

PERSONAL ENRICHMENT • PROFESSIONAL DEVELOPMENT • BUSINESS SOLUTIONS

# CONTINUING EDUCATION

SPRING

MAR.-MAY '26

Grow some   
**GREEN**  
*in your life.*

INSIDE STORY



HEARTLAND  
COMMUNITY COLLEGE

[Heartland.edu/ContinuingEd](http://Heartland.edu/ContinuingEd)





# No green thumb? No problem!

Dan “The Plant Man” Anderson guides beginners and longtime plant enthusiasts year-round through many of our Continuing Ed plant classes. This time, he introduces one of the newest and easiest greens to grow in *Let’s Talk Air Plants* on May 12. See page 18 for details.

Dan appears on our cover after transforming his yard in June with tropical plants he overwintered in his basement, along with a mix of perennials and annuals that bring beauty to his outdoor space. Above, you can see how his hard work paid off.

Dan has spent more than 50 years in the plant business. He worked more than 40 of those years at Casey’s Garden Shop & Florist and also partnered with a friend in an interiorscape business. There he advised clients on what grows and thrives in different environments. For more than 20 years, he also maintained and trimmed a legendary rubber plant at Illinois Wesleyan University.

He especially enjoys working with succulents and tropicals, which he finds easy to manage. Each year, he builds up his yard using plants he winters indoors and adds perennials and annuals for pops of color. Among his rarest plants is a climbing onion he has nurtured for at least six years. A banana plant ranks as another favorite — it grows large and showy, though the season doesn’t last long enough for it to bear fruit on its own. Dan also loves elephant ears; a closer look reveals massive green leaves filled with hundreds of delicate veins.

Dan has expanded his Continuing Ed teaching beyond plants to include macramé, fanciful bows, and 3D printing. Fun fact: During one Christmas season at Casey’s, Dan created more than 10,000 beautiful bows.

Dan’s natural talents help his green thumb strike gold in every class he teaches. Watch for his and other creative offerings as you pursue lifelong learning with Continuing Ed at HCC!



## On the cover:

Dan Anderson, aka “The Plant Man,” peers out among some tropicals in his lush yard in Normal. Dan winters hundreds of plants and each spring brings them out to populate his yard, which is also dotted with colorful perennials and annuals.

Photos on this page show the end product in mid-August when plants have been growing and blooming all season.

# What's Inside

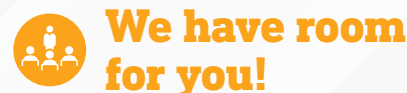
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Enjoy your favorite live class from the comfort of your home. Look for the Zoom icon!



We have classes at off-campus sites. Look for this icon to see our off-campus partners.



We'll be sending your room assignments along with your course info and a campus map a few days before the start of your class.



Register now through Thursday, March 26, to receive a 10% discount on your course fee!  
Does not include Truck Driver Training, off-campus trips, online professional development, Ed2Go, and a few other selected courses.



Look for this icon on selected classes in this booklet and receive up to half off the class cost if you qualify for grant funding. Look on page 10 for more details.

**Unless otherwise stated, these classes are designed for adults 18 and over.**

Visit our website [Heartland.edu/ContinuingEd](http://Heartland.edu/ContinuingEd)

# Trips



## **NEW!** **Chicago's Gilded Age & Beyond**

Experience Chicago's Gilded Age, a time of grandeur and ambition. Begin with a guided visit to the Driehaus Museum, where the 1883 Nickerson Mansion and 1926 Murphy Auditorium showcase art, architecture, and design of the late 19th and early 20th centuries. After lunch on your own, join a guided walking tour of Michigan Avenue and State Street with interior visits to the Chicago Cultural Center, the Palmer House, and Macy's on State. Along the way, see architectural gems from Burnham, Sullivan, Holabird & Roche, and others who helped shape Chicago into a world-class metropolis following the 1893 World's Fair. Your trip includes transportation, a museum and walking tour, and all gratuities. Call 309-268-8160 to request a Pontiac pickup. **Registration deadline is April 9.** Sorry, no refunds after this date.

890 Sec. A

Saturday 4/25, 7:30AM-8PM

\$165

## Learning is **LIMITLESS!**

Join our Lifelong Learner Lectures, a new speaker series dedicated to showcasing intriguing and timely topics. Each lecture takes place on select Wednesdays from 10-11:30AM, featuring a one-hour presentation followed by a 30-minute Q&A session.

Find out how libraries today promote lifelong learning, civic engagement, and equitable access to information while serving as vital third spaces for people of all ages. Join Illinois State University Fulbright Scholar Visiting Professor Chloe Vicente from Chile as she shares innovative examples from Chile, the U.S., Scandinavia, and Asia. This free lecture is part of Heartland Community College's April Cultural Festival celebrating Latin America.

Attendance is FREE, but registration through Continuing Education is required. See page 3 for more information.

## **Connect. Engage. Learn.**

### Follow Continuing Education on social media!

 Facebook: continuingEd.hcc  LinkedIn: Heartland Community College  Instagram: @kidsatheartland





## **NEW!** Lifelong Learner Lectures: Libraries Around the World: Evolving Community Hubs

Libraries across the globe are transforming from quiet book repositories into lively centers for community connection. Join Illinois State University Fulbright Scholar Visiting Professor Chloe Vicente from Chile as she shares innovative examples from Chile, the U.S., Scandinavia, and Asia. Learn how libraries today promote lifelong learning, civic engagement, and equitable access to information while serving as vital third spaces for people of all ages. This free lecture is part of Heartland Community College's April Cultural Festival celebrating Latin America.

**Chloe Vicente**

977 Sec. A

Wednesday 4/8, 10-11:30AM

**FREE, but registration required**

## **Chess Strategy & Tactics: Next Moves**

Sharpen your skills and take your game to the next level in this class that follows up where beginner chess left off. Learn popular opening systems that can be adapted to defend against a variety of early moves. Learn the terminology and dive into tactical ideas such as forks, pins, skewers, and discovered attacks, exploring how they can come together for strong combinations. Outmaneuver your opponents and convert your extra piece, even a single pawn, into a win. Prerequisite: Foundations of Chess or basic knowledge of how to play a game.

**David Sye**

954 Sec. A

Tuesday (3 sessions), 4/14-4/28, 7-8:30PM

**\$39**

## **Weather in the Heartland: The Twist on Tornadoes**

They're treacherous. They're terrorizing. They're intriguing. Join WMBD/WYZZ chief meteorologist Chris Yates to unearth the truth behind tornadoes. Take a look back at some of Illinois' most memorable twisters to discover why this area is an inviting place for severe weather to materialize. Investigate airflow patterns to determine how storms form. Leave with a healthy respect for these formidable funnels along with safety precautions to take should you encounter one.

**Chris Yates**

957 Sec. A

Saturday 4/11, 9AM-12PM

**\$49**

## **NEW!** Dungeons & Dragons Beyond Basics

Level up your skills and master the art of the tabletop with this intermediate course on Dungeons & Dragons. Join a seasoned Dungeon Master to go beyond the basics and delve into the more complex mechanics of the game. Design advanced characters with compelling backstories and unique abilities. Learn to navigate intricate combat and exploration scenarios, from complex spell interactions to dynamic environmental challenges. Each session combines expert instruction with hands-on practice, giving you the tools to become a more confident and strategic player.

**Jessie Birckelbaw**

944 Sec. A

Monday (3 sessions), 4/13-4/27, 6-8PM

**\$55**

# History



## **NEW!** Artists, Advocates, Acrobats & More: Women Who Made McLean County History

Experience history through the stories of these remarkable women of McLean County. Meet Florence Fifer Bohrer, the first woman Illinois state senator; Antoinette Concello, the "Queen of the Flying Trapeze"; Sister Mary Antona Ebo, a Civil Rights activist who inspired change, and more! Join Candace Summers, McLean County History Museum senior director of education, to discover how these trailblazers shaped our community and left a lasting mark on the world.

### **Candace Summers**

978 Sec. A      Tuesday 5/19, 6-7:30PM  
\$25

## **NEW!** The Gilded Age

Uncover the fascinating world of the Gilded Age, a term coined by Mark Twain and Charles Dudley Warner in 1873. Trace the sweeping changes of the late 1800s and the shifting perspectives that redefined this "Reckless Decade." Meet the true power players — not politicians, but the captains of industry who shaped America's railroads and cities. Learn how their influence transformed the nation, with special attention to Chicago's pivotal role in this remarkable era.

