

Wondering About ...

Siblings Without Disabilities

Having a child with a disability impacts the entire family. You may be wondering how best to support other children in the family as they embrace having a sibling with a disability. Below are some resources that might help.

Heartland Equity and Inclusion Project (HEIP)

www.heartland.edu/heip

The Heartland Equity and Inclusion Project is designed to ensure early childhood professionals have the knowledge and skills required to support the diverse development and learning needs of young children and their families in high-quality, inclusive classroom communities. These resource pages provide a tool for teachers to use to support families faced with questions about early childhood.

Sibling Support Project.

<http://www.siblingsupport.org>

The Sibling Support Project provides information and workshops to support sisters and brothers who have a sibling with a disability or mental health concern.

Children with Disabilities: Understanding Sibling Issues.

National Information Center for Children and Youth with Disabilities. athealth.com.

<http://www.athealth.com/Consumer/disorders/disabsibling.html>

This site provides personal insights from siblings and parents.

Helping Siblings of Children with Disabilities. (2012). Raising Children Network

http://raisingchildren.net.au/articles/disabilities_helping_siblings.html

This site provides ideas of how to support your non-disabled child. It also provides videos from a sibling and from a parent perspective.

Sibling Issues. (2013). NICHCY.

<http://nichcy.org/families-community/siblings>

This site discusses many issues from a sibling perspective. It also provides a list of additional resources.

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