

Wondering About ...

# Embedding Interventions

Special instruction and therapies can certainly help your child, but practicing these skills across the child's day will maximize the results. Intentionally addressing learning goals during normal activities at home as well as at school increases the effectiveness of instructions and therapies and makes them meaningful. This is what embedding interventions is all about.

**CONNECT Module 1: Embedded Interventions.** Winston, P. et al. (2010).

**Handout 1-1: Examples of Environmental Modifications.** This handout shows photos of modification made in a child care settings, but can provide helpful ideas for families as well.

<http://community.fpg.unc.edu/sites/community.fpg.unc.edu/files/resources/Handout/CONNECT-Handout-1-1.pdf>

**Handout 1-3: Research Summary on Embedded Interventions.** This 2-page handout summarizes the research and explains the significance of the practice of embedding interventions.

<http://community.fpg.unc.edu/sites/community.fpg.unc.edu/files/resources/Handout/CONNECT-Handout-1-3.pdf>

**Handout 1-5: Parents Speak Out: Views on Embedded Interventions.**

This 3-page article is a collection of thoughts on embedded interventions shared by parents of children with disabilities.

<http://community.fpg.unc.edu/sites/community.fpg.unc.edu/files/resources/Handout/CONNECT-Handout-1-5.pdf>

The following videos show how interventions can be embedded in the home and community. They are all brief and show actual children in normal activities and routines.

**Video 1.3: Routine at home - playing peek a boo.**

<http://community.fpg.unc.edu/connect-modules/resources/videos/video-1-3>

**Video 1.4: Routine at home – talking on the phone**

<http://community.fpg.unc.edu/connect-modules/resources/videos/video-1-4>

**Video 1.8: Routine in the community – going to the store**

<http://community.fpg.unc.edu/connect-modules/resources/videos/video-1-8>

**Video 1.13 Routine in the community – playing in the park**

<http://community.fpg.unc.edu/connect-modules/resources/videos/video-1-13>

**Video 1.15 Routine at home – playing Mr. Potato Head**

<http://community.fpg.unc.edu/connect-modules/resources/videos/video-1-15>

## Heartland Equity and Inclusion Project (HEIP)

[www.heartland.edu/heip](http://www.heartland.edu/heip)

The Heartland Equity and Inclusion Project is designed to ensure early childhood professionals have the knowledge and skills required to support the diverse development and learning needs of young children and their families in high-quality, inclusive classroom communities. These resource pages provide a tool for teachers to use to support families faced with questions about early childhood.

Funded by OSEP