### **Jeff Paisley**

943 Sec. A      Wednesday (2 sessions), 4/8-4/15, 6-7:30PM  
\$29

## The Constitution & Bill of Rights

Some of the world's greatest documents formed the foundation of America, and remain living history to this day — the Declaration of Independence, the U.S. Constitution, and the Bill of Rights. During three separate sessions, delve into the origin of each of these documents and the circumstances that led to their creation, including the Revolutionary War, the separation of powers, Washington's election, the first 10 amendments and the basic liberties and freedoms that we cherish today.

### **Jeff Paisley**

924 Sec. A      Thursday (3 sessions), 4/30-5/14, 6-7:30PM  
\$45

## Feminist Women in U.S. History

Explore the lives and impact of American women from the early 1800s to today. Follow key movements such as suffrage, labor reform, civil rights, and the four waves of feminism. Meet influential figures such as Sojourner Truth, Gloria Steinem, bell hooks, and Tarana Burke. Challenge familiar narratives, think critically about the past, and gain a deeper appreciation for the progress and setbacks that have shaped women's roles in U.S. history.

### **Cierra Aiden**

925 Sec. A      Tuesday (2 sessions), 4/21-4/28, 6-7:30PM  
\$29



## Share your talents!

Use your knowledge, skills, and passion to earn extra income as a Continuing Education instructor! Join our team in teaching personal enrichment and professional development classes. Whether it be in new or existing classes, we'd like to work with you! Call Laurie Mueller at 309-268-8179 or email [laurie.mueller@heartland.edu](mailto:laurie.mueller@heartland.edu).



## Applied Ceramics: Handmade Planter

Add a unique touch to your home by learning to craft your own ceramic planters. Practice pinch, coil, and slab methods while experimenting with different pot styles that match your family of plants. Express yourself through the glazing process as you add the finishing touches. Then take home your new planters, artfully designed and built by you!

**Claire Hedden**

913 Sec. A

Wednesday (4 sessions), 5/6-5/27, 6:30-8:30PM  
\$149

## NEW! Decorated & Functional Ceramics

Create a unique piece using slab construction — a pottery technique where clay is rolled flat and shaped into unique forms. Then explore creative surface design as you layer underglaze, glaze, transfers, and decals to add color, depth, and personality to your work. Discover how layers interact to produce rich, distinctive results for your creative style. Enjoy experimenting and learning new techniques whether you're a first-time potter or a seasoned ceramic artist!

**Claire Hedden**

941 Sec. A

Thursday (4 sessions), 4/2-4/23, 1-4PM  
\$159

## 📍 Watercolor Adventures

Once you've mastered the fundamentals, watercolor painting becomes an engaging and rewarding way to express your creativity. Build on your existing skills, explore advanced techniques, and discover new ways to bring depth, vibrancy, and personality to your work. Whether you're refining your style or pushing your artistic boundaries, leave inspired and more confident in your abilities. Prerequisite: Basic watercolor class or experience. Please bring a watercolor kit or equivalent supplies.

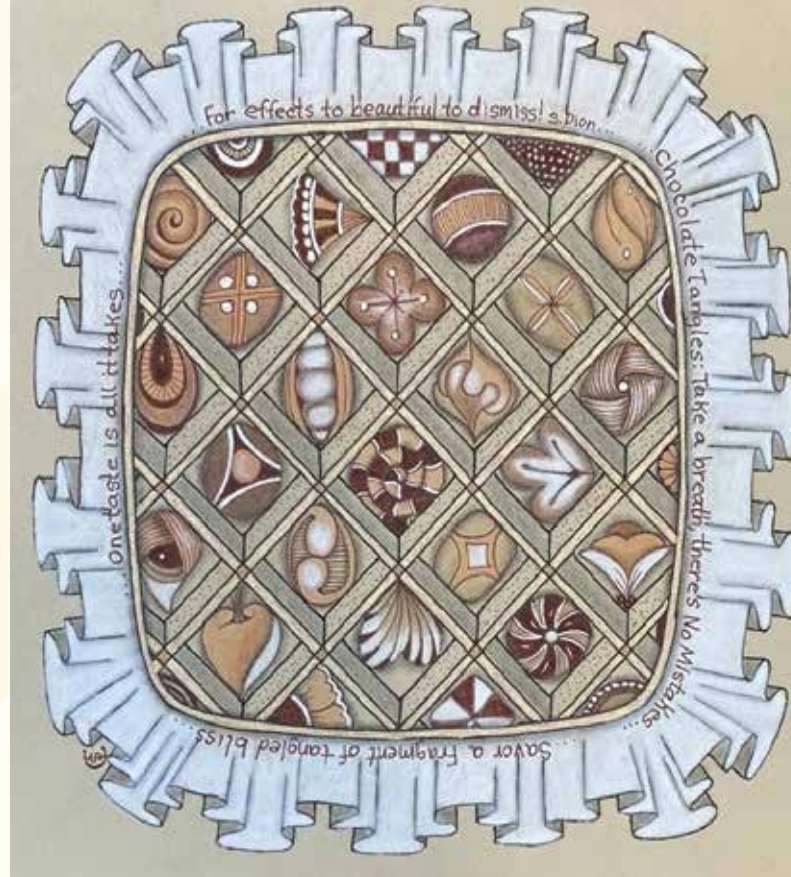
**The Little Art School instructor**

911 Sec. A

Monday (6 sessions), 4/13-5/18, 6-8PM  
Off campus, The Little Art School, Bloomington  
\$179 (plus supplies)



Like or follow us on Facebook and join the conversation!  
[Facebook.com/ContinuingEd.hcc](https://www.facebook.com/ContinuingEd.hcc)



## NEW! 📺 Chocolate Tangles

Immerse yourself in the Zentangle method as you create a delightful design inspired by a box of chocolates. Use simple strokes and structured patterns to fill each "chocolate" square with rich texture and detail. Learn how to build depth and dimension through shading and highlights, turning your drawing into a tempting, three-dimensional treat for the eyes. Let your pen move mindfully as you relax, focus, and discover the sweet joy of creating one stroke at a time. Participants will receive a supply list before the start of class.

**Sue Dion**

971 Sec. OA

Thursday (3 sessions), 4/9-4/23, 6-7:30PM  
\$45 (plus supplies)



## Early Bird Discount

Register now through Thursday, March 26, to receive a 10% discount on your course fee!

# Creative Arts



## Glass Working for Beginners: Fantastic Floral Creations

Sculpt a floral masterpiece that will last! Tour a hot shop and enjoy a demonstration from the expert glass making team at Michael Amis Studio. Then gather molten glass from the furnace and heat, stretch, and shape your own glass flower. No prior experience is required. Projects must be cooled overnight before leaving the studio.

### Michael Amis Studio instructor

914 Sec. A	Saturday 4/25, 9-10:30AM
915 Sec. B	Saturday 4/25, 11AM-12:30PM
916 Sec. C	Saturday 4/25, 1:30-3PM
917 Sec. D	Saturday 4/25, 3:30-5PM
918 Sec. E	Saturday 5/2, 9-10:30AM
919 Sec. F	Saturday 5/2, 11AM-12:30PM
920 Sec. G	Saturday 5/2, 1:30-3PM
921 Sec. H	Saturday 5/2, 3:30-5PM

Off campus, Michael Amis Studio, Bloomington

\$75 (plus \$40 supply fee, cash only, paid to instructor)

## Beginner Knitting

Explore a new creative passion while making functional knitwear. Discover the fundamental stitches — cast-on, knit, and purl — and learn to interpret patterns. Practice the garter stitch to form a washcloth, learn the increase and decrease stitches to create a bookmark, and then leave with a start of a scarf and matching hat and the building blocks for a new constructive hobby! Instructor will guide the class through supply purchasing the first day of class.

### Lauren Pruter

909 Sec. A	Thursday (6 sessions), 4/16-5/21, 6-8PM \$129 (plus supplies)
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## Crocheting: Beyond the Basics

You've mastered the basic crochet stitch — now it's time to conquer more! Learn the v-stitch, crossed double stitch, traditional ripple, and shell stitch in this hands-on class. Practice using these decorative techniques to create your own afghan or scarf. Bring your crochet hooks and yarn. Prerequisite: Learn to Crochet or prior experience using single and double crochet stitches.

### Kay Bowen

953 Sec. A	Monday (4 sessions), 4/6-4/27, 6:30-8:30PM \$79 (plus supplies)
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## Let's Sew a Garment!

