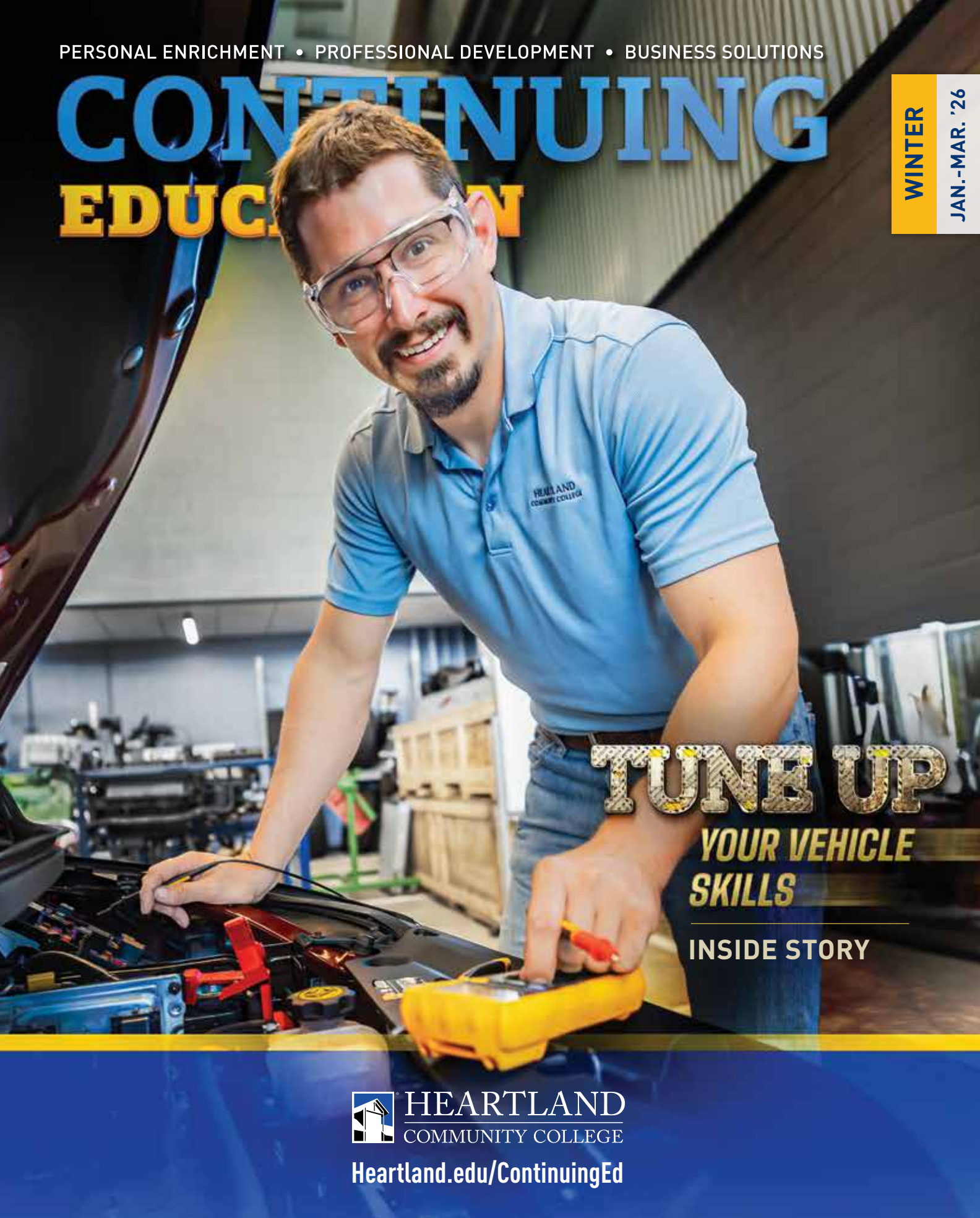


PERSONAL ENRICHMENT • PROFESSIONAL DEVELOPMENT • BUSINESS SOLUTIONS

# CONTINUING EDUCATION

WINTER

JAN.-MAR. '26



**TUNE UP**  
**YOUR VEHICLE**  
**SKILLS**

INSIDE STORY



HEARTLAND  
COMMUNITY COLLEGE

[Heartland.edu/ContinuingEd](http://Heartland.edu/ContinuingEd)

# Basic vehicle maintenance is a large part of Heartland Community College instructor Vincent Hobart's world.



He grew up working on cars and farm machinery, and keeping those machines running was vital to his early work in custom combining and, later, to his teaching at the Livingston Area Career Center in Pontiac.

His drive to always be learning eventually led him to Heartland, where he now teaches and serves as coordinator of the Electric Vehicle and Energy Storage program. This winter, he's sharing his vehicle mechanics expertise in a Continuing Education class, *Intro to Vehicle Maintenance* (see page 19), followed by a spring course, *Intro to Electric Vehicles* (stay tuned for details).

Hobart will guide lifelong learners through the essentials — from windshield wipers to checking tires,

fluids, batteries, and cabin air filters, among other key components. In the EV course, students will dive into the fundamentals of owning and caring for modern electric vehicles, some of which are quite literally being built in our backyard.

"There is a niche and a need for our community to learn about EVs," he said. Hobart is equally enthusiastic about vehicle maintenance in general, often lending his expertise to area dealerships seeking to better understand the technology powering today's cars.

His lifelong learning students will fit right in alongside the Career Technical Education students he teaches at HCC, all sharing the same goal: to upskill, stay curious, and keep learning how to better their lives.

"There are 25–30 computers nowadays in a basic car — some have as many as 40," he said. "It's like a patient... those computers can tell you exactly what is going on. There's so much information the car is giving us; we just have to interpret it. We don't go to the toolbox and grab a tool first — we grab a laptop."

## On the cover:

Heartland instructor Vincent Hobart looks under the hood of a car, using a digital multimeter to check voltages and resistance of wiring circuits. He'll be teaching *Intro to Vehicle Maintenance* this winter (page 19) and *Intro to Electric Vehicles* in spring.

# What's Inside

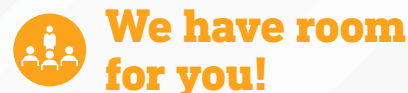
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Enjoy your favorite live class from the comfort of your home. Look for the Zoom icon!



We have classes at off-campus sites. Look for this icon to see our off-campus partners.



We'll be sending your room assignments along with your course info and a campus map a few days before the start of your class.



Register now through Thursday, Jan. 29, to receive a 10% discount on your course fee! Does not include Truck Driver Training, off-campus trips, online professional development, Ed2Go, and a few other selected courses.



Look for this icon on selected classes in this booklet and receive up to half off the class cost if you qualify for grant funding. Look on page 8 for more details.

Unless otherwise stated, these classes are designed for adults 18 and over.

Visit our website [www.Heartland.edu/ContinuingEd](http://www.Heartland.edu/ContinuingEd)

# Trips



## **NEW!** **Deep Dish & Design: Iconic Pizza Meets World-Class Architecture**

Roll up your sleeves at Pizzeria Uno — birthplace of Chicago's deep dish pizza — for a hands-on class where you'll press the dough, pile on toppings, and enjoy your creation with salad and stories from Uno's rich history. Then, a local expert will guide you on the Architectural Highlights by Bus Tour through the Loop, Hyde Park, Bronzeville, and the Magnificent Mile neighborhoods. Off-coach stops at select sites offer a closer look at standout architecture, some with interior access. It's a flavorful and fascinating day — Chicago-style! Your trip includes transportation, lunch, a bus tour, and all gratuities. Call 309-268-8160 to request a Pontiac pickup. **Registration deadline is Feb. 18.** Sorry, no refunds after this date.

801 Sec. 01

Sunday 3/22, 8:30AM-7:30PM  
**\$185**



## **NEW!** **Chicago's Gilded Age & Beyond**

Experience Chicago's Gilded Age, a time of grandeur and ambition. Begin with a guided visit to the Driehaus Museum, where the 1883 Nickerson Mansion and 1926 Murphy Auditorium showcase art, architecture, and design of the late 19th and early 20th centuries. After lunch on your own, join a guided walking tour of Michigan Avenue and State Street with interior visits to the Chicago Cultural Center, the Palmer House, and Macy's on State. Along the way, see architectural gems from Burnham, Sullivan, Holabird & Roche, and others who helped shape Chicago into a world-class metropolis following the 1893 World's Fair. Your trip includes transportation, a museum and walking tour, and all gratuities. Call 309-268-8160 to request a Pontiac pickup. **Registration deadline is April 9.** Sorry, no refunds after this date.

890 Sec. A

Saturday 4/25, 7:30AM-8PM  
**\$165**

## **Connect. Engage. Learn.**

Follow Continuing Education on social media!

 Facebook: continuingEd.hcc  LinkedIn: Heartland Community College  Instagram: @kidsatheartland



## Introduction to Dungeons & Dragons

Unlock the world of Dungeons & Dragons with a step-by-step introduction. Learn the game's history, core mechanics, character creation, and what to expect from a campaign with guidance from a seasoned Dungeon master. Then break down the rules into clear, manageable segments and prepare for your first game. Leave ready to roll the dice with confidence and start your own adventure.

