum senior director of education, to explore funerary customs and superstitions of the Victorian-era. Learn about the types of monuments that populate Evergreen Memorial Cemetery, Bloomington's oldest and most historic cemetery, and hear stories of some of the McLean County citizens who rest there.

**Candace Summers**

757 Sec. A

Thursday 10/30, 6-7:30PM  
\$25



## **NEW!** Women in U.S. History

Explore the lives and impact of American women from the early 1800s to today. Follow key movements such as suffrage, labor reform, civil rights, and the four waves of feminism. Meet influential figures such as Sojourner Truth, Gloria Steinem, bell hooks, and Tarana Burke. Challenge familiar narratives, think critically about the past, and gain a deeper appreciation for the progress and setbacks that have shaped women's roles in U.S. history.

**Cierra Aiden**

762 Sec. A

Wednesday (2 sessions), 10/29-11/5, 6-7:30PM  
\$29

## **Pandemics: Spanish Flu & COVID-19**

COVID-19 is not the first pandemic to sweep the globe. In this class, learn about the Pandemic of 1918 — the Spanish Flu — and how world leaders at the time handled communication and crisis management. Draw comparisons to COVID-19 and examine similarities and differences between these two catastrophic events. Leave with a deepened understanding of the nature of pandemics and the impacts they leave in their wake.

**Jeff Paisley**

673 Sec. A

Wednesday (2 sessions), 12/3-12/10, 6-7:30PM  
\$29

## **The Cold War: The Later Years & Today**

The period following World War II saw high-pressure diplomatic clashes between the United States, the Soviet Union, and their respective allies. Learn about the escalating conflicts that preceded a brief détente under then-President Richard Nixon, and investigate the New Cold War period, where tensions were rekindled under the Reagan administration. Discover how anti-Soviet counter-insurgencies led to the eventual collapse of the Soviet Union before diving into the Bush and Clinton presidencies. Then unpack the disintegration of Yugoslavia and the ethnic cleansing wars between Serbia and Bosnia. Leave with a better understanding of a decades-long war that played a pivotal role in shaping modern global affairs.

**Jeff Paisley**

674 Sec. A

Thursday, (3 sessions) 10/2-10/16, 6-7:30PM  
\$45

# History



## **NEW!** Modern Military Intelligence & Espionage

Discover the developments of military intelligence in both World War I and World War II, and how each conflict shaped methods of intelligence gathering and code-breaking for future wars. Learn how Bletchley Park in England cracked the ciphers of the Nazi war machine — and the pivotal role women played in that effort. Delve into Cold War espionage and see how spies were instrumental in the race for atomic secrets. Finally, explore how modern military intelligence has been used in recent conflicts and how it continues to shape strategies for wars yet to come.

**Jeff Paisley**

760 Sec. A

Thursday (3 sessions), 11/6-11/20, 6-7:30PM

\$45

## Lincoln's 'Lost Speech' Found: Origin of the Illinois Republican Party

Go back in time to May 29, 1856, when Abraham Lincoln gave the keynote address at a political convention in downtown Bloomington. Learn about the goal to establish a new political party opposed to the expansion of slavery. Discover why it is said Lincoln gave one of the greatest, most eloquent speeches of his life that evening, as he rallied northern voters of various political leanings to the anti-slavery cause. Learn why this speech became known as the "Lost Speech" and how it is not really lost!

**Bill Kemp**

696 Sec. A

Wednesday 10/22, 6-8PM

\$35

## **NEW!** The Korean War

On June 25, 1950, North Korean forces crossed the 38th parallel and invaded South Korea. On the 75th anniversary year of the Korean conflict, find out why this "police action" is sometimes known as America's "forgotten war." Delve into the developments and decisions that led to simmering hostilities in Korea. Learn about the roles President Harry S. Truman and General Douglas MacArthur played in this pivotal Cold War era conflict. Come away with a newfound appreciation for the sacrifices made by American soldiers in Korea. Finally, discover how the newly formed United Nations played an integral part in Korea and paved the way for the future.

**Jeff Paisley**

758 Sec. A

Wednesday (2 sessions), 9/10-9/17, 6-8PM

\$39



## Roundup in the American West

Enjoy stunning views of the American West as you make your way through Yellowstone, Grand Teton National Park, and more in May 2026 in our latest Collette travel adventure! Overnight in the cowboy towns of Jackson Hole and Cody. Experience the Wild West as it once was with a visit to Deadwood, a town built on gold and gunpowder. Experience Yellowstone National Park, home to an incredible array of wildlife. Search for free-ranging herds of buffalo in Custer State Park. Marvel at Grand Teton National Park's towering peaks, marked with mountain glaciers. Soak in stunning views of Mount Rushmore and the Crazy Horse memorials. Grab your Stetson hat and saddle up for an adventure as you discover natural wonders and cultural treasures. See page 2 for details on our preview night.



## **NEW!** Holly Jolly Polymer Jewelry

Get festive in this fun, hands-on workshop where you'll create winter-inspired polymer clay jewelry! Design and sculpt a matching pendant and earring set with cozy, winter vibes — think snowman and frosty sparkle. Learn techniques like color blending, texture, shaping, and finishing. Perfect for beginners and pros alike — materials and step-by-step guidance included. Leave with a one-of-a-kind creation that captures the magic of the season!

**Jen Bethmann**

744 Sec. A

Tuesday 12/2, 6-8PM

\$29 (plus \$10 supply fee, cash only, paid to instructor)



## **NEW!** Seasonal Shine: A Metal Clay Art Workshop

Craft a one-of-a-kind Christmas ornament using fine copper, bronze, or silver metal clay. Shape, texture, and embellish your creation with a festive design. Learn essential techniques including rolling, cutting, molding, and firing. Personalize your ornament with stamps, textures, and tiny details that capture the spirit of the season. Whether you're a beginner or experienced artist, leave with a beautiful ornament and new skills to treasure.

**Kristy Walden**

743 Sec. A

Thursday (2 sessions), 11/13-11/20, 6-8:30PM

\$65 (plus \$30 supply fee, cash only, paid to instructor)

## Make Jewelry With Silver Metal Clay

Create a beautiful pendant and earrings using the medium of silver metal clay! Learn how to handle the clay, including texturing, trimming, refining, firing, and finishing techniques. In the second session, watch the instructor fire your creations and then you will polish them to perfection. Leave with finished jewelry and the skills you need to continue exploring metal clay.

**Kristy Walden**

686 Sec. A

Thursday (2 sessions), 9/25-10/2, 6-8:30PM

\$65 (plus \$30 supply fee, cash only, paid to the instructor)

## Jewelry Making for Beginners

Design your own wearable works of art. Sample two ways to make jewelry at home without having to invest in specialized tools. Learn basic polymer clay sculpting and wire wrapping techniques. Enjoy bringing your unique style to your designs. Walk away from each class with completed pieces, feeling inspired to continue creating.

**Jen Bethmann**

644 Sec. A

Tuesday (2 sessions), 9/9-9/16, 6-8PM

\$55 (plus \$20 supply fee, cash only, paid to instructor)

## **NEW!** Northern Lights Resin Pendant

Discover the magic of UV resin in this hands-on class. Create a mesmerizing nightscape using shimmering mica powders and vibrant alcohol inks. Perfect for beginners and experienced crafters alike, this workshop guides you through the process of layering colors, manipulating resin for celestial effects, and incorporating techniques to create depth and dimension. Walk away with a one-of-a-kind resin piece that glows with cosmic beauty!

**Jen Bethmann**

745 Sec. A

Tuesday 11/4, 6-8PM

\$29 (plus \$10 supply fee, cash only, paid to instructor)

## Get to Know Your Sewing Machine

Put your sewing machine to work! Learn how to stitch a blind hem, make buttonholes, insert a zipper, and more. Review basic maintenance techniques to keep your machine running smoothly. Bring your own machine, manual, attachments, and power adapter. Leave knowing how to adeptly use your machine and the accessories in your attachment box.

**Pam Faber**

641 Sec. A

Monday (2 sessions), 9/15-9/22, 6-8:30PM

\$45 (plus \$3 supply fee, cash only, paid to instructor)

## Learn to Sew

Express yourself with a stylish new hobby! Learn how to choose between fabrics and gather the basic supplies. Then practice reading patterns, and sewing seams and hems. By the end of class, you'll be able to complete any simple sewing project. Please bring your own machine, manual, attachments, power adapter, and McCall's Patterns M5778 Holiday Decorations pattern.

**Pam Faber**

640 Sec. A

Monday (5 sessions, does not meet 11/24), 11/3-12/8, 6-8:30PM

\$85 (plus supplies)

# Creative Arts



## Quilting Basics I

Learn quilting basics while making a lap quilt. Learn to use a rotary cutter, press seams, how to put your quilt together, and how to "finish." At the first class, discuss quilting basics, choosing fabric, color values, and supplies. Basic sewing skills are required, and you must have access to a sewing machine outside of class. First class will go over supplies needed for class.

**Kay Bowen**

685 Sec. A      Wednesday (6 sessions), 10/15-11/19, 6-8:30PM  
\$149 (plus supplies)

## **NEW!** Disappearing Pinwheel Quilt Block

Learn how to create a traditional pinwheel quilt block, then transform it using precise cutting, rotating, and reassembling techniques. Refine piecing skills, pressing for crisp seams, and layout strategies for eye-catching designs. Follow step-by-step demonstrations, and enjoy hands-on guidance throughout. Leave with a completed quilt block and techniques to inspire your next project. Participants will receive a supply list before the start of class.

**Kay Bowen**

780 Sec. A      Wednesday (3 sessions), 11/5-11/19, 1-3PM  
\$59 (plus supplies)

## Macramé for Beginners

Rediscover the art of macramé! Learn foundational knots, techniques, and best practices to create a stunning planter and wall hanging. Complete projects like a plant hanger and small wall art, gaining the skills and confidence to craft your own pieces. Get inspired by this timeless and trendy art form!

**Dan Anderson**

648 Sec. A      Wednesday (2 sessions), 10/8-10/15, 6-9PM  
\$59 (plus \$30 supply fee, cash only, paid to instructor)

## **NEW!** Macra-Make It: Bag Bliss

In this hands-on class, you'll have full creative control as you build your perfect bag, using braided cotton cord entwined with the knowledge of that you love. Learn to create a stylish macramé bag using core knotting techniques like the square knot, lark's head, and double half hitch. As long as you can tie a square knot, you will have the skills necessary to complete a trendy, handmade accessory and the skills to make more at home. All materials provided. Bring your creativity and get ready to knot, and twist! Prerequisite: Macramé for Beginners or equivalent.

**Dan Anderson**

742 Sec. A      Wednesday (2 sessions), 10/22-10/29, 6-9PM  
\$59 (plus \$20-35 supply fee, cash only, paid to the instructor)

## Macramé Holiday Ornaments

Add macramé to an ordinary round ornament to turn it into something special for your holiday finery! While in class, pick a colorful ornament and weave a special pattern using macramé knots. Leave with additional materials to make two more ornaments and skills to fill your tree with these unique creations!

**Dan Anderson**

668 Sec. A      Wednesday 12/3, 6-9PM  
\$29 (plus \$20 supply fee, cash only, paid to instructor)

## Learn to Crochet

Discover and practice the single crochet, half double crochet, and double crochet. Work on several small projects — dishcloths, round hot pads, granny squares, and a winter scarf. You will also learn how to crochet the top of a kitchen towel. Find out how to read patterns and change yarn colors. No experience necessary.

**Kay Bowen**

684 Sec. A      Monday (6 sessions), 10/13-11/17, 6:30-8:30PM  
\$119 (plus \$7 supply fee, cash only, paid to instructor)

## Breathtaking Bows: Elevate Your Gift Wrapping & Decor

Wrap up gleeful gifts and deck your halls with intricate bows this holiday season! Craft delicate, stunning bows to decorate wreaths, stockings, and even the tree. Keep using your skills year-round to spruce up weddings, banquets, and more!

**Dan Anderson**

642 Sec. A      Wednesday 11/19, 6-9PM  
\$29 (plus \$15 supply fee, cash only, paid to instructor)



## Sculpting Ceramics by Hand & Pottery Wheel

Create functional and one-of-a-kind ceramics! Fine-tune techniques such as pinching, coiling, and building with clay. Then move to the pottery wheel, where you'll learn to throw cylinders and bowls. Observe and understand the ceramic process, from wet clay to fired pottery to finishing with glazing. Bring your ideas and inspiration to make original pieces in a cooperative and creative environment. No prior experience required.

### Claire Hedden

645 Sec. A Thursday (6 sessions), 9/18-10/23, 9AM-12PM  
\$225

### Anna Garner

646 Sec. B Tuesday (9 sessions), 9/9-11/4, 6-8PM  
\$225

## Beginning Pottery Wheel

Work from wet clay to a glazed, finished product as you discover how to create functional ceramics. Learn how to throw cylinders and bowls, and grow your skills as you wedge, sculpt, and then glaze your pottery. Take home a new hobby along with your completed one-of-a-kind piece!

