

CHLD 202: Health, Safety, and Nutrition for the Young Child

Health and Safety Book List

Learning Objectives	1. Demonstrate knowledge of how basic physical, mental health, nutritional, and safety needs of young children are met through environmental and curricular policies and procedures.
DEC Recommended Practices	PP30 Field experiences are diverse and are matched to student needs, experiences and interests.
NAEYC Standards	4b Knowing and understanding effective strategies and tools for early education. 5a Understanding content knowledge and resources in academic disciplines.

Our text reminded us that “the early years are an important time when lifelong behaviors, attitudes and values are being formed. It is also a time when children are open and receptive to new ideas, changes, and suggestions. For these reasons, it is important to design developmentally appropriate learning experiences that provide children and their families with sound information that promotes a healthy lifestyle.” (Marotz, 2009, pp. 290-291) In this assignment you will be using a children’s library to select books that promote children’s health and safety education.

To prepare for this assignment you will need to:

- Review Chapter 11 in your course text: Planning for Children’s Health and Safety Education
- Read the following article and review the factors that should be taken into account when making book selections.
Anti-Defamation League. (2004). *Assessing Children’s Literature*. Available from <http://www.adl.org/education/assessing.asp>
- Make plans to visit a children’s library.

To complete the assignment successfully, you will need to:

- Complete application Activity #4 (page 314) from the text that asks you to select, read, summarize, and evaluate six children’s books listed in the activity plans included in this chapter.
- Prepare a brief report for each book including:
 - Author
 - Date
 - Title
 - Illustrator
 - Publisher
 - Topic/theme
 - Evaluation including how the book aligns with recommendations shared in the article "Assessing Children's Literature" by the Anti-Defamation League
 - Your ideas on how you could use these books to support health and safety education within the classroom environment
- Turn in your 6 typed book reports to your instructor.