Don't let your sewing skills get rusty. Practice next-level techniques as you create your own custom garment. Bring a pattern and sew it to completion with step-by-step guidance from the instructor. Come ready for the first day of class with all materials, including pattern, fabric (no stretchy knits), notions, and your sewing machine with the manual, attachments, and power adapter. Prerequisite: Get to Know Your Sewing Machine or a basic understanding of how your machine works.

### Pam Faber

910 Sec. A	Tue/Thu (5 sessions, class does not meet 5/14), 5/5-5/21, 6-8PM \$79 (plus supplies)
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## Log Cabin Quilt

Make a wall hanging or lap quilt using this popular quilting pattern. Use a rotary cutter, mat, ruler, and speed piecing and assemble your blocks easily and quickly. Bring your sewing machine with attachments and power adapter to class and receive a list of other supplies before the start of class. Prerequisites: Students should have basic sewing skills or should have taken Quilting Basics I.

### Kay Bowen

969 Sec. A	Wednesday (5 sessions), 4/22-5/20, 6-8:30PM \$109 (plus supplies)
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**NEW!** **Galaxy Resin: Out-of-This-World Jewelry**

Create your own cosmic one-of-a-kind masterpiece in this fun, relaxed class. Blend the magic of UV resin with vibrant mica powders to form a dazzling galaxy scene that feels like a window into the stars. Elevate your resin skills as you swirl, layer, and blend colors to capture the beauty of deep space. Design a pendant or keychain, complete with shimmering stars, glowing planets, and endless cosmic wonder. Let your creativity take flight as you bring the universe to life.

**Jen Bethmann**

942 Sec. A

Tuesday 4/21, 6-8PM

**\$29 (plus \$15 supply fee, cash only, paid to instructor)**

**Classic Beaded Earrings**

Show off your unique style with made-from-scratch jewelry! Learn how to create your own custom earrings in this hands-on workshop. Start by fashioning the head pins and ear wires. Then embellish your designs with assorted beads to make them your own.

**Jen Bethmann**

912 Sec. A

Tuesday 5/12, 6-8PM

**\$29 (plus \$5 supply fee, cash only, paid to the instructor)**

**Darkroom Photography**

Go old-school cool with vintage technology. Increase your understanding of photography basics by learning to shoot film, and then experience the magic of processing and printing your own black and white images in a darkroom studio. Whether you're just starting your darkroom journey or have worked in a darkroom before, just show up with an SLR 35mm camera and shoot!

**Lindsey Basham**

964 Sec. A

Mon/Wed (6 sessions), 4/27-5/13, 6-8:30PM

**\$209 (plus supplies)**

**Delicate Silver Creations**

Discover the art of filigree silver metal clay! Craft a stunning piece of jewelry as you learn essential techniques in shaping, detailing, and finishing. Perfect for beginners and enthusiasts alike, this hands-on class guides you through every step, from molding the clay to firing and polishing your unique creation. Leave with a beautiful, handmade keepsake and newfound skills to inspire future projects.

**Kristy Walden**

922 Sec. A

Wednesday (3 sessions), 4/22-5/6, 6:30-8:30PM

**\$89**

# Performing Arts



## **NEW!** Unlocking Music Theory

Did you ever want to know how songs are built and why some melodies just stick in your head? Dr. Afrim Shabani, longtime music educator and performer breaks down the basics of music theory in a clear, fun way. Learn how notes, chords, rhythm, and harmony work together to create the music you love. Whether you play an instrument, sing, or just enjoy listening, you'll gain a deeper understanding of what makes music work —and more confidence in making or appreciating it yourself. No prior experience needed — just curiosity and enthusiasm!

**Afrim Shabani**

952 Sec. A

Wednesday (5 sessions), 4/8-5/6, 6:30-8:30PM  
**\$99**

## Intro & Techniques In Voiceovers

Kickstart your voiceover career with our One-on-One Introduction to Voiceovers! In two power-packed sessions, learn the industry basics. In the first 90-minute session, explore different types of voiceovers, and receive coaching as you read real scripts. In the second 60-minute session, dive deeper with personalized script reading and targeted feedback. Discover your vocal strengths, ask follow-up questions, and receive a professional voice evaluation.

**Voices For All instructor**

857 Sec. 0A

2/2-5/22 Date flexible according to availability  
determined with your instructor  
**\$79**



## Stage Debut: Theater for First-Timers

Get a taste of the magic behind the curtain in this fun, hands-on, half-day workshop! Explore the essentials of acting, movement, and character development while discovering how directing, costumes, and crew work to bring a show to life. Local theater veteran Scott Myers will guide you through the key roles that make a performance shine and share what directors look for in auditions. Leave inspired and ready to jump into your next stage opportunity!

**Scott Myers**

923 Sec. A

Saturday 4/18, 12-4PM  
**\$49**

## Gild and glitz!



Travel back to the Gilded Age on a day trip to a stately Chicago mansion and museum along with architecture from the late 19th and 20th centuries. See page 2 for details.



# Truck Driver Training



Scholarships are available. Call 309-268-8448.



## Nussbaum Trucking Academy at Heartland Community College

Are you looking for a career and not just another job? Consider becoming a professional truck driver. Nussbaum Trucking Academy at Heartland Community College will open the door to a lifetime of opportunities!

You will receive classroom training for the CDL Learner's Permit, *Essential Workplace Skills* training, and behind-the-wheel training in an automatic or manual transmission semitractor-trailer. The course also covers state and federal regulations, log books, map reading, trip planning, and complete vehicle training to prepare you for an entry-level position in the transportation industry. At the end of the course, you will take a Class "A" License Road and Skill Test administered by the Illinois Secretary of State's Office. For more information, call 309-268-8448 or email [truck.driver@heartland.edu](mailto:truck.driver@heartland.edu).

Visit [Heartland.edu/Truck](http://Heartland.edu/Truck) for upcoming day and evening class dates in Normal.

Employers may partner with Heartland Community College to upskill current employees or hire and train new employees as certified truck drivers and take advantage of state tax credit programs to help offset training costs.



Promote critical workplace behaviors and ensure incumbent workers are set up to succeed, regardless of industry. Created with insights from over 140 employers and developed with industry professionals, the *Essential Workplace Skills* (EWS) classes provide an intentional and consistent approach to soft-skills training. In addition, each workshop delivers action plans for immediate, on-the-job integration. Open enrollment or customized trainings available.

## [Heartland.edu/EWS](http://Heartland.edu/EWS)

- Workshops worth 3 PD hours for K-12 educators.
- 2.75 Professional Development Credits (PDCs) for SHRM (Society for Human Resource Management) members.

### Navigating Challenges & Stressors

Stressors at work create opportunities to rethink our responses and habits. Identify challenges in your professional life and what contributes to them. Adopt strategies such as a proactive mindset and what-if thinking to anticipate problems before they arise. Grow your emotional intelligence to improve encounters with peers, supervisors, and customers. Explore how attending to your whole self affects your professionalism and career path. Leave with an action plan that promotes resilience in the face of workplace demands.

**Carol Burrell**

896 Sec. A

Wednesday 4/15, 8:30-11:30AM  
\$60

### Advancing Equity, Diversity & Inclusion

Equity, diversity, and inclusion are among today's most critical commitments for employers and employees alike. Learn how top-ranked organizations put these commitments into action. Explore how to approach and improve interactions with others, so that they feel involved and respected. Walk away with a plan to address implicit bias and contribute to an inclusive, high-performing workplace.

**Vivian Doctora**

894 Sec. A

Wednesday 5/6, 8:30-11:30AM  
\$60

## Up to half off grant-funded classes!

Take advantage of grant funding that is available to support individuals and employers seeking professional development (PD) opportunities through Continuing Education. Learners must be enrolling in PD courses for either the first time or have not enrolled in our PD classes in three years to take advantage of this offering.



This funding aims to:

- Welcome newcomers to the affordable, high-quality PD we provide.
- Accommodate organizations wanting to invest in PD for multiple employees.
- Enhance skills and knowledge for career advancement.
- Support workforce development in our community.
- Encourage lifelong learning and professional growth.

If eligible, participants can apply for grant funds to cover up to 50% of the cost in select PD classes.

Look for these and other grant eligible classes with the  icon.

- *Essential Workplace Skills*
- *Fundamental Supervisory Skills*
- CPR
- Food Protection Manager Certification



**Look for this icon  
on selected classes.**

In return, students must provide requested follow-up data after the completion of the course. To see if you qualify and to receive more information, please contact **Crystal Johnson** at 309-268-8374 or email [crystal.johnson@heartland.edu](mailto:crystal.johnson@heartland.edu). Note: This grant cannot be used in conjunction with any other discount offer and is available while funds last.