### Claire Hedden

647 Sec. A Thursday (4 sessions), 10/30-11/20, 9AM-12PM  
\$129

## Luminarias & Candleholders

Light up the winter nights with your own custom luminaria and candleholders. Learn slab, coil, and pinch hand-building techniques to construct your pieces from clay. Glaze your finished ceramics before taking them home to keep or gift.

### Claire Hedden

667 Sec. A Tuesday (3 sessions, does not meet 11/25), 11/11-12/2  
6:30-8:30PM  
\$125

## Glass Working for Beginners: Pumpkin Perfection

Sculpt the perfect fall centerpiece! Delve into the tools, equipment, and basic principles of the ancient craft of glass working. Tour the hot shop and enjoy a demonstration guided by the expert team at Michael Amis Studio. Then, gather molten glass from the furnace and experience the magic of glass working as you craft your own pumpkin. No prior experience is required. Projects must be cooled overnight before leaving the studio.

### Michael Amis Studio instructor

650 Sec. A	Saturday 10/18, 9-10:30AM
651 Sec. B	Saturday 10/18, 11AM-12:30PM
652 Sec. C	Saturday 10/18, 1:30-3PM
653 Sec. D	Saturday 10/18, 3:30-5PM
654 Sec. E	Saturday 10/25, 9-10:30AM
655 Sec. F	Saturday 10/25, 11AM-12:30PM
656 Sec. G	Saturday 10/25, 1:30-3PM
657 Sec. H	Saturday 10/25, 3:30-5PM

Off campus, Michael Amis Studio, Bloomington  
\$75 (plus \$35 supply fee, cash only, paid to the instructor)

## Glass Working for Beginners: Blown Glass Ornament

Create a glass treasure that will last a lifetime! Enjoy a demonstration by the expert artists at Michael Amis Studio, tour the hot shop, and encounter the tools, equipment, and basic principles of glass working. Then, gather glass from the furnace and try your hand at glassblowing as you craft a custom ornament. No prior experience is required. Projects must be cooled overnight before leaving the studio.

### Michael Amis Studio instructor

658 Sec. A	Saturday 12/6, 9-10:30AM
659 Sec. B	Saturday 12/6, 11AM-12:30PM
660 Sec. C	Saturday 12/6, 1:30-3PM
661 Sec. D	Saturday 12/6, 3:30-5PM
662 Sec. E	Saturday 12/13, 9-10:30AM
663 Sec. F	Saturday 12/13, 11AM-12:30PM
664 Sec. G	Saturday 12/13, 1:30-3PM
665 Sec. H	Saturday 12/13, 3:30-5PM

Off campus, Michael Amis Studio, Bloomington  
\$75 (plus \$35 supply fee, cash only, paid to the instructor)



# Creative Arts



## Fun Fall Art Tangles

Experience the Zentangle method of drawing beautiful images using structure patterns and fall symbols such as pumpkins and leaves. Enjoy the process of focusing on one stroke at a time as the patterns create a lovely, autumn-inspired work of art. Use the techniques presented to explore and create throughout the season. No previous drawing experience is required. Participants will receive a supply list before the start of class.

**Sue Dion**

649 Sec. OA

Thursday (2 sessions), 10/9-10/16, 6-7:30PM  
\$29 (plus supplies)

## The Secret Zen(Tangled) Garden

Take your Zentangle skills to the next level with a stunning floral masterpiece! In this three-session workshop, learn how to form the central floral tangles using structured patterns. Then add an intricate border and bold shading. Finish your zen(tangled) garden with colorful watercolor pencils. Participants will receive a supply list before the start of class.

**Sue Dion**

666 Sec. OA

Thursday (3 sessions), 9/11-9/25, 6-7:30PM  
\$45 (plus supplies)

## Dreamcatcher Zentangle

Create a mesmerizing Dreamcatcher Zentangle by layering intricate patterns in radial symmetry. Begin with a central feature, then build outward using structured tangles. Focus on shading, highlight depth, and blend tones for a dimensional effect. Master string construction and repetition to achieve balance. Add delicate embellishments to unify the design. Dream as you draw, and let each pen stroke guide your creative journey. Participants will receive a supply list before the start of class.

**Sue Dion**

772 Sec. OA

Thursday (2 sessions), 11/13-11/20, 6-7:30PM  
\$29 (plus supplies)

## Paint Like a Pro: Acrylics

Learn acrylic painting techniques from a professional artist. Practice color mixing, edging, and other basic skills that will push you toward mastering acrylic painting. Discover your style — whether it be naturalistic, more abstract, or a blend of the two — then explore your unique artistic voice through your newly developed skills. Participants will receive a supply list before the start of class.

**The Little Art School instructor**

643 Sec. A

Monday (6 sessions), 9/15-10/20, 6-8PM  
\$179 (plus supplies)

## Create Beautiful Cards

Express your feelings with gorgeous handmade cards. Learn techniques to decorate with paper, watercolors, and other embellishments. Then craft two or three cherished keepsakes for holidays, birthdays, and other special occasions. Your beautiful designs will become the hallmark of your creativity.

**The Little Art School instructor**

702 Sec. A

Monday (6 sessions, does not meet 11/24), 10/27-12/8, 6-8PM  
\$179

## Darkroom Photography for Beginners

Go old-school cool with this introduction to vintage technology. Increase your understanding of photography basics by learning to shoot film, and then experience the magic of processing and printing your own black and white images in a darkroom studio. Just show up with a camera and shoot! Heartland has a limited amount of 35mm cameras to loan, so please bring your own if you can.

**Lindsey Basham**

701 Sec. A

Tue/Thu (6 sessions), 10/21-11/6, 6-8:30PM  
\$205



Are you ready to kick-start a new and rewarding career on the open road? This is your chance to learn more about the trucking industry and how you can get started.

## Join us for an open house where you can:

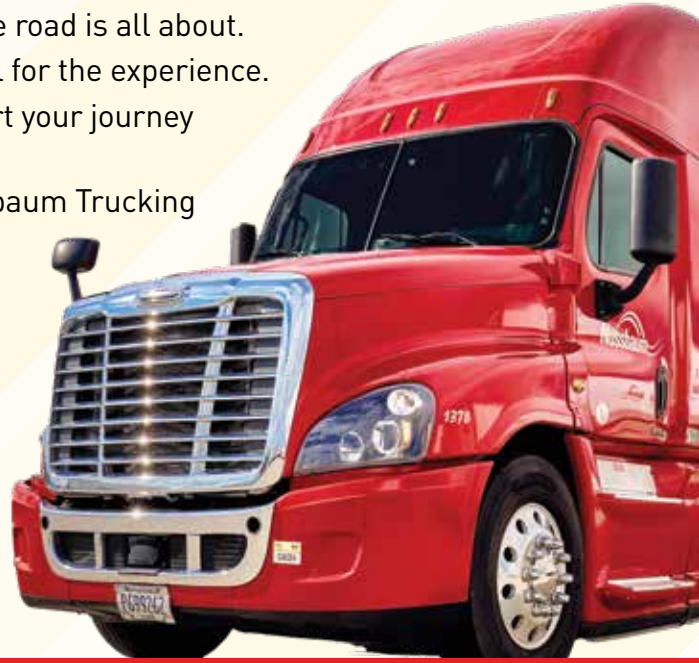
- Explore a real semitractor-trailer and see what life on the road is all about.
- Test your skills on a truck driving simulator and get a feel for the experience.
- Discover how our CDL training program can help you start your journey toward becoming a professional truck driver.
- Talk with experts at Nussbaum Transportation and Nussbaum Trucking Academy at Heartland Community College.

**Date & time:** 8AM-12PM, Saturday, Oct. 25

**Location:** Nussbaum Transportation,  
19336 N.1425 E. Road, Hudson

Look for the Academy semitractor-trailer near the first entrance to our parking lot. The open house will be on the south end of the office building. We will have our tent set up as well.

**Watch online for more details.**



## ATTENTION TEACHERS AND HOMESCHOOL GROUPS!

*Make your next field trip unforgettable with our Challenger Learning Center.*

Our exclusive program for grades 5-8 offers hands-on STEM experiments to inspire the next generation of scientists and engineers. Students will take charge in the Discovery Lab to carry out experiments like those in NASA labs, searching for data-driven solutions. Watch their dreams take flight as they train like real astronauts in our space simulators, fostering teamwork, problem-solving, and critical-thinking skills.



**Elevate your STEM field trip experience:  
Call 309-268-8700 to book today!**



# Performing Arts



## Ukulele Just For Fun

Take a trip down Tin Pan Alley — and learn to play the ukulele along the way. In this beginner class, you will learn the basics of playing the ukulele and walk away strumming some classic American songs. You will learn chords, strums and melodies along with uke maintenance. Bring along your soprano, tenor, or concert size ukulele and music stand to join along in this easy, inexpensive and fun pastime!

**Angie Funfar**

687 Sec. A      Tuesday (6 sessions), 9/16-10/21, 6-8PM  
\$105

## **NEW!** Ukulele: Beyond the Basics

Take your skills up a notch with this next level ukulele workshop. Strengthen your chord transitions, master new strumming patterns, and explore fingerpicking techniques. Play along with songs while improving your rhythm, timing, and musical expression. Collaborate with fellow musicians in a supportive, fun environment. Build confidence through group performances and personalized feedback. Bring along your soprano, tenor, or concert size ukulele and music stand and get ready to grow as a player. Prerequisite: Ukulele Just for Fun or equivalent.

**Angie Funfar**

747 Sec. A      Tuesday (4 sessions), 10/28-11/18, 6-8PM  
\$69



## Early Bird Discount

Take advantage of our Early Bird Discount of 10% off selected classes if you register by Tuesday, Sept. 2.

## Guitar for Beginners

Explore a new musical hobby! Get hands-on guidance in this easy and fun class as you learn to hold a guitar, tune it, and play some of your first chords. Strum your first simple song and leave ready to continue your learning journey at home. Bring along your acoustic guitar.

**Hip Cat Music School instructor**

688 Sec. A      Monday (6 sessions), 9/15-10/20, 6-8PM  
\$159

## Guitar for the Advanced Beginner

Embark on your journey toward becoming the guitar legend you've always wanted to be. Expand your skills with new chords, rhythms, and bass lines while pushing beyond the few chords you already know. Acoustic guitar only, please.

**Hip Cat Music School instructor**

689 Sec. A      Monday (6 sessions, does not meet 11/24), 10/27-12/8, 6-8PM  
\$159

## **NEW!** Intro & Techniques In Voiceovers

Kickstart your voiceover career with our One-on-One Introduction to Voiceovers! In two power-packed sessions, learn the industry basics. In the first 90-minute session, explore different types of voiceovers, and receive coaching as you read real scripts. In the second 60-minute session, dive deeper with personalized script reading and targeted feedback. Discover your vocal strengths, ask follow-up questions, and receive a professional voice evaluation.

**Voices For All Instructor**

773 Sec. OA      9/8-12/12 Date flexible according to your availability,  
determined with your instructor  
\$79





# Truck Driver Training



Scholarships are available. Call 309-268-8448.



## Nussbaum Trucking Academy at Heartland Community College

**Are you looking for a career and not just another job? Consider becoming a professional truck driver. Nussbaum Trucking Academy at Heartland Community College will open the door to a lifetime of opportunities!**

You will receive classroom training for the CDL Learner's Permit, *Essential Workplace Skills* training, and behind-the-wheel training in an automatic or manual transmission semitractor-trailer. The course also covers state and federal regulations, log books, map reading, trip planning, and complete vehicle training to prepare you for an entry-level position in the transportation industry. At the end of the course, you will take a Class "A" License Road and Skill Test administered by the Illinois Secretary of State's Office. For more information, call 309-268-8448 or email [truck.driver@heartland.edu](mailto:truck.driver@heartland.edu).

**Visit [Heartland.edu/Truck](http://Heartland.edu/Truck) for upcoming day and evening class dates in Normal.**

**Employers may partner with Heartland Community College to upskill current employees or hire and train new employees as certified truck drivers and take advantage of state tax credit programs to help offset training costs.**



Promote critical workplace behaviors and ensure incumbent workers are set up to succeed, regardless of industry. Created with insights from over 140 employers and developed with industry professionals, the *Essential Workplace Skills* (EWS) classes provide an intentional and consistent approach to soft-skills training. In addition, each workshop delivers action plans for immediate, on-the-job integration. Open enrollment or customized trainings available.

## Heartland.edu/EWS

- Workshops worth 3 PD hours for K-12 educators.
- 2.75 Professional Development Credits (PDCs) for SHRM (Society for Human Resource Management) members.

