

CHLD 202: Health, Safety, and Nutrition for the Young Child

Health Profile

Learning Outcomes	8. Provide examples of effective health and immunization record-keeping systems. 9. Identify and describe necessary screening and referral procedures to assess children's developmental and health status.
DEC Recommended Practices	A5 Professionals solicit information from families regarding the child's interests, abilities, and special needs. A19 Professionals gather information from multiple sources
NAEYC Standards	2a Knowing about and understanding diverse family and community characteristics. 3b Knowing about assessment partnerships with families and with professional colleagues. 6e Engaging in informed advocacy for children and the profession.

This activity provides you with an opportunity to practice your interviewing skills. You will be soliciting information from a family to develop a health profile of a young child that examines factors related to the child's health, as well as factors within the environment that support the child's overall health.

Before you start on the Health Assessment you should:

- Read *Chapter 3: Assessing Children's Health* in your course text.
- Study the handout "**Health Profile Form.**"
- Select a child between the ages of birth and eight. This child can be a family friend, a niece or nephew, a neighbor, or a child in your early childhood classroom environment. However, the child cannot be your own child. If you need help in selecting a child ask the Child Development Lab to match you with someone.
- Arrange a time to interview the child's parent or a close family member. Try to conduct the interview in the child's home so that you can form a very brief snapshot of the child's environment. Your interview is likely to last approximately one hour.

When you interview the parent:

- Use the "**Health Profile Form**" to gather your data.
- Let the parent help you assign an alias name for the child so that they are reassured that the child's identity will be protected

After you have completed the interview:

- Turn in your profile form and a narrative report to your instructor. The report should be based on information from the class and data from your interview. It should include:
 - Your overall assessment of this child's health.
 - Strengths you feel exist within the child's environment that support his or her present and long term health.
 - Risk factors you feel exist within the child's environment that may impact their present and long term health.
 - Suggestions you have to support the child's present and long-term health in the future.