Effective supervision drives quality results and fosters employee retention. Help your organization realize its potential by giving supervisors the opportunity to better understand and demonstrate the skills critical to individual and team success. In *Fundamental Supervisory Skills*, participants will learn how to balance employee empowerment with engagement and explore tools that promote clear communication. Participants will leave with new strategies for supporting direct reports and ensuring day-to-day efforts yield big-picture impact.

[Heartland.edu/FSS](https://heartland.edu/FSS)

• 2.75 Professional Development Credits (PDCs) for SHRM (Society for Human Resource Management) members.



### \$ Resolving Difficult Situations

Supervision isn't always easy. Explore approaches to difficult situations, including conflicts with employees and customers. Recognize contributors to poor communication, performance, and service. Learn how to respond appropriately while taking advantage of an opportunity to build employees' skills. Understand when and how to involve management. Walk away with a toolbox for helping the frontline resolve challenges and preserve relationships.

**Abby Reel**

897 Sec. A

Wednesday 4/22, 8:30-11:30AM

\$60

### \$ Leading Through Change & Transition

As an organizational go-between, supervisors have to monitor changes at both employee and management levels. Strengthen resilience to change. Understand how to better support your team as new expectations, targets, or realities come its way. Expand on the concept of "growth mindset" so that change is positioned as an opportunity, not a threat. Learn steps to take when introducing and implementing change and know what data to monitor for reporting progress. Leave with greater readiness to lend a steady hand when the work environment is in flux.

**Eric Hoss**

905 Sec. A

Wednesday 5/6, 1-4PM

\$60



### \$ Balancing Authority & Influence

Supervisors are uniquely positioned in the organization. Explore the role of supervisor and better understand where authority begins and ends. Reflect upon and grow your influence in order to empower your direct reports to take personal responsibility for their task completion. Gain new perspectives on coaching, motivation, and accountability. Leave with greater confidence in your supervisory style and become more comfortable in your link between the frontline and management.

**Eric Hoss**

895 Sec. A

Wednesday 5/20, 1-4PM

\$60

### Savings on selected classes!

Classes with this icon are eligible for up to half off through grant funding. Please see page 10 for details!



# Professional Development



## **\$** Food Protection Manager Certification

Illinois regulations require food establishments to have at least one certified food protection manager (CFPM) on staff. This course uses the National Registry of Food Safety Professionals examination, which is approved by the American National Standards Institute. Learn about basic food safety, personal hygiene, cross-contamination and allergens, time and temperature, and cleaning and sanitation. Certification is required every five years. Please call 309-268-8160 to request an exam in another language.

### **U of I Extension instructor**

873 Sec. A

Tuesday 4/7, 9AM-3PM & Wednesday 4/8, 9AM-2PM

**\$139 (includes exam)**

## **Savings on selected classes!**

Classes with this icon are eligible for up to half off through grant funding.

*Please see page 10 for details!*



# LAUNCH

## **your employees to *NEW HEIGHTS!***

Are you looking for a unique and adventurous way to improve team communication, overcome project disruptions, or improve decision-making skills? The Challenger Learning Center offers a simulated space mission designed to relate unexpected encounters back to workplace challenges. Work with us to customize mission activities to ensure employees can apply learning back on the job.

### **Reserve the Challenger Learning Center.**

Call Crystal Johnson, associate director of Continuing Education Client Services, at 309-268-8374 or email [crystal.johnson@heartland.edu](mailto:crystal.johnson@heartland.edu).



**CHALLENGER LEARNING CENTER**  
AT HEARTLAND COMMUNITY COLLEGE



# Online Professional Learning

## **NEW!** **Payroll & Tax Filings**

Learn about employer state and federal tax filings, preparing and reading the payroll register, and how to prepare the journal entry for payroll. Find out about payroll service companies and the benefits of outsourcing payroll needs.

**UGotClass instructor**

902 Sec. OA      4/1-5/31, ONLINE  
\$195

## **NEW!** **WordPress Certificate**

WordPress is the most popular content management system (CMS) for website and blog design. During the first week, you will learn or refresh your knowledge of all the initial steps and the required elements for having a website. Then find out how to build a simple WordPress website or blog. Topics include an introduction to CMS, WordPress installation and setup, page and content creation, administration, themes (selection, purchase, installation, and setup), working with widgets and plugins, and more. Finally, acquire advanced knowledge about WordPress options and features. Learn how to modify WordPress web pages by hand-coding, learn about simple yet effective search engine optimization (SEO) techniques that improve your website ranking, and much more.

**UGotClass instructor**

904 Sec. OA      4/1-5/31, ONLINE  
\$495



**Leverage your tech skills in business!**

Engage your business brain in Technology classes. See page 14 for our Technology offerings.

# Technology



## **NEW!** Diving Deeper Into Generative AI & Excel

Work more effectively and accurately by harnessing artificial intelligence (AI) to streamline your work in Excel. Learn how to use Excel with features like data analysis, formulas, and formatting with AI support to boost your productivity. Prerequisites: Knowledge of Microsoft Excel. Please bring your username and password for the free version of ChatGPT.

**Jennifer Dyehouse**

983 Sec. A

Thursday 5/7, 6-8PM

**\$49**

## **iPhone & iPad Basics**

Get comfortable and confident using your iPhone or iPad. Bring your own Apple iOS® device and discover how to master its essential functions in this hands-on workshop. Learn how to set up your device, change your preferences, and navigate core features of the operating system. Leave with tips and tools to make your mobile device most effective for you. Please note: Universal functions will be taught; specific apps will vary. Please bring your Apple ID and password.

**Jennifer Keith**

966 Sec. A

Tuesday 4/28, 6-9PM

**\$35 (plus supplies)**

## **Protect Yourself: Security for Your Personal Computer**

Computer scams and hack attacks occur daily. Don't become the next victim! Learn how to guard your privacy and security, and avoid a costly situation. Implement tips to protect your laptops, tablets, desktop computers, and cellphones. Leave class feeling more secure with your personal computing devices.

**John Chow**

967 Sec. A

Mon/Wed (2 sessions), 4/27-4/29, 6-9PM

**\$99**

## **Find & Organize Your Files**

Get organized and discover ways to manage your folders and files and easily find what you need in the future. Review the cut, copy, paste, and rename commands. Acquire skills to store data (pictures, letters, recipes, etc.) on your PC in an organized manner, making it easier to retrieve and enable backup of data. Learn to copy or move data to an external storage device. Save those valuable photos and remove others you don't want off your memory card. Leave with tips on organizing all those important files! Participants will receive a supply list before the start of class.

**Tammi Lapinski**

968 Sec. A

Tuesday 5/12, 6:30-8:30PM

**\$39 (plus supplies)**

## **Leverage your tech skills in business!**

Engage your business brain in  
Professional Development classes.  
See pages 10-12 for our PD offerings.





# Health, Wellness & Recreation

## Yoga I

Leave stress behind and re-energize your body and mind. Work on basic postures, proper breathing, mindfulness, and deep relaxation. Learn to move safely within your personal ability to increase strength, flexibility, and balance. Prior yoga experience is not necessary. Please bring a yoga mat and water bottle.

**Nancy Norkiewicz**

828 Sec. B

Tuesday (10 sessions), 3/17-5/19, 6-7PM  
\$129

— ed2go —

## Music Therapy & Sound Healing

Music therapy and sound healing have entered mainstream health care and can be used with people of all ages and disabilities. Learn how to use sound healing to bring an individual into a state of harmony and health. See how music therapy influences an individual's physical, emotional, cognitive, and social well-being. This class can be self-paced with course content available for a 3-month period, or instructor-led with 6 weeks access, based on set start dates.

\$95 [ed2go.com/hcc](https://ed2go.com/hcc)

## Gentle Yoga

Learn deep relaxation and self-reflection in this introductory yoga class. Focus on stretching, breath and movement coordination, alignment awareness, and gentle, slow-motion movement. Ideal for those with joint sensitivity, stiffness, stress, or physical limitations. Please wear comfortable clothing and bring a yoga mat and water bottle. Participants should be able to transition up and down from the floor.

**Sheila Lazier**

929 Sec. A

Wednesday (8 sessions), 4/1-5/20, 10-11AM  
\$95

## Mind-Body Balance: Simple Tools for Everyday Life

Everything around us — including our bodies, thoughts, and emotions — affects how we feel day to day. Learn how to better understand and manage your energy using simple tools like breathing exercises and calming visualizations. Start to recognize patterns in how you react and feel, and learn ways to feel more balanced and in control. Afterward, enjoy a 45-minute yoga session to help you feel grounded and reconnected with your body. Leave with easy habits to boost your well-being from the inside out. Please wear comfortable clothing and bring a yoga mat and water bottle.