### Communicating Effectively

Communication drives workplace engagement. Get more strategic about communication as a professional skill. Tune into your personal communication style and compare it to that of your peers, supervisors, and customers. Learn how to customize your approach and get the best results. Understand how to manage in-person, written, and digital interactions to prevent conflict and promote productivity. Leave with new methods for connecting to others at work and contributing as a high-performing employee.

**Vivian Doctora**

694 Sec. A

Wednesday 9/24, 8:30-11:30AM

\$60

### Thinking Critically at Work

Boost your value at work by being seen as an effective problem-solver. Explore the skills and strategies behind critical thinking — what it is and how to show it. Practice the ability to adopt multiple perspectives, analyze data, and tackle complex issues collaboratively. Explore techniques for evaluating solutions and communicating them to key stakeholders. Walk away with confidence that you know how to generate improvements that benefit yourself, your team, and your organization.

**Julie Finchum**

619 Sec. A

Wednesday 10/22, 8:30-11:30AM

\$60

## Up to half off grant-funded classes!

Take advantage of grant funding that is available until it is depleted to support individuals and employers seeking professional development (PD) opportunities through Continuing Education. Learners must be enrolling in PD courses for either the first time or have not enrolled in our PD classes in three years to take advantage of this offering.



This funding aims to:

- Welcome newcomers to the affordable, high-quality PD we provide.
- Accommodate organizations wanting to invest in PD for multiple employees.
- Enhance skills and knowledge for career advancement.
- Support workforce development in our community.
- Encourage lifelong learning and professional growth.

If eligible, participants can apply for grant funds to cover up to 50% of the cost in the following PD classes, denoted by this icon:



- |  |  |  |
|--|--|--|
| • <i>Essential Workplace Skills</i>                                | • Intro to Excel   | • Boost Your Work Game: Find Your Productivity Style |
| • <i>Fundamental Supervisory Skills</i>                            | • Excel Pivot Tables                                       | • Building Better Work Teams                         |
| • Heartsaver CPR/AED/First Aid and Healthcare Provider BLS CPR/AED | • Manage Your Time   |  |
| • Food Protection Manager Certification                            | • Unlock the Secrets of Hiring & Retaining Great Employees |  |



**Look for this icon on selected classes.**

In return, students must provide requested follow-up data after the completion of the course. To see if you qualify and to receive more information, please contact **Mary Jo Murphy** at (309) 268-8824 or email [maryjo.murphy@heartland.edu](mailto:maryjo.murphy@heartland.edu). Note: This grant cannot be used in conjunction with any other discount offer and is available while funds last.

Effective supervision drives quality results and fosters employee retention. Help your organization realize its potential by giving supervisors the opportunity to better understand and demonstrate the skills critical to individual and team success. In *Fundamental Supervisory Skills*, participants will learn how to balance employee empowerment with engagement and explore tools that promote clear communication. Participants will leave with new strategies for supporting direct reports and ensuring day-to-day efforts yield big-picture impact.

## Heartland.edu/FSS

- 2.75 Professional Development Credits (PDCs) for SHRM (Society for Human Resource Management) members.



### \$ Balancing Authority & Influence

Supervisors are uniquely positioned in the organization. Explore the role of supervisor and better understand where authority begins and ends. Reflect upon and grow your influence in order to empower your direct reports to take personal responsibility for their task completion. Gain new perspectives on coaching, motivation, and accountability. Leave with greater confidence in your supervisory style and become more comfortable in your link between the frontline and management.

**Eric Hoss**

623 Sec. A

Wednesday 9/17, 1-4PM

\$60

### \$ Resolving Difficult Situations

Supervision isn't always easy. Explore approaches to difficult situations, including conflicts with employees and customers. Recognize contributors to poor communication, performance, and service. Learn how to respond appropriately while taking advantage of an opportunity to build employees' skills. Understand when and how to involve management. Walk away with a toolbox for helping the frontline resolve challenges and preserve relationships.

**Carol Burrell**

624 Sec. A

Wednesday 10/29, 8:30-11:30AM

\$60

### \$ Sparking Employee Excellence

Take the guesswork out of employee performance. Learn how to set clear expectations for your employees without micromanaging. Adapt approaches to assigning and delegating work, and being inclusive, to allow employees to take more ownership and show their capability. Build trust in employees' ability to work remotely or with little direct oversight. Draft a personalized action plan to successfully oversee employees and recognize their accomplishments.

**Tony Torres**

634 Sec. A

Tuesday 9/30, 8:30-11:30AM

\$60

### \$ Making Feedback & Evaluation Meaningful

Supervisors' words have a powerful effect in the workplace. Grow more intentional about what you say and how to ensure feedback is linked to action. Reevaluate your approach to new hire and employee evaluations to prevent missing coaching and relationship-building opportunities. Recognize the value of ongoing and transparent communication about employees' strengths, areas for improvement, and roles. Leave with both a mindset and model to consistently reinforce positives and address gaps to overcome.

**Will Gudeman**

635 Sec. A

Wednesday 10/15, 8:30-11:30AM

\$60

### \$ Leading Through Change & Transition

As an organizational go-between, supervisors have to monitor changes at both employee and management levels. Strengthen resilience to change. Understand how to better support your team as new expectations, targets, or realities come its way. Expand on the concept of "growth mindset" so that change is positioned as an opportunity, not a threat. Learn steps to take when introducing and implementing change and know what data to monitor for reporting progress. Leave with greater readiness to lend a steady hand when the work environment is in flux.

**Abby Reel**

636 Sec. A

Thursday 11/6, 8:30-11:30AM

\$60



# Professional Development



## Healthcare Provider BLS CPR/AED

Master life-saving techniques. Learn basic life support, relief of airway obstruction, and signals of an impending heart attack with instruction designed for healthcare professionals. Practice on a manikin and become adept in fundamental CPR skills so you can approach any future emergency situation with confidence. Receive your CPR certification card via email after successful completion of the training. Certification is valid for two years.

**Dawn Wilson**

618 Sec. A

Saturday 10/11, 8:30-11:45AM

**\$55 (includes certification card)**

## Food Protection Manager Certification

Illinois regulations require food establishments to have at least one certified food protection manager (CFPM) on staff. This course uses the National Registry of Food Safety Professionals examination, which is approved by the American National Standards Institute. Learn about basic food safety, personal hygiene, cross-contamination and allergens, time and temperature, and cleaning and sanitation. Certification is required every five years. Please call 309-268-8160 to request an exam in another language.

**U of I Extension instructor**

637 Sec. A

Tuesday 10/7, 9AM-3PM & Wednesday 10/8, 9AM-2PM

**\$139 (includes exam)**

## Real Estate Investing 101

Consider real estate investment as an avenue to earn extra income or pursue a new form of employment. Gain the knowledge you need to become a landlord. Explore the basics of flipping houses and estimating construction costs. Learn how to manage rentals and approach lenders. Leave class with the confidence to find investment opportunities that can lead to greater financial independence.

**Ryan Curtis**

625 Sec. A

Tue/Thu (2 sessions), 9/9-9/11, 6-9PM

**\$85**

## Grant Writing Fundamentals

Critical for the success of many nonprofit and public agencies, winning grant money comes down to the proposal. Cover the basics of grant writing from identifying potential funders to a follow-up course of action. Take away essential information and useful tips on grant proposal content, format, and submission. Learn how to write a compelling need or problem statement, realistic goals and objectives, a clear description of methods, a workable evaluation plan, and an accurate budget. This class is worth 6 PD hours for K-12 educators. **Registration deadline is Sept. 18.** Lunch will be provided.

**Kathy Sawyer**

620 Sec. A

Friday 9/26, 9AM-3PM

**\$115 (includes lunch)**

## Manage Your Time

Stop feeling lost in the constant flow of responsibilities, expectations, and demands at work. Take control of your time now. Focus on results — not just tasks — with an emphasis on time management. Eliminate time wasters, build long-term productive habits, and make the most of every day. Open the door to quicker decision-making, boost your professional productivity, and achieve stronger results.

**Abby Reel**

638 Sec. A

Thursday 10/9, 9-11AM

**\$49**

## Savings on selected classes!

Classes with this icon are eligible for up to half off through grant funding.

*Please see page 14 for details!*



## —ed2go—

### Get Funny!

Use humor to get your point across! Learn to punch up speeches and presentations so that the audience is instantly on your side. Mix laughter with learning in the classroom, and watch your students' attention span grow. Add some humor to your webpage and watch the hits explode as word gets out. Use your newfound sense of humor to entertain your friends, meet interesting people, and even make new friends. Learning should be fun, and this course is no exception. This class can be self-paced with course content available for a 3-month period, or instructor-led with 6 weeks access, based on set start dates. There are 12 lessons with 2 released per week.

\$115 [ed2go.com/hcc](https://ed2go.com/hcc)

### **NEW!** The Basics of Urban Planning

Dive into what it takes to plan, build, and shape cities. Explore concepts of land use, zoning, transportation. Discover how urban planning impacts communities. Learn about simple tools and skills planners use to improve cities.

**Chanina Veal**

740 Sec. A

Tue/Thu (2 sessions), 10/14-10/16, 6-8PM  
\$65

### **\$** Boost Your Work Game: Find Your Productivity Style

Discover your unique productivity style and use it to turbocharge your work routine. Dive into the worlds of the Prioritizer, Planner, Arranger, and Visualizer, and explore fresh ways to plan, prioritize, and get work done. Level up your time management and work communication skills.

**Stephanie Duquenne**

627 Sec. A

Tuesday 11/4, 9-11AM  
\$49



### Public Speaking

Elevate your conversational skills and begin your journey toward becoming a confident, compelling public speaker. Pitch ideas, lead teams, and engage any audience with ease. Practice proven techniques, such as engaging with eye contact and using body language and gestures, sharpen your instincts, and gain real experience to excel in both personal and professional settings. Speak up — own the room!

**Jessa Benson**

782 Sec. A

Tuesday 9/9, 9-11AM  
\$49

### **\$** Unlock the Secrets of Hiring & Retaining Great Employees

Discover the art of cultivating an exceptional work environment where employees thrive. Engage in dynamic discussions led by a seasoned facilitator, and a subject-matter expert who share invaluable insights on attracting, hiring, and retaining top talent. Gain a competitive edge by exploring cutting-edge workforce trends and enhancing your strategies. Walk away with newfound confidence in your ability to discover and retain outstanding individuals who will elevate your organization's success.

**Abby Reel, Will Gudeman**

683 Sec. A

Tuesday 10/21, 9-11AM  
\$59

# Professional Development



## **NEW!** Marketing Foundations

Build strong brands, attract customers, and drive business success — whether you're just starting out or leading an industry. Dive into essential marketing concepts and gain practical skills to set you up for success. Analyze consumer behavior and develop strategies that leave a lasting impact. Explore specialties from branding to marketing technologies, and put your knowledge into action by creating a marketing plan tailored to your business goals.

**Sharvelle Bullock-Hamilton**

628 Sec. A      Thursday (3 sessions), 10/9-10/23, 2:30-4PM  
\$95

## **NEW!** Full Stack Marketing: A Practical Overview

Learn full stack marketing skills — digital marketing, content creation, branding, analytics, project management, collaboration tools, and AI optimization. Build effective campaigns, streamline workflows, and make data-driven decisions. Perfect for small-business owners and new marketers ready to broaden their impact.

**Cassidy Jury**

741 Sec. A      Tue/Thu (2 sessions), 11/4-11/6, 4-6PM  
\$119

## **NEW!** Making Social Media Work for You

Discover the power of social media! Identify your key audiences, choose the right platforms, and create Americans with Disabilities Act-compliant content. Learn about adding photos and videos to enhance your message. Boost your reach and engagement with smart strategies, and stay organized with practical content calendar tips. Start building a stronger online presence today!

**Bre Evans**

779 Sec. A      Wednesday 10/1, 9-11AM  
\$49

## **\$** Building Better Work Teams

Don't leave it to chance: Learn to create work teams that thrive. Articulate your vision and shared purpose to strengthen your teams' connection and collaboration. Leave with a plan for building a solid team that is productive and averse to conflict.

**Stephanie Duquette**

626 Sec. A      Tuesday 9/9, 9-11AM  
\$49

## — ed2go —

## Blockchain Fundamentals

Learn the basics of blockchain and its practical uses in banking, healthcare and government. Beginning with an understanding of blockchain technology and its intended purpose, progress into blockchain architecture. Discover how blockchain evolved from its beginnings with cryptocurrencies and the role it plays in the trading, distribution, and other transactions that occur with cryptocurrency. This class can be self-paced with course content available for a 3-month period, or instructor-led with 6 weeks access, based on set start dates. There are 12 lessons with 2 released per week.

**\$129** [ed2go.com/hcc](https://ed2go.com/hcc)

## Upskill for your job!

Take your tech skills up a notch with a variety of courses. See pages 20-21.