**Jessie Birckelbaw**

861 Sec. A      Monday (3 sessions), 2/16-3/2, 6-8PM  
\$55

## Journey to the Stars: Astronomy 101

Start your journey into stargazing with the essentials. Get familiar with the tools of the hobby — from supplies to helpful apps and websites. Build foundational knowledge to make sense of what you see in the night sky, including constellations, moon phases, planetary viewing, solar observations, and deep sky objects. Get introduced to key concepts in astrophysics — like the life cycles of stars — to deepen your appreciation of the universe above.

**Jeff Benter**

862 Sec. A      Monday (2 sessions), 3/9-3/16, 6-7:30PM  
\$29



Like or follow us on Facebook and join the conversation!  
[www.facebook.com/continuingEd.hcc](http://www.facebook.com/continuingEd.hcc)

## **NEW!** Lifelong Learner Lectures: Buddha & the Mythologies of Asia

Explore three of Asia's most enduring mythological traditions: the life of the Buddha, the Ramayana, and the Mahabharata. Join Heartland Community College Humanities Professor Dr. Wayne Bass as he reveals how these epic narratives have shaped — and continue to shape — religious ideals and cultural identities in Asia and beyond. Bass holds a master's degree in Religious Studies from the University of Tennessee and a Ph.D. in Asian Languages and Cultures from UCLA. His academic and teaching interests center on the mingling and evolution of cultures throughout history, particularly in the area of religion.

**Wayne Bass**

818 Sec. A      Wednesday 3/18, 10-11:30AM  
FREE, but registration is required

## Foundations of Chess

Invest a couple of hours and learn a game you'll enjoy for a lifetime! In the first session, learn the rules, understand the board and pieces, and play a game to checkmate. Then practice taking chess notation, following etiquette, and applying key strategies and principles. Advance to sharpen critical thinking and tactical skills through gameplay. Leave with the ability to outsmart those who think they're unbeatable in the world's most popular strategy game.

**David Sye**

887 Sec. A      Tuesday (3 sessions), 2/24-3/10, 7-8:30PM  
\$39



## **NEW!** War of 1812

Often called the second war of American independence, the War of 1812 shaped the young nation's identity and future. Learn how battles along the Atlantic Coast, Great Lakes, and frontier expanded the conflict deep into the interior. Explore pivotal events such as the burning of Washington, D.C., and the defense of Fort McHenry that inspired our national anthem. Hear the story of Andrew Jackson and the Battle of New Orleans fought after the war officially ended. Finally, discover how the Treaty of Ghent secured U.S. borders and how a region in western Illinois became known as the Bounty Lands.

**Jeff Paisley**

817 Sec. A

Wednesday (2 sessions), 2/18-2/25, 6-7:30PM

**\$29**

## World War II: Pearl Harbor & Pacific Naval Campaigns

The battles and campaigns in the Pacific War of World War II pitted the Japanese against the Allied forces in Asia, the Pacific Ocean, the Indian Ocean, and Oceania. Discuss major battles and campaigns, including the attack on Pearl Harbor, the Battle of Midway, the Gilbert and Marshall Islands Campaign, the Battle of Iwo Jima, and the Battle of Okinawa. Leave with a better understanding of these events which played a major role in World War II.

**Jeff Paisley**

816 Sec. A

Wednesday (3 sessions), 3/11-3/25, 6-7:30PM

**\$45**

## Learning is **LIMITLESS!**

Join our Lifelong Learner Lectures, a new speaker series dedicated to showcasing intriguing and timely topics. Held quarterly, each lecture takes place on Wednesdays from 10-11:30AM, featuring a one-hour presentation followed by a 30-minute Q&A session.

Explore three of Asia's most enduring mythological traditions: the life of the Buddha, the Ramayana, and the Mahabharata. Join Heartland Community College Humanities Professor Dr. Wayne Bass as he reveals how these epic narratives have shaped religious ideals and cultural identities in Asia and beyond.

Attendance is FREE, but registration through Continuing Education is required. See page 3 for more information.



## Intermediate Ceramics

Advance your skills in both hand building and wheel throwing as you explore new forms and techniques. Push your creativity with guided projects while developing your own signature style. Gain confidence in finishing methods that bring out the best in your pieces. Leave class with a deeper mastery of ceramics and a collection of unique, refined creations.

**Claire Hedden**

803 Sec. A      Tuesday (6 sessions), 2/10-3/17, 1-4PM  
\$225

## Sculpting Ceramics by Hand & Pottery Wheel

Create functional and one-of-a-kind ceramics! Fine-tune techniques such as pinching, coiling, and building with clay. Then move to the pottery wheel, where you'll learn to throw cylinders and bowls. Observe and understand the ceramic process, from wet clay to fired pottery to finishing with glazing. Bring your ideas and inspiration to make original pieces in a cooperative and creative environment. No prior experience required.

**Anna Garner**

804 Sec. A      Tuesday (9 sessions), 3/3-4/28, 6:30-8:30PM  
\$225



## Glass Working for Beginners: Heat Your Heart Out

Sculpt a lasting symbol of love! Tour a hot shop and enjoy a demonstration from the expert glass team at the Michael Amis Studio. Then gather molten glass from the furnace and heat, stretch, and mold your own heart-shaped paperweight. No prior experience is required. Projects must be cooled overnight before leaving the studio.

### Michael Amis Studio instructor

805 Sec. A	Saturday 1/31, 9-10:30AM
806 Sec. B	Saturday 1/31, 11AM-12:30PM
807 Sec. C	Saturday 1/31, 1:30-3PM
808 Sec. D	Saturday 1/31, 3:30-5PM
809 Sec. E	Saturday 2/7, 9-10:30AM
810 Sec. F	Saturday 2/7, 11AM-12:30PM
811 Sec. G	Saturday 2/7, 1:30-3PM
812 Sec. H	Saturday 2/7, 3:30-5PM

Off campus, Michael Amis Studio, Bloomington  
\$75 (plus \$40 supply fee, cash only, paid to instructor)



## Share your talents

Use your knowledge, skills, and passion to earn extra income as a Continuing Education instructor! Join our team in professional development or personal enrichment classes. Whether it be in new or existing classes, we'd like to work with you! Laurie Mueller 309-268-8179 or email [laurie.mueller@heartland.edu](mailto:laurie.mueller@heartland.edu).

# Creative Arts



## Glass Working for Beginners: Egg-quisite Glass Creations

Jump into spring by crafting your own glass Easter egg. Tour the hot shop and enjoy a demonstration guided by the expert team at the Michael Amis Studio. Select your own colors and shape molten glass to create vibrant, personalized egg designs that highlight the beauty of glass while celebrating the season. Gain hands-on experience with professional instruction and leave with keepsakes that capture the joy of spring in sparkling, colorful detail.

### Michael Amis Studio instructor

835 Sec. A	Saturday 3/21, 9-10:30AM
836 Sec. B	Saturday 3/21, 11AM-12:30PM
837 Sec. C	Saturday 3/21, 1:30-3PM
838 Sec. D	Saturday 3/21, 3:30-5PM
839 Sec. E	Saturday 3/28, 9-10:30AM
840 Sec. F	Saturday 3/28, 11AM-12:30PM
841 Sec. G	Saturday 3/28, 1:30-3PM
842 Sec. H	Saturday 3/28, 3:30-5PM

Off campus, Michael Amis Studio, Bloomington

\$75 (plus \$40 supply fee, cash only, paid to instructor)

## Beginner Oil Painting

Dab your brush and dive into oil painting in this beginner-level class. Learn color theory, brush techniques, and other fundamentals. Develop your skills with hands-on guidance as you create your first oil painting. Leave with the confidence to continue on your oil painting journey. Participants will receive a supply list before the start of class.

### The Little Art School instructor

855 Sec. A	Monday (6 sessions), 2/16-3/23, 6-8PM
	Off campus, The Little Art School, Bloomington
	\$179 (plus supplies)

## The Art of the Band: Precious Metal Clay Ring Workshop

Design and create a one-of-a-kind ring in this fun, hands-on workshop. Using precious metal clay, learn techniques to shape, texture, and refine your custom band before it's carefully fired into solid silver. Along the way, explore different design ideas and finishing touches to make your piece truly personal. Whether you're making something romantic for a partner, crafting a friendship ring, or simply treating yourself, enjoy a relaxed, creative atmosphere and leave with a unique, wearable work of art.

### Kristy Walden

846 Sec. A	Tuesday (2 sessions), 2/3-2/10, 6-8:30PM
	\$85

## Learn to Crochet

Discover and practice the single crochet, half double crochet, and double crochet. Work on several small projects — dishcloths, round hot pads, granny squares, and a winter scarf. You will also learn how to crochet the top of a kitchen towel. Find out how to read patterns and change yarn colors. No experience necessary.

### Kay Bowen

891 Sec. A	Monday (6 sessions), 2/9-3/16, 6:30-8:30PM
	\$119 (plus \$7 supply fee, cash only, paid to instructor)

## Learn to Sew

Express yourself with a stylish new hobby! Learn how to choose between fabrics and gather the basic supplies. Then practice reading patterns, and sewing seams and hems. By the end of class, you'll be able to complete any simple sewing project. Please bring your own machine, manual, attachments, power adapter, and McCall's Pattern M7265 Project Totes. Prerequisite: Get to Know Your Sewing Machine or a basic understanding of how your machine works. Participants will receive a supply list before the start of class.