**Amy Haney**

940 Sec. A

Thursday (2 sessions), 4/9-4/16, 6-7:30PM  
\$35



# Health, Wellness & Recreation



## **NEW!** **Budget-Wise Wellness: Making Every Bite Count**

Learn how to make nutritious choices without breaking the bank! Join Javelin Lawrence, who has a doctorate of clinical nutrition and is a certified nutrition specialist candidate, for a hands-on session that takes healthy eating from theory to practice. Spend the first hour discovering how to read food labels, identify key ingredients, and make smart decisions while meal planning. Then take your skills to the aisles of Green Top Grocery as she guides you through shopping for a meal plan. Please bring money if you'd like to purchase the groceries for your meal plan during the in-store portion of class.

**Javelin Lawrence**

980 Sec. A

Saturday 4/18, 9-11AM

Off campus, Green Top Grocery, Bloomington

\$29

## **Solid Core & Tummy Toning**

Prioritizing a strong core can keep you fit for life. So squeeze those abs and add to your exercise routine as you work on personal fitness goals. Leave class knowing how to implement exercises that target your core and abdomen and how to reap the maximum benefit for your body type.

**Michelle Masi**

931 Sec. A

Wednesday (5 sessions), 4/8-5/6, 6-7PM

\$49

## **Moving Free With the Alexander Technique**

Optimize your health with the Alexander technique, a holistic method for restoring your body's natural movement and posture. Learn to incorporate healthy habits into your daily routine to gain better body awareness. Leave with a plan to restore relaxation and harmony in your life.

**Wes Howard**

962 Sec. A

Monday (3 sessions), 4/13-4/27, 6-7:30PM

\$49



## Backyard Bird Watching & Care

Beckon a symphony of songbirds to your yard. Learn how to attract more than 100 species of birds with the right native plants, water, food, and birdhouses. Discover how to accurately identify migratory and native species and gain insights into their behavior. Leave with an increased appreciation for birds and native plants and a better understanding of how to make your property a more enticing destination for your avian friends.

**Bill Davison**

963 Sec. A

Saturday 4/4, 9-11AM  
\$29



## 📍 Polynesian Dance

Celebrate the vibrant culture of the Polynesian islands through dance! Learn beautiful movements, explore the stories behind them, and build strength and confidence in a fun and welcoming environment. All levels are welcome — no experience needed. Connect with a dynamic community and deepen your appreciation for Polynesian traditions.

**Johnette Palumbo**

965 Sec. A

Wednesday (5 sessions), 4/1-4/29, 7:15-8:15PM  
Off campus, Kamokunani Hula Halau, Bloomington  
\$49

## 📍 Nightclub 2-Step

Get on your feet and onto the dance floor! Learn the basics of this popular slow dance, a great step to prepare for weddings, reunions, street festivals, and slow dancing at home. Develop several basic patterns as each class builds on the last. Participants are encouraged to enroll with a dance partner. Price is per person.

**Cathy Hempstead**

930 Sec. A

Thursday (5 sessions), 4/9-5/7, 5:30-6:45PM  
Off campus, Dance Partners Studio, Bloomington  
\$79 (per person)



## Heartsaver CPR/AED/First Aid

Gain an understanding of basic CPR and first-aid skills. Learn cardiopulmonary resuscitation (CPR), how to provide breaths with a barrier device, how to relieve an airway obstruction, and how to use an AED (automated external defibrillator). A CPR/AED/First Aid certification card will be emailed after successful completion of the hands-on first aid skills and manikin practice. Certification is valid for two years. Certification is approved by DCFS for day care providers. This class is not intended for healthcare professionals.

**Dawn Wilson**

872 Sec. B

Saturday 4/18, 8:30-11:45AM  
\$65 (includes certification card and textbook)



## Friendly Pollinator Gardens: Choosing Plants with Purpose

Optimize your garden and make it a buzzworthy spot for butterflies, bees, hummingbirds, and other pollinators. Learn all about key pollinating species and which plants, locations, and colors attract them. Walk away with all the information you need to design your own pollinator oasis and bring it to life.

**Patti Koranda**

936 Sec. A

Thursday (2 sessions), 4/16-4/23, 6-8PM  
\$29

## **NEW!** Let's Talk Air Plants

Discover the magic of air plants in this fun, hands-on class. Learn how these soil-free plants grow, how to care for them, and creative ways to display them. Make your own decorative air plant arrangement to take home while gaining tips on watering, lighting, and long-term care. Perfect for plant lovers of all levels — no green thumb required!

**Dan Anderson**

950 Sec. A

Tuesday 5/12, 6-7PM  
\$20 (plus \$5 supply fee, cash only, paid to instructor)



## **NEW!** Bloom into May: Fresh Floral Centerpiece

Experience hands-on tips from a floral designer and create a stunning 12- to 14-inch centerpiece arrangement. Learn essential design elements, tips for working with seasonal blooms, and secrets to extending the life of cut flowers. Using fresh greens and vibrant blossoms, craft a one-of-a-kind piece — perfect to share with a friend for May Day or to present as a beautiful gift for Mother's Day. **Registration deadline is April 23.**

**Dawn Lockett**

945 Sec. A

Thursday 4/30, 6-8PM  
\$25 (plus \$35 supply fee, cash only, paid to instructor)

## Learn to Weld

Discover the extensive world of welding in this introductory class made for both personal and professional purposes. Become familiar with the basics of stick (SMAW), MIG (wire), and oxy-acetylene gas welding methods, along with safe operating practices. Apply what you learn in class during hands-on lab time. The instructor will provide materials, but you are also invited to bring projects from home. Participants will receive a supply list before the start of class.

**Aaron Metcalf**

926 Sec. A

Saturday (5 sessions), 4/4-5/2, 9AM-12PM  
\$245 (plus supplies)





### **DIY Home Plumbing Repairs**

Get hands-on experience completing minor plumbing repairs and replacing outdated fixtures using common household plumbing tools. Discover how your home plumbing system works and learn techniques to prevent and clear clogs in sink and shower drains. Explore remedies for leaks and drips, and leave ready to tackle that leaky faucet or slow shower.

**Josh Houtzel**

933 Sec. A

Tuesday 4/28, 6-8PM

Off campus, Mid Central Community Action, Bloomington  
\$29 (plus \$5 supply fee, cash only, paid to instructor)

### **Intro to Electric Vehicles**

Electric vehicles (EVs) are transforming the way we drive — offering quiet, efficient, and environmentally friendly transportation. Get an overview from Heartland Community College EV faculty member Vincent Hobart on EV technology, ownership, and real-world performance. Leave ready to make informed decisions about EV use including everyday driving, charging, costs, and ownership.

**Vincent Hobart**

949 Sec. A

Wednesday (2 sessions), 4/29- 5/6, 6-8PM  
\$39



## **Golden Gilded Age**

Immerse yourself in the history of the Gilded Age with two of our spring classes! Enroll in *The Gilded Age*, a historical look at the time period that shaped America's railroads and cities. See page 4 for details. Then go back in time to *Chicago's Gilded Age & Beyond* in a city tour showcasing art, architecture and design in the late 19th and early 20 centuries. Pontiac pickup is available. See details on page 2.

# Home & Garden



## **Lawn Mower Maintenance Workshop**

Keep your yard in tip-top shape! Learn how to safely sharpen blades, change the oil and filters, replace spark plugs, maintain proper tire air pressure, and more. Discover the best ways to clean your equipment and get practical tips for keeping it in great condition year-round. Explore how different fuels affect engine performance and compare gasoline- and electric-powered machines. Plus, learn how to maintain your push mower — bring yours in for hands-on experience.

**Josh Houtzel**

939 Sec. A

Tuesday 5/12, 6-8PM

Off campus, Mid Central Community Action, Bloomington  
\$29



## **Basic Home Maintenance**

Learn home repair and maintenance tips from a 30-year veteran of the business! In this hands-on class, gain the confidence to tackle small repairs and protect your biggest investment — your home. Discover how to care for your furnace, choose the right filters, and know when to change them to keep your heating and cooling systems running smoothly. Get expert advice on managing the gunk that builds up in gutters, including how to clear and maintain your drains. Find out how to inspect doors, properly install deadbolts and handles, reattach door trim and floor base, and even troubleshoot a jammed garbage disposal. Walk away empowered with practical skills you can use year-round!