# Online Professional Learning



## **NEW!** Building Community Through Restorative Leadership

Learn the basics of restorative practices — ways to build trust, repair relationships, and create a caring school community. Discover how to connect meaningfully with students, staff, and parents. Practice leading group conversations (called circles), encouraging honest reflection, and creating a positive and supportive environment. Find out how to handle conflicts in a healthy way and help others do the same. Take away real-life tools and strategies to become a thoughtful, effective leader who brings people together and makes a lasting impact.

**Kevin Jones**

739 Sec. A      Tue/Thu (2 sessions), 10/14-10/16, 9-11AM  
\$95

## **NEW!** Childhood Grief: Strategies for Support & Intervention

Join social work educator CJ Hamilton and grief counselor Sarah Hickman to learn more about childhood grief. Explore different types of grief in children, identify developmentally appropriate intervention strategies, and apply treatment modalities to support young clients through loss, trauma, and bereavement. This class is worth 3 CEUs for social workers.

**Christopher Hamilton, Sarah Hickman**

792 Sec. A      Tuesday 10/28, 9AM-12PM  
\$69

## **NEW!** HR Aspects of Good Leadership

Explore key workplace laws and leadership enhancement skills that are needed in today's work environment. Become a supervisor who can solve difficult situations and deal with disruptive employees in a way that yields confidence in the job you are doing. Learn how to use company policies to set employee boundaries and address behaviors that could be threatening. Come away with an understanding of how to employ rules and positive responses to create a supportive worker environment.

**UGotClass instructor**

631 Sec. OA      10/6-10/31, ONLINE  
\$195

## **NEW!** Intro to Game Design

Games are increasingly recognized as a tool that can serve many business purposes beyond entertainment. Discover what goes into the design and development of both video and analog games, with a particular focus on the use of games outside of consumer entertainment. Find out how to take an idea to the design stage and how to work with game developers. Leave class on a journey to understanding game design and how it can be applied in your field.

**UGotClass instructor**

630 Sec. OA      9/2-9/26, ONLINE  
\$245

## **NEW!** Financial Analysis & Planning for Non Financial Managers

With the demands of daily operations, non-financial managers may put financial reports on the shelf. Take a look at some of the most admired companies like Apple, Google, and Berkshire Hathaway. Even with their products, innovation, and culture, they wouldn't be in the limelight without profits. Money matters! Build on your understanding of financial concepts and establish your role in the financial success of your organization. Designed for non-financial managers, business owners, entrepreneurs, and other decision-makers, this advanced course takes the mystery out of money matters. Learn to decipher business reports to help you make smart decisions when it comes to budgeting, setting goals, and assessing performance.

**UGotClass instructor**

629 Sec. OA      11/3-11/28, ONLINE  
\$195

# Technology



## **NEW!** Fun With 3D Printing

Explore the world of 3D printing! Learn how printers work and how to handle common tasks. See real samples, get hands-on tips, and review Tinkercad basics to learn how to start designing your own creations — even without a printer. Discover how fun and practical 3D printing can be. Take home a small 3D printed item as a keepsake.

**Dan Anderson**

736 Sec. A

Thursday 10/16, 6-8PM

**\$29 (plus \$5 supply fee, cash only, paid to instructor)**

## **\$** Intro to Excel

Excel is a powerful tool for organizing your data. Learn valuable tips and techniques useful for both beginners and longtime spreadsheet users. Develop and edit worksheets, utilizing formatting features and fill commands. Program formulas and learn some of the most popular built-in functions. Then practice customizing reports and visually representing data with charts and graphs. This class is worth 9 PDs for K-12 educators. **Registration deadline is Sept. 30.**

**Jennifer Dyehouse**

692 Sec. A

Tue-Thu (3 sessions), 10/14-10/16, 1-4PM

**\$165 (includes textbook)**

## **\$** Excel Pivot Tables

Overloaded with data and need a quick way to analyze it? Pivot tables are the answer! Take advantage of this useful Excel function to extract portions of large, detailed data sets and plot them into a meaningful and concise report. Practice structuring your data, creating and altering pivot tables, adding formats and filters, and working with pivot charts.

**Jennifer Dyehouse**

690 Sec. A

Wednesday 11/12, 1-4PM

**\$49**

## **NEW!** Using ChatGPT with Excel

Discover how to harness artificial intelligence (AI) — specifically ChatGPT — to streamline your work in Excel. Learn prompt engineering, avoid AI pitfalls, and learn how to make Excel more efficient with features like data analysis, formulas, and formatting with AI support. Gain practical skills to boost productivity and make smarter data decisions. Prerequisites: Knowledge of ChatGPT and Microsoft Excel. Please bring your username and password for the free version of ChatGPT.

**Jennifer Dyehouse**

737 Sec. A

Wednesday 11/5, 1-4PM

**\$49**

## Exploring Artificial Intelligence

Explore how artificial intelligence can enhance your business and daily life while weighing its potential risks and rewards. Examine AI's influence on communities and discover strategies for embracing innovation. Rethink the future and harness AI in ways that work for you.

**Sharvelle Bullock-Hamilton**

616 Sec. A

Friday 9/19, 9AM-12PM

**\$49**

## **NEW!** Going Deeper with Artificial Intelligence

Use artificial intelligence as a powerful tool to solve everyday problems and drive meaningful change. Learn to craft effective AI prompts, gain practical understanding of key technologies, and explore how AI shapes fields like healthcare, finance, and business. No technical background needed — just curiosity and a desire to innovate and apply AI in your work and personal needs.

**Sharvelle Bullock-Hamilton**

738 Sec. A

Friday 10/24, 9AM-12PM

**\$49**

## Learn Photoshop

Gain a solid foundation in Adobe Photoshop, one of the most powerful and widely used photo editing programs in the world! Practice digital image manipulation with techniques geared toward both beginner and intermediate-level learners. Get hands-on guidance as you navigate the interface and develop a creative process. Leave equipped to create stunning images on your own. Please create an Adobe account prior to coming to class.

**Holly Johnson**

615 Sec. A

Tue-Thu (3 sessions), 9/23-9/25, 5:30-8PM

**\$129**

## Intro to Google Workspace

Learn to navigate the many features of Google Workspace such as Calendar, Slides, Sheets, and much more! Develop the skills necessary to make your workflows more efficient and your presentations stand out. Leave ready to handle the ins and outs of Google Workspace with ease! Please bring Google username and password, as well as your cellphone, for an activity.

**Sharvelle Bullock-Hamilton**

617 Sec. A      Wednesday (3 sessions), 9/24-10/8, 5:30-7:30PM  
\$59

## Computer Literacy 101: Unlock The Power

Discover the basics of computer use, including terminology, desktop navigation, and the distinction between applications, files, and folders. Learn how to save files and perform internet searches. Create a small computer-based project, such as building a resume, a PowerPoint, or internet research on a topic of choice. Leave with the confidence to use computers regularly!

**Tammi Lapinski**

693 Sec. A      Tue/Thu (2 sessions), 9/16-9/18, 4:30-6:30PM  
\$39

## Use Your Mac Like a Pro!

Learn how to navigate a Mac computer like a pro! Practice using the Mac mouse to navigate the desktop and menu bar in a hands-on environment. Find the secrets to managing files and folders and using the calendar application. Then explore the functions of the camera app so you can take pictures like a pro! This course will be held in a Mac lab and applies to both desktop and laptop Mac versions.

**Jennifer Keith**

639 Sec. A      Thursday 10/9, 1-3PM  
\$35

## **NEW!** Basics of Adobe Illustrator

Gain a solid foundation in Adobe Illustrator, the industry-standard vector graphics software. Learn to navigate the interface, covering techniques like paths, shapes, color palettes, and exploring final designs. Use tools including the pen, selection, and shape builder. Apply best practices for creating artwork, such as logos, icons, posters, and vector illustrations. Please create an Adobe account prior to coming to class.

**Holly Johnson**

633 Sec. A      Tue-Thu (3 sessions), 11/4-11/6, 5:30-8PM  
\$129

## Cybersecurity & Natural Disaster Survival for Businesses

Is your business resilient enough to survive cyberattacks or natural disasters in today's unpredictable world? Join John Chow, director of Network and System Administration at Heartland Community College, to learn how to develop and implement robust strategies to withstand cyberattacks, ransomware, data breaches, as well as natural disasters. The course emphasizes risk assessment, preventive techniques, business continuity planning (BCP), disaster recovery (DR), and incident response from both a digital and physical perspective.

**John Chow**

691 Sec. A      Mon/Wed (4 sessions), 10/13-10/22, 5:30-8:30PM  
\$169

## **NEW!** Digital Photography for Beginners

Unlock the power of your camera and capture stunning images through hands-on beginner photography practice. Learn the fundamentals — camera settings, composition, lighting, and basic photo editing. Use your DSLR or mirrorless camera to take full creative control. Finish ready to shoot confidently in manual mode and create beautiful, well-composed photos. Equipment required: Digital camera, lens, memory card, fully charged battery, USB transfer cable/card reader, and a flash drive.

**Kent Simpson**

769 Sec. A      Tue-Thu (3 sessions), 11/4-11/6, 5:30-8:30PM  
\$129



Engage your business brain in Professional Development classes. See pages 14-19 for our PD offerings.



# Health, Wellness & Recreation



## Menopause Mastery: Thriving Through Transition

Step into a comprehensive and empowering workshop designed to help you navigate the journey of menopause with confidence. Led by a team of experts in menopause management, nutrition, fitness, and medical treatments, this workshop provides you with knowledge and tools to master this phase of life. Start your morning with registration and a warm welcome, enjoy lunch provided, and leave with a clear understanding of how to manage menopause effectively. **Registration deadline is Nov. 5.** Sorry, no refunds after this date.

697 Sec. A

Saturday 11/15, 9AM-2:30PM

\$65

### Schedule:

9-9:30AM	<b>Registration &amp; light refreshments</b>
9:30-9:35AM	<b>Welcome &amp; opening remarks</b>
9:35-10AM	<b>Understanding Menopause: The What, When, and Why</b> Define menopause and its stages, identify when changes typically occur, and recognize common symptoms.
10-10:30AM	<b>Hormones &amp; Treatment Options: From HRT to Holistic</b> Compare hormone replacement therapy options, weigh risks and benefits, and explore non-hormonal treatments.
10:30-10:45AM	<b>Morning break</b>
10:45-11:15AM	<b>Mental Health &amp; Menopause: Finding Emotional Balance</b> Identify emotional changes during menopause, understand the impact on mental health, and learn strategies to support emotional well-being.
11:15-11:45AM	<b>Menopause and Your Skin</b> Discover skin changes related to menopause, including dryness, sensitivity, and pigmentation. Learn how to care for aging skin and when to seek professional guidance.
11:45AM-12:30PM	<b>Lunch break &amp; networking</b>
12:30-1PM	<b>Fueling Wellness: Nutrition &amp; Weight Management</b> Discuss how to manage metabolism changes, support bone health, and choose supplements wisely.
1-1:15PM	<b>Afternoon break</b>
1:15-1:45PM	<b>Move Through Menopause: Exercise for Strength &amp; Balance/Pelvic Floor Health</b> Learn how to practice safe, effective movement for midlife bodies and strengthen the pelvic floor to support long-term wellness.
1:45-2:15PM	<b>Let's Talk About It, facilitator-led discussion and audience Q&amp;A</b> Ask questions, share experiences, and join an open conversation guided by the facilitator.
2:15-2:30PM	<b>Closing, thank-yous, &amp; final thoughts</b>

Join us for a day of education, empowerment, and support for every stage of the menopause journey. Whether you're experiencing hot flashes, navigating mood changes, or just want to learn what's ahead, this event is for you.

## **\$ Heartsaver CPR/AED/First Aid**

Gain an understanding of basic CPR and first-aid skills. Learn cardiopulmonary resuscitation (CPR), how to provide breaths with a barrier device, how to relieve an airway obstruction, and how to use an AED (automated external defibrillator). A CPR/AED/First Aid certification card will be emailed after successful completion of the hands-on first aid skills and manikin practice. Certification is valid for two years. Certification is approved by DCFS for day care providers. This class is not intended for healthcare professionals.

**Dawn Wilson**

621 Sec. A Saturday 9/27, 8:30-11:45AM

622 Sec. B Saturday 11/15, 8:30-11:45AM

**\$65 (includes textbook and certification card)**



## **The Power of Happy Thoughts**

You have a say over how you feel. Take steps toward living a joyous, meaningful, and fulfilled life. Gain insight on how to raise your happiness quotient by understanding the three laws of the mind. Practice applying these laws personally to push through mental blocks and transcend self-limiting, degrading, and negative thoughts. A serene meditation session will be included.