### **Pam Faber**

854 Sec. A

Tuesday (5 sessions), 3/3-3/31, 6-8:30PM  
\$99 (plus supplies)

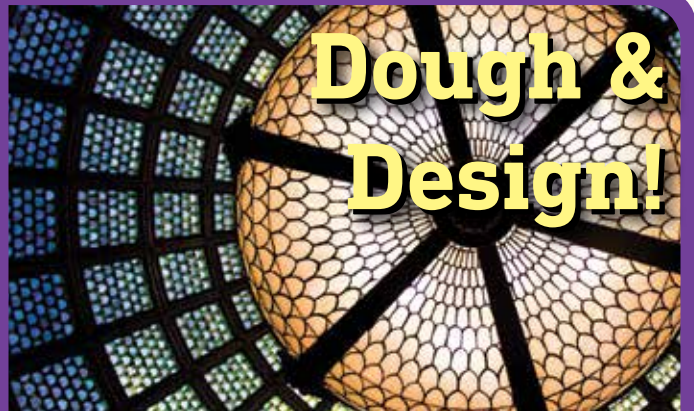
## Resin Jewelry for Beginners

Discover the versatility of various resins as you create unique jewelry and preserve treasured keepsakes. Cast objects like shells, beads, and even images in UV resin during this hands-on workshop. Then let your creativity flow as you add embellishments such as colorants. Leave class with at least two pieces of personalized jewelry.

### **Jen Bethmann**

856 Sec. A

Tuesday 3/10, 6-8PM  
\$29 (plus \$10 supply fee, cash only, paid to instructor)



Roll up your sleeves at Chicago's Pizzeria Uno for a hands-on class of making a deep dish classic! Then take a guided tour with Architectural Highlights by Bus Tour through the Loop, Hyde Park, Bronzeville, and Magnificent Mile neighborhoods. See details on page 2.

# Performing Arts



## Intro & Techniques In Voiceovers

Kickstart your voiceover career with our One-on-One Introduction to Voiceovers! In two power-packed sessions, learn the industry basics. In the first 90-minute session, explore different types of voiceovers, and receive coaching as you read real scripts. In the second 60-minute session, dive deeper with personalized script reading and targeted feedback. Discover your vocal strengths, ask follow-up questions, and receive a professional voice evaluation.

### Voices For All instructor

857 Sec. OA

2/2-5/22 Date flexible according to your availability determined with instructor  
**\$79**



## Early Bird Discount

Register now through Thursday, Jan. 29, to receive a 10% discount on your course fee!

## Up to half off grant-funded classes!

Take advantage of grant funding that is available until it is depleted to support individuals and employers seeking professional development (PD) opportunities through Continuing Education. Learners must be enrolling in PD courses for either the first time or have not enrolled in our PD classes in three years to take advantage of this offering.



This funding aims to:

- Welcome newcomers to the affordable, high-quality PD we provide.
- Accommodate organizations wanting to invest in PD for multiple employees.
- Enhance skills and knowledge for career advancement.
- Support workforce development in our community.
- Encourage lifelong learning and professional growth.

If eligible, participants can apply for grant funds to cover up to 50% of the cost in the following PD classes, denoted by this icon:

- *Essential Workplace Skills*
- *Fundamental Supervisory Skills*
- Heartsaver CPR/AED/First Aid and Healthcare Provider BLS CPR/AED
- Food Protection Manager Certification

- Intro to Excel
- Excel Pivot Tables
- Manage Your Time
- Unlock the Secrets of Hiring & Retaining Great Employees



**Look for this icon on selected classes.**

- Boost Your Work Game: Find Your Productivity Style
- Building Better Work Teams

In return, students must provide requested follow-up data after the completion of the course. To see if you qualify and to receive more information, please contact **Crystal Johnson** at 309-268-8374 or email [crystal.johnson@heartland.edu](mailto:crystal.johnson@heartland.edu). Note: This grant cannot be used in conjunction with any other discount offer and is available while funds last.

# Truck Driver Training



Scholarships are available. Call 309-268-8448.



## Nussbaum Trucking Academy at Heartland Community College

Are you looking for a career and not just another job? Consider becoming a professional truck driver. Nussbaum Trucking Academy at Heartland Community College will open the door to a lifetime of opportunities!

You will receive classroom training for the CDL Learner's Permit, *Essential Workplace Skills* training, and behind-the-wheel training in an automatic or manual transmission semitractor-trailer. The course also covers state and federal regulations, log books, map reading, trip planning, and complete vehicle training to prepare you for an entry-level position in the transportation industry. At the end of the course, you will take a Class "A" License Road and Skill Test administered by the Illinois Secretary of State's Office. For more information, call 309-268-8448 or email [truck.driver@heartland.edu](mailto:truck.driver@heartland.edu).

Visit [Heartland.edu/Truck](http://Heartland.edu/Truck) for upcoming day and evening class dates in Normal.

Employers may partner with Heartland Community College to upskill current employees or hire and train new employees as certified truck drivers and take advantage of state tax credit programs to help offset training costs.



Promote critical workplace behaviors and ensure incumbent workers are set up to succeed, regardless of industry. Created with insights from over 140 employers and developed with industry professionals, the *Essential Workplace Skills* (EWS) classes provide an intentional and consistent approach to soft-skills training. In addition, each workshop delivers action plans for immediate, on-the-job integration. Open enrollment or customized trainings available.

## [Heartland.edu/EWS](https://Heartland.edu/EWS)

- Workshops worth 3 PD hours for K-12 educators.
- 2.75 Professional Development Credits (PDCs) for SHRM (Society for Human Resource Management) members.

### **\$** Communicating Effectively

Communication drives workplace engagement. Get more strategic about communication as a professional skill. Tune into your personal communication style and compare it to that of your peers, supervisors, and customers. Learn how to customize your approach and get the best results. Understand how to manage in-person, written, and digital interactions to prevent conflict and promote productivity. Leave with new methods for connecting to others at work and contributing as a high-performing employee.

**Julie Finchum**

868 Sec. A

Wednesday 2/11, 8:30-11:30AM  
\$60

### **\$** Practicing Professionalism at Work

Being professional requires more than just showing up to work on time. Through activities, discussions and self-assessments, define your personal brand, develop strategies to work effectively with your colleagues, and identify specific skills to build your success in a professional environment. Walk away with tools to demonstrate professional qualities in the workplace.

**Carol Burrell**

869 Sec. A

Wednesday 2/25, 8:30-11:30AM  
\$60

### **\$** Thinking Critically at Work

Boost your value at work by being seen as an effective problem-solver. Explore the skills and strategies behind critical thinking — what it is and how to show it. Practice the ability to adopt multiple perspectives, analyze data, and tackle complex issues collaboratively. Explore techniques for evaluating solutions and communicating them to key stakeholders. Walk away with confidence that you know how to generate improvements that benefit yourself, your team, and your organization.

**Melissa Valen**

870 Sec. A

Wednesday 3/11, 8:30-11:30AM  
\$60

### **\$** Understanding Customer Service Essentials

Inclusive and cross-generational workplaces are today's professional norm. Assess your customer-centricity and learn how to maintain and improve trust. Expand communication skills, including use of technology, to serve internal and external customers equally well. Learn recovery steps that rebuild customer loyalty. Leave ready to provide professional customer-service excellence regardless of title or industry.

**Julie Finchum**

898 Sec. A

Wednesday 3/18, 1-4PM  
\$60

### **\$** Navigating Challenges & Stressors

Stressors at work create opportunities to rethink our responses and habits. Identify challenges in your professional life and what contributes to them. Adopt strategies such as a proactive mindset and what-if thinking to anticipate problems before they arise. Grow your emotional intelligence to improve encounters with peers, supervisors, and customers. Explore how attending to your whole self affects your professionalism and career path. Leave with an action plan that promotes resilience in the face of workplace demands.

**Carol Burrell**

896 Sec. A

Wednesday 4/15, 8:30-11:30AM  
\$60

### **\$** Advancing Equity, Diversity & Inclusion

Equity, diversity, and inclusion are among today's most critical commitments for employers and employees alike. Learn how top-ranked organizations put these commitments into action. Explore how to approach and improve interactions with others, so that they feel involved and respected. Walk away with a plan to address implicit bias and contribute to an inclusive, high-performing workplace.

**Vivian Doctora**

894 Sec. A

Wednesday 5/6, 8:30-11:30AM  
\$60

Effective supervision drives quality results and fosters employee retention. Help your organization realize its potential by giving supervisors the opportunity to better understand and demonstrate the skills critical to individual and team success. In *Fundamental Supervisory Skills*, participants will learn how to balance employee empowerment with engagement and explore tools that promote clear communication. Participants will leave with new strategies for supporting direct reports and ensuring day-to-day efforts yield big-picture impact.

[Heartland.edu/FSS](https://heartland.edu/FSS)

• 2.75 Professional Development Credits (PDCs) for SHRM (Society for Human Resource Management) members.



### \$ Resolving Difficult Situations

Supervision isn't always easy. Explore approaches to difficult situations, including conflicts with employees and customers. Recognize contributors to poor communication, performance, and service. Learn how to respond appropriately while taking advantage of an opportunity to build employees' skills. Understand when and how to involve management. Walk away with a toolbox for helping the frontline resolve challenges and preserve relationships.

**Abby Reel**

897 Sec. A

Wednesday 4/22, 8:30-11:30AM  
\$60

### \$ Leading Through Change & Transition

As an organizational go-between, supervisors have to monitor changes at both employee and management levels. Strengthen resilience to change. Understand how to better support your team as new expectations, targets, or realities come its way. Expand on the concept of "growth mindset" so that change is positioned as an opportunity, not a threat. Learn steps to take when introducing and implementing change and know what data to monitor for reporting progress. Leave with greater readiness to lend a steady hand when the work environment is in flux.