**Josh Houtzel**

937 Sec. A

Tuesday 4/14, 6-8PM

Off campus, Mid Central Community Action, Bloomington  
\$29



## **Flooring 103: From Bare Floor to Beautiful Ceramic Tile**

Join this hands-on, two-day class and learn the steps to ceramic tile installation. Find how to measure your space, properly lay tile backer board for a durable foundation, and set tiles step by step for a flawless finish. Discover the finer points of grout and get tips on sealing your floor. All tools provided — knee pads available. Walk away ready to take on your own tile project with confidence.

**John McKee**

947 Sec. A

Wed/Thu (2 sessions), 4/22-4/23, 5:30-8:30PM

Off campus, Mid Central Community Action, Bloomington  
\$99



## **NEW!** Empanadas With Latin American Flavor

Discover how to make an empanada from scratch in this fun, interactive class. Prepare this beloved Latin American dish by filling dough with two flavorful mixes, ranging from savory meats and vegetables to a cheesy and sweet blend. Learn step-by-step ways to recreate this baked or fried pastry at home. Please bring container to bring home your treats.

**Rocío Morales**

946 Sec. A

Monday 4/20, 6-8PM

\$55 (plus supplies)



## **NEW!** Ciabatta Bread Made at Home

Join our consummate baker Erin Ensenberger for a live, interactive Zoom class where you'll learn to bake authentic ciabatta bread from your own kitchen. Ciabatta is a bakery favorite with its rustic crust, airy interior, and signature holes. Watch and participate as you are guided step by step — from mixing and folding to shaping and baking — making this class perfect for all skill levels. You'll receive a full ingredient list and Zoom link before the start of class to create and bake along with confidence.

**Erin Ensenberger**

951 Sec. OA

Thursday 4/16, 6-8:30PM

\$25 (plus supplies)



## **NEW!** Shokupan: Japanese Milk Bread

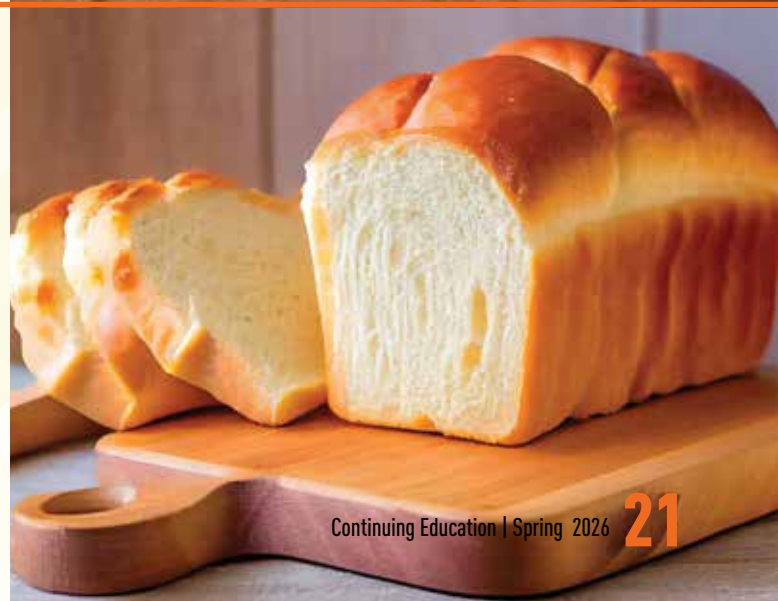
Get ready to bake your way to cloud-like perfection! Learn, through hands-on preparation, how to make Shokupan — Japan's famous milk bread that's soft, fluffy, and slightly sweet. Mix, knead, and shape this irresistible loaf step by step, and discover why it's the ultimate bread for everything from fruity "sando" sandwiches to creamy egg toast. Leave with a loaf you will be proud of in this class that's perfect for beginners and seasoned bakers alike. Bring a bread loaf pan to class to bake your creation. **Registration deadline is May 11.**

**Hans Fritzen**

975 Sec. A

Monday 5/18, 6-8:30PM

\$59 (plus supplies)



# In the Kitchen



## Sourdough Breads

Wild yeasts and bacteria: Explore the world of sourdough! Begin with the perfect starter, and learn to mix and care for it to make bread. Discover sourdough's versatility as you make yummy pancakes in class and crown them with favorite toppings. Take home your own starter and some tasty recipes to add a special touch. Please bring a container with a secure lid. **Registration deadline is April 8.**

**Heidi Murray**

935 Sec. A

Monday 4/13, 5:30-8:30PM

**\$49 (plus supplies)**



## Decorate Cupcakes Like a Pro: Easter Edition

Transform plain cupcakes into adorable Easter treats that are almost too cute to eat! Learn easy decorating techniques, including creating festive designs with pastel colors, bunny faces, and springtime flowers in this hands-on class. Elevate your cupcakes with simple piping methods. Leave ready to add special touches to any sweet treat! **Registration deadline is March 25.**

**Cat Bomya**

932 Sec. A

Thursday 4/2, 6-8PM

**\$45**



**NEW!**



## Herbal Tea 102

Take a deeper look at how herbal teas can support your well-being through time-tested, plant-based remedies. Explore the active compounds found in common herbs and how they interact with the body to promote healing and balance. Learn practical ways to select, blend, and brew herbal teas that may help address everyday concerns naturally and complement a holistic lifestyle. **Registration deadline is May 11.**

**Javelin Lawrence**

948 Sec. A

Thursday 5/14, 6-8PM

Off campus, Java Green Herbal Tea, Bloomington

**\$49**





### Springtime Cookie Decorating

Add vibrancy to your spring season when you transform pre-baked cookies into stunning edible artworks blooming with color. Roll up your sleeves and unleash your creativity as you learn simple, hands-on techniques to bring your vision to life. No prior experience needed — all materials will be provided. Take home your one-of-a-kind cookies and the confidence to create batches whenever your heart desires! **Registration deadline is April 29.**

**Cat Bomya**

934 Sec. A

Monday 5/4, 6-8PM

\$45



### French Macarons 101: A Sweet Artistry Workshop

Get ready for a fun, hands-on experience where you'll learn to make delicious French macarons from scratch. Create beautifully delicate, gluten-free macarons filled with rich, creamy buttercream in flavors such as vanilla and lavender. Leave with a half dozen sweets of your creation, perfect to share or keep to yourself! Bring a container to take your treats home. **Registration deadline is May 14.**

**Erin Ensenberger**

938 Sec. A

Tuesday 5/19, 5:30-8:30PM

\$59 (plus supplies)

## Spring Break coming soon!



Sign up now for the best spots in our Kids@Heartland Spring Break lineup. Have fun learning babysitter tips, how to build a personal computer, basketball announcing, and musical theater. See page 28 for details.

## In the Kitchen



### **NEW!** Thumbprint Treats: Jam & Buttercream Delights

Get ready to bake up sweet memories as you learn to make classic thumbprint cookies in this hands-on class. Create cookies filled two delicious ways — with bright, fruity jam, and rich buttercream frosting. Arrive with your creativity and love for cookies, and leave with beautiful, tasty samples. Please bring a container to take home your treats.

**Registration deadline is April 8.**

**Diana Holderby**

976 Sec. A

Tuesday 4/14, 6-8PM

**\$45 (plus supplies)**

### **NEW!** Perfect Petit Fours: Bite-Sized Elegance

Step into the sweet world of petit fours in this hands-on class. Layer, glaze, and decorate these elegant, bite-sized cakes from start to finish. Discover tips for perfect fillings and beautiful finishes. Take home stunning miniature creations! Please bring an 8-inch container to take treats home.

**Diana Holderby**

959 Sec. A

Wednesday 5/6, 6-8PM

**\$45 (plus supplies)**

### Petite Cheesecake Delights

Take the cheesecake challenge with this introductory mini cheesecake class! Learn how to make a graham cracker crust and a yummy cheesecake filling and discuss tips and tricks for baking the best cheesecakes. Leave with mini cheesecakes baked in a cupcake pan! Students should bring a six-cupcake tin and an airtight container to take your cheesecakes home. **Registration deadline is April 6.**

**Megan Mercado**

958 Sec. A

Thursday 4/9, 6-8PM

**\$55 (plus supplies)**

## Personal Finance



### The World of Investments: Building Wealth for the Future

Get introduced to the vast world of investing and unravel its inner workings. Explore common types of investments and accounts and discover your best investment options. Get your specific questions answered during this interactive, engaging session.

**Mark Hunt**

955 Sec. A

Wednesday 5/6, 6-8PM

**\$25**

### Will Basics

Ensure the direction of your future and protect your finances with a will. Get a basic understanding of will requirements in Illinois and learn more about the will-writing process. Leave with the ability to make an informed decision on hiring an attorney versus writing a will on your own.