**Ashlesha Raut**

698 Sec. A Monday 11/3, 5-8PM

**\$29**

## **NEW! Mastering the Art of Relaxation**

Discover the secret to deep relaxation and self-healing: interoception — the ability to sense and understand your body's internal signals. Learn how tuning into these cues encourages your body to do what it's designed to do — relax, replenish, and heal. Practice three simple daily routines that combine breathwork, stretching, somatic movement, and mindfulness. Leave with practical skills to support relaxation and well-being every day.

**Kendra Stewart**

763 Sec. A Wednesday (3 sessions), 10/1-10/15, 6-7:30PM

**\$45**

## **Solid Core & Tummy Toning**

Prioritizing a strong core can keep you fit for life. So squeeze those abs and add to your exercise routine as you work on personal fitness goals. Leave class knowing how to implement exercises that target your core and abdomen and how to reap the maximum benefit for your body type.

**Michelle Masi**

709 Sec. A Wednesday (5 sessions), 9/17-10/15, 6-7PM

**\$49**

## **Yoga I**

Leave stress behind and re-energize your body and mind. Work on basic postures, proper breathing, mindfulness, and deep relaxation. Learn to move safely within your personal ability to increase strength, flexibility, and balance. Prior yoga experience is not necessary. Please bring a yoga mat and water bottle.

**Nancy Norkiewicz**

678 Sec. A

Tuesday (10 sessions), 10/14-12/16, 6-7PM

**\$129**

## **Gentle Yoga**

Learn deep relaxation and self-reflection in this introductory yoga class. Focus on stretching, breath and movement coordination, alignment awareness, and gentle, slow-motion movement. Ideal for those with joint sensitivity, stiffness, stress, or physical limitations. Please wear comfortable clothing and bring a yoga mat and water bottle. Participants should be able to transition up and down from the floor.

**Sheila Lazier**

708 Sec. A

Wednesday (6 sessions, does not meet 11/26), 10/29-12/10, 10-11AM

**\$69**

## **8 Dimensions of Wellness**

A yearly doctor's visit and daily walks are vital for your well-being, but there's more you can do! Learn how to build small habits every day to improve your health and boost your mood. Then dive into the 8 dimensions of wellness and understand how they are connected. Leave with tangible steps to improve your quality of life.

**Leah Sanders**

699 Sec. A

Monday 10/27, 6-8PM

**\$19**

# Health, Wellness & Recreation



## **NEW!** Mind-Body Balance: Simple Tools for Everyday Life

Everything around us — including our bodies, thoughts, and emotions — affects how we feel day to day. Learn how to better understand and manage your energy using simple tools like breathing exercises and calming visualizations. Start to recognize patterns in how you react and feel, and learn ways to feel more balanced and in control. Afterward, enjoy a 45-minute yoga session to help you feel grounded and reconnected with your body. Leave with easy habits to boost your well-being from the inside out.

**Amy Haney**

795 Sec. A

Thursday (2 sessions), 12/4-12/11, 6-7:30PM  
\$35

## Boost Your Mood With Essential Oils

Discover a natural and effective way to boost your mood and improve emotional well-being through your sense of smell with essential oils. Learn how these dynamic aromatic compounds access the brain's emotional center, offering targeted support for stress relief, confidence, motivation, and kindling feelings of love and passion. Create a personalized roller blend by mixing plant-based oils to produce unique fragrances.

**Shari Weitekamp**

703 Sec. A

Tuesday 9/16, 6-8PM  
\$25 (plus \$10 supply fee, cash only, paid to instructor)



## Early Bird Discount

Take advantage of our Early Bird Discount of 10% off selected classes if you register by Tuesday, Sept. 2.

## Kickboxing & Resistance Training with Bands

Engage in upper and lower body resistance training and get an introduction to cardio kickboxing. Incorporate long, figure 8, and circle bands in your resistance training. In kickboxing, learn to correctly throw various punches and kicks in a safe, non-combat environment. This class is designed for all levels of athletic ability. Leave ready to continue your fitness journey with these energizing avenues.

**Farrell's eXtreme Body Shaping instructor**

710 Sec. A

Saturday (3 sessions), 11/8-11/22, 10-11AM

Off campus, Farrell's eXtreme Body Shaping, Bloomington  
\$49

## Keeping Score With Baseball 101

Learn to write in the language of baseball and score a game the old-fashioned way — with paper and pencil. Discover the numbers and symbols used in scoring, and translate the action on the field into a one-page, easy-to-understand scorecard. Whether you're at a Little League or Major League game, build the confidence to score accurately and preserve every game as a lasting keepsake.

**John Lock**

713 Sec. A

Thursday 9/11, 6-8PM  
\$19

## Moving Free With the Alexander Technique

Optimize your health with the Alexander technique, a holistic method for restoring your body's natural movement and posture. Learn to incorporate healthy habits into your daily routine to gain better body awareness. Leave with a plan to restore relaxation and harmony in your life.

**Wes Howard**

700 Sec. A

Monday (3 sessions), 9/22-10/6, 6-7:30PM  
\$49



**NEW!** **Intro to Social Dances**

Looking for a fresh date night idea or getting ready for a wedding, reunion, or social event? This fun and welcoming dance class introduces partner styles like swing, rumba, tango, slow dance, two-step, and more for all kinds of music and occasions. Learn to connect, lead and follow, and move confidently together, whether you're new to dance or building on the basics. Participants are encouraged to enroll with a dance partner. Price is per person.

**Cathy Hempstead**

768 Sec. A      Thursday 12/4, 6-8PM  
\$35 (per person)



**Pickleball for Beginners**

Learn to play the fastest growing sport in America — pickleball! With the versatility to be a relaxing social pastime or competitive in nature, it is the ultimate lifetime sport. Build a great foundation for your pickleball journey with an introduction to the fundamental rules and techniques of the game. If you are a complete beginner or looking for a refresher, this is the course for you! No partner needed to register. All equipment provided.

**Evergreen Racquet Club instructor**

797 Sec. A      Saturday (3 sessions), 10/4-10/18, 11AM-12:30PM  
Off campus, Evergreen Racquet Club, Bloomington  
\$109

**NEW!** **Rumba Basics**

Glide across the floor with the romantic, expressive style of rumba — the classic Latin slow dance. Danced in 4/4 time to smooth, sentimental ballads, rumba emphasizes body control, steady timing, and a strong lead-follow connection. Learn foundational steps, hip motion, and graceful movement perfect for weddings, reunions, and other social occasions. Participants are encouraged to enroll with a dance partner. Price is per person.

**Cathy Hempstead**

777 Sec. A      Thursday (5 sessions), 10/23-11/20, 5:30-6:45PM  
Off campus, Dance Partners Studio, Bloomington  
\$79 (per person)

**NEW!** **Intermediate Waltz**

Take your social dancing up a notch with this follow-up to Waltz Basics. Learn new turns, transitions, and combinations that add variety and polish to your steps. Strengthen your technique, build confidence, and enjoy dancing the elegant waltz at weddings, parties, and other social events. Participants are encouraged to enroll with a dance partner. Price is per person. Prerequisite: proficiency in 10-12 basic waltz moves.

**Cathy Hempstead**

778 Sec. A      Wednesday (5 sessions), 9/17-10/15, 5:30-6:45PM  
Off campus, Dance Partners Studio, Bloomington  
\$79 (per person)

**NEW!** **Polynesian Dance**

Celebrate the vibrant culture of the Polynesian islands through dance! Learn beautiful movements, explore the stories behind them, and build strength and confidence in a fun and welcoming environment. All levels are welcome — no experience needed. Connect with a dynamic community and deepen your appreciation for Polynesian traditions.

**Jhonnette Palumbo**

796 Sec. A      Wednesday (5 sessions), 10/1-10/29, 7-8PM  
Off campus, Kamokunani Hula Halau, Bloomington  
\$49

**Fitness & Recreation Center Community Access**

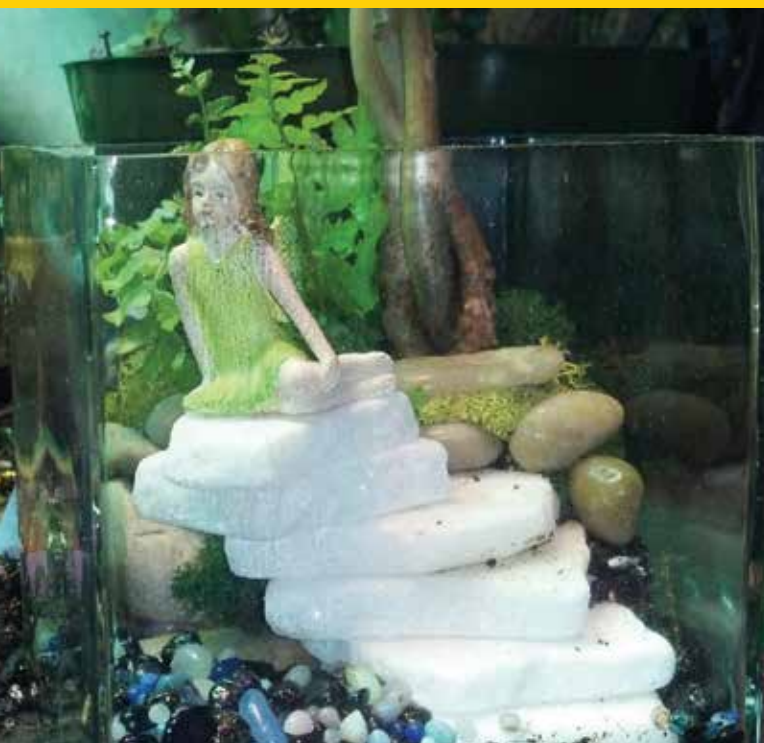
Experience the ample health and wellness opportunities of Heartland's Fitness and Recreation Center. Enrollment in this program provides everything you need to improve your fitness level including treadmills, ellipticals, weights, and weight machines. Gain access to the walking track, dance studio, and locker room. Towel service is included. Ages 16 and up only.

712 Sec. A

Mon-Sat (Closed on Sundays and 9/12, 9/13, 10/10, 10/11 and 11/26-11/29), 9/2-12/23,  
Mon-Fri 6AM-8PM;  
Saturdays 8AM-4PM  
\$99



# Home, Garden & Pets



## **NEW!** Magical Mini Fairy Garden

Think out of the box and enter the fairy realm in this hands-on class! Create realistic streams and lakes, and make rock formations look like they have been there for thousands of years. Use moss, stones, soil, and a sprinkle of imagination to design your own enchanted garden — complete with a tiny fairy to call it home. Whether you're young or simply young at heart, this whimsical workshop invites you to craft a magical keepsake that brings nature and fantasy together. All materials provided — just bring your creativity and a touch of fairy dust!

**Dan Anderson**

750 Sec. A

Tuesday 11/18, 6-8PM

**\$29 (plus \$30 supply fee, cash only, paid to instructor)**

## Wintering Tropical Plants

Tropical plants have a dramatic effect on landscaping but purchasing new ones every spring can be expensive! Take the advice of a veteran plant whisperer who has 150-200 tropical plants to winter each year. Gain the know-how to keep those plants alive (or dormant) over the cold spell so that you enjoy them for years to come. Leave with three main methods to keep the greenery growing and discover varieties to add to your collection!

**Dan Anderson**

723 Sec. A

Tuesday 10/21, 6:30-8PM

**\$25**

## **NEW!** Living Christmas Ornament

Discover the magic of the season in this unique hands-on class, where students will craft a living Christmas ornament unlike any other. Tucked inside a delicate terrarium, a real succulent brings life to a whimsical winter scene. Easy to care for and endlessly charming, this one-of-a-kind creation will brighten your holidays — and your home — long after the tree comes down.

**Kathryn Mundell-Bligh**

755 Sec. A

Monday 12/8, 6-7:30PM

**\$25 (plus \$15 supply fee, cash only, paid to instructor)**

## Kokedama: The Art of Japanese Moss Plant Ball

Dive into the art of Kokedama and craft your own unique Japanese moss plant balls. Learn how to choose the right plants, shape the soil, and wrap it all up in lush green moss. Walk away with a beautiful Kokedama to take home. Please bring your gardening gloves.

**Kathryn Mundell-Bligh**

730 Sec. A

Monday 9/15, 6-7:30PM

**\$25 (plus \$20 supply fee, cash only, paid to instructor)**

## **NEW!** Birding by Ear

Tune in to the sounds of nature! In the first session, learn how to identify birds by their songs, calls, and other vocalizations common to Central Illinois. Discuss how seasonal changes, habitat, and behavior affect when and where birds vocalize. Then join us in the field at Ewing Park II for a guided listening walk. Leave with audio identification tools and a plan to keep building your birding-by-ear skills.