**Eric Hoss**

905 Sec. A

Wednesday 5/6, 1-4PM  
\$60



### \$ Balancing Authority & Influence

Supervisors are uniquely positioned in the organization. Explore the role of supervisor and better understand where authority begins and ends. Reflect upon and grow your influence in order to empower your direct reports to take personal responsibility for their task completion. Gain new perspectives on coaching, motivation, and accountability. Leave with greater confidence in your supervisory style and become more comfortable in your link between the frontline and management.

**Eric Hoss**

895 Sec. A

Wednesday 5/20, 1-4PM  
\$60

### Savings on selected classes!

Classes with this icon are eligible for up to half off through grant funding.  
*Please see page 8 for details!*



# Professional Development



## **\$ Food Protection Manager Certification**

Illinois regulations require food establishments to have at least one certified food protection manager (CFPM) on staff. This course uses the National Registry of Food Safety Professionals examination, which is approved by the American National Standards Institute. Learn about basic food safety, personal hygiene, cross-contamination and allergens, time and temperature, and cleaning and sanitation. Certification is required every five years. Please call 309-268-8160 to request an exam in another language.

### **U of I Extension instructor**

873 Sec. A

Tuesday 4/7, 9AM-3PM & Wednesday 4/8, 9AM-2PM

**\$139 (includes exam)**

—ed2go—

## **Steps to a Successful Job Search**

Learn to identify the job that suits you and your situation. Follow step-by-step instructions on how to get that job, regardless of your level of expertise or job market. Hone your interviewing skills, while mastering the six phases of a successful job interview. This class can be self-paced with course content available for a 3-month period, or instructor-led with 6 weeks access, based on set start dates. There are 12 lessons with 2 released per week.

**\$135** [ed2go.com/hcc](https://ed2go.com/hcc)

## **\$ Healthcare Provider BLS CPR/AED**

Master life-saving techniques. Learn basic life support, relief of airway obstruction, and signals of an impending heart attack with instruction designed for healthcare professionals. Practice on a manikin and become adept in fundamental CPR skills so you can approach any future emergency situation with confidence. Receive your CPR certification card via email after successful completion of the training. Certification is valid for two years.

### **Dawn Wilson**

867 Sec. A

Saturday 3/21, 8:30-11:45AM

**\$55 (includes certification card)**



**Engage your business brain in Technology classes. See pages 14-15 for our Technology offerings.**

# Online Professional Learning

NEW!



## Spanish for Medical Professionals

Learn how to communicate effectively with Spanish-speaking patients in this class designed specifically for healthcare professionals. Practice basic language skills, gain an understanding of the culture, and know how to ask the questions crucial to quality healthcare. Start with colors, vowels, numbers, and verb tenses and progress to a level where you can converse enough to take medical histories and understand a patient's needs.

### UGotClass instructor

903 Sec. OA      2/1-3/31, ONLINE  
\$290



## Introduction to Six Sigma Green Belt

Discover how Six Sigma methods can bring quality and efficiency to your industry or organization. Learn the basic terms and proven Six Sigma problem-solving methods, team building tools, and descriptive statistics that contribute to successful improvement projects. Cover the topics of Lean Principles, Failure Mode Effects Analysis, Team Tools, Project Charters, and Basic Statistical Tools. Tackle the challenge of going beyond the classroom to learn the material.

### UGotClass instructor

901 Sec. OA      2/1-2/28, ONLINE  
\$195

NEW!



## Payroll & Tax Filings

Employer state and federal tax filings, preparing and reading the payroll register, and how to prepare the journal entry for payroll. You will also learn about payroll service companies and the benefits of outsourcing your payroll needs.

### UGotClass instructor

902 Sec. OA      4/1-5/31, ONLINE  
\$195



## Improving Email Promotions

Discover ways to improve your email promotions, including when to email, what to email, and testing email copy. Then find out how to analyze your email response rates, including getting the benchmarks for open rates and click-through rates. Learn how to improve your email promotion and responses with tracking and testing.

### UGotClass instructor

900 Sec. OA      2/1-2/28, ONLINE  
\$195



## Business Writing

Take away the key practices you need to develop and craft your business writing communication effectively and successfully. Get the best practices for delivering effective, professional business documents and find out how to avoid grammatical pitfalls. Hone in on audience, purpose, and medium, and learn how to write formal and informal business reports. Leave ready to write polished and effective business communications.

### UGotClass instructor

899 Sec. OA      2/2-2/27, ONLINE  
\$195

NEW!



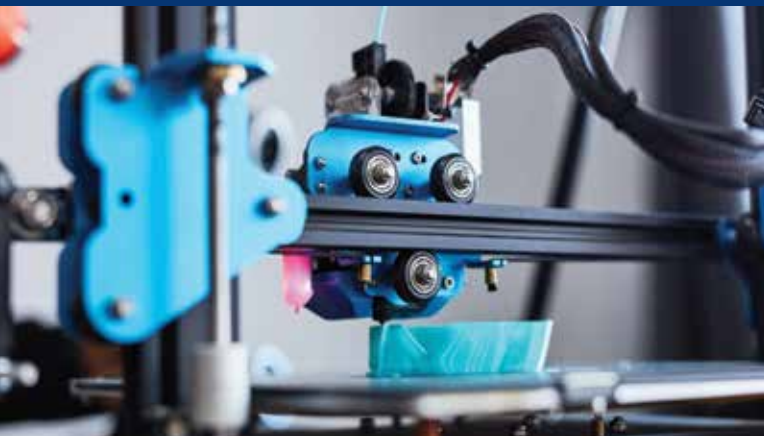
## WordPress Certificate

WordPress is the most popular content management system (CMS) for website and blog design. During the first week, you will learn or refresh your knowledge of all the initial steps and the required elements for having a website. Then find out how to build a simple WordPress website or blog. Topics include an introduction to CMS, WordPress installation and setup, page and content creation, administration, themes (selection, purchase, installation, and setup), working with widgets and plugins, and more. Finally, acquire advanced knowledge about WordPress options and features. You will learn how to modify WordPress web pages by hand-coding, learn about simple yet effective search engine optimization (SEO) techniques that improve your website ranking, and much more.

### UGotClass instructor

904 Sec. OA      4/1-5/31, ONLINE  
\$495

# Technology



## Fun With 3D Printing

Explore the world of 3D printing! Learn how printers work and how to handle common tasks. See real samples, get hands-on tips, and review Tinkercad basics to learn how to start designing your own creations — even without a printer. Discover how fun and practical 3D printing can be. Take home a small 3D printed item as a keepsake from the class.

**Dan Anderson**

853 Sec. A

Thursday 3/12, 6-8PM

**\$29 (plus \$5 supply fee, cash only, paid to instructor)**



## Create With Canva: Beginners

Design stunning flyers, social media graphics, resumes, and other visual content using Canva! Explore the free version of this online design tool as you navigate core features, and explore assets. Leave with the skills to add flourish to your digital creations. Please bring Canva username and password. The free version is required and the pro version will allow for more exploration.

**Victoria Padilla**

849 Sec. A

Wednesday (2 sessions), 3/11-3/18, 5:30-7:30PM

**\$55**



## Exploring Artificial Intelligence

Explore how artificial intelligence can enhance your business and daily life while weighing its potential risks and rewards. Examine AI's influence on communities and discover strategies for embracing innovation. Rethink the future and harness AI in ways that work for you.

**Sharvelle Bullock-Hamilton**

851 Sec. A

Friday 2/20, 9AM-12PM

**\$49**

**Leverage your tech skills in business!**

Engage your business brain in  
Professional Development classes.  
See pages 10-13 for our PD offerings.





## Intro to Excel

Excel is a powerful tool for organizing your data. Learn valuable tips and techniques useful for both beginners and longtime spreadsheet users. Develop and edit worksheets, utilizing formatting features and fill commands. Program formulas and learn some of the most popular built-in functions. Then practice customizing reports and visually representing data with charts and graphs. This class is worth 9 PDs for K-12 educators. **Registration deadline is Feb. 10.**

**Nandhini Maheswaran**

850 Sec. A      Tue-Thu (3 sessions), 2/24-2/26, 1-4PM  
\$165

## Intro to Google Workspace

Learn to navigate the many features of Google Workspace such as Calendar, Slides, Sheets, and much more! Develop the skills necessary to make your workflows more efficient and your presentations stand out. Leave ready to handle the ins and outs of Google Workspace with ease! Please bring Google username and password, as well as your cellphone, for an activity.

**Sharvelle Bullock-Hamilton**

852 Sec. A      Wednesday (3 sessions), 3/11-3/25, 5:30 - 7:30PM  
\$59

## — ed2go —

### Introduction to C# Programming

Start with programming fundamentals: input/output operations, decision making, and looping, and then explore the many benefits of object-oriented programming, with real-life examples. Gain hands-on experience with sequential data files, and you will be able to build a professional-looking and intuitive Graphical User Interface (GUI) application on your own computer. Every lesson includes practical examples and assignments you can use to develop your knowledge of programming. This class can be self-paced with course content available for a 3-month period, or instructor-led with 6 weeks access, based on set start dates. There are 12 lessons with 2 released per week.