**Carissa Haning**

927 Sec. A

Wednesday 4/22, 6-8PM

**\$25**



### Early Bird Discount

*Register now through Thursday, March 26, to receive a 10% discount on your course fee!*





## Budgeting Blueprint: Plan, Track & Grow

Transform your financial habits by embracing budgeting. Learn to track spending, harness the power of budgeting software (or keep it simple), and unlock the value of cash flow within a customizable, adaptable spending plan. Discover how to start or grow your retirement funds. Set clear financial goals and stay in control of your financial future.

**Mark Hunt**

928 Sec. A

Thursday 4/23, 6-8PM  
\$25

## **NEW!** Ask a Financial Expert: Retirement Planning

Have questions about planning for retirement? Join a relaxed, interactive workshop focused on three core areas — accumulation, distribution, and risks in retirement. Start with a brief overview of essential concepts, then engage in open discussion to address your personal questions. Whether you're building savings, preparing to retire, or already living in retirement, gain clear, practical insights to help you make confident financial decisions for your future.

**Matthias Pope**

956 Sec. A

Monday 5/4, 6-8PM  
\$25

## Meet Our Instructors:



**Mark Hunt**

**Bio:** Mark Hunt retired after 23 years as an agency manager with a large multi-line insurance and investment firm. Since the fall of 2023, he has taught finance courses for Continuing Education. During his career, he earned the chartered leadership fellow designation from The American College, held a FINRA Series 26 registered investment principal license, and was a licensed property, casualty, life, and health producer in multiple states. He retired to pursue his passion for educating and empowering the community to achieve financial independence.

**What he teaches:** Hunt has taught both adult and youth finance classes, including *The World of Investments: Building Wealth for the Future*; *Budgeting Blueprint: Plan, Track & Grow*; *Retirement Boot Camp*; *Retirement 101*; and *Let's Talk Money: Grades 9-12*. He will be teaching *Budgeting Blueprint: Plan, Track & Grow* and *The World of Investments: Building Wealth for the Future* this spring. See pages 24-25.

**Quote:** "I truly enjoy seeing attendees embrace the idea of taking control of their own personal finances and walking away from each and every class with a greater hope for their own future. Anyone and everyone can be better off once they understand."

# Language, Communication & Culture



NEW!



## Spoken Word Poetry

Discover the roots, rhythm, and relevance of spoken word poetry in this beginner friendly class. Examine the art form's deep cultural and historical traditions while learning how storytelling, authenticity, and expression shape its power. Experiment with writing prompts, guided exercises, and collaborative creation to find your voice and connect with others as you craft original and co-created poems. Bring drinks and snacks that bring you comfort, a notebook, and pens.

### Angelique Racki

973 Sec. A

Tuesday (3 sessions), 4/21-4/28, 5:30-7:30PM

Off campus, BCAI Cultural Arts & Humanities, Bloomington & 5/5, 5:30-7:30PM at HCC

\$55 (plus supplies)

## American Sign Language II

Continue building your sign fluency and advance your expressive and receptive skills through engaging group activities in this Level 2 American Sign Language (ASL) course. Whether you're improving to connect with a friend, family member, or colleague, exploring a career in interpreting, or pursuing personal growth, this class will further expand your conversational abilities in ASL. This class offers 16 Professional Development Credits (PDCs) for SHRM (Society for Human Resource Management) members. Prerequisite: Completion of American Sign Language I or equivalent.

### Christina Sansone

961 Sec. A

Monday (8 sessions) 3/30-5/18, 6-8PM

\$185 (plus digital textbook & online access code)

## —ed2go—

### Instant Italian

Learn practical, everyday words in Italian. Read, listen, and practice dialogues based on typical situations that you're likely to encounter if you vacation in Italy. Hear the words and phrases spoken aloud with just a click of your mouse. Cultural notes are included throughout the course to help you better understand Italians and their way of life. This class can be self-paced with course content available for a 3-month period, or instructor-led with 6 weeks access, based on set start dates. There are 12 lessons with 2 released per week.

\$130 [ed2go.com/hcc](https://ed2go.com/hcc)



## Have a knack for voices?

Join our *Introduction & Techniques In Voiceovers* class and find out how to use your talents in a starring role! See page 8 for details.





### **NEW!** Novel Workshop: Extended Feedback for Your Work in Progress

Join a supportive and inspiring environment designed for novelists at all stages of the writing journey. Under the guidance of an experienced instructor, share your work, exchange feedback, and explore the craft of storytelling. Refine your voice, strengthen your skills, and gain new perspectives through collaboration with fellow writers. Benefit from expert insights, practical techniques, and the motivation of a creative community.

**Ryan Edel**

815 Sec. A

Monday (7 sessions), 4/6-5/18, 6-8PM  
\$119

### **Getting Published**

Achieve your dreams of becoming a published author! Discover the ins and outs of the publishing process. Investigate the pros and cons of self-publishing versus the traditional route. Gather essential tips about negotiating contracts, selling rights, and copyright issues. Walk away with the confidence and knowledge to approach agents and publishers and get them excited about your work.

**Julie Navickas**

972 Sec. A

Wednesday (2 sessions), 5/20-5/27, 6-7:30PM  
\$29

— **ed2go** —

### **Research Methods for Writers**

Attention all writers! Learn how to efficiently and effectively conduct research for any writing project: fiction, nonfiction, business — even term papers and dissertations. Start with the foundations of good writing and then identify and access every information source imaginable. This class is self-paced with course content available for a 3-month period.

**\$129** [ed2go.com/hcc](https://ed2go.com/hcc)



## Spring Break

### Babysitter Training: Grades 6-8

Get the training you need to launch your babysitting business! Learn life-saving skills such as how to rescue someone who's choking, what to do during severe weather, and how to perform basic first-aid care. Gain a better understanding of child behavioral patterns according to their development stage. Leave with a CPR certification from the American Heart Association and a Safe Sitter® completion card, along with methods to grow your babysitting business. Please bring a sack lunch. **Registration deadline is March 12.**

#### HCC instructor

888 Sec. YA      Friday 3/27, 9AM-4PM  
\$155 (includes certification card and textbook)

### Musical Theater Workshop: Grades 6-8

Gain hands-on experience in this unique performing arts workshop! Explore the basics of theater, dance, and music and build confidence and teamwork skills as you perform musical theater ensembles and solos. Leave class with a vocal piece, a monologue, and an upbeat dance selection ready to use in future auditions! Please wear clothing you can dance in, bring shoes suitable for dance, and bring a water bottle. Participants will receive a supply list before the start of class.

#### Ashleigh Feger

858 Sec. YA      Mon-Fri (5 sessions), 3/23-3/27, 9AM-12PM  
\$169 (plus supplies)

### NEW! Basketball Announcing: Grades 6-8

Join Braden Fogerson, broadcast analyst for Illinois State University sports on ESPN's The Valley, and dive into the exciting world of basketball announcing. Learn how to describe fast-paced plays so listeners and viewers can picture the action, use exciting language to keep the game moving, and sound confident behind the mic. Practice fun on-air activities, sharpen your speaking skills, and discover how real sports broadcasters make every moment come alive. Perfect for sports-loving students who want to try their hand at being the voice of the game!

#### Braden Fogerson

893 Sec. YA      Mon-Fri (5 sessions), 3/23-3/27, 1-4PM  
\$169



## Learn How to Build Your Own PC: Grades 6-8

Anyone can buy a computer, but what about building one? Learn about various computer parts and their functions, assemble working computers from base components, discover how to install an operating system, and gain valuable troubleshooting skills along the way. Take your new skills and confidence home to build your own PC.

**Stephen Szabo**

848 Sec. YA

Mon/Tue (2 sessions), 3/23-3/24, 9AM-12PM  
\$79



# Summer adult classes coming your way!



Get ready for summer and watch for details in our upcoming Kids@Heartland booklet for these exciting summer classes just for adults!

- Radium Girls: The Dark Story of America's 'Shining Women'
- Sculpting Ceramics by Hand & Pottery Wheel
- Yoga I (two sections)
- Barre Body
- Fitness & Recreation Center Community Access
- Heartsaver CPR/AED/First Aid
- Create a Fresh Fruit Tart
- Food Protection Manager Certification

## Lincoln



### Knot-So-Tough Beaded Necklace

String together your own dainty and elaborate multi-layered beaded necklace in this hands-on workshop. Explore bead types and attachments, and practice stringing and knotting techniques. Leave class with an eclectic new statement piece.