**Miranda Hamilton**

766 Sec. A

Saturday (2 sessions), 9/13-9/20, 8:30-10AM

HCC and off campus, Ewing Park II, Bloomington

**\$29**

## **NEW!** Rooted in Knowledge: Tree Basics with an Arborist

Discover the basics of tree care, including checking health of your trees, pruning, planting, removal, and treatment. Learn from a certified arborist all the benefits we derive from trees: food, oxygen, shelter, warmth, and flood relief. Find out the best trees to plant for shade, beauty, and landscaping and which trees to avoid. Leave class ready to assess troublesome tree concerns, do basic care, and the knowledge to call in the experts when necessary.

**Seth Sample**

756 Sec. A

Thursday 10/16, 6-9PM

**\$29**

## Beginning Woodcarving

Discover the art of woodcarving with our unique introduction to woodcarving class! Start by mastering beginner techniques on sweet potatoes, an easy and approachable medium. This hands-on course will guide you in transforming a humble sweet potato into a lasting masterpiece, providing the perfect foundation to advance to woodcarving. Take the first step in your woodcarving journey! Please bring a paring knife.

### Randy Moss

704 Sec. A      Tuesday 10/7, 6-8:30PM  
\$25 (plus \$10 supply fee, cash only, paid to instructor)

## Woodcarving II

Turn a piece of wood into a collectible fish, mouse, dog, or object from your endless imagination when you advance your skills with Woodcarving II! Learn from a master woodworker with 45+ years of experience while exploring different types of wood and essential tools. Practice safe carving techniques as you cut, shape, and add intricate details. By the end, you'll have a beautifully finished piece, ready to display or gift. Participants will receive a supply list before the start of class.

### Randy Moss

705 Sec. A      Tuesday (4 sessions), 10/21-11/11, 6-8PM  
\$99 (plus supplies & \$20 supply fee, cash only, paid to instructor)

## Speak the Language of Succulents

Discover the secrets of keeping succulents not just alive, but thriving! Learn the language of these gorgeous plants and they'll tell you when to water. Find details on the correct watering, lighting, fertilizing, and even how to prepare them to increase your collection. Repot and leave class with a succulent of your choice to star in your favorite spot at home.

### Dan Anderson

725 Sec. A      Tuesday 9/30, 6-8PM  
\$29 (plus \$15 supply fee, cash only, paid to instructor)

## Learn to Weld

Discover the extensive world of welding in this introductory class made for both personal and professional purposes. Become familiar with the basics of stick (SMAW), MIG (wire), and oxy-acetylene gas welding methods, along with safe operating practices. Apply what you learn in class during hands-on lab time. The instructor will provide materials, but you are also invited to bring projects from home. Participants will receive a supply list before the start of class.

### Aaron Metcalf

711 Sec. A      Saturday (5 sessions), 9/27-10/25, 9AM-12PM  
\$245 (plus supplies)



## Basic Home Maintenance

Learn home repair and maintenance tips from a 30-year veteran of the business. Talk about your furnace, the right filters to use and when to change them to keep your home's heating and cooling systems running smoothly. Manage the crud that accumulates in gutters by learning how to clear drains and keep them clean. Find out how to check doors and install deadbolts and door handles. Leave confident that you can tackle small repair problems in your biggest investment — your home!

### Josh Houtzel

728 Sec. A      Tuesday 11/4, 6-8PM  
Off campus, Mid Central Community Action, Bloomington  
\$29



# Home, Garden & Pets



## **NEW!** 📍 Flooring 101: DIY Laminate Vinyl Plank Installation

Ready to tackle your own flooring project? Join this hands-on class and learn how to install laminate vinyl plank (LVP) flooring with confidence! Cover everything from measuring and selecting underlayment to aligning and installing planks correctly. Discuss baseboard trim, removing old flooring, and other flooring types. Take on your home project with the knowledge to transform your space! All tools provided — knee pads available.

**John McKee**

753 Sec. A

Wednesday 9/17, 5:30-8:30PM

Off campus, Mid Central Community Action, Bloomington

\$85

## 📍 Wall Repairs 101

Find the easy-to-follow solutions for those troublesome wall repairs from a master carpenter. Learn how to patch holes, big and small; and what kind of paint and how to paint to make your walls stand out. Discover the secrets of hanging items of any size without fear of them crashing to the floor. Soon you'll be able to tackle minor repair issues and beautify the space you call home.

**Josh Houtzel**

734 Sec. A

Tuesday 9/9, 6-8PM

Off campus, Mid Central Community Action, Bloomington

\$35 (plus \$20 supply fee, cash only, paid to instructor)

## 📍 Paint Your Space Like a Pro

Explore the techniques and tools needed to pull off a professional-looking paint job. From sheens and primer to masking and prep, practice the tricks of the trade. Leave equipped to refresh your space and wow your friends.

**Josh Houtzel**

735 Sec. A

Tuesday 10/7, 6-8PM

Off campus, Mid Central Community Action, Bloomington

\$29 (plus \$20 supply fee, cash only, paid to instructor)

## Conquer Your Clutter & Get Organized

Discover a great method to keep clutter at bay in any area of your home! Learn from an expert organizer and her method of choosing an area, sorting like items, ridding yourself of duplicates and unwanted items, and assigning a place for everything. Then relax, letting the stress melt away as you have accomplished your goal of a mess-free zone!

**Crystal Larkin**

729 Sec. A

Thursday 10/9, 6-7:30PM

\$25



## **NEW!** **Wine Lover's Guide to Holiday Menus**

This festive fall class flips the script, starting with wine and building the perfect holiday menu! Explore ideal food pairings for every course to complement sparkling aperitifs to dessert wines and port. Along the way, learn why some wines work beautifully with certain dishes, and others don't. Hosted in Le Marchand De Vin's cheerfully decorated Sampling Tavern, it's the perfect way to sip, savor, and get inspired for the season's celebrations. Must be 21 to sign up.

**Ash Boeyen**

774 Sec. A

Sunday 11/9, 4-6PM

Off campus, Le Marchand De Vin, Bloomington

\$85

## **Wine Appreciation 101**

Journey through the history of wine, from its ancient origins to the iconic vineyards of Bordeaux, Tuscany, and beyond. Explore grape varieties, wine styles, and how terroir shapes flavor. Learn to identify what you love, make confident selections, and master food pairings. Plus, dive into winemaking, aging, and the secrets of port and sherry. Elevate your wine knowledge and sip with confidence! Must be 21 to sign up.

**Ash Boeyen**

715 Sec. A

Sunday 9/14, 4-6PM

Off campus, Le Marchand De Vin, Bloomington

\$65

## **Perfect Pie Crusts**

The best pies start with a flaky, buttery crust, which is easier than you think. In this hands-on class you'll receive step-by-step instruction on making a crust from scratch. Return home with recipes and a delicious pie! Please bring your own pie pan and apron.

**Erin Ensenberger**

680 Sec. A

Monday 11/17, 6-8:30PM

\$49

## **Sourdough Breads**

Wild yeasts and bacteria? Bring it on. In this class, explore the world of sourdough. Begin with the perfect starter, which you'll learn to mix and care for in order to make your own bread. Discover sourdough's versatility as you make yummy pancakes in class and crown them with your favorite toppings. Take home your own starter and some tasty recipes to add your own special touch. Please bring a container with a secure lid.

**Heidi Murray**

719 Sec. A

Monday 9/22, 5:30-8:30PM

\$49

## **French Macarons 101: A Sweet Artistry Workshop**

Get ready for a fun, hands-on experience where you'll learn to make delicious French macarons from scratch! Create beautifully delicate, gluten-free macarons filled with rich, creamy buttercream in flavors like vanilla, chocolate, and strawberry. By the end, you'll take home half a dozen of your own creations perfect to share or keep all to yourself! Join the macaron-making magic! Bring a container to take your treats home.

**Erin Ensenberger**

731 Sec. A

Thursday 9/18, 6-8:30PM

\$55

## **NEW!** **German Apfelkuchen (Apple Cake)**

Learn how to make apfelkuchen, a traditional German apple cake with fresh apples baked into a buttery dough. Use a cherished family recipe to create this simple and delicious dessert that lends itself to a variety of toppings, such as streusel or spiced whipped cream. Leave class with the recipe, some helpful tips, and a tasty cake courtesy of our expert baking instructor. Students should bring an apron, and a container or box to take home a 6-inch cake.

**Diana Holderby**

749 Sec. A

Monday 11/10, 6-8:30PM

\$59

# In the Kitchen



## Decorate Cupcakes Like a Pro: Thanksgiving Edition

Turn plain cupcakes into sweet little showstoppers for your Thanksgiving feast! In this fun, hands-on class, you'll learn how to decorate cupcakes with festive fall flair — think pumpkins, turkeys, and maybe even a slice of pie (in frosting form, of course). Cover simple piping tricks that make your treats look impressive. Bring a container so you can take your tasty creations home — if they make it that far without being gobbled up!

**Corey Meredith**

716 Sec. A

Thursday 11/20, 6-8PM

\$45

## Focaccia 101: Mastering the Art of Italian Flatbread

Get ready to roll up your sleeves and dive into the art of focaccia! In this hands-on class, you'll master every step — from kneading the dough to perfecting the fermentation process. Discover the secrets to creating light, airy, and flavorful Italian flatbread. Whether you're a beginner or a seasoned baker, you'll leave with the confidence to bake your own delicious focaccia at home!

**Erin Ensenberger**

681 Sec. A

Thursday 12/4, 6-8PM

\$55

## From Dough to Delight: Mastering Croissants & Pain au Chocolat

Get ready for an unforgettable hands-on croissant-making experience! Master the art of laminating and shaping dough, creating buttery, flaky croissants that will wow everyone. Bake your own delicious treats and take home three classic croissants and three irresistible chocolate croissants. Don't forget to bring an apron to keep everything tidy, and we'll provide a bag for your goodies.

**Erin Ensenberger**

682 Sec. A

Thursday 10/16, 6-8:30PM

\$49

## Meet Our Instructors:



**Cat Bomya**

**Bio:** Cat has been an instructor at Heartland Community College for over two years, where she combines her love of teaching with her passion for making things, especially if they're sweet. After baking her very first cookie in 2021, she fell head-first into the world of sugar, icing, and butter. She believes learning works best when it's hands-on, joy-filled, and maybe a little messy. Whether she's leading a class, planting something green, or belting out country music in the kitchen, Cat is all about building community, trying new things, and having a good time along the way. Outside the classroom, she loves organizing backyard gatherings, spending time with her family, playing board games, and snuggling up with a good book.

**What she teaches:** Cat has taught a multitude of kids and adults classes including *Cookie Decorating 101*; *Decorate Cupcakes like a Pro*; *A Christmas Cookie Extravaganza*; *Springtime Cookie Decorating*; *Halloween Cookie Decorating*; *Scrumptious Summer Cookies*; *Bronuts: Indulge in Brownie Doughnuts*; *Wonderful Watercolor Cookies*; *Make Your Own Ice Cream & Butter*; *Chocolaty Brownie Doughnuts*; and more.

This fall, she is teaching *A Christmas Cookie Extravaganza*, *Beautiful Buttercream*, and *Decorate Cookies Like a Pro: Halloween Edition*. See page 31 for details.

**Quote:** "If your cookies turn out ugly, you can always eat the evidence. Your secret is safe with me!"





## Gluten-Free Cinnamon Rolls

Embark on a new hands-on culinary challenge with gluten-free cinnamon rolls. After a rolling demonstration, learn how to make warm, delicious rolls with a cinnamon and brown sugar blend. Take your unbaked treats, plus complimentary cream cheese frosting, home to bake, and watch them become the fan favorite at your next get-together. Participants will receive a supply list before the start of class.

**Drue Van Meter**

721 Sec. A      Tuesday 9/23, 6-8PM  
\$49 (plus supplies)

## Scone Making 101

Whether sweet or savory, frosted or cheesy, scones are a delicious treat any time of day. Make your own tasty homemade scones, the perfect complement to morning coffee, afternoon tea, or your favorite break-time beverage. Collect recipes and helpful tips from our expert baker and leave class with two flavors of mouthwatering scones — a savory garlic cheddar and sweet cinnamon spice. Students should bring an apron and a container or 6-inch box to take home your scones.

**Diana Holderby**

718 Sec. A      Thursday 10/9, 6-8PM  
\$49

## A Christmas Cookie Extravaganza

We'll let you in on a little secret: Santa has workshop space reserved specifically for cookie decorating, and you're invited to join! Learn simple and fun techniques for decorating adorable holiday-themed sugar cookies such as snowmen, lights, trees, and ornaments, all without the hassle and expense of special equipment. Find out just how easy it is to embellish these festive treats, then take home the recipes, along with a handful of sweets to share (or eat on the way home)! Bring a container to take your treats home.

**Cat Bomya**

717 Sec. A      Thursday 12/11, 6-8PM  
\$45



## Beautiful Buttercream

Join us for a festive, hands-on class where you'll learn to make American buttercream from scratch and master piping techniques. Create a stunning holiday buttercream display on your favorite board or platter, filled with delicious desserts and snacks like pretzels, vanilla wafers, fresh fruit, graham crackers, brownie bites, cake bites, and more. Perfect for all skill levels, this class will leave you with a beautiful, edible centerpiece for your celebrations! Students should bring a mixing bowl and electric hand mixer. Boards will be provided. Bring a container to take your treats home.

