### **HEALTH REQUIREMENTS**

### **Physical Examination**

A health evaluation by the student's private physician, nurse practitioner, or physician's assistant, utilizing the Health Programs Medical Examination Form, is required within 90 days prior to beginning the Heartland Community College Nursing Program. Licensed Practical Nurses admitted into the second year and readmitted students must meet the health requirements of the program. Students will be responsible for all fees associated with these requirements.

It is the student's responsibility to comply with recommendations made by the physician, nurse practitioner, or physician's assistant as a result of the health evaluation.

The student may be required to have special diagnostic tests in order to practice in special clinical areas. This will be announced before the student begins the clinical rotation.

Treatment in emergency situations arising while the student is in the clinical area will be obtained either through the health facility in which the clinical is scheduled or the student's choice of physician. It is required that all students carry health care insurance coverage. The cost of all care arising from any emergency situation occurring on the campus or clinical area is the student's financial responsibility.

Students are to submit the following health evaluation and clinical-related documentation to Viewpoint Screening by the program deadline given at orientation. Failure to submit required documentation by the identified deadlines may result in dismissal from the program.

- 1. Complete and submit a **medical exam** by a licensed medical doctor, physician assistant, nurse practitioner, or advanced nurse practitioner utilizing the HCC-approved form and inclusive of the Ishihara test for color blindness. Student medical status must meet all of the Functional Abilities, Activities, and Attributes as outlined on Page 20.
  - a. In the event it is determined a student does not meet the Essential Functions referenced above:
    - i. The student will be advised to meet with HCC Student Access and Accommodations Services (HCC SAAS).
    - ii. SAAS may evaluate the student and determine if the student is eligible for accommodations.
    - iii. SAAS will work with the Nursing Program in identifying potential and plausible accommodations.
    - iv. The student will be advised that clinical sites may or may not agree to any and all accommodations provided by HCC, potentially impeding progression in the program.

- v. In addition, the student will be advised that obtaining licensure and/or employment post-graduation from the program may be impacted by these determinations.
- Provide written documentation of current Basic Life Support (BLS) for Healthcare Provider CPR Certificate. BLS certification <u>must be</u> through either the American Heart Association or the American Red Cross. No other certifications will be accepted.
- 3. Students must provide written documentation of Proof of Immunization for the following:

# a. MMR (Measles, Mumps and Rubella)

- i. Two doses of MMR given at least 1 month apart.OR
- ii. Submit written laboratory evidence of immunity for all three components.
- iii. If students do not show immunity, they will be required to obtain updated vaccination.

#### b. **Rubella**

- i. Submit written laboratory evidence of immunity (Rubella titer).
- ii. If students do not show immunity, they will be required to obtain updated vaccination.

# c. TDaP (Tetanus, Diphtheria, Pertussis).

i. Submit written evidence of TDaP vaccination and/or booster within the last 10 years.

# d. Varicella

Two doses of Varicella.

OR

- ii. Submit written laboratory evidence of immunity (Varicella titer).
- iii. If students do not show immunity, they will be required to obtain updated vaccination.

# e. Hepatitis B

- i. Proof of completion of a Hepatitis B vaccine series.
- ii. Submit written laboratory evidence of immunity (Hepatitis B titer).
- iii. If students do not show immunity, they will be required to complete an updated vaccination series and a second titer showing immunity.

\*\*Students must <u>start</u> the Hepatitis B process (complete at least one dose) by the program deadline given at orientation. The vaccine series and titer must be completed within a time frame consistent with CDC parameters (see <a href="https://www.cdc.gov/vaccines/pubs/pinkbook/hepb.html">https://www.cdc.gov/vaccines/pubs/pinkbook/hepb.html</a>).

# f. Tuberculosis

i. A two-step Mantoux (Tuberculosis Screening Test) administered 1-3 weeks apart.

#### OR

ii. QuantiFERON Gold blood test.

#### OR

- iii. T-spot blood test.
- iv. An annual TB test is required. If more than 12 months elapse after the 2-step or previous annual 1-step, the 2-step must be repeated.
- v. A chest X-ray is required if the student has a positive TB skin test, and an official radiology report must be submitted.

\*\*You will be required to document negative TB status again during the 2<sup>nd</sup> year of the Nursing program.

#### g. Influenza

i. Documentation of a flu vaccine administered by a health care professional during the current flu season. You are required to submit proof of vaccination by October 31<sup>st</sup>. Most students receive this between August and October based on seasonal availability.

# h. **COVID**

- i. Vaccination is no longer required for healthcare workers; however, clinical facilities may still require a copy of your COVID-19 vaccination card/record. COVID-19 vaccination documentation will be requested from incoming students.
- ii. COVID vaccination and any applicable boosters are strongly encouraged for all incoming students.
- iii. Requirements for vaccination are subject to change with federal and/or state requirements or mandates, Heartland Community College vaccination requirements, or clinical affiliation vaccine requirements or mandates.

In the event a student is non-compliant with the requirements outlined in the immunization items above, the Nursing Program cannot guarantee placement in a clinical setting. If a student cannot be placed in a clinical setting, this would result in the student's inability to meet all requirements of the program, failure to progress with the curriculum, and ultimately result in dismissal from the program.

- 5. Proof of negative criminal background check. (See Student Criminal Background Check, Page 43)
- 6. Proof of negative drug screen. (See Student Drug Screening, Page 46)

Information regarding the acceptable drug screen vendor will be sent to students through Viewpoint before clinicals begin. The urine drug screen is a 10-panel test that checks for the presence of methaqualone, propoxyphene, amphetamines,

opiates, cocaine, marijuana (THC), methadone, barbiturate, benzodiazepine, and PCP.

- 7. Evidence of health insurance coverage.
- 8. Completion of Respiratory Fit Testing as indicated by clinical affiliation agreement.
- 9. Failure to complete any of these requirements by the program deadline may prevent the student from participating in the program's clinical courses.

The HCC Nursing Program must adhere to the health requirements of the contracted clinical agencies. Immunization/vaccine requirements may be subject to change per agency policies.