\$147 [ed2go.com/hcc](http://ed2go.com/hcc)

## Savings on selected classes!

Classes with this icon are eligible for up to half off through grant funding.  
*Please see page 8 for details!*



# Health, Wellness & Recreation

## Meet Our Instructors:



Michelle Masi

**Bio:** Michelle has been teaching *Barre Body* and *Solid Core & Tummy Toning* since 2019 with Continuing Education. She began her career as a professional classical ballet dancer at the age of 18, performing nationally and internationally, and she received the title of ballerina while in Russia. She met her husband onstage: He was the Nutcracker and she was Clara. As their careers progressed, they shifted focus to teaching and moved to Central Illinois. She directs the USA Ballet, an academy that offers classes for ages 3 through adult in ballet, jazz, tap and contemporary, as well as a student performing group where every child has the opportunity to shine. Another passion of hers is animals, and after experiencing tragedy at the sudden loss of her sister, she founded My Loveable Angels animal rescue as a living memory to her.

**What she teaches:** Michelle has taught *Barre Body* and *Solid Core & Tummy Toning*. She will be teaching *Barre Body* this winter. See page 17.

**Quote:** "I love bringing that same energy and passion for movement into the classroom at Heartland, teaching fun, engaging exercise classes that help people feel strong, confident, and inspired. We are all on a journey to become the best version of ourselves that we can. I believe exercise and movement are crucial aspects of that journey. The time each week I spend with my students is a blessing, as we are all individuals with our own challenges, but are one with the goal of improvement of a healthier mind and body."

## ATTENTION TEACHERS AND HOMESCHOOL GROUPS!

*Make your next field trip unforgettable with our Challenger Learning Center.*

Our exclusive program for grades 5-8 offers hands-on STEM experiments to inspire the next generation of scientists and engineers. Students will take charge in the Discovery Lab to carry out experiments like those in NASA labs, searching for data-driven solutions. Watch their dreams take flight as they train like real astronauts in our space simulators, fostering teamwork, problem-solving, and critical-thinking skills.



**Elevate your STEM field trip experience:  
Call 309-268-8700 to book today!**



**NEW!** **Flexibility & Mobility for Life**

Give your body the care it needs. Learn from a Reiki master and yoga/meditation instructor how to focus on the hips, spine, shoulders, ankles, wrists, and more to restore healthy movement and ease tension. Improve joint mobility and flexibility to reduce stiffness, support posture, and keep your body moving comfortably for years to come.

**Amy Haney**

876 Sec. A      Monday (6 sessions), 3/2-4/6, 1-2PM  
\$69

**Chair Yoga: Sit, Stand & Stretch**

Engage in a gentler form of yoga that is ideal for beginners with limited mobility. Experience the same benefits of a traditional yoga class as you use the aid of a chair to perform postural exercises to improve balance, strength, flexibility, and mobility. Ease into movements that will leave you feeling relaxed and refreshed!

**Sheila Lazier**

860 Sec. A      Wednesday (8 sessions), 2/4-3/25, 10-11AM  
\$95

**Barre Body**

If you want a full-body workout that combines stretching, strengthening, light aerobics, and core work, look no further than the barre. A professional ballerina will guide you through warming up, doing barre work, and cooling down while toning your muscles. Practice in a setting adaptable to your abilities, and leave class feeling fully conditioned. No prior ballet experience required.

**Michelle Masi**

826 Sec. A      Wednesday (5 sessions), 3/4-4/1, 6-7PM  
\$49

**Yoga I**

Leave stress behind and re-energize your body and mind. Work on basic postures, proper breathing, mindfulness, and deep relaxation. Learn to move safely within your personal ability to increase strength, flexibility, and balance. Prior yoga experience is not necessary. Please bring a yoga mat and water bottle.

**Nancy Norkiewicz**

827 Sec. A      Tuesday (10 sessions), 1/6-3/10, 6-7PM  
828 Sec. B      Tuesday (10 sessions), 3/17-5/19, 6-7PM  
\$129

# Health, Wellness & Recreation



## **Heartsaver CPR/AED/First Aid**

Gain an understanding of basic CPR and first-aid skills. Learn cardiopulmonary resuscitation (CPR), how to provide breaths with a barrier device, how to relieve an airway obstruction, and how to use an AED (automated external defibrillator). A CPR/AED/First Aid certification card will be emailed after successful completion of the hands-on first aid skills and manikin practice. Certification is valid for two years. Certification is approved by DCFS for day care providers. This class is not intended for healthcare professionals.

**Dawn Wilson**

871 Sec. A

Saturday 2/21, 8:30-11:45AM

872 Sec. B

Saturday 4/18, 8:30-11:45AM

**\$65 (includes certification card and textbook)**

## **Balance Your Lifestyle With Ayurveda to Optimize Wellness**

Connect with yourself on a deeper level and balance your lifestyle through Ayurveda, an ancient medical science focused on increasing your potential for optimal health. Discover yoga practices for your body type and rejuvenate your life through Ayurveda detox.

**Ashlesha Raut**

819 Sec. A

Thursday (4 sessions), 3/5-3/26, 6-7PM

**\$39**

## **The Art of Relaxation**

Discover the secret to deep relaxation and self-healing: interoception — the ability to sense and understand your body's internal signals. Learn how tuning into these cues encourages your body to do what it's designed to do — relax, replenish, and heal. Practice three simple daily routines that combine breathwork, stretching, somatic movement, and mindfulness. Leave with practical skills to support relaxation and well-being every day.

**Kendra Stewart**

820 Sec. A

Wednesday (3 sessions), 2/11-2/25, 6-7:30PM

**\$45**

## **Dessert & Dancing**

Invite your favorite dance partner to celebrate Valentine's Day in a new way! Spend a romantic evening sampling delicious desserts and swaying around the room in this course designed for couples. Discover the basics of classic slow dances like waltz, rumba, nightclub, two-step, and more. Leave with a satisfied sweet tooth, some new moves, and a night to remember. No prior dance experience is required. Participants are encouraged to enroll with a dance partner. Price is per person.

**Cathy Hempstead**

825 Sec. A

Friday 2/6, 6-8PM

**\$35 (per person)**

## **Ballroom Basics**

Discover the excitement of dance as you step to three classic ballroom styles: Foxtrot, Rumba, and Cha Cha. Explore their distinct rhythms and master their movements before dancing away from class, ready to wow on the ballroom floor. Participants are encouraged to enroll with a dance partner. Price is per person.

**Cathy Hempstead**

824 Sec. A

Wednesday (5 sessions), 2/11-3/11, 5:30-6:45PM

Off campus, Dance Partners Studio, Bloomington

**\$79 (per person)**

## **Fitness & Recreation Center Community Access**

Experience the ample health and wellness opportunities of Heartland's Fitness and Recreation Center. Enrollment in this program provides everything you need to improve your fitness level including treadmills, ellipticals, weights, and weight machines. Gain access to the walking track, dance studio, and locker room. Towel service is included. Ages 16 and up only.

847 Sec. A

Mon-Sat (Closed on Sundays and 1/19 and 5/25), 1/2-5/30

Mon-Fri 6AM-8PM, Saturday 8AM-4PM

**\$99**





## **NEW!** Intro to Vehicle Maintenance

Tired of relying on mechanics for simple car upkeep? Learn the fundamentals of vehicle maintenance — from checking tire pressure and replacing air filters to changing headlight and taillight bulbs. Cover how to jack up your car to change a tire and rotate them safely, and walk through what's involved in an oil change. Gain the confidence to care for your car, extend its life, and avoid unnecessary repair bills. Perfect for beginners or anyone wanting to brush up on the basics.

**Vincent Hobart**

879 Sec. A

Monday (2 sessions), 2/23-3/2, 6-8PM  
**\$39**

## **Wall Repairs 101**

Find the easy-to-follow solutions for those troublesome wall repairs from a master carpenter. Learn how to patch holes, big and small; and what kind of paint and how to paint to make your walls stand out. Discover the secrets of hanging items of any size without fear of them crashing to the floor. Soon you'll be able to tackle minor repair issues and beautify the space you call home.

**Josh Houtzel**

832 Sec. A

Tuesday (2 sessions), 2/10-2/17, 6-8PM  
Off campus, Mid Central Community Action, Bloomington  
**\$55 (plus \$20 supply fee, cash only, paid to instructor)**



## **NEW!** **Flooring 102: Wood Laminate Flooring Made Simple**

Ready to give your floors a fresh new look? Join this hands-on class and learn how to install wood laminate flooring with ease and confidence! Cover the basics — how to measure your space, pick the right underlayment, and align and lay down your laminate planks step by step. Get helpful tips on safety and efficiently removing old flooring, plus how to finish with neat baseboard trim. Leave feeling ready to tackle your own flooring project at home. All tools provided, knee pads available.

**John McKee**

885 Sec. A

Wednesday 3/4, 5:30-8:30PM  
Off campus, Mid Central Community Action, Bloomington  
**\$85**

## **Paint Your Space Like a Pro**

Explore the techniques and tools needed to pull off a professional-looking paint job. From sheens and primer to masking and prep, practice the tricks of the trade. Leave equipped to refresh your space and wow your friends.

**Josh Houtzel**

833 Sec. A

Tuesday 3/10, 6-8PM  
Off campus, Mid Central Community Action, Bloomington  
**\$29 (plus \$20 supply fee, cash only, paid to instructor)**

# Home, Garden & Pets



## Live & Leave a Legacy of Less

Discover a great method to keep clutter at bay in any area of your home! Learn from an expert organizer and her method of choosing an area, sorting like items, ridding yourself of duplicates and unwanted items, and assigning a place for everything. Then relax, letting the stress melt away as you have accomplished your goal of a mess-free zone!