**Cat Bomya**

726 Sec. A      Thursday 11/13, 6-8PM  
\$45

## Decorate Cookies Like a Pro: Halloween Edition

Join us for a frightfully fun cookie decorating class perfect for the Halloween season! Transform plain pre-baked cookies into spooky masterpieces using vibrant icing and festive toppings. Whether you're a beginner or have some decorating tricks up your sleeve, you'll leave with boo-tiful treats and pro tips to make your cookies look hauntingly good. Bring a container to take your treats home.

**Cat Bomya**

722 Sec. A      Tuesday 10/28, 6-8PM  
\$45

## **NEW!** Petite Cheesecake Delights

Take the cheesecake challenge with this introductory mini cheesecake class! Learn how to make a graham cracker crust and a yummy cheesecake filling and discuss tips and tricks for baking the best cheesecakes. Leave with mini cheesecakes baked in a cupcake pan! Students should bring a six-cupcake tin and an airtight container to take your cheesecakes home.

**Megan Mercado**

752 Sec. A      Thursday 9/25, 6-8PM  
\$49

# In the Kitchen



## Holiday Charcuterie Board

Pull together the ultimate holiday charcuterie board! In this hands-on class, learn to make meat rosettes and fancy shaped veggies to add pizzazz to the display. Then discover the secrets to arranging a stunning spread of meats, cheeses, fruits, nuts, and more, sure to impress and satisfy your guests. Please bring a small board or platter to class and container to take your treats home!

**Vivian Doctora**

727 Sec. A

Wednesday 11/12, 6-7:30PM

\$45

## **NEW!** Appetizers to Impress: Holiday Edition

Celebrate the season with a hands-on holiday appetizer class. Learn to make three crowd-pleasing bites: warm, cheesy garlic puffs; creamy homemade hummus with festive toppings; and sweet-and-savory cranberry feta bites in crisp phyllo cups. Come ready to cook, taste, and bring home some festive cheer.

**Anuja Deshpande**

770 Sec. A

Tuesday 12/2, 6-8:30

\$55

## **NEW!** Flavorful Butternut Squash Soup & Fall Favorites Tips

Savor the flavors of fall with healthy vegetables soups. Learn about local products that will enhance a cozy comfort food dish that is suitable for any palate and those with various food allergens. You will prepare a fresh Butternut Squash soup from scratch!

**Rachel Troyer**

748 Sec. A

Monday 10/13, 6-8PM

\$49



## **NEW!** Herb is the Word

Dig into the world of herbs! Cover everything from growing and using to preserving your favorite herbs. While parsley, sage, rosemary, and thyme get the spotlight in a Simon & Garfunkel song, there's a whole symphony of herbs to explore. Find out dishes that are enhanced by herbs and taste test a feast for the senses.

**Kathryn Mundell-Bligh**

771 Sec. A

Monday 9/8, 6-7:30PM

\$45

## The Secrets of Spices

The difference between something basic and spectacular is a dash of the unexpected. This crash course on spices will help you add global flair to any dish! Discover the diversity of spices and the effects they have on our palates and health. Master spice measurements and learn to balance fragrances as you explore each taste. Leave with an advanced understanding of spices that will add layers of flavor to any and all future meals.

**Anuja Deshpande**

720 Sec. A

Tuesday 10/7, 6-8:30PM

\$55

## **NEW!** Moroccan Tagine

Ready to broaden your palate with flavors from around the world? Join us for a demonstration-style class and enjoy a full cultural experience while learning how to prepare traditional Moroccan Roasted Chicken with Preserved Lemons and Olives. Dive into the rich history of this iconic North African dish and explore ways to bring its bold, vibrant flavors to your everyday meals at home.

**Rachel Troyer**

751 Sec. A

Wednesday 12/10, 6-8PM

Off campus, St. John's Lutheran Church, Bloomington  
\$49

## South Indian Breakfast: Idlis, Uttappa, Sambar & Chutney

Discover the flavors of idli and uttappa, delicious popular breakfast items from Southern India in this demo class. Strike the right balance between carbohydrates and proteins in these powerhouse foods: idli, a combination of split black lentils and rice; and uttappa, a savory thick pancake. Pair these dishes with Sambar lentil soup and a flavorful chutney. Taste these delicious foods and be ready to add them to your cooking rotation.

**Anuja Deshpande**

724 Sec. A      Tuesday 9/16, 6-8:30PM  
\$55

## Parathas: Indian Flatbreads

Savor the diverse flavors of Indian flatbreads, each offering a unique filling, from spicy potatoes to nutritious green leaves like spinach or fenugreek, in this demo-style class. Aloo Paratha, filled with spicy potatoes, is a beloved favorite. Try these flatbreads as a healthy and convenient make-ahead lunch option. Explore inventive ways to incorporate vegetables into the flatbreads, making them an enjoyable choice for kids.

**Anuja Deshpande**

732 Sec. A      Tuesday 10/14, 6-8:30PM  
\$55

—ed2go—

## Luscious, Low-Fat, Lightning Quick Meal

Create delicious and nutritious lower-fat meals without sacrificing flavor! Learn how to prepare casseroles, slow cooker dishes, vegan dishes, oven-fried foods, meat-based meals, and many other entrees that are both nutritious and delicious. Leave with more than 50 new, low-fat recipes to try at home. This class can be self-paced with course content available for a 3-month period, or instructor-led with 6 weeks access, based on set start dates. There are 12 lessons with 2 released per week.

\$125 [ed2go.com/hcc](http://ed2go.com/hcc)



### NEW! Knife Skills

Sharpen your knife skills, whether you're a beginner or someone looking to enhance your culinary cred. This hands-on class covers how to safely hold and use a knife, plus practice basic cuts like chopping, dicing, mincing, and slicing. Learn the difference between common knives and how to break down ingredients like garlic, peppers, and cucumbers into fun, decorative shapes. Knives will be provided for class members.

**Corey Meredith**

754 Sec. A      Thursday 10/23, 6-8PM  
\$45

### Pickle It!

Preserve foods with the old-fashioned yet popular method of pickling. Learn about acidity and salinity and discover the spices that catalyze the pickling process. Leave with freshly pickled cucumbers and the know-how to pickle anything like a pro!

**Anuja Deshpande**

733 Sec. A      Tuesday 9/9, 6-8:30PM  
\$55

### NEW! Handmade Fettuccine & Creamy Alfredo

Take a culinary journey through the fundamentals of creating authentic, homemade fettuccine. This class is designed for food enthusiasts of all skill levels. Craft delicate, flavorful pasta from scratch, using time-honored techniques and simple, fresh ingredients. Learn how to dress up the pasta with a homemade Alfredo sauce. Leave with samples of your flavorful and filling pasta. Students should bring a container to take pasta home.

**Megan Mercado**

775 Sec. A      Thursday 9/11, 6-8PM  
\$45



# Personal Finance



## **NEW!** Ask a Financial Expert: Q&A

Have financial questions but not sure where to start? Join a relaxed, open discussion interactive session driven entirely by your questions. Hit the big questions about savings strategies, debt repayment, investing, retirement planning, or insurance. Walk away with clear, practical answers to help you feel more confident in your financial decisions.

**Matthias Pope**

765 Sec. A      Monday 10/13, 6-8PM  
\$25

## **Budgeting Blueprint: Plan, Track & Grow**

Transform your financial habits by embracing budgeting. Learn to track spending, harness the power of budgeting software (or keep it simple), and unlock the value of cash flow within a customizable, adaptable spending plan. Discover how to start or grow your retirement funds. Set clear financial goals and stay in control of your financial future.

**Mark Hunt**

677 Sec. A      Wednesday 10/29, 6-8PM  
\$25

## **The World of Investments: Building Wealth for the Future**

Get introduced to the vast world of investing and unravel its inner workings. Explore common types of investments and accounts and discover your best investment options. Get your specific questions answered during this interactive, engaging session.

**Mark Hunt**

675 Sec. A      Wednesday 9/17, 6-8PM  
\$25

## **Maximizing Your Social Security Benefits**

Don't guess when it comes to your retirement benefits. Learn how to get the most out of your Social Security. Understand the importance of timing, including when to start receiving benefits, and when to start drawing them. Discuss how factors like age, job, taxes, and marriage status play a role in your Social Security decisions, and leave equipped with personalized steps and strategies for overseeing your benefits.

**Trever Kuipers**

676 Sec. A      Thursday 9/25, 6-7:30PM  
\$19

## **Retirement 101**

Discover strategies to build your wealth, minimize taxes, and be confident in your financial future in retirement. Learn the basics of Social Security, Medicare, pensions, investments, spending, and taxes. Discuss Roth vs. pre-tax investments, tax brackets, and strategies to minimize taxes. Whether you're years or months from retirement, you'll leave feeling ready to take the next steps toward your financial future.

**Mark Hunt**

679 Sec. A      Wednesday 10/1, 6-8PM  
\$25



## **Early Bird Discount**

*Take advantage of our Early Bird Discount of 10% off selected classes if you register by Tuesday, Sept. 2.*

# Language, Communication & Culture

## Will Basics

Ensure the direction of your future and protect your finances with a will. Get a basic understanding of will requirements in Illinois and learn more about the will-writing process. Leave with the ability to make an informed decision on hiring an attorney versus writing a will on your own.

**Carissa Haning**

706 Sec. A      Tuesday 11/4, 6-8PM  
\$25

## What Medicare Means for You

If your next birthday cake has 65 candles on it, then you have a whole new healthcare world to navigate. Knowing what Medicare is, and what it's not, is important. This class will answer questions about how your current health insurance figures into your transition, if you need a Medicare supplement policy, and what Medicare Advantage is.

**Carol Burroughs**

707 Sec. A      Tuesday (2 sessions), 10/21-10/28, 6-8PM  
\$39

## **NEW!** Navigating Medicare Part D

Medicare Part D plans can change each year — drug coverage, premiums, deductibles, and pharmacy networks may all be affected. Between Oct. 15 and Dec. 7, you have the opportunity to switch plans. Not sure if you should? Review your Annual Notice of Changes and explore whether switching plans could save you money. Learn how to avoid higher out-of-pocket costs and find the best plan for your needs. Please bring your Notice of Changes to class.

**Carol Burroughs**

764 Sec. A      Tuesday 11/11, 6-8PM  
\$25



## **NEW!** Nightmares in Ink

Unleash your dark imagination and craft chilling tales that haunt the page! Learn how to build suspense, create eerie settings, and write unforgettable ghostly characters. Explore horror tropes, twist endings, and spine-tingling scenes in a fun, supportive atmosphere.

**Ryan Edel**

791 Sec. A      Wednesdays (3 sessions), 10/15-10/29, 6-8PM  
\$59

## Creative Writing Workshop

Hone your storytelling skills to get your work published! Explore various genres of creative writing, including poetry, short stories, memoirs, and skits. Then focus on revising your work to fit publishing expectations and guidelines. Determine where you should submit your writing and gain tips to ensure your submissions match the editorial visions of your desired publications.

**Ryan Edel**

669 Sec. A      Wednesday (4 sessions, does not meet 11/26), 11/12-12/10  
6-8PM  
\$79



# Language, Communication & Culture



## The (10-Minute) Play's the Thing!

Take on the challenge of creating a 10-minute play! Learn how to write a succinct plot that conveys character, theme, and setting to your audience. Develop your skills alongside other budding playwrights, and leave ready to pitch your work to 10-minute play festivals across the United States.

**Ryan Edel**

670 Sec. A

Wednesday (2 sessions), 9/17-9/24, 6-8:30PM  
\$49

## How to Show, Not Tell, in Your Writing

Uncover the secret to leveling up your writing! Engage in techniques that place your reader at the heart of your composition. Captivate your audience by showing what is happening, rather than telling them. Leave class with a mastery of descriptive writing that will immediately enhance your work.

**Julie Navickas**

789 Sec. A

Wednesday 10/8, 6-7:30PM  
\$15

## Bring Your Characters to Life

Breathe creative life into your fictional characters in this hands-on writing workshop. Transform your ideas from merely existing on the page into complex creations that help build your literary world. Infuse motivation, role, and responsibility into their personality and build out your character's strengths and weaknesses.

**Julie Navickas**

790 Sec. A

Wednesday 9/10, 6-7:30PM  
\$15

## American Sign Language I

Designed for the beginner with little to no signing experience, this introduction to American Sign Language (ASL) course will prepare you to succeed in communicating with this essential language. Master the ASL alphabet and incorporate signs for basic vocabulary into your dialogue. By the end of class, you'll be able to have a simple conversation using sign. This class is worth 16 PDs for K-12 educators.