**Jen Bethmann**

960 Sec. AL

Tuesday 4/28, 6-8PM

\$29 (plus \$5 supply fee, cash only, paid to the instructor)

## Pontiac



### Gilded glitz

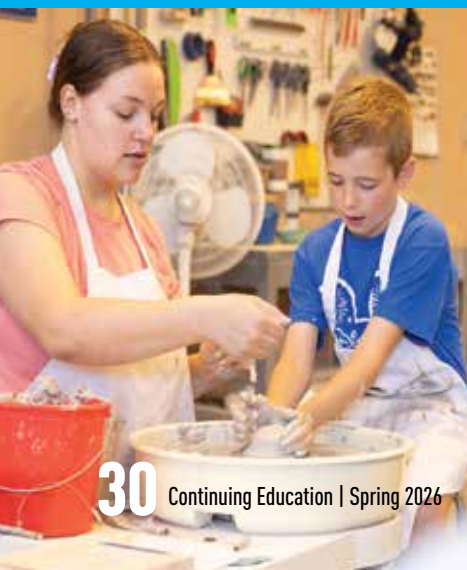
Go back in time to the Gilded Age in a Chicago tour showcasing art, architecture, and design in the late 19th and early 20th centuries. Pontiac pickup is available. See details on page 2.



### Early Bird Discount

Register now through Thursday, March 26, to receive a 10% discount on your course fee!

## SAVE THE DATE!: SUMMER 2026



### Kids@Heartland:

- June 8–June 26
- June 29–July 3 week break
- July 6–July 31

### Summer adults:

- May 26–Aug. 4

30 Continuing Education | Spring 2026





## 3 WAYS TO REGISTER



### Online

Payment must be made by credit/debit card (Visa, MasterCard, Discover or American Express).  
Visit our website: [Heartland.edu/ContinuingEd](http://Heartland.edu/ContinuingEd)



### By Phone

Call 309-268-8160  
TDD number 309-268-8030  
Office hours: 8AM-4:30PM, Mon-Fri.  
To register by phone you must pay by credit/debit card (Visa, MasterCard, Discover or American Express).



### In Person

Come with a list of classes and we'll sign you up while you wait. Bring the list and payment to:  
Continuing Education  
Workforce Development Center  
Suite 2400  
Heartland Community College  
1500 W. Raab Road, Normal, IL  
Office hours: 8AM-4:30PM, Mon-Fri.

### Questions or suggestions?

Email: [continuing.education@heartland.edu](mailto:continuing.education@heartland.edu)



**Heartland Community College is a tobacco-free and weapons-free campus.**

### Accommodations

In accordance with the Americans with Disabilities Act (ADA) and Amendments, Continuing Education at Heartland Community College makes every effort to provide reasonable accommodations to qualifying students with disabilities. Participants in need of reasonable accommodations may identify so on the registration form and will be communicated with regarding the request process. In order to provide adequate time to obtain documentation and arrange for reasonable accommodations, **it is highly recommended that requests are submitted 3 weeks prior to the class start date.** Requests submitted after this point will still be accepted and given full consideration, but may not be in place during the limited duration of the enrichment program.

Students enrolled in a Kids@Heartland class should demonstrate independence, motivation, and the ability to handle changes in routine. Personal services such as restroom assistance, support with mobility around campus, eating, or direct one-to-one supervision are not provided as part of the program. If your child needs any of these supports, please reach out to the Kids@Heartland program as soon as possible to discuss options. Accommodations are not considered reasonable if they pose a serious health or safety risk, or significantly alter the intent of the enrichment program.

### Age Appropriate Guidelines

Unless otherwise stated, these classes are designed for adults ages 18 and over.

### Conduct Expectations

We strive to provide excellent learning experiences in our Continuing Education classes. As a result, anyone exhibiting inappropriate behavior or using disrespectful language may be dismissed without a refund. Please refer to the HCC Student Conduct Policy for details at [Heartland.edu/StudentHandbook/Conduct.html](http://Heartland.edu/StudentHandbook/Conduct.html).

### Fees & Registration Confirmation

Fees are payable in full at the time of registration. We accept cash, check or credit/debit cards. You will receive a confirmation of your registration via email. Confirmation will include a course schedule, receipt, room assignment, map and other information specific to your class(es).

### Full or Canceled Classes

Continuing Education reserves the right to limit the enrollments or cancel any classes due to insufficient enrollments. For this reason, please register early to reserve your place in the class of your choice. Please make sure we have your current contact information so we can notify you if classes are canceled. You may choose an alternative course or receive a full refund.

### Refund Policy

Unless otherwise stated in the course description, you must drop an adult class no later than three working days before the first class session to receive a refund. No refunds or class credits will be issued after that time. Payments for course materials, supplies or textbooks are also nonrefundable.

### Weather or Emergency Cancellation Policy

If Heartland Community College closes campus due to inclement weather or emergencies, Continuing Education classes will also be canceled. Cancellations will be announced on area radio stations and local TV stations.

### Workforce Training Employment Policy

Heartland Community College does not guarantee employment upon completion of instructional programs. Students are responsible for researching relevant employment opportunities prior to registration. No refunds will be provided if a student fails to complete a course, does not pass a certification exam, or is unsuccessful at obtaining employment.

### Zoom Classes

To ensure a complete and valuable experience in your Zoom classroom, we recommend you use a device equipped with a functioning webcam such as a PC or laptop. Tablets and smartphones are permitted, but may not provide as meaningful an experience. Once you register for a course and provide a valid email address, you will be sent your Zoom link.

# Find Your Class

Rooms will be assigned at a later date.



**HEARTLAND**  
COMMUNITY COLLEGE

## NORMAL CAMPUS

1500 W. Raab Rd., Normal, IL 61761  
(309) 268-8000 • Heartland.edu

Home of the  
Heartland Hawks  
and the  
Normal CornBelts

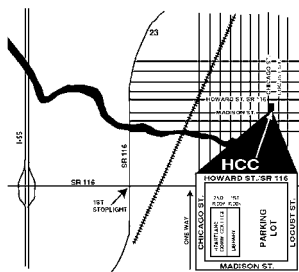
- |  |   |  |
|--|---|--|
| 1 AGRICULTURE COMPLEX (AGC)            | 6 STATE FARM ELECTRIC VEHICLE LAB (EVL) | 11 CHILD DEVELOPMENT LAB (CDL)               |
| 2 COMMUNITY COMMONS BUILDING (CCB)     | 7 INSTRUCTIONAL COMMONS NORTH (ICN)     | 12 FITNESS AND RECREATION CENTER (FRC)       |
| 3 STUDENT COMMONS BUILDING (SCB)       | 8 WORKFORCE DEVELOPMENT CENTER (WDC)    | 13 ASTROTH COMMUNITY EDUCATION CENTER (ACEC) |
| 4 INSTRUCTIONAL COMMONS BUILDING (ICB) | 9 PHYSICAL PLANT BUILDING (PPB)         | 14 NORMAL READINESS CENTER (NRC)             |
| 5 ADVANCED MANUFACTURING CENTER (AMC)  | 10 RECEIVING AND STORAGE BUILDING (RSB) | 15 CORN CRIB                                 |

## LINCOLN



HCC Lincoln  
2201 Woodlawn Road, Lincoln, IL 62656  
217-735-1731 • Heartland.edu/Lincoln

## PONTIAC



HCC Pontiac  
211 E. Madison St., Pontiac, IL 61764  
309-268-8960 • Heartland.edu/Pontiac

## OFF CAMPUS

BCAI  
107 E. Chestnut St., Suite 100  
Bloomington, IL 61701

Dance Partners Studio  
1401 Tralee Lane  
Bloomington, IL 61704

Green Top Grocery  
921 E. Washington St.  
Bloomington, IL 61701

Java Green Herbal Tea  
1203 Morrissey Drive, Suite C  
Bloomington, IL 61702

Kamokunani Hula Halau  
107 E. Chestnut St. Suite 101  
Bloomington, IL 61701

Michael Amis Studio  
300 E. Grove St. (entrance on Prairie St.)  
Bloomington, IL 61701

Mid Central Community Action  
1301 W. Washington St.  
Bloomington, IL 61701

The Little Art School  
417 N. Main St.  
Bloomington, IL 61701





# DISCOVER *MORE.*

**Credit Class  
Registration  
Dates**

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**Summer 2026:** March 3 - June 1  
**Fall 2026:** April 7 - August 17

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Apply Now at **Heartland.edu**



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geared for kids

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