**Crystal Larkin**

865 Sec. A

Thursday 3/5, 6-7:30PM

\$25

## —ed2go

### Interior Design Basics

Start by defining key terms and concepts in interior design and then learn how to effectively apply design elements and principles to create residential plans. Explore the historical design features that influence contemporary projects. Learn best practices in space planning, material selection, color theory, and lighting design, along with considerations for health, safety, accessibility, and sustainability. Cover how to select furniture, textiles, accessories, window treatments, and artwork to enhance a space. This class can be self-paced with course content available for a 3-month period, or instructor-led with 6 weeks access, based on set start dates. There are 12 lessons with 2 released per week.

\$144 [ed2go.com/hcc](http://ed2go.com/hcc)



## NEW! See It, Smell It, Soap It: Cold Process Demo

Learn to turn simple ingredients into beautiful, fragrant soap! Watch a step-by-step demo on how lye, butters, oils, colorants, and fragrances come together to create unique, handcrafted bars. Discover the tools and techniques you'll need to make your own soap at home. Best of all, leave with a finished bar of soap to enjoy or gift!

**Sandra Maxwell**

834 Sec. A

Thursday 3/19, 9:30AM-12PM

\$55

## Woodcarving II

Turn a piece of wood into a collectible mushroom, spoon, or animal from your endless imagination when you advance your skills with Woodcarving II! Learn from a master woodworker with 45+ years of experience while exploring different types of wood and essential tools. Practice safe carving techniques as you cut, shape, and add intricate details. By the end, you'll have a beautifully finished piece, ready to display or gift. Participants will receive a supply list before the start of class.

**Randy Moss**

877 Sec. A

Thursday (4 sessions), 2/19-3/12, 6-8PM

**\$99 (plus supplies, plus \$20 supply fee, cash only, paid to instructor)**



## Early Bird Discount

Register now through Thursday, Jan. 29, to receive a 10% discount on your course fee!

## Design a Victorian Tussie-Mussie Bouquet

Discover the tussie-mussie, a small bunch of flowers or herbs, and craft your own floral arrangements to share with a special someone. Explore the history of this timeless Victorian bouquet and investigate the secret messages each flower conveys. Leave class with a custom, colorful creation. Please bring gardening scissors.

**Kathryn Mundell-Bligh**

878 Sec. A

Wednesday 2/11, 6-7:30PM

\$25 (plus \$20 supply fee, cash only, paid to instructor)

## Speak the Language of Succulents

Discover the secrets of keeping succulents not just alive, but thriving! Learn the language of these gorgeous plants and they'll tell you when to water. Find details on the correct watering, lighting, fertilizing, and even how to prepare them to increase your collection. Repot and leave class with a succulent of your choice to star in your favorite spot at home.

**Dan Anderson**

864 Sec. A

Wednesday 3/11, 6-8PM

\$29 (plus \$15 supply fee, cash only, paid to instructor)



## Kokedama: The Art of Japanese Moss Plant Ball

Dive into the art of Kokedama and craft your own unique Japanese moss plant balls. Learn how to choose the right plants, shape the soil, and wrap it all up in lush green moss. Walk away with a beautiful Kokedama to take home. Please bring your garden gloves.

**Kathryn Mundell-Bligh**

830 Sec. A

Tuesday 2/17, 6-7:30PM

\$25 (plus \$20 supply fee, cash only, paid to instructor)

## **NEW!** Springtime Topiary Living Art for Your Home

Celebrate the coming of spring — and a touch of Irish charm for St. Patrick's Day — by crafting a living topiary! Plant a grapevine topiary ball and fill it with tiny lush plants, soft mosses, and decorative stones to create a beautiful miniature scene. It's the perfect way to welcome fresh green growth into your home and enjoy a bit of hands-on spring magic! Topiary is 12 inches around.

**Kathryn Mundell-Bligh**

886 Sec. A

Monday 3/16, 6-7:30PM

\$25 (plus \$25 supply fee, cash only, paid to instructor)



# In the Kitchen



## **NEW!** French Bread Making

Roll up your sleeves and bake like the French! Learn step-by-step how to make a rustic, round boule or a classic, crusty baguette in this hands-on class. Cover everything from mixing and kneading to shaping and baking. Master the perfect golden crust and soft, airy inside. Best of all you'll leave with freshly baked bread to enjoy at home. Please bring a container to take your treat home.

**Erin Ensenger**

882 Sec. A

Thursday 2/19, 5:30-8:30PM

\$59



## **From Dough to Delight: Mastering Croissants & Pain au Chocolat**

Get ready for an unforgettable hands-on croissant-making experience! Master the art of laminating and shaping dough, creating buttery, flaky croissants that will wow everyone. Bake your own delicious treats and take home three classic croissants and three irresistible chocolate croissants. Don't forget to bring an apron to keep everything tidy, and we'll provide a bag for your goodies.

**Erin Ensenger**

831 Sec. A

Tuesday 3/10, 5:30-8:30PM

\$55



## **NEW!** Delicious Dump Cakes

Entertain your guests with a simple, quick, and easy dump cake — a basic recipe that never goes out of style! These fruit-filled desserts are always a crowd-pleaser and perfect for sharing. Make not one, but two delicious dump cake recipes using different fruits. To make sure everyone can enjoy, one of the recipes will also be gluten-free. From peaches to strawberries to apples, these sweet combinations are sure to be a hit at any gathering!

**Anuja Deshpande**

884 Sec. A

Thursday 3/12, 6-8:30PM

\$55



**NEW!** Sourdough Chocolate Chip Cookie

Get ready to level up your baking game! Learn how to make irresistible sourdough chocolate chip cookies from scratch in this hands-on class. Then use that know-how to turn almost any recipe into a sourdough delight. Explore how to convert your favorite cookies, muffins, and baked goods into long-fermented, gut-friendly treats using gram measurements and your trusty sourdough starter. It's delicious science meets creative baking — and your taste buds (and tummy) will thank you! Bring a container to take home cookies.

**Heidi Murray**

843 Sec. A

Monday 2/23, 5:30-8PM

**\$49**

**NEW!**  **Sip & Swoon: Valentine's Day Wine Experience**

Enjoy a fun afternoon with your partner matching the food and wine of love as you put together your Valentine's Day menu! Discover a variety of food types matched with different wines to highlight what favorably compares and unfavorably contrasts to each wine style. Enjoy a relaxed class with a number of food and wine pairings to make your Valentine's Day sweet and delicious. Must be 21 to sign up.

**Ash Boeyen**

829 Sec. A

Sunday 2/15, 4-6PM

Off campus, Le Marchand De Vin, Bloomington

**\$79**

## Spring Break coming soon!



Sign up now for the best spots in our **Kids@Heartland Spring Break** lineup. Have fun learning babysitter tips, how to build a personal computer, basketball announcing, and musical theater. See page 29 for details.

# In the Kitchen



## Scone Making 101

Whether sweet or savory, frosted or cheesy, scones are a delicious treat any time of day. Make your own tasty homemade scones, the perfect complement to morning coffee, afternoon tea, or your favorite break-time beverage. Collect recipes and helpful tips from our expert baker and leave class with two flavors of mouthwatering scones — a savory garlic cheddar and sweet cinnamon spice. Please bring an apron and a container to take your treats home.

**Diana Holderby**

863 Sec. A

Monday 3/30, 6-8PM

\$49



## NEW! 📍 Herbal Tea 101

Enjoy a warm cup of tea as you immerse yourself in the calming world of herbal blends. Discover the natural benefits of herbs as you touch, smell, and create your own custom tea. Connect with nature's gifts while learning how each herb fuels the body and mind. Along the way, explore the rich history of tea and learn the art of brewing it at just the right temperature to unlock its full potential.

**Javelin Lawrence**

881 Sec. A

Thursday 2/26, 6-8PM

Off campus, Java Green Herbal Teas, Bloomington

\$45

## Gild and glitz!

Travel back to the Gilded Age on a day trip to a stately Chicago mansion and museums along with architecture from the late 19th and 20th centuries. See page 2 for details.



**NEW!** **Bean to Bar Chocolate Experience**

Experience crafting real single-origin chocolate from raw fermented cocoa beans to finished bars. Learn to roast beans, then refine them with cocoa butter, whole powdered milk, and cane sugar to create a 65% to 70% chocolate. Find the foolproof method of tempering and molding while touching, smelling, and tasting throughout. Discover chocolate's history as the — food of the Gods — and its evolution from a traditional drink to modern bars. Leave the class with your handmade chocolates! **Note: Participants should not wear perfume or colognes as it interferes with the taste and smell of the chocolate for everyone.**

**Steve Roper**

844 Sec. A

Mon-Tue (2 sessions), 2/9-2/10, 6-8PM

**\$79**



**NEW!** **Caramel Dreams Sweet Treat Workshop**

Celebrate Valentine's or Galentine's Day with a delightful, hands-on experience! Learn to make rich, buttery sea salt caramels from scratch and get inspired with ideas to create new flavors at home. Perfect for a fun date night or a sweet gathering with friends, this class is all about sharing laughter and treats. Everyone will take home a small bag of caramels they made themselves — perfect for gifting or enjoying yourself!

**Rachel Lyle**

880 Sec. A

Thursday 2/12, 6-8:30PM

**\$49**



**NEW!** **Big Game Bites: Dips & Hot Appetizers to Wow the Crowd**

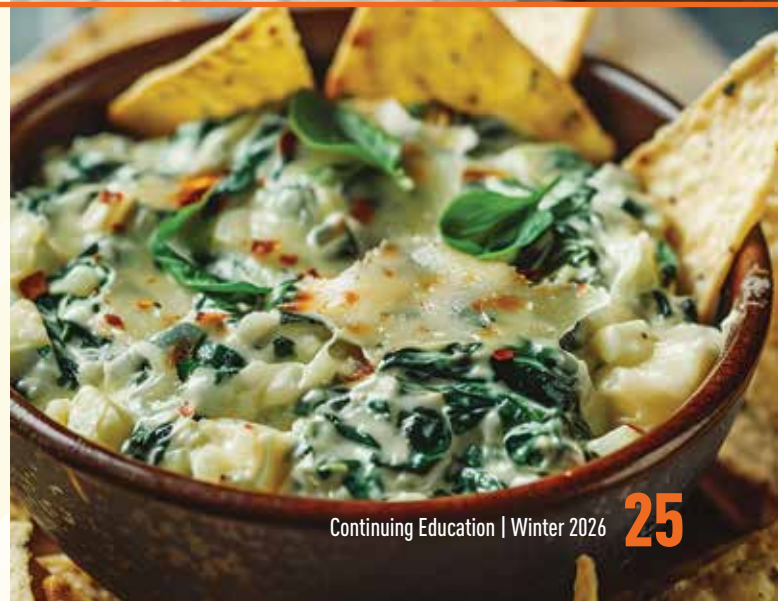
Get ready to wow your crowd this game day! Learn how to make a winning Spinach Artichoke Dip plus Jammy Brie Cups and Buffalo Chicken Puffs — all guaranteed crowd-pleasers! Bring your game face and your appetite: Leave ready to tackle your next party with delicious bites that everyone will love. Participants should bring an apron and a container to bring home some yummy appetizers.

**Diana Holderby**

883 Sec. A

Tuesday 2/3, 6-8PM

**\$55**



# Personal Finance



## **NEW!** Investing After 50

Rethink your investment strategy for this stage of life. Tax laws, retirement needs, and market conditions change over time — your portfolio should, too. Learn how to reduce risk, protect wealth, and make smart adjustments to support your financial goals. Take control now to build security and confidence for the years ahead.

**Mark Hunt**

874 Sec. A

Tuesday 3/3, 6-8PM

\$25

## Women & the Road to Retirement

Independent women often face different money concerns than dual-earning couples or men. For example, women typically have 30% less saved for retirement than men. Do you have control of your cash flow? Are you protected against calamity? What legal documents should you have? Are you fully utilizing your employee benefits? If you are newly divorced or widowed, you face additional, unique challenges. If all this seems overwhelming, let's talk. Bring your financial questions to class.

**Carol Burroughs**

859 Sec. A

Tuesday 3/17, 6-8PM

\$25

## IRA & 401(k) Rollovers

Understanding how to use your individual retirement account (IRA) or 401(k) rollover can unlock plenty of financial questions. Discover the ins and outs of consolidating your assets and the tax implications. Learn how to access your retirement accounts for current needs and leave class with the knowledge to make informed decisions about your financial future.

**Trever Kuipers**

821 Sec. A

Thursday 2/26, 6-7:30PM

\$19

## Unlock the Secret to Selling Your Home

Whether you're looking to downsize or seeking a change of address, gain essential tips for selling your current home. Learn to identify optimal and challenging selling periods and gain insights into the market. Unlock the secrets to competitive listing prices and effective advertising strategies. Navigate disclosures, contracts, inspections, appraisals, showings, and potential issues. Leave prepared to successfully close on your house.

**Rhendy Bradshaw**

823 Sec. A

Monday 3/2, 6-8PM

\$25

## Estate Planning Essentials

Plan for the future, make sure your wishes are honored and your loved ones are secure. Identify what makes up your estate and set clear goals to protect your financial assets. Learn the meaning of key terms like "probate" and "trusts," understand will-based plans, and explore joint tenancy and beneficiary designations. Discover how trusts can minimize taxes, avoid probate, and safeguard beneficiaries. Leave with practical tips for choosing the right attorney and crafting a comprehensive plan, including healthcare directives and powers of attorney.

**Carissa Haning**

822 Sec. A

Monday 2/23, 6-8PM

\$25

# Language, Communication & Culture

## Spanish Level II

Build on your Spanish skills with a focus on reading, writing, speaking, and listening. Deepen your understanding of grammar and vocabulary while exploring the diverse cultures of Spanish-speaking countries. This course accelerates your progress toward fluency and boosts your confidence in using the language. Prerequisite: Completion of Spanish for Beginners or equivalent.

**Lizzy O'Brien**

813 Sec. A      Wednesday (8 sessions, does not meet 3/25), 2/25-4/22, 6-8PM  
\$185 (plus textbook)

## **NEW!** Spanish V

Take your Spanish skills to the next level! Refine your grammar for precise communication, expand your vocabulary with richer expressions, and dive into authentic texts from a variety of sources. Discuss current events, explore cultural topics in depth, and challenge yourself with advanced listening and speaking activities. Use Spanish exclusively in class to prepare for real-life situations. Prerequisite: Spanish Level IV or equivalent experience.

**Rocio Morales**

875 Sec. A      Wednesday (8 sessions, does not meet 3/25), 2/18-4/15, 6-8PM  
\$185 (plus textbook)

## Writing for Children & Young Adults

Get a crash course in crafting compelling stories fit for young readers. Tackle the structure and theory of children's books and discuss what makes YA lit perennially popular. Bring your own story to workshop or start a brand new one with in-class writing time. Acquire the skills to build an effective and exciting narrative arc through brainstorming, organizing, and freewriting exercises.

**Ryan Edel**

814 Sec. A      Monday (3 sessions), 2/16-3/2, 6-8PM  
\$59



## — ed2go —

### Get Assertive!

Learn specific techniques to become more assertive in all parts of your life. Understand the difference between passive, aggressive, and assertive behaviors, and see how inner dialogues keep people acting in passive ways. Explore ways to change your inner dialogue, such as using affirmations and visualization, creating new labels for yourself and others, and keeping a journal. Use facial expressions, eye contact, gestures, and your voice to reinforce the assertive statements you're making. This class can be self-paced with course content available for a 3-month period, or instructor-led with 6 weeks access, based on set start dates. There are 12 lessons with 2 released per week.

**\$131** [ed2go.com/hcc](https://ed2go.com/hcc)



## Have a knack for voices?

Join our **Introduction & Techniques In Voiceovers** class and find out how to use your talents in a starring role! See page 8 for details.



## Chinese Language & Culture

With more than 1 billion speakers, Mandarin is one of the world's top spoken languages. Learn communication skills including listening to and speaking as well as reading and writing simplified Chinese characters. You'll practice pronouncing Chinese characters using the Hanyu pinyin system.

**Xiaodan Du**

892 Sec. YA

Sunday (15 sessions, does not meet 3/29 and 4/5),  
2/1-5/24, 2-4:15PM  
\$269

**CALLING ALL** school, Scout, and  
homeschool students in grades 4-12.



## KidWind<sup>®</sup> PROJECT

**Come and compete in the Central  
Illinois KidWind Renewable Energy  
Challenge on Feb. 27, 2026.**

Teams will build a model wind turbine of their own design, bring their model to the competition, and test how much power their turbine can generate in the KidWind wind tunnel. Judges will score turbines for power and design in the middle or high school division.

**BONUS!** Teams will hear from a career panel on renewable energy jobs and education.

**A special thanks to this year's sponsors:**  
Four Creeks Wind | EDP Renewables | APEX Clean Energy



## Model Wind Turbine Competition

**Friday, Feb 27 | 9:15 AM - 2PM**  
**Challenger Learning Center at  
Heartland Community College**

**Sign up your team  
NOW using the QR code**



**CHALLENGER LEARNING CENTER**  
AT HEARTLAND COMMUNITY COLLEGE



## Spring Break

### Babysitter Training: Grades 6-8

Get the training you need to launch your babysitting business! Learn life-saving skills such as how to rescue someone who's choking, what to do during severe weather, and how to perform basic first-aid care. Gain a better understanding of child behavioral patterns according to their development stage. Leave with a CPR certification from the American Heart Association and a Safe Sitter® completion card, along with methods to grow your babysitting business. Please bring a sack lunch. **Registration deadline is March 12.**

#### HCC instructor

888 Sec. YA      Friday 3/27, 9AM-4PM  
\$155 (includes certification card and textbook)

### Musical Theater Workshop: Grades 6-8

Gain hands-on experience in this unique performing arts workshop! Explore the basics of theater, dance, and music and build confidence and teamwork skills as you perform musical theater ensembles and solos. Leave class with a vocal piece, a monologue, and an upbeat dance selection ready to use in future auditions! Please wear clothing you can dance in, bring shoes suitable for dance, and bring a water bottle. Participants will receive a supply list before the start of class.

#### Ashleigh Feger

858 Sec. YA      Mon-Fri (5 sessions), 3/23-3/27, 9AM-12PM  
\$169 (plus supplies)

### NEW! Basketball Announcing: Grades 6-8

Join Braden Fogerson, broadcast analyst for Illinois State University sports on ESPN's The Valley, and dive into the exciting world of basketball announcing. Learn how to describe fast-paced plays so listeners and viewers can picture the action, use exciting language to keep the game moving, and sound confident behind the mic. Practice fun on-air activities, sharpen your speaking skills, and discover how real sports broadcasters make every moment come alive. Perfect for sports-loving students who want to try their hand at being the voice of the game!

#### Braden Fogerson

893 Sec. YA      Mon-Fri (5 sessions), 3/23-3/27, 1-4PM  
\$169

### Learn How to Build Your Own PC: Grades 6-8

Anyone can buy a computer, but what about building one? Learn about various computer parts and their functions, assemble working computers from base components, discover how to install an operating system, and gain valuable troubleshooting skills along the way. Take your new skills and confidence home to build your own PC.

#### Stephen Szabo

848 Sec. YA      Mon-Tue (2 sessions), 3/23-3/24, 9AM-12PM  
\$79



### Early Bird Discount

Register now through Thursday, Jan. 29, to receive a 10% discount on your course fee!

# Pontiac



## Crafted With Love: Valentine's Day Jewelry Workshop

Celebrate the season of love by crafting unique jewelry with a heartfelt touch. Practice with professional jewelry-making tools in this workshop designed for both beginners and intermediate jewelry enthusiasts. Form a heart-shaped pendant with wire and adorn it with glossy beads. Finish it off with wire weaving techniques. Leave class with beautiful, custom-made accessories that will serve as lasting symbols of your affection.

**Jen Bethmann**

866 Sec. AP

Tuesday 2/10, 6-8PM

**\$29 (plus \$5 supply fee, cash only, paid to instructor)**



## Gilded glitz

Go back in time to the Gilded Age in a Chicago tour showcasing art, architecture and design in the late 19th and early 20 centuries. Pontiac pickup is available. See details on page 2.

# Lincoln



## The World of Investments: Building Wealth for the Future

Get introduced to the vast world of investing and unravel its inner workings. Explore common types of investments and accounts and discover your best investment options. Get your specific questions answered during this interactive, engaging session.

**Mark Hunt**

889 Sec. AL

Thursday 3/26, 6-8PM

**\$25**



## Dough and design

Roll up your sleeves at Pizzeria Uno for a hands-on class where you'll press the dough and enjoy your creation. Then a local expert will guide you on the Architectural Highlights by Bus Tour through the Loop, Hyde Park, Bronzeville, and Magnificent Mile neighborhoods. A Pontiac pickup is available. See details on page 2.

## 3 WAYS TO REGISTER



### Online

Payment must be made by credit/debit card (Visa, MasterCard, Discover or American Express).  
Visit our website: [Heartland.edu/ContinuingEd](http://Heartland.edu/ContinuingEd)



### By Phone

Call 309-268-8160  
TDD number 309-268-8030  
Office hours: 8AM-4:30PM, Mon-Fri.  
To register by phone you must pay by credit/debit card (Visa, MasterCard, Discover or American Express).



### In Person

Come with a list of classes and we'll sign you up while you wait. Bring the list and payment to:  
Continuing Education  
Workforce Development Center  
Suite 2400  
Heartland Community College  
1500 W. Raab Road, Normal, IL  
Office hours: 8AM-4:30PM, Mon-Fri.

### Questions or suggestions?

Email: [continuing.education@heartland.edu](mailto:continuing.education@heartland.edu)



**Heartland Community College is a tobacco-free and weapons-free campus.**

### Accommodations

In accordance with the Americans with Disabilities Act (ADA) and Amendments, Continuing Education at Heartland Community College makes every effort to provide reasonable accommodations to qualifying students with disabilities. Participants in need of reasonable accommodations may identify so on the registration form and will be communicated with regarding the request process. In order to provide adequate time to obtain documentation and arrange for reasonable accommodations, **it is highly recommended that requests are submitted 3 weeks prior to the class start date.** Requests submitted after this point will still be accepted and given full consideration, but may not be in place during the limited duration of the enrichment program.

Students enrolled in a Kids@Heartland class should demonstrate independence, motivation, and the ability to handle changes in routine. Personal services such as restroom assistance, support with mobility around campus, eating, or direct one-to-one supervision are not provided as part of the program. If your child needs any of these supports, please reach out to the Kids@Heartland program as soon as possible to discuss options. Accommodations are not considered reasonable if they pose a serious health or safety risk, or significantly alter the intent of the enrichment program.

### Age Appropriate Guidelines

Unless otherwise stated, these classes are designed for adults ages 18 and over.

### Conduct Expectations

We strive to provide excellent learning experiences in our Continuing Education classes. As a result, anyone exhibiting inappropriate behavior or using disrespectful language may be dismissed without a refund. Please refer to the HCC Student Conduct Policy for details at [Heartland.edu/StudentHandbook/Conduct.html](http://Heartland.edu/StudentHandbook/Conduct.html).

### Fees & Registration Confirmation

Fees are payable in full at the time of registration. We accept cash, check or credit/debit cards. You will receive a confirmation of your registration via email. Confirmation will include a course schedule, receipt, room assignment, map and other information specific to your class(es).

### Full or Canceled Classes

Continuing Education reserves the right to limit the enrollments or cancel any classes due to insufficient enrollments. For this reason, please register early to reserve your place in the class of your choice. Please make sure we have your current contact information so we can notify you if classes are canceled. You may choose an alternative course or receive a full refund.

### Refund Policy

Unless otherwise stated in the course description, you must drop an adult class no later than three working days before the first class session to receive a refund. No refunds or class credits will be issued after that time. Payments for course materials, supplies or textbooks are also nonrefundable.

### Weather or Emergency Cancellation Policy

If Heartland Community College closes campus due to inclement weather or emergencies, Continuing Education classes will also be canceled. Cancellations will be announced on area radio stations and local TV stations.

### Workforce Training Employment Policy

Heartland Community College does not guarantee employment upon completion of instructional programs. Students are responsible for researching relevant employment opportunities prior to registration. No refunds will be provided if a student fails to complete a course, does not pass a certification exam, or is unsuccessful at obtaining employment.

### Zoom Classes

To ensure a complete and valuable experience in your Zoom classroom, we recommend you use a device equipped with a functioning webcam such as a PC or laptop. Tablets and smartphones are permitted, but may not provide as meaningful an experience. Once you register for a course and provide a valid email address, you will be sent your Zoom link.

# Find Your Class

Rooms will be assigned at a later date.



**HEARTLAND**  
COMMUNITY COLLEGE

## NORMAL CAMPUS

1500 W. Raab Rd., Normal, IL 61761  
(309) 268-8000 • Heartland.edu

Home of the  
Heartland Hawks  
and the  
Normal CornBelts

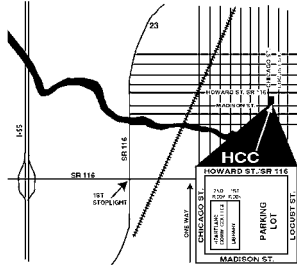


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|--|---|---|
| ➊ AGRICULTURE COMPLEX (AGC)            | ➋ STATE FARM ELECTRIC VEHICLE LAB (EVL) | ➌ CHILD DEVELOPMENT LAB (CDL)               |
| ➍ COMMUNITY COMMONS BUILDING (CCB)     | ➎ INSTRUCTIONAL COMMONS NORTH (ICN)     | ➏ FITNESS AND RECREATION CENTER (FRC)       |
| ➐ STUDENT COMMONS BUILDING (SCB)       | ➑ WORKFORCE DEVELOPMENT CENTER (WDC)    | ➒ ASTROTH COMMUNITY EDUCATION CENTER (ACEC) |
| ➓ INSTRUCTIONAL COMMONS BUILDING (ICB) | ➔ PHYSICAL PLANT BUILDING (PPB)         | ➕ NORMAL READINESS CENTER (NRC)             |
| ➗ ADVANCED MANUFACTURING CENTER (AMC)  | ➖ RECEIVING AND STORAGE BUILDING (RSB)  | ➙ CORN CRIB                                 |

## LINCOLN



## PONTIAC



## OFF CAMPUS

### Dance Partners Studio

1401 Tralee Lane  
Bloomington, IL 61704

### Java Green Herbal Tea

1203 Morrissey Drive, Suite C  
Bloomington, IL 61702

### Le Marchand De Vin

1704 E. Eastland Drive, Suite 8  
Bloomington, IL 61704

### Michael Amis Studio

300 E. Grove St. (entrance on Prairie St.)  
Bloomington, IL 61701

### Mid Central Community Action

1301 W. Washington St.  
Bloomington, IL 61701

### The Little Art School

417 N. Main St.  
Bloomington, IL 61701

HCC Lincoln  
2201 Woodlawn Road, Lincoln, IL 62656  
217-735-1731 • Heartland.edu/Lincoln

HCC Pontiac  
211 E. Madison St., Pontiac, IL 61764  
309-268-8960 • Heartland.edu/Pontiac



# DISCOVER *MORE.*

**Credit Class  
Registration  
Dates**

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**Summer 2026:** March 3 - June 1  
**Fall 2026:** April 7 - August 17

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**HEARTLAND**  
COMMUNITY COLLEGE

**Apply Now at [Heartland.edu](https://Heartland.edu)**



**HEARTLAND**  
COMMUNITY COLLEGE

# CONTINUING EDUCATION

YOUR PATH TO  
LIFELONG LEARNING

1500 W. Raab Road, Normal, IL 61761

**Whip up a deep  
dish delight**

**Page 2**



**Make a cake  
in no time flat**

**Page 22**



**Flex and move  
to better health**

**Page 17**



**Spring break fun  
for Grades 6-8**

**Page 29**



continuingEd.hcc



Heartland Community College



@kidsatheartland