**Christina Sansone**

802 Sec. 01

Mondays (8 sessions), 9/22-11/10, 6-8PM  
\$185 (plus digital textbook & online access code)

## **NEW!** Unlocking Hispanic Culture: A Journey Through Animated Film

Discover the cultural richness of the popular movie "Encanto" and explore family, tradition, and identity. Watch key scenes, analyze characters and storylines, and discuss themes inspired by Hispanic culture and folklore. Explore how language, music, and symbolism shape the narrative and bring deeper meaning to the visuals. Engage in lively discussions, develop your critical thinking, and gain new insight into the film's cultural context. No Spanish language skills required — just curiosity and a love of great storytelling.

**Rocio Morales**

746 Sec. A

Wednesday (3 sessions), 11/5-11/19, 6-8PM  
\$59



## Have a knack for voices?

Join our Introduction & Techniques In Voiceovers class and find out how to use your talents in a starring role! See page 12 for details.





## Spanish for Beginners

Whether you wish to converse with neighbors or colleagues or communicate with native speakers during your next vacation to a Spanish-speaking country, this introductory course will help you develop your understanding of the Spanish language. Learn common phrases and vocabulary on everyday topics and put your skills into practice through written and oral exercises. Begin your journey into learning the Spanish language!

**Lizzy O'Brien**

786 Sec. A

Thursday (8 sessions, does not meet 10/23), 9/18-11/13, 6-8PM  
\$185

## **NEW!** Spanish Level IV

Improve your Spanish with more accuracy and confidence. Build a stronger understanding of grammar, learn more vocabulary, and explore real Spanish texts and conversations. Practice listening and speaking with more advanced tasks, read challenging materials, and learn about Spanish-speaking cultures. You'll use Spanish as much as possible to prepare for real-life situations. Prerequisite: Spanish Level III or similar experience. Participants will receive a supply list before the start of class.

**Rocio Morales**

781 Sec. A

Wednesday (8 sessions), 9/10-10/29, 6-8PM  
\$185 (plus supplies)



## Alcohol Ink Keepsake Ornaments

Personalize your holiday decorations by embellishing unique glass ornaments. Learn techniques for working with bright alcohol inks to add shimmer and individuality to your designs. Leave class with several vibrant ornaments to keep or gift. Students will complete at least two ornaments in class.

**Jen Bethmann**

784 Sec. AL

Tuesday 11/18, 6-8PM

\$29 (plus \$10 supply fee, cash only, paid to instructor)

## Budgeting Blueprint: Plan, Track & Grow

Transform your financial habits by embracing budgeting. Learn to track spending, harness the power of budgeting software (or keep it simple), and unlock the value of cash flow within a customizable, adaptable spending plan. Discover how to start or grow your retirement funds. Set clear financial goals and stay in control of your financial future.

**Mark Hunt**

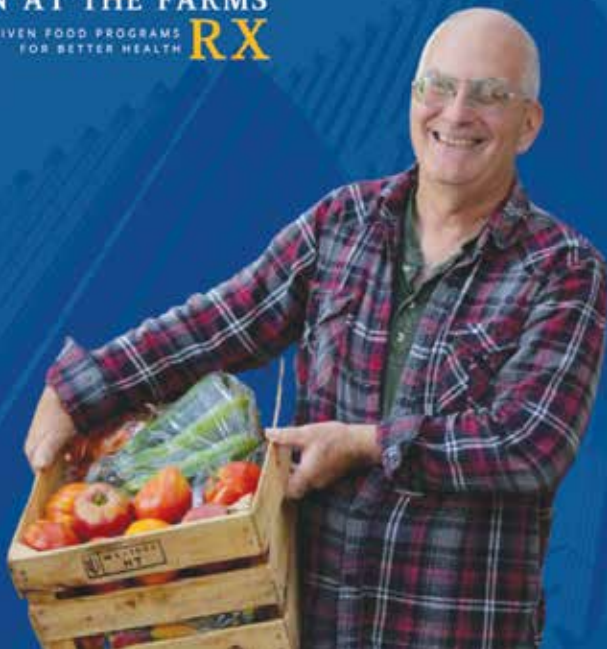
793 Sec. AL

Thursday 9/18, 6-8PM

\$25

# Pontiac

DOWN AT THE FARMS  
FARMER-DRIVEN FOOD PROGRAMS  
FOR BETTER HEALTH **RX**



## **NEW!** Lifelong Learner Lectures: The Power of Local Foods

What happens when we reconnect with where our food comes from? Join Marty from Spence Farm and Down at the Farms of rural Fairbury for a thought-provoking look at how local foods impact more than just our plates. From strengthening local economies and improving health to supporting small farms and building regenerative communities, this free lecture offers powerful reasons to think — and eat — locally. The morning includes a one-hour presentation followed by 30 minutes of Q&A. Bring your questions and curiosity about how your food choices can help shape a healthier, more sustainable future.

### **Marty Travis**

794 Sec. AP

Wednesday 9/24, 10-11:30AM

Off campus, The Eagle Performing Arts & Conference Center,  
Pontiac

**FREE, but registration is required**

## Wire Whimsy: A Focal Bead Pendant

Unleash your inner artisan and discover the timeless art of wire wrapping jewelry during this hands-on class. Learn wire weaving and how to attach a separate bail. Turn wire and beads into stunning wearable masterpieces. Leave class with a bead pendant you'll treasure for years to come.

### **Jen Bethmann**

783 Sec. AP

Wednesday 11/12, 6-8PM

**\$29 (plus \$10 supply fee, cash only, paid to instructor)**

## Retirement 101

Discover strategies to build your wealth, minimize taxes, and be confident in your financial future in retirement. Learn the basics of Social Security, Medicare, pensions, investments, spending, and taxes. Discuss Roth vs. pre-tax investments, tax brackets, and strategies to minimize taxes. Whether you're years or months from retirement, you'll leave feeling ready to take the next steps toward your financial future.

### **Mark Hunt**

798 Sec. AP

Monday 12/1, 6-8PM

**\$25**

## **A magical winter classic!**

Be enthralled by the Joffrey Ballet's Chicago production of *The Nutcracker* — a breathtaking holiday classic, featuring stunning choreography, beautiful costumes, and an enchanting score. See page 2 for details.





## 3 WAYS TO REGISTER



### Online:

Payment must be made by credit/debit card (Visa, MasterCard, Discover or American Express).  
Visit our website: [Heartland.edu/ContinuingEd](http://Heartland.edu/ContinuingEd)



### By Phone:

Call 309-268-8160  
TDD number 309-268-8030  
Office hours: 8AM-4:30PM, Mon - Fri.  
To register by phone you must pay by credit/debit card (Visa, MasterCard, Discover or American Express).



### In Person:

Come with a list of classes and we'll sign you up while you wait. Bring the list and payment to:  
Continuing Education  
Workforce Development Center  
Suite 2400  
Heartland Community College  
1500 W. Raab Road, Normal, IL  
Office hours: 8AM-4:30PM, Mon - Fri.

### Questions or suggestions?

Email: [continuing.education@heartland.edu](mailto:continuing.education@heartland.edu)



**Heartland Community College is a tobacco-free and weapons-free campus.**

### Accommodations

At Heartland Community College (HCC) we strive to provide accessible, innovative learning opportunities that enrich our community. HCC's Continuing Education Department and Student Access and Accommodation Services (SAAS) office are continuing to partner to ensure that participants are being offered an accessible learning environment. Participants in need of reasonable accommodations may identify the need for accommodations on the registration form and will be communicated with regarding the accommodation request process. Please call 309-268-8259 or email [accommodations@heartland.edu](mailto:accommodations@heartland.edu) to schedule a conversation.

### Age Appropriate Guidelines

Unless otherwise stated, these classes are designed for adults ages 18 and over.

### Conduct Expectations

We strive to provide excellent learning experiences in our Continuing Education classes. As a result, anyone exhibiting inappropriate behavior or using disrespectful language may be dismissed without a refund. Please refer to the HCC Student Conduct Policy for details at [Heartland.edu/StudentHandbook/Conduct.html](http://Heartland.edu/StudentHandbook/Conduct.html).

### Fees & Registration Confirmation

Fees are payable in full at the time of registration. We accept cash, check or credit/debit cards. You will receive a confirmation of your registration via email. Confirmation will include a course schedule, receipt, room assignment, map and other information specific to your class(es).

### Full or Canceled Classes

Continuing Education reserves the right to limit the enrollments or cancel any classes due to insufficient enrollments. For this reason, please register early to reserve your place in the class of your choice. Please make sure we have your current contact information so we can notify you if classes are canceled. You may choose an alternative course or receive a full refund.

### Refund Policy

Unless otherwise stated in the course description, you must drop an adult class no later than three working days before the first class session to receive a refund. No refunds or class credits will be issued after that time. Payments for course materials, supplies or textbooks are also nonrefundable.

### Weather or Emergency Cancellation Policy

If Heartland Community College closes campus due to inclement weather or emergencies, Continuing Education classes will also be canceled. Cancellations will be announced on area radio stations and local TV stations.

### Workforce Training Employment Policy

Heartland Community College does not guarantee employment upon completion of instructional programs. Students are responsible for researching relevant employment opportunities prior to registration. No refunds will be provided if a student fails to complete a course, does not pass a certification exam, or is unsuccessful at obtaining employment.

### Zoom Classes

To ensure a complete and valuable experience in your Zoom classroom, we recommend you use a device equipped with a functioning webcam such as a PC or laptop. Tablets and smartphones are permitted, but may not provide as meaningful an experience. Once you register for a course and provide a valid email address, you will be sent your Zoom link.



# Find Your Class

Rooms will be assigned at a later date.



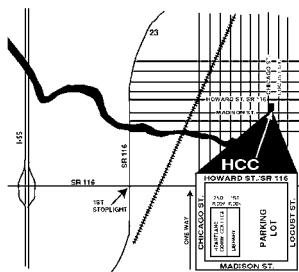
- |  |   |   |
|--|---|---|
| ① AGRICULTURE COMPLEX (AGC)            | ⑥ STATE FARM ELECTRIC VEHICLE LAB (EVL) | ⑪ CHILD DEVELOPMENT LAB (CDL)               |
| ② COMMUNITY COMMONS BUILDING (CCB)     | ⑦ INSTRUCTIONAL COMMONS NORTH (ICN)     | ⑫ FITNESS AND RECREATION CENTER (FRC)       |
| ③ STUDENT COMMONS BUILDING (SCB)       | ⑧ WORKFORCE DEVELOPMENT CENTER (WDC)    | ⑬ ASTROTH COMMUNITY EDUCATION CENTER (ACEC) |
| ④ INSTRUCTIONAL COMMONS BUILDING (ICB) | ⑨ PHYSICAL PLANT BUILDING (PPB)         | ⑭ NORMAL READINESS CENTER (NRC)             |
| ⑤ ADVANCED MANUFACTURING CENTER (AMC)  | ⑩ RECEIVING AND STORAGE BUILDING (RSB)  | ⑮ CORN CRIB                                 |

## LINCOLN



**HCC Lincoln**  
2201 Woodlawn Road, Lincoln, IL 62656  
217-735-1731 • Heartland.edu/Lincoln

## PONTIAC



**HCC Pontiac**  
211 E. Madison St., Pontiac, IL 61764  
309-268-8960 • Heartland.edu/Pontiac

## OFF CAMPUS

**Dance Partners Studio**  
1401 Tralee Lane  
Bloomington, IL 61704

**Evergreen Racquet Club**  
3203 E. Washington St.  
Bloomington, IL 61704

**Ewing Park II**  
1001 Ethell Parkway  
Bloomington, IL 61701

**Farrell's eXtreme Bodyshaping**  
1804 S. Hershey Road, Unit 4  
Bloomington, IL 61704

**Kamukunani Hula Halau**  
107 E. Chestnut St. Suite 101  
Bloomington, IL 61701

**Le Marchand De Vin**  
1704 E. Eastland Drive, Suite 8  
Bloomington, IL 61704

**Michael Amis Studio**  
300 E. Grove St. (entrance on Prairie St.)  
Bloomington, IL 61701

**Mid Central Community Action**  
1301 W. Washington St.  
Bloomington, IL 61701

**St. John's Lutheran Church**  
1617 E. Emerson St.  
Bloomington, IL 61701

**Pontiac**  
**The Eagle Performing Arts & Conference Center**  
319 N. Plum St.  
Pontiac, IL 61764



Thursday, September 4 • 5:30 - 8 p.m.

# HEARTLAND NIGHT OUT [SIDE] GAME EDITION



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# CONTINUING EDUCATION

YOUR PATH TO  
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1500 W. Raab Road, Normal, IL 61761



**Dining With the Dead  
and other customs**

**Page 5**

**Upskill your talents  
and save money**

**Page 14**



**Understanding menopause  
and thriving with it**

**